



Sri Lanka Medical Association

# 138<sup>th</sup> Anniversary International Medical Congress

Health Equity Across the Life Course: Resilient Pathways, Empowered Lives



Cinnamon Grand Hotel, Colombo

23

24

25

26

JULY 2025

## PROGRAMME

### DAY 1 - 23<sup>rd</sup> July 2025

6.00 - 7.30 PM	INAUGURATION CEREMONY (ON INVITATION)
7.30 - 8.30 PM	<b>SLMA Oration (On Invitation)</b> Attempts to reverse adverse hepatic outcomes of severely iron-loaded patients through intensive iron chelation: Can established fibrosis be reversed? <b>Dr Padmapani Padeniya</b>
8.30 PM Onwards	FELLOWSHIP AND DINNER (ON INVITATION)

### DAY 2 - 24<sup>th</sup> July 2025

Time	Hall A	Hall B	Hall C
8.00 - 8.15 AM	REGISTRATION		
8.15 - 8.45 AM	<b>Plenary 1</b> - The child is father of the man: Tracing the origins of lifelong health <b>Prof Steve Turner</b>		
8.45 - 9.30 AM	<b>Professor NDW Lionel Memorial Oration</b> COVID-19: Looking for a cure <b>Dr Ananda Wijewickrama</b>		
9.30 - 10.00 AM	Tea and Poster Viewing (PP1 to PP35)	<b>Collaborator Session 1</b> Joint Session with World Health Organisation and Ministry of Health 'Unspoken burden of adolescent mental health'	
10.00 - 11.15 AM	<b>Symposium 1 – Neurology</b> Approach to first ever seizure <b>Prof Jithangi Wanigasinghe</b>  The art and science of epilepsy medication <b>Dr Sanjaya Fernando</b>  Headache unmasked: Navigating the spectrum of benign to sinister <b>Dr Kumarangie Vithanage</b>	<b>Symposium 2 – Haematology</b> Unravelling the mystery of unexplained anaemia: the role of red cell membranopathies and enzymopathies <b>Dr Prabhakar S Kedar</b> India  Changing landscape of thalassaemia care in Sri Lanka <b>Prof Anuja Premawardhena</b>  Thrombophilia: New developments in diagnosis and management <b>Prof Lalindra Gunarathna</b>	The silent pandemic: Teen loneliness in a hyperconnected world: A glimpse into the adolescent mental health epidemiology of the region <b>Dr Dutsadee Juengsiragulwit</b> Thailand  Digital detox: Can unplugging improve teen depression and anxiety and prevent suicides? <b>Dr Darshani Hettiarachchi</b>  Autism in the teenage years: Navigating the storm of adolescence <b>Prof Miyuru Chandradasa</b>  Overview of child and adolescent mental health services in Sri Lanka <b>Prof Shreenika Weliange</b>



Scan Here for Registration

<https://slma.lk/Registration/conference-registration/>

#### Registration Fees

Consultant Full Registration 15,000/- LKR  
**Early bird 12,500/- LKR**

Non Consultant Full Registration 12,000/- LKR  
**Early bird 10,000/- LKR**

Undergraduate 8,000/- LKR

Day Registration 7500/- LKR

Symposia Registration 3500/- LKR

Foreign Delegate Full Registration 350/- USD  
**Early bird 250/- USD**

#### Contact Details

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### DAY 2 - 24<sup>th</sup> July 2025

Continued...

Time	Hall A	Hall B	Hall C
11.15 AM - 12.30 PM	<b>Panel Discussion 1</b> Food allergies: Labelling and de-labelling  <b>Panellists:</b> <b>Prof Neelika Malavige</b> <b>Dr Rajiva de Silva</b> <b>Dr Dhanushka Dasanayake</b> <b>Dr Nadisha Badanasinghe</b>  <b>Moderator:</b> <b>Dr Tharindi Suriapperuma</b>	<b>Symposium 3 – Interventional research</b> Why conduct interventional research? <b>Prof H Asitha de Silva</b>  Importance of interventional research in the global south <b>Dr Luiza Silva</b> Brazil  Barriers to conducting interventional research <b>Prof Priyanga Ranasinghe</b>  Clinical trial registration <b>Dr Ashwini de Abrew</b>	<b>Collaborator Session 2</b> Joint Session with World Health Organisation and Ministry of Health  Wellbeing across the life course: Driving demand through equity, empowerment and evidence  <b>Panellists:</b> <b>Associate Prof Phudit Tejativaddhana</b> Thailand <b>Prof Sumudu Seneviratne</b> <b>Dr Manuja Perera</b>  <b>Moderator:</b> <b>Dr Susie Perera</b>
12.30 - 1.15 PM	Lunch, Video Promotions and Poster Viewing (PP36 to PP90)		
1.15 - 2.15 PM	Free Paper Session 1 (OP1-5)	Free Paper Session 2 (OP 6-10)	Free Paper Session 3 (OP 11-15)
2.15 - 2.45 PM	<b>Guest Lecture 1</b> When defences fail: Unravelling recurrent infections and immune vulnerabilities in childhood <b>Dr Bakul Parekh</b> India	<b>Guest Lecture 2</b> CVD in CKD: Is it mechanical or chemical <b>Prof Magdi Yaqoob</b> UK	<b>Policy Forum 1</b> Joint Forum with World Health Organisation and Ministry of Health, United Nations Population Fund  Climate stress to health risks: Building resilient health systems  AND Launch of the policy document on 'Climate Smart Green Hospitals'
2.45 - 4.00 PM	<b>Symposium 4 – Pulmonology</b> The wheezing patient in your clinic <b>Dr Deepak Talwar &amp; Dr Kanishka Kumar</b> India  When sleep becomes a silent killer <b>Dr Ruwanthi Jayasekera</b>  From smog to symptoms <b>Dr Chandana Kulathunga</b>	<b>Symposium 5 – Management of snakebites</b> Snakebite envenomation in Sri Lanka: A focus on medically significant snakes <b>Prof Namal Rathnayaka</b>  Challenges in the management of adult snakebites and the role of small molecule therapeutics <b>Prof Anjana Silva</b>  Challenges in the management of paediatric snakebites <b>Dr Udaya de Silva</b>	<b>Collaborator Session 3</b> Joint Session with World Food Programme  Modelling and mapping of micronutrient inadequacies and food security trends in Sri Lanka: Leveraging local and global evidence for operational and technical insights
4.00 - 5.00 PM	<b>Quiz 1</b> – Radiology Quiz <b>Dr Chinthaka Appuhamy</b> <b>Dr Marius Suranjan</b>	<b>Quiz 2</b> – Dermatology Quiz <b>Prof Jayamini Seneviratne</b> <b>Dr Janaka Akarawita</b>	
5.00 - 5.30 PM	Tea and Poster Viewing (PP91 to PP125)		



### DAY 3 - 25<sup>th</sup> July 2025

Time	Hall A	Hall B	Hall C
8.00 - 8.15 AM	REGISTRATION		
8.15 - 8.45 AM	<b>Plenary 2</b> - Child and adolescent mental health policy and strategy <b>Dr Dutsadee Juengsiragulwit</b> Thailand		
8.45 - 9.30 AM	<b>Dr S Ramachandran Memorial Oration</b> In a quest towards the provision of optimal paediatric nephrology services in Sri Lanka <b>Prof Randula Ranawaka</b>		
9.30 - 10.00 AM	Tea and Poster Viewing (PP126 to PP160)		
10.00 - 11.15 AM	<b>Symposium 6 – Nephrology</b> Epidemic of CKD in the developing world: can we learn from the developed countries? <b>Prof Magdi Yaqoob</b> UK  Is peritoneal dialysis fit for purpose in a resource poor setting <b>Prof Rajitha Abeyssekara</b>  Pushing deceased donation in Sri Lanka: Lessons from last decade <b>Dr Ruwan Dissanayake</b>	<b>Symposium 7 – Birth Defects, Rare Diseases and Genetics</b> <b>Diagnosis and Care of Rare Diseases and Birth Defects</b> Role of a clinical geneticist and the experience from tertiary care centre in Sri Lanka <b>Dr Vindya Subasinghe</b>  Advancing diagnosis in rare diseases: The role of whole exome sequencing and its global vs. Sri Lankan impact <b>Dr Dineshani Hettiarachchi</b>  Skeletal dysplasia: From suspicion to diagnosis and beyond <b>Dr Yasas D. Kolambage</b>	<b>Collaborator Session 4</b> Joint Session with United Nations Development Programme  Medicinal drugs: Best practices in technical evaluation, quality assurance and accountability
11.15 AM - 12.30 PM	<b>Symposium 8 – Endocrinology</b> Endocrine perspective of sarcopenia <b>Dr Sanjay Kalra</b> India  Managing thyroid diseases: A case-based discussion <b>Prof Prasad Katulanda</b>  Diabetes: new frontiers in management <b>Dr Dulani Kottahachchi</b>	<b>Panel Discussion 2</b> Bridging gaps in immunisation: Regional strategies to ensure vaccine equity  <b>Panellists:</b> <b>Dr Ananada Wijewickrama</b> <b>Dr Dilip Banushali</b> India <b>Dr LakKumar Fernando</b> <b>Prof Neelika Malawige</b>  <b>Moderator:</b> <b>Dr Surantha Perera</b>	<b>Collaborator Session 5</b> Joint Session with Federation of Asia and Oceania Perinatal Societies (FAOPS), Sri Lanka College of Obstetricians and Gynaecologists (SLCOG) and Perinatal Society of Sri Lanka (PSSL)  Reducing preventable perinatal mortality in South Asia: A roadmap for regional collaboration and accountability
12.30 - 1.15 PM	Lunch, Video Promotions and Poster Viewing (PP161 to 215)		
1.15 - 2.15 PM	Free Paper Session 4 (OP 16-20)	Free Paper Session 5 (OP 21-25)	Free Paper Session 6 (OP 26-30)
2.15 - 2.45 PM	<b>Guest Lecture 3</b> Invisible threats: The health consequences of air pollution across South Asia <b>Dr Dilip Banushali</b> India	<b>Guest Lecture 4</b> Graceful ageing: A life course approach to women's health in midlife and menopause <b>Dr Milind Shah</b> FAOPS	<b>Policy Forum 2</b> Joint Forum with Ministry of Health
2.45 - 4.00 PM	<b>Symposium 9 – Paediatrics</b> Breaking the cycle: Paediatric obesity and endocrine health across the life course <b>Prof Aman Pulungan</b> International Paediatric Association  Personalized medicine for paediatric asthma: Are we there yet? <b>Prof Steve Turner</b> UK	<b>Symposium 10 – Surgery</b> <b>Minimizing the knife: Advances in reducing surgical interventions for cancer</b> Less is more: Evolving landscape in breast cancer surgery <b>Dr Kanchana Wijesinghe</b>  Colorectal cancer - Evolving clinical pathways and emerging horizons <b>Dr Lakmal Munasinghe</b>	

### DAY 3 - 25<sup>th</sup> July 2025

Continued...

2.45 - 4.00 PM	Transition in paediatric kidney diseases: Building lifelong care pathways <b>Prof Asiri Abeyagunawardena</b>	Precision diagnosis, selective Intervention: Reducing unnecessary procedures in thyroid cancer <b>Prof Sanjeeewa Seneviratne</b>
4.00 - 4.45 PM	<b>Dr S C Paul Memorial Oration</b> Challenges in major trauma care delivery in Sri Lanka: An uncharted terrain explored <b>Dr Bingumal Jayasundara</b>	
4.45 - 5.15 PM	Tea and Poster Viewing (PP216 to PP248)	

### DAY 4 - 26<sup>th</sup> July 2025

Time	Hall A	Hall B	Hall C
08.00 - 08.15 AM	REGISTRATION		
08.15 - 8.45 AM	<b>Guest Lecture 5</b> The healing profession: Reintegrating ethics and compassion into clinical practice <b>Prof J.A. Jayalal</b> UK	<b>Guest Lecture 6</b> Challenges of nutritional environmental assessment of schools <b>Dr Buddhika Sudusinghe</b> <b>Dr Amila Chandrasiri</b>	
08.45 - 10.00 AM	<b>Symposium 11 – Cardiology</b> Updates on STEMI guidelines <b>Prof Rishi Sethi</b> India  Updates on lipid management <b>Dr Tanya Pereira</b>  Updates on hypertension <b>Dr Disna Amaratunga</b>	<b>Symposium 12 – Gastroenterology</b> Epidemiology of IBD in South Asia: Sri Lankan perspectives <b>Dr Karthiha Balendran</b>  Challenges in diagnosing & assessing disease severity of IBD <b>Dr Kuleesha Kodisinghe</b>  Management of IBD in the era of newer therapies: choosing the right drug for the right patient <b>Dr Amarendra Singh Puri</b> India	<b>Policy Forum 3</b> Joint Forum with World Health Organisation, Ministry of Health and Ministry of Transport  'Safe roads-Safe communities': Advancing evidence-based action for road traffic injury prevention  AND Launch of the 'SLMA declaration on prevention of RTA'
10.00 - 10.30 AM	Tea		
10.30 - 11.45 AM	<b>Symposium 13 – Gerontology</b> <b>A roadmap for enhancing geriatric care in Sri Lanka: Practical realities, integration, and regional insight</b>  Building tomorrow's geriatric services: Regional insights and transformative strategies <b>Prof Shahrul Bahyah Kamaruzzaman</b> Malaysia  Essentials of geriatric care in the 21 <sup>st</sup> Century: Clinical principles and delivery models <b>Prof Sarath Lekamwasam</b>  System reform for an ageing nation: Integrating geriatrics into mainstream healthcare <b>Dr Chamila Dalpatadu</b>	<b>Symposium 14 – Nutrition</b> Overview of Paediatric Nutrition <b>Dr Pearl Mallawaarachchi</b>  Updates on Elderly Nutrition <b>Dr Shalika Kurukularachchi</b>  Medical Nutrition therapy in chronic diseases <b>Dr Nalinda Herath</b>	<b>Collaborator Session 6</b> Joint Session with United Nations Population Fund  Advancing comprehensive sexuality education in Sri Lanka: A strategic public health response by the Sri Lanka Medical Association
11.45 AM - 12.45 PM	<b>DEBATE</b> Healthcare needs of the people should take precedence over the right of doctors to emigrate		
12.45 - 1.00 PM	CLOSING CEREMONY		
1.00 - 2.00 PM	LUNCH		