



Sri Lanka Medical Association

Annual Report - 2013



**Wijerama House
6, Wijerama Mawatha
Colombo 7
Sri Lanka**

1. ANNUAL GENERAL MEETING 2012

The Annual General Meeting of the Sri Lanka Medical Association was held on the 22nd December 2012 at 7.00 p.m. at the Lionel Memorial Auditorium, Wijerama House, Colombo 7. Prof Vajira HW Dissanayake chaired the meeting. He thanked the Council, members and the staff of the SLMA office for their contributions towards making the activities of the SLMA a success. He summarised the achievements and shortcomings during the year and stressed the need for continuing improvement. Dr Lasantha Malavige tabled the Annual Report 2012 and the minutes of the previous Annual General Meeting held in 17th December 2011. The minutes were unanimously confirmed by the membership. Dr Lasantha Malavige thanked the President, the Council, members of the Association, and the staff of the SLMA for the support given during the year 2012.

ELECTION OF OFFICE BEARERS

The following Office Bearers and Council Members were unanimously elected.

President	Dr B J C Perera
President Elect	Dr Palitha Abeykoon
Vice Presidents	Prof Rohan Jayasekera Dr Kalyani Guruge
Secretary	Dr Samanmali Sumanasena
Assistant Secretaries	Dr Navoda Atapattu Dr Sanjeewa Gunasekera Dr B Kumarendran Dr Shyamalee Samaranayake
Treasurer	Dr M R Haniffa
Assistant Treasurer	Dr Leenika Wijeratne
Public Relations Officer	Dr Deepal Wijesooriya
Social Secretaries	Dr Suriyakanthie Amarasekera Dr Gamini Walgampaya
Past President Representative	Dr Malik Fernando

ELECTED COUNCIL MEMBERS

Dr Dennis J Aloysius, Dr M Shihan Azeez, Dr Uditha Bulugahapitiya, Prof Asita de Silva, Dr S D Dharmaratne, Dr Amitha Fernando, Dr Vijith Gunasekera, Prof Ranjanie Gamage, Dr Lucian Jayasuriya, Dr Kapila Jayaratne, Prof Saroj Jayasinghe, Dr Indika Karunathilake, Prof Sanath P Lamabadusuriya, Dr Niroshan Lokunarangoda, Dr Lasantha Malavige, Dr Ajith Nagahawatta, Dr J B Peiris, Prof Antoinette Perera, Dr W M A Rathnayake, Dr S Sridharan, Dr Sunil Seneviratne Epa, Dr Pramilla Senanayake, Dr Rikaz Sheriff, Dr W M Arjuna Wijekoon

EX-OFFICIO COUNCIL MEMBERS

Prof Vajira HW Dissanayake (Immediate Past President), Dr Lasantha Malavige (Out – going Secretary), Dr Anuruddha Abeygunasekera (Co-editor, CMJ), Prof Janaka de Silva (Co-editor, CMJ).

2. INDUCTION OF THE PRESIDENT

The Induction Ceremony of Dr B J C Perera, the new President of Sri Lanka Medical Association for the year 2013, was held on 12th January 2013, at HNB Towers, Colombo 10. The induction took place amidst a large and distinguished gathering which packed the hall to capacity.

The Presidential Address generated much interest among those present. The President highlighted the achievements of the Sri Lankan health sector and went on to emphasise the pressing need for equity in health. The presidential address was given wide publicity by both the electronic and print media.

The Ceremonial induction was followed by a reception and fellowship at the same venue. The book on “Synopsis of guidelines on sharing significant information in healthcare settings” was launched at the induction.



Prof Vajira HW Dissanayake inducting Dr B J C Perera as President SLMA 2013



Dr B J C Pereera delivering the Presidential Address

3. COUNCIL MEETINGS

There were 12 Council meetings held in 2013. The attendance of members at the Council meetings is given below:

Name	No.	Excuses	Name	No.	Excuses
Dr B J C Perera	12	(-)	Prof Asita de Silva	01	(5)
Dr Palitha Abeykoon	10	(2)	Prof S D Dharmaratne	04	(6)
Prof Vajira HW Dissanayake	08	(3)	Dr Amitha Fernando	09	(3)
Prof Rohan Jayasekera	07	(4)	Dr Vijith Gunasekera	08	(-)
Dr Kalyani Guruge	11	(1)	Prof Ranjanie Gamage	02	(0)
Dr Samanmali Sumanasena	11	(1)	Dr Lucian Jayasuriya	06	(4)
Dr Navoda Atapattu	10	(2)	Dr Kapila Jayaratne	06	(4)
Dr D Sanjeeva Gunasekera	12	(-)	Prof Saroj Jayasinghe	11	(-)
Dr B Kumarendran	08	(4)	Dr Indika Karunathilake	08	(2)
Dr Shayamalee Samaranayake	11	(1)	Prof S P Lamabadusuriya	12	(-)
Dr Ruvaiz Haniffa	10	(2)	Dr Niroshan Lokunarangoda	10	(2)
Dr Leenika Wijeratne	10	(1)	Dr Lasantha Malavige	10	(0)
Dr Gamini Walgampaya	10	(1)	Dr Ajith Nagahawatta	10	(1)
Dr Deepla Wijesooriya	09	(-)	Dr J B Peiris	07	(2)
Dr Suriyakanthie Amarasekera	07	(4)	Prof Antoinette Perera	05	(4)
Dr Malik Fernando	11	(1)	Dr W M A Rathnayake	03	(2)
Prof Janaka de Silva	00	(2)	Dr S Sridharan	07	(2)
Dr A M Abeygunasekera	07	(2)	Dr Sunil Seneviratne Epa	08	(1)
Dr Dennis J Aloysius	11	(1)	Dr Pramilla Senanayake	08	(1)
Dr M Shihan Azeez	11	(0)	Dr Rikaz Sheriff	06	(4)
Dr Uditha Bulugahapitiya	03	(6)	Dr W M Arjuna Wijekoon	05	(2)
Dr W M A U Jayatilleke	06	(--)			

4. 126TH ANNIVERSARY SCIENTIFIC MEDICAL CONGRESS

The 126th Annual Scientific Sessions were held at the Water's Edge, Battaramulla from 10th July – 13th July. The Chief Guest was Professor Sir Sabaratnam Arulkumaran MBBS (Cey) Hons, DCH (Cey), LRCP & MRCS (UK), FRCOG, FRCS Ed, FAMS (Sing), MD, PhD; Hon. FSOGC, FACOG, FSCOG, FCPS, FSACOG, FSLCOG, FICOG, FDGG President, BMA. The Guest of Honour was Dr. Firdosi Rustom Mehta, WHO Country Representative in Sri Lanka.

The theme pre-congress seminar on “*Towards continuing enhancement of quality and safety in healthcare*” brought together a number of key stakeholders and led to a very productive discussion. There were 9 pre-congress sessions which were “Building Key Competencies of Field Health Staff to Promote Family Wellbeing”, “Building Effective Teams in Diabetes Care In Sri Lanka: An Evidence Based Approach”, “Healthcare Quality & Safety”, “Optimising Care for Children with Disabilities”, “Inculcating Ergonomics in the Sri Lankan Settings”, “Communication Skills for Doctors”, “Improving the Quality of Journals”, “Cancer Genetics – Diagnostics, Prognostication and Pharmacogenomics” and “Sports Medicine for Coaches & Trainers”. All were well attended.

The Main Scientific Sessions recorded a good attendance. There were 226 full registrants and 540 who registered for the day or for an event. There were 133 guest speakers including 22 from overseas. From the large number of papers submitted, 48 were selected for oral presentation and 82 were displayed as posters. The detailed programme is given in annex 1.

During the Sessions, the SLMA Oration, “Epidemiology of snakebite: Investigating the burden” was delivered by Vidyajyothi Professor H. Janaka de Silva, MBBS (Col), MD (Col), D Phil(Oxon), FRCP(Lond), FRCP, FNAS (SL), Hon. FRACP, Hon. FRCP (Thailand), Hon. FCGP (SL) Chair and Senior Professor of Medicine, Faculty of Medicine, University of Kelaniya, Ragama. The S. C. Paul Oration “Development of paediatric oncology in Sri Lanka as a speciality: Illustrated by improvement in the outcome of childhood acute lymphoblastic leukaemia (ALL)” was delivered by Dr Damayanthi Pieris MBBS, MD Senior Consultant in Paediatric Oncology, National Cancer Institute - Maharagama



Introducing the Past Presidents to the chief guest



Lighting the Lamp of Learning



SLMA Banquet



Doctors' Concert



SLMA Banquet



5. SLMA ORATIONS AND AWARDS

ORATIONS

All SLMA Orations was advertised, excluding the E M Wijerama Endowment Lecture, Dr S Ramachandran Memorial Oration and Professor NDW Lionel Memorial Oration. The E M Wijerama Endowment Lecture was awarded to a person who has contributed to the SLMA and the topic of the oration was decided by the Orator, it was decided by the honours committee. The Dr S Ramachandran Memorial Oration and the Prof. NDW Lionel Memorial Oration were awarded by Council decision. Other Orations were selected by a panel of appropriate experts who constituted the Orations Committee. The following orations were awarded and delivered in 2013.

THE SLMA ORATION

Wednesday 10th July 2013

"Epidemiology of snakebite: Investigating the burden"

Vidyajyothi Professor H. Janaka de Silva, *MBBS (Col), MD (Col), D Phil(Oxon), FRCP(Lond), FRCP, FNAS (SL), Hon. FRACP, Hon. FRCP (Thailand), Hon. FCGP (SL)* Chair and Senior Professor of Medicine, Faculty of Medicine, University of Kelaniya, Ragama

DR S RAMACHANDRAN MEMORIAL ORATION

Thursday 11th July 2013

"Chronic Kidney Disease of Uncertain Origin in Sri Lanka: The past, present and future"

Dr Tilak Abeysekera *MBBS (Colombo), MD (Colombo), MRCP (UK)*

PROFESSOR N D W LIONEL MEMORIAL ORATION

Friday 12th July 2013

"Paradigm Shift in Osteoporosis Management: diagnostic to intervention thresholds"

Professor Sarath Lekamwasam *MD, FRCP, PhD, FCCP, FRACP (Hon) Hon FCP(SA), FCPSP(Hon)*
Professor in Medicine, Faculty of Medicine, Galle

S C PAUL ORATION

Friday 12th July 2013

"Development of paediatric oncology in Sri Lanka as a speciality: Illustrated by improvement in the outcome of childhood acute lymphoblastic leukaemia (ALL)"

Dr Damayanthi Pieris *MBBS, MD*

Senior Consultant in Paediatric Oncology, National Cancer Institute – Maharagama

E M WIJERAMA ENDOWMENT LECTURE

Friday 23rd October 2013

"Something good in everything I see"

Dr Eugene Corea *MBBS (Ceylon), DFM (Colombo), FCGP (SL)*

SIR MARCUS FERNANDO ORATION

Thursday 24th October 2013

"Malaria Mucosal Vaccines: the promise and the challenge"

Professor Surangi G. Yasawardene *MBBS, PhD*

Professor of Anatomy and Head, Department of Anatomy, Faculty of Medical Sciences, University of Sri Jayewardenepura, Gangodawila, Nugegoda

SIR NICHOLAS ATTYGALLE ORATION

Saturday 2nd November 2013

The most challenging of them all; The patient with 'Nothing Wrong'

Dr Harshini Rajapakse *MBBS, MDPsy (Col), PhD (Durham)*

Department of Psychiatry, Faculty of Medicine, University of Ruhuna



Prof. Janaka de Silva Orator, SLMA Oration being congratulated by the President



Awarding the medal to the S C Paul Orator, Dr Damayanthi Pieris



Prof Sarath Lekamwasam Orator, NWD Lionel Memorial Oration being congratulated by the President



Dr Tilak Abeysekera delivering Dr S Ramachandran Oration

AWARDS & PRIZES 2013

E M Wijerama Prize

Randomised clinical trial comparing prednisolone and ACTH in reversal of hyposarrhythmia in untreated epileptic spasms

J Wanigasinghe, C Arambepola, GM Attanapola, LSD Liyanage, CB Liyanage, PSK Silva, PKSJ Kankanamge, S Sumanasena, S S Ranganathan, B Dissanayake, M E C Muhandiram
Department of 1Paediatrics and 2Pharmacology, Faculty of Medicine, University of Colombo 3Lady Ridgeway Hospital

S E Seneviratna Prize

Defining obesity in children using a biological end point

VP Wickramasinghe, C Arambepola, P Bandara, M Abeysekera, S Kuruppu, P Dilshan, BS Dissanayake
Department of Paediatrics, Faculty of Medicine, University of Colombo

H K T Fernando Prize

Intramuscular haloperidol vs. olanzapine for rapid tranquillization: a double blind randomised controlled trial

WMH Wijesundara, R Hanwella, J Mendis, VA de Silva
1National Hospital of Sri Lanka, Colombo
2Department of Psychological Medicine, Faculty of Medicine, University of Colombo
3National Institute of Mental Health, Angoda

Sir Nicholas Attygalle Prize

Geographical Information Systems (GIS) for monitoring of Millennium Development Goal 5 (MDG): a Study from Badulla district

PVDS Dharmagunawardene, HMJR Herath, NSR Hewageegana
Post Graduate Institute of Medicine

Wilson Peiris Prize

A new people-friendly epidemiological approach to confirm the elimination of lymphatic filariasis in Sri Lanka

TC Yahathugoda¹, MVWeerasooriya¹, F Nagaoka¹, H Takagi¹, E Kimura¹, WA Samarawickrema², M Itoh¹
1Department of Infection and Immunology, Aichi Medical University School of Medicine, Aichi, Japan
2Filariasis Research Training and Service Unit, Department of Parasitology, Faculty of Medicine, University of Ruhuna

Daphne Attygalle Prize for the best paper in Cancer

Not awarded

Sir Frank Gunasekera Prize for the best paper in Community Medicine & Tuberculosis

Community incidence of snakebite in the Anuradhapura district

A Kasturiratne¹, NK Gunawardena¹, BA Wijayawickrama¹, SF Jayamanne¹, A Pathmeswaran¹, G Isbister², A Dawson², HJ de Silva¹
1Faculty of Medicine, University of Kelaniya
2South Asian Clinical Toxicology Research Collaboration

Kumaradasa Rajasuriya Prize for the best paper in Tropical Medicine

Meeting challenges of microscopic diagnosis in malaria surveillance under field conditions in Sri Lanka

SD Fernando¹, RL Ihlamulla², J Tillekeratne², R Wickremasinghe³, P Wijeyaratne², NL de Silva⁴, R Premarathna⁵
1Department of Parasitology, Faculty of Medicine, University of Colombo

2 Health Associates (PVT) Limited, (TEDHA), Colombo
3 Department of Parasitology, Faculty of Medicine, University of Sri Jayawardenepura
4 Faculty of Medicine Colombo
5 Anti Malaria Campaign, Colombo

Special Prize in Cardiology

Audit on timelines for administration of acute reperfusion therapy in acute ST elevation myocardial infarction at the National Hospital of Sri Lanka

AK Pathirana¹, WS Santharaj², RAI Ekanayake², JB Jayawardena², V Senaratne², MP Seneviratne²,
KKAO Walawwatta¹, KGV Saranga¹
¹Institute of Cardiology, National Hospital of Sri Lanka
²Emergency Treatment Unit, National Hospital of Sri Lanka

S Ramachandran Prize for the best paper in Nephrology

Differences in estimation of glomerular filtration rate using three standard formulae in selected type 2 Diabetic patients

NN Wijayatunga, PPR Perera, K Wanigasuriya, H Peiris
Department of Biochemistry, Faculty of Medical Sciences, University of Sri Jayawardenepura

SLMA prize for the best poster

Knowledge, attitudes and practices regarding type 2 diabetes mellitus, nutrition and lifestyle in urban Sri Lankan women

I Waidyatilaka¹, PHIU Waidyatilaka¹, A de Silva¹, S Atukorala¹, N Somasundaram¹, P Lanerolle¹, R Wickremasinghe²
¹Department of Biochemistry and Molecular Biology, Faculty of Medicine, University of Colombo
²Department of Public Health, Faculty of Medicine, University of Kelaniya

CNAPT Award

(2012) the manual mycobacteria growth indicator tube and the nitrate reductase assay for the rapid detection of rifampicin resistance of M. Tuberculosis in low resource settings, BMC Infectious Diseases, 12: 326.

Adikaram CP, Perera J, Wijesundera SS

Glaxo Wellcome Research Award for the year 2013

Not Awarded

G R Handy Award for the best paper in Cardiology published in the year 2013

Not Awarded

Research Promotion Award 2013

Prevalence and association of motor cycle helmet wearing in Colombo, Sri Lanka ‘

Dr Achala Upendra Jayatilleke, Postgraduate Institute of Medicine, Colombo

FAIRMED Foundation Award 2013

These research grants were awarded for the 1st time this year.

Leprosy in Jaffna: Current status and social effects – 1 year

Dr. Subramaniam Shivaganesh, Regional Epidemiologist, RDHS, Jaffna

Ocular complications of Leprosy in Sri Lanka – 1 year

Dr. Madhuwanthi Dissanayake, Senior Lecturer, Faculty of Medicine, Colombo

Spatio-Temporal Diffusion Pattern and hotspot Detection of Leprosy in Colombo District - 6 months

Dr. Jagath Nanda Kumara, Medical Officer – Planning, RDHS, Colombo

Awareness among healthcare workers on Cutaneous Leishmaniasis – a study done in an endemic area – 6 months

Dr. Hema Swarnalatha Weerakoon, Medical Officer, RDHS, Anuradhapura

6. MONTHLY CLINICAL MEETINGS

The SLMA held a total of 11 monthly clinical meetings this year on every 3rd Tuesday of the month. We are grateful to Dr Sanjeeva Gunasekera, Assistant Secretary who organized this programme.

A wide range of topics in all specialties were covered during the meetings, which were very well attended. Case discussions and MCQs were included to meet the learning needs of the attendees. The detailed programme is given in the Annex 2.

The monthly clinical meeting is a continuing professional development (CPD) activity targeted mainly at registrars in training. The CPD committee and the Council have approved their recognition for award of CDP points under the category designated "Teaching Activities".

7. REGIONAL MEETINGS

Eight meetings were held with clinical societies and medical associations in outstations in 2013. These meetings were well attended by the regional members. The participation from the SLMA however needs to be improved. The academic programmes of these meetings are given in Annex 3. These meetings were meticulously organized by the Assistant Secretary Dr Shyamalee Samaranayaka.

Joint Clinical Meeting with the Kandy Society of Medicine

7th February 2013 at 8.30 am at the PMCK Auditorium, Teaching Hospital, Kandy

Joint Clinical Meeting with the Hill Country Medical Society

19th March 2013 at 8.30 am at the Auditorium, District General Hospital, Nuwara Eliya

Joint Clinical Meeting with the Monaragala Clinical Society

2nd May 2013 at 8.30 am at the Auditorium, District General Hospital, Monaragala

Joint Regional Meeting with Jaffna Medical Association

11th – 12th October 2013 at Lecturer Hall Nursing Training School, Teaching Hospital, Jaffna

Joint Regional Meeting with Batticaloa Medical Association

7th – 8th November 2013 at New Auditorium, Teaching Hospital, Batticaloa

Joint Academic Session with Ruhunu Clinical Society

20th – 21st November 2013 at the Sanaya Mansion –Matara

Joint Academic Session with Wathupitiwala Clinical Society

Saturday 30th November 2013 at the Hotel Hot Edge Hotel, Nittambuwa

Joint Academic Session with Avissawella Clinical Society

Saturday 14th December 2013 at the Purple Sun Holiday Resort, Avissawella

8. SLMA FOUNDATION SESSIONS

The Foundation Sessions 2013 of the SLMA was jointly organised together with the Anuradhapura Clinical Society and took place from 23rd – 25th October 2013 in the Palm Garden Hotel, Anuradhapura. The Sessions were a great success with enthusiastic participation by doctors from all parts of the island.

The Sessions were ceremoniously inaugurated on the 23rd October at the Palm Garden Hotel, Anuradhapura. Prof Vajira HW Dissanayake, Immediate Past President of the SLMA graced the occasion as Chief Guest. The Academic programme was wide and varied, and included the E M Wijerama Endowment Lecture which was delivered by Dr Eugene Corea, MBBS (Ceylon), DFM (Colombo), FCGP (SL).

SLMA awards and the media awards were presented during the ceremonial inauguration. **The detailed programme of the Foundation Sessions is given in Annex 4.**



Dr Eugene Corea delivering the E.M. Wijerama Endowment Lecture



Address by the President, SLMA



Head table of the inauguration ceremony



Awarding the medal to the Sir Marcus Fernando Orator, Prof Surangi Yasawardena



Participants

9. GUEST LECTURES

Several Guest lectures were held during the year 2013.

26th February, 2013 from 6.30 p.m.at the Lionel Memorial Auditorium, SLMA

History of Medicine Lecture 2013

“Medicine in Lanka: A brief history of time”

Dr Lakshman Ranasinghe MBBS, DCH, FRCP, FCD (SL), FSLCPaed, FCGP (SL)

8th April, 2013 from 12.15 – 1.15 p.m.at the Lionel Memorial Auditorium, SLMA

“Acute ischaemic stroke: Are we there., yet?”

Professor Tissa Wijeratne MD, FRACP, FAHA

Specialist neurologist, Director Stroke Services and Associate Professor in Medicine, Western Health & University of Melbourne

27th June, 2013 from 12.00 noon – 2.00 p.m.at the Lionel Memorial Auditorium, SLMA

“Bone marrow transplantation for thalassemia in the oral chelation era”

Dr Lawrence B Faulkner MD

Pediatric hematology-oncology and stem cell transplantation, Medical Advisory Board Coordinator, Cure2Children Foundation

10. SEMINARS AND WORKSHOPS

SLMA organized several seminars and workshops during the year 2013. **The detailed programmes are given in Annex 5.**

WORKSHOP ON “FACTOR ANALYSIS”

7th of March 2013 at 9.00 at the Lionel Memorial Auditorium

WORKSHOP ON “WRITING AND PUBLISHING JOURNAL ARTICLES: WAYS TO DECREASE STRESS AND INCREASE SUCCESS”

14th March 2013, at 12.00 noon at the Lionel Memorial Auditorium

SYMPOSIUM ON “JAPANESE ENCEPHALITIS AND THE RECENT OUTBREAK AT RATHNAPURA”

20th March 2013, at 11.30 a.m. at the Lionel Memorial Auditorium

WORKSHOP ON “BIostatISTICS OF CLINICIANS”

23rd April 2013 at SLMA Auditorium

SYMPOSIUM ON “LEPROSY IN SRI LANKA”

Monday the 29th April 2013, at 11.30 am at the Lionel Memorial Auditorium

SYMPOSIUM ON “THE CURRENT INFLUENZA OUTBREAK: LESSONS TO BE LEARNT”

Wednesday the 22nd May 2013, at 11.30 am at the Lionel Memorial Auditorium

WORKSHOP ON “INTRODUCTION TO GEOGRAPHIC INFORMATION SCIENCE (GIS) IN HEALTH CARE”

2nd June 2013 at 9.00 am at the Lionel Memorial Auditorium

SYMPOSIUM ON “INTERNATIONAL CANCER SURVIVORS DAY”

3rd June 2013 at 9.00 am at the Lionel Memorial Auditorium

SYMPOSIUM ON “MEDICO LEGAL ISSUES”

Tuesday 25th June 2013, at 6.30 pm at the Institute of Chartered Accountants of Sri Lanka (6th Floor-New Building Complex), 30A, Malalasekera Mawatha (Longden Place), Colombo 7

SYMPOSIUM ON “MEASLES: THE CURRENT OUTBREAK”

Wednesday 26th June 2013, at 11.30 am at the Lionel Memorial Auditorium

RESEARCH SYMPOSIUM ON THE “QUALITY OF HEALTHCARE IN SRI LANKA”

Friday 30th August 2013, at 6.30 pm at the Lionel Memorial Auditorium

WORKSHOP ON “DEVELOPMENT AND VALIDATION OF DATA COLLECTION TOOLS FOR CLINICIANS”

Saturday 14th September 2013 at 8.30 am at the Lionel Memorial Auditorium

CAREER GUIDANCE SEMINAR

15th September 2013, at 8.30 a.m. at the Lionel Memorial Auditorium

SYMPOSIUM ON “QUALITY USE OF MEDICINES”

Friday the 20th September 2013, at 9.00 am at the Lionel Memorial Auditorium

SYMPOSIUM ON “LEPTOSPIROSIS: THE SCOURGE OF THE FARMER”

Friday the 27th September 2013, at 11.30 am at the Lionel Memorial Auditorium

SYMPOSIUM ON “LEISHMANIA KILLS”

Wednesday the 20th November 2013, at 12.00 noon at the Lionel Memorial Auditorium

WORKSHOP ON “SCIENTIFIC MEDICAL WRITING MADE EASY”

Thursday 28th November 2013, at 7.30 am at the Lionel Memorial Auditorium

SYMPOSIUM ON “AN UPDATE ON WOMEN’S HEALTH – USEFUL TIPS FOR SRI LANKAN PRACTITIONERS”

29th November 2013, at 11.45 am at the Lionel Memorial Auditorium

WORKSHOP ON “USING SYSTEMATIC REVIEWS FOR EVIDENCE BASED PRACTICE”

Saturday 30th November 2013, at 9.00 am at the Lionel Memorial Auditorium

SYMPOSIUM ON “ADVOCACY PROGRAMME ON CAPACITY DEVELOPMENT OF PALLIATIVE CARE IN SRI LANKAN SETTING”

Monday 2nd December 2013, at 9.00 am at the Lionel Memorial Auditorium

WORKSHOP ON “USING SYSTEMATIC REVIEWS FOR EVIDENCE BASED PRACTICE”

Wednesday 11th December 2013, at 9.00 am at the Lionel Memorial Auditorium

11. COMMUNICATION SKILLS PROGRAMME

Key Principles and New Developments in Immunization”

2nd May 2013 at 8.30 am at the Auditorium, District General Hospital, Monaragala

Skills Development Training Session on Communication for Nurses

30th and 31st of May 2013 at 9.00 am at the SLMA Auditorium

Supported by the Ministry of Health

Initial Trauma Care in Collaboration with College of Surgeons

1st June 2013 at 9.00 am at the SLMA Auditorium

Infection Control in Hospital Setup with College of Microbiologists and Skills Development Training Session on Communication

25th October 2013 at 8.30 am at the NTS Auditorium, Anuradhapura along with the Foundation Sessions of SLMA.

These activities were coordinated by Dr Kalyani Guruge, Vice President, SLMA for the year 2013.

12. DOCTORS’ CRICKET SRI LANKA (DCSL)

Report

(Presented by Dr Indika Karunathilake)

Established in 2011, DCSL, is a cricket club affiliated to SLMA. DCSL is a club registered under Sri Lanka Cricket. Activities and achievement of DCSL during 2013 are:

Division 3 Cricket Tournament: The DCSL took part in the division 3 cricket tournament organized by the Colombo District Cricket Association.

The inaugural SLMA-SLCOG cricket match

The inaugural cricket match between the Sri Lanka Medical Association (SLMA) and Sri Lanka College of Obstetricians and Gynecologists (SLCOG) was held on Tuesday 20th August 2013 at the Department of Health Grounds, Castle Street, Colombo 08. This 25 over friendly cricket match was organized by SLCOG. The SLMA and SLCOG teams were captained by Dr. Indika Karunathilake and Prof. Deepal Weerasekara, respectively. The SLMA registered a comprehensive 71 run victory.

Law Medical Encounter 2013:

This year the Law Medical Cricket Encounter for SLMA-BASL Presidents' Trophy was organized by the Bar Association of Sri Lanka. The battle for this prestigious trophy was held on Sunday the 20th September 2013 at the Colts Cricket Grounds. The match was comfortably won by the Lawyers.

13. REPORTS OF SLMA COMMITTEES

COMMUNICABLE DISEASES

Chairperson Prof Jennifer Perera
Convenor Dr Ranjith Perera

Members:

Dr. Lucian Jayasuriya	Dr. Ananda Wijewickrama	Dr. Neelamanie Punchihewa
Dr. Dennis Aloysius	Dr. Dushyanthi Athukorala	Dr. Maxie Fernandopulle
Dr. N. P. S. Gunaratna	Dr. Kalyani Guruge	Dr. Chandra Sarukkali
Prof. N. K. Gunawardana	Dr. S. Kumaran	Dr. Risintha Premarathna
Dr. Anoma Siribaddana	Dr. Samitha Ginige	

Report

(Presented by Dr Ranjith Perera)

Committee meetings

05 meetings of the Communicable Diseases Committee were held during the year 2013, and the attendance of the members at these meetings were as follows.

Name	Attended	Excused	Name	Attended	Excused
Prof. Jennifer Perera	5		Dr. Ranjith Perera	5	
Dr. Lucian Jayasuriya	2	3	Dr. Ananda Wijewickrama		
Dr. Neelamanie Punchihewa		2	Dr. Dennis Aloysius	2	
Dr. Dushyanthi Athukorala	3		Dr. Maxie Fernandopulle	2	
Dr. N.P.S.Gunaratna	5		Dr. Kalyani Guruge	4	
Dr. Chandra Sarukkali	1	1	Prof. N. K. Gunawardana	3	1
Dr. S. Kumaran	1		Dr. Risintha Premarathna		1
Dr. Anoma Siribaddana		2	Dr. Samitha Ginige		

Activities carried out during 2013

1. Symposia organized on current issues

The following symposia, highlighting the current issues, were organized during the year 2013 and they were well attended. Summaries and recommendations of some of these symposia were published in the SLMA Newsletter. All symposia except one received sponsorship.

Date	Topic of the symposium	Resource persons
20.03.2013	"Japanese Encephalitis and the recent outbreak at Ratnapura"	Clinical features and the current outbreak Dr. D. Sridharan <i>Consultant Physician, General Hospital, Ratnapura</i> Epidemiology of JE in Sri Lanka and recent changes Dr Paba Palihawadana <i>Chief Epidemiologist, Epidemiology Unit, Ministry of Health</i> Laboratory diagnosis Dr Geethani Galagoda <i>Consultant Virologist, Medical Research Institute, Colombo</i> Vaccination : current recommendations Dr Omala Wimalaratinne <i>Head Vaccine Department, Medical Research Institute, Colombo</i>

29.04.2013	“Leprosy in Sri Lanka”	Success story of leprosy Dr. Sunil Settinayake <i>Former Director, Anti-leprosy campaign</i> Epidemiology & current status Dr Nilanthi Fernando <i>Director, Leprosy Focal Point</i> Clinical presentation, complications and multi-drug therapy Dr Indira Kahawita <i>Consultant Dermatologist, Base Hospital, Karawanella</i> Rehabilitation and orthopedic management Dr Narendra Pinto <i>Consultant Orthopedic Surgeon, NHSL</i>
22.05.2013	The Current Influenza Outbreak : Lessons to be learnt	Global and local epidemiology Dr. Paba Palihawadana <i>Chief Epidemiologist, Epidemiology Unit, Ministry of Health</i> Virological diagnosis and surveillance: Role of the National Influenza Centre Dr Jude Jayamaha <i>Consultant Virologist, National Influenza Centre, Medical Research Institute</i> Management of patients at Castle Street Hospital & challenges Dr Priyankara Jayawardene <i>Resident Physician, Castle Street Hospital for Women, Colombo</i> How prepared are we for an outbreak ? Dr Ananda Wijewickrama <i>Infectious Diseases Physician, Infectious Diseases Hospital, Colombo</i>
26.06.2013	Measles : The current outbreak	Epidemiology of the measles outbreak Dr. Deepa Gamage, <i>Consultant Epidemiologist, Epidemiology Unit, Ministry of Health</i> Laboratory diagnosis and surveillance Dr. Geethani Galagoda, <i>Consultant Virologist, Medical Research Institute, Colombo</i> Current measles outbreak : Issues and challenges in management Dr Devan Mendis, <i>Consultant Paediatrician, Lady Ridgeway Hospital, Borella</i> Vaccination: Rationalization of the outbreak Dr Ananda Amarasinghe, <i>Consultant Epidemiologist, Epidemiology Unit, Ministry of Health</i>
27.09.2013	Leptospirosis : the scourge of the farmer	What is new in Pathogenesis? Professor Jennifer Perera <i>Senior Professor of Microbiology, Faculty of Medicine, Colombo</i> Laboratory diagnosis :new developments Dr Lilani Karunanayaka <i>Consultant Microbiologist, Medical Research Institute, Colombo</i> The clinician’s dilemma: Is it Leptospirosis or Hantavirus ? Professor Ranjan Premaratna <i>Professor in Medicine, Faculty of Medicine, Ragama</i>
20.11.2013	Leishmania kills	The story of leishmaniasis in Sri Lanka Professor Nadira Karunaweera

		<p><i>Professor of Parasitology, Faculty of Medicine, University of Colombo</i></p> <p>Differential diagnosis of Cutaneous and Visceral Leishmaniasis - case studies</p> <p>Dr. Panduka Karunanayake, <i>Senior Lecturer, Department of Clinical Medicine, Faculty of Medicine, University of Colombo</i></p> <p>Laboratory diagnosis of Leishmaniasis</p> <p>Dr Shalindra Ranasinghe <i>Senior Lecturer, Department of Parasitology, Faculty of Medical Sciences, University of Sri Jayewardenapura</i></p> <p>Minimising risk of vector bites</p> <p>Dr. Sanath Senanayake, <i>Senior Lecturer, Department of Parasitology, Faculty of Medicine, University of Colombo</i></p>
--	--	---

In addition to the above, a symposium on Leprosy was organized at the Annual Scientific Sessions of the SLMA in July 2013, and financial assistance of Rs. 250,000/= was provided by FAIRMED.

2. Revision of the book on “SLMA guidelines on vaccines”

The above work commenced during the latter part of the year and two meetings were held in this regard. It is planned to complete this work before the end of 2014.

MEDICINAL DRUGS

Chairperson Prof Gita Fernando
Secretary Dr Chandanie Wanigatunge

Members

Prof Tuley de Silva	Dr M C Weerasinghe	Dr A Wijewickrama
Dr Maxie Fernandopulle	Dr Sarath Gamini de Silva	Dr Lucian Jayasuriya
Dr Priyadarshani Galappatthy	Dr S A Jayaratne	Mr Ananda Samarasinghe
Ms Chintha Abeywardene	Dr Pradeepa Jayawardene	Mr Shalutha Athauda
Dr Shaymalee Samaranyake	Prof Antoinette Perera	Dr S R Ratnapala

REPORT

(Presented by Dr Chandanie Wanigatunge)

Patient information leaflets

The committee members commenced translating the patient information articles on commonly used drugs into Sinhala. Preparations are being made to publish these as a booklet.

Promoting Rational use of Medicines

For Medical Officers

The Medicinal Drugs Committee collaborated with the Ministry of Health (MoH) to educate medical officers on Rational Use of Medicines (RUM) with an emphasis on antibiotics. Symposia were conducted in Colombo and Ampara in the initial phase. Members of the committee were resource persons at these symposia

The Medicinal Drugs Committee and SLAAS Section A conducted a symposium on Quality Use of Medicines (QUM) for medical officers

For Pharmacists

A seminar was conducted in collaboration with the Pharmaceutical Society of Sri Lanka to educate the pharmacists on “The Role of Pharmacists in Rational Use of Medicines”. This was attended by pharmacists in both the state and private sectors.

Other activities

On an invitation made by the Ministry of Health, committee members were involved in the preparation of National Antibiotic Guidelines, Essential Medicines List and the Clinical Trials Act.

Some of the committee members have agreed to participate in the SLBC program on “Views on Health” conducted by the SLBC.

The committee has sent their observations to the relevant authorities and media in issues pertaining to medicinal drug use and regulations.

The members of the Medicinal Drugs committee participated in developing a booklet “Guidelines on the use of antimicrobial agents for common bacterial infections” in collaboration with the Ministry of Health and the College of Microbiologists. WHO will sponsor printing of the booklet.

ETHICS

Chairperson Secretary

Dr Malik Fernando
Prof Chrisantha Abeysena

Members

Dr Anuja Abayadeera	Prof Anoja Fernando	Dr Enoka Corea
Dr Preethi Wijegoonewardene	Dr Ajith Amarasinghe	Dr N P S Gunaratne
Mr Upali Gooneratne	Prof Lalitha Mendis	Prof Eugene Wickramanayake
Prof Mahasara Gunaratne	Dr Chris Fernando	Ms Fathima Razik Cader
Mrs MKDLMee goda		

NO REPORT

ETHICAL REVIEW

Chairperson Convenor

Prof Anoja Fernando
Dr Chandanie Wanigatunge

Members

Dr Malik Fernando	Dr Shalini Sri Ranganathan	Prof Amala de Silva
Dr K Weerapperuma	Dr Tharindi Udalgama	Dr Sumal Nandasena
Dr Carukshi Arambepola	Dr Jayani Weeraratne	Dr Mayuri Thammitiyagodage
Dr Mario Gomez		

REPORT

(Presented by Dr Chandanie Wanigatunge)

Ten meetings were held from January to October 2013 and 55 research proposals were submitted to the committee during this period. Eight proposals were exempted from review as they were record based audits of minimal risk. Ten proposals submitted in 2012 and requiring amendments, were also reviewed during the period. The following were given ethical clearance by the committee in 2013.

ERC/13-001

Neuropsychological screening of an HIV infected population in Sri Lanka to estimate the prevalence of HIV associated neurocognitive disorders

Dr K Buddhakorala, Consultant HIV Physician, 29, De Saram Place, P O Box 567, Colombo 10

ERC/13-002

Adaptation of the Hospital Anxiety and Depression Scale (HADS) into Sinhala to estimate the prevalence of depression and anxiety amongst HIV patients in Sri Lanka

Dr K Buddhakorala, Consultant HIV Physician, 29, De Saram Place, P O Box 567, Colombo 10

ERC/13-003

Retrospective analysis of early morbidity and mortality in paediatric Acute Lymphoblastic Leukaemia (ALL) at National Cancer Institute Maharagama (NCIM), Sri Lanka.

Dr P M Abeysinghe, Consultant Clinical Oncologist, 128, Temple Road, Maharagama

ERC/13-004

Knowledge attitudes and behaviours related to STI and HIV/ AIDS among factory workers in the Seethawaka Industrial Park, Awissawella, Sri Lanka

Dr R W K M D Rajapakshe, Senior Registrar, No 06B, Seethagama, Avissawella

ERC/13-005

Retrospective study on the deficiencies in the critical care transfers of trauma patients

Dr A C J Gunawardena, Medical Officer, No 3, 2nd Lane, Borupana Road, Rathmalana

ERC/13-006

Prevalence and Characteristics of traumatic injuries amongst under 6 years old children in the community – A study in the Homagama MOH area

Dr I P Welgama, No 550, Lane 6, Heartland – Orchid Residencies (Zone 2), Millennium City, Oruwela, Athurugiriya

ERC/13-007

Survey on knowledge and attitudes on HIV/AIDS and STD among school children in 5 zones in Sabaragamuwa province

Dr S S Nanayakkara, National STD/AIDS Control Programme (NSACP), No 29, De Saram Place, Colombo 10

ERC/13-008

Retrospective study of bacteraemia in special care baby unit in a General Hospital of Sri Lanka

Dr D L Bhagya Piyasiri, Consultant Microbiologist, 283/C, Old Road, Dalugama, Kelaniya

ERC/13-009

Adverse obstetric and perinatal outcomes due to previous miscarriage

Dr R M N Dalukotuwa, SHO (Obs/Gyn), 18/3A, First Lane, Eksath Mawatha, Mahara, Kadawatha

ERC/13-010

Retrospective Comparative study to assess the benefit of the morphology assessment, in routine post induction day – 8 bone marrow examination and routine bone marrow examinations during maintenance therapy in the treatment of childhood precursor B-acute Lymphoblastic Leukaemia.

Dr K S Pathirage, Consultant Haematologist, District General Hospital, Monaragala

ERC/13-011

Assessment of Regional and Temporal Variations in Health Care Resource Allocation from 2010 – 2012 in Sri Lanka

Dr R W Jayantha, DDG (Planning), Ministry of Health, No 1000, Maradana Road, Colombo 8

ERC/13-012

Estimate unit cost for index health services: Western Province

Dr Amal Harsha de Silva, PDHS, Western Province, New District Secretariat Building, Maligawatta, Colombo 10

ERC/13-013

Psychological impact due to genital herpes among STD clinic attendees in Sri-Lanka

Dr N D V Jayasuriya, Senior Registrar in Venereology, National STD/AIDS Control Programme

ERC/13-014

Evaluation of services rendered to patients undergoing cataract surgeries in National Eye Hospital- Sri Lanka

Dr P V D S Dharmagunawardene, Registrar, (MD-Medical Administration PGIM)

ERC/13-015

Epidemiological characteristics and identification of specific allergens in patients with footwear contact dermatitis attending the Dermatology clinic, Base Hospital, Karawanella

Dr I P Kahawita, Consultant Dermatologist, Base Hospital, Karawanella

ERC/13-016

Epidemiology of bacterial surgical site infections following orthopedic surgeries at the National Hospital of Sri Lanka

Dr S H C K De Silva, Registrar Microbiology, Teaching Hospital, Karapitiya

ERC/13-017

Spatio-Temporal Diffusion Pattern and Hotspot Detection of Leprosy in Colombo RDHS Area

Dr J N Kumara, Medical Officer Planning, Office of RDHS, New Secretariat Building, Maligawatta, Colombo

ERC/13-018

The effect of an Ayurveda medicinal formulation, Swastha Thriphala®, on blood lipids in patients on atorvastatin for hyperlipidaemia

Prof Colvin Goonaratna, Faculty of Medicine, CMCC Office, Kynsey Road, Colombo 8

ERC/13-019

Oral Presentation of HIV patients attending Infectious Disease Hospital – Angoda

Dr A M I Roshnal Perera, No 964, Mahabage Road, Ragama

ERC/13-020

Face ID- Computer Based Forensic Facial Reconstruction for Sri Lanka using 3D Graphics

Dr A T Dharmaratne, University of Colombo School of Computing, 35, Read Avenue, Colombo

ERC/13-022

Prevalence of normal variant ST elevation (ECG) in young Sri Lankan population

Dr E W R A Witharana, Consultant Physician, Base Hospital, Deniyaya

ERC/13-023

Dietary management and life style characteristics among patients with Non-Insulin dependent Diabetes Mellitus (NIDDM) in a primary care setting

Dr P R M Seneviratne, Medical Officer, District Hospital, Moratuwa

ERC/13-024

Some aspects of quality of life and household costing of care in patients with genital warts attending selected STD clinics in the western province of Sri Lanka

Dr D P K Weerasinghe, Senior Registrar, National STD/AIDS Control Programme, Colombo 10

ERC/13-025

Midline survey to assess the nutrition status among children under 5 years old and pregnant and lactating mothers in the Northern Province in Sri Lanka

Dr Angela de Silva, Senior Lecturer, Dept. of Physiology, Faculty of Medicine, University of Colombo

ERC/13-027

Topiramate use and the risk of glaucoma development in children

Dr M S S Fernando, Senior Registrar in Paediatric Neurology, LRH, Colombo

ERC/13-028

Knowledge attitudes regarding first aid for selected injuries and safety measures taken following exposure to them among farmers in Dimbulagala Medical officer of health area

Dr Chanaka Liyanage, PG Trainee, MSc Community Medicine, PGIM

ERC/13-029

Prevalence of work-related musculoskeletal disorders and its associated factors among male paddy/chena cultivators in the Medical officer of Health area Kanthale

Dr H K A Galappaththi, PG Trainee, MSc Community Medicine, PGIM

ERC/13-030

Parental knowledge, attitudes and practices on psychosocial development of pre-school attending children in Medical Officer of Health area Hatharaliyadda in Kandy District.

Dr ODS Rupananda, PG Trainee- MSc – Community Medicine, PGIM, Colombo

ERC/13-031

Knowledge, attitudes and practices of nurses of National Hospital of Sri Lanka in application of Non Communicable Diseases prevention activities in ward settings

Dr N T Wellappuli, MSc Community Medicine, Trainee, PGIM

ERC/13-032

Food safety in school canteens in Jaffna Municipal area

Dr Saseela Subaskorran, Registrar, Community Medicine, Family Health Bureau

ERC/13-033

Influences of maternal feeding practices on nutritional status of urban Sri Lankan infants and young children

Dr Josephine Emma Meedeniya, Queensland University of Technology, Brisbane, Australia

ERC/13-034**Epidemiological review of snake bite in Deniyaya, Sri Lanka**

Dr E W R A Witharana, Consultant Physician, Base Hospital, Deniyaya

Co-investigators: Dr SKJ Wijesinghe, Dr KSM Pradeepa, Dr SCL Kadahetti

ERC/13-035**Sensitivity and specificity of ultrasonography in the diagnosis of acute appendicitis in females below the age 50**

Dr K G J Lochana Kumaragama, Consultant Surgeon, General Hospital, Vavuniya

Co-investigators: Dr M Umashankar, Dr S Wijebandara, Dr R Sivaruban, Dr AMRKAtapattu, Dr V Centuran

ERC/13-037**Development of local Nutrition screening tool for institutionalized elderly in Sri Lanka**

Dr Kumari M Rathnayake, Senior Lecturer, Dept. of Applied Nutrition, Wayamba University of Sri Lanka, Makandura

Co-investigators: Dr A M A D B Mahamithawa, Mr S Rahanan

ERC/13-038**Understand the effects of subfascial endoscopic perforator surgery (SEPS) on repeatedly infected chronic venous ulcers**

Dr U M D P Fernando, Consultant Surgeon, Base Hospital, Mulleriyawa

Co-investigators: Dr JMRWW Wadanamby, Dr JSKRD Caldera, Dr KKN Prasanthi

ERC/13-039**Quality of life and selected aspects of reproductive health among war widows of members of tri forces and police in Gampaha district, Sri Lanka**

Dr H PSP Somawardhana, Senior Registrar in Venereology, National STD/AIDS Control Programme, Colombo

Co-investigators: Dr G Weerasignhe, National STD/AIDS Control Programme,

ERC/13-040**Development of a Register of persons with type 1 diabetes mellitus in Sri Lanka**

Dr M A Wijesuriya, Hony, Director, National Diabetes Centre,

Co-investigators: Ms Laksha Vasantharajah, Food Science & Nutrition

ERC/13-041**Preoperative anxiety and its correlates among obstetric patients in a teaching hospital**

Dr I M Y N Bandara, No 118, Meethotamulla Road, Wellampitiya

Co-investigators: Dr EMUUK Jayawardhana, MO (Anaes/ICU), De Soysa Hospital, Dr H A R L Kuruppu, MO (Anaes/ICU), De Soysa Hospital, Dr B H Nambuwasam, MO (Anaes), De Soysa Hospital, Dr A Jayaratne, MO (Anaes), De Soysa Hospital

ERC/13-042**The comparison between weekly and three weekly cisplatin infusion in chemoradiation for squamous cell carcinoma of head and neck.**

Dr S P Weerasinghe, Consultant Clinical Oncologist, National Cancer Institute, Maharagama

Co-investigators: Dr MP Wickramage, Cancer Institute, Dr R A Jayanthi, Cancer Institute, Dr U B G V Abhayatunga, Cancer Institute, Dr T H D N Wellakka, Cancer Institute

ERC/13-043**Compare the effectiveness of post-operative pain relief in routine practice of subarachnoid injection of fentanyl or morphine to healthy pregnant mothers undergoing elective caesarean sections**

Dr J D Y Silva, Medical Officer in Anaesthesia and ICU, Base Hospital, Homagama

Co-investigators: Dr S Somaweera, Co-Principal Investigator, Dr Udesch Supun Perera, Supervisor, Dr B A Ranthatige, Co-investigator, Dr P D D S Wijethunga, Co-investigator Dr I Gamhewa, Co-investigator

ERC/13-044**Experiences of physical, sexual and emotional abuse, its correlates and help seeking behaviour among young adults aged 18-20 years residing in the Gampaha District**

Dr Nadeeka Chandraratne, Registrar in Community Medicine, Dept. of Community Medicine, Faculty of Medicine, University of Colombo

Co-investigator: Dr N S Gunawardena, Dept. of Community Medicine, Faculty of Medicine, University of Colombo

ERC/13-045**Erectile Dysfunction among patients with Myocardial infarction in Institute of Cardiology, National Hospital of Sri Lanka**

Dr N C Lokunarangoda, Senior Registrar in Cardiology, Institute of Cardiology, National Hospital of Sri Lanka

Co-investigators: Dr W S Santharaj, Consultant Cardiologist, NHSL, Dr C J Ponnampuruma, Resident Cardiologist, NHSL, Dr M M S P Premaratne, SR in Cardiology, NHSL, Dr E C Ratnayake, SR in Cardiology, NHSL, Dr AAPA Wijayagoonawardana, SR in Cardiac – Electrophysiology, NHSL, Dr K K S Chinthanie, Research Assistant, NHSL, Dr A K Pathirana, Consultant Cardiologist, District General Hospital, Gampaha, Dr L S Malavige, Consultant in Sexual Medicine, Asiri Surgical Hospital, Colombo

ERC/13-046**Effect of mid-day meal and nutrition education programme on nutritional status of school children in Mahakumbukkadawala Vidyalaya, Anamaduwa in North Western Province of Sri Lanka**

Dr K D R R Silva, Senior Lecturer in Human Nutrition, Wayamba University of Sri Lanka, Dept. of Applied Nutrition, Faculty of Livestock, Fisheries & Nutrition, Wayamba University of Sri Lanka, Makandura, Gonawila (NWP)

Co-investigator: Mrs. G I M Nanayakkara, Dept. of Applied Nutrition, Faculty of Livestock,

ERC/13-047**Surveillance of Acinetobacter isolates at Intensive Care Unit (ICU), Base Hospital Angoda (BH Angoda) – Infectious Diseases Hospital**

Dr Duleen D Haputhanthiri, Medical Officer (ICU), Base Hospital, Angoda (IDH)

Co-investigators: Dr J M R W Wadanamby, Consultant Microbiologist, IDH, Dr T H K R D Caldera, MO Microbiology, Dr P S Maddumarachchi, MO, ICU

ERC/13-048**Assessment of behaviour change intervention to improve the nutritional status (under weight) of children less than 2 years kept in child development centers in Kalutara district**

Dr P H C Kumanayake, Dental Surgeon, Health Informatics, Ministry of Health

Co-investigator: Dr S Subaskaran, MSc Community Medicine

The following were appointed to the ERC during the year:

- Dr Mayuri Thammitiyagodage
- Dr Carukshi Arambepola
- Dr Sumal Nandasena
- Dr Jayani Weeratne

The ERC conducted a workshop on the research ethics guidelines and evaluation of ERC applications for the new members. ERC members were resource persons at workshops conducted by FERCSL.

EXPERT COMMITTEE ON ERGONOMICS**Chairperson**

Dr Kapila Jayaratne

Convenor

Dr Chamaine de Silva

Members

Prof Manouri Senanayake
Dr. Saranga Alahapperuma
Dr. Achala Jayathilake
Dr. A.A.N. Nishad
Dr. Virgini Mallawarachchi
Dr. Jayaruwan Bandara
Dr. Kalyani Guruge
Dr. Inoka Suraweera
Dr. Eshani Fernando
Dr. Chathurani Sigera
Dr. Chandana Jayasundara
Dr. MTM Riffsy
Dr. Uthpala Amarasinghe

Dr. Jithangi Wanigasinghe
Dr. Buddhika Abeyrathne
Dr. E.S.S. Rodrigo
Dr. S.M. Arnold
Dr. Anura Jayasinghe
Dr. Hemantha Wickramatillake
Dr. Nishan Siriwardane
Dr. Gayan Ekanayake
Dr. Chandana Gajanayake
Dr. Amaranath Karunanayake
Dr. Diana Samarakkody
Dr. Saman Pathirana

Dr. Rani Fernando
Dr. Chamara Senarathne
Dr. Nishan Siriwardena
Dr. Diana Samarakkody
Dr. Dimuth Peiris
Dr. Dhananjaya Waidyaratne
Dr. John Abeysekara
Dr. L. Chandana
Dr. Vijith De Silva
Dr. Palitha Karunapema
Dr. Anura Jayasinghe
Dr. Manjula Danansuriya

REPORT

(Presented by Dr Kapila Jayaratne)

SLMA – ECE undertook series of activities in order to meet its objectives in the year 2013. Awareness and promotion campaigns, training workshops, media briefings, advocacy and lobbying, symposia and publishing articles were among them.

Media briefings

Printed and electronic media briefings were carried out in several occasions.

Awareness, promotion and training workshops

1. Ceylon Petroleum Storage Terminals Limited

SLMA – ECE successfully conducted two workshops for the staff working in the facility. Initial workshop held on 3rd of January 2013, targeted the heads of all the departments whereas the following workshop held on 26th August 2013, targeted an audience over 200 office based staff.

2. AES Kelanitissa power plant

Another workshop was held at AES Kelanitissa (Pvt) Ltd on 15th May 2013. The participants were mainly engineers and executive level managers.

3. National Science Foundation & Family Health Bureau

With the participation of world renowned 2 experts on the field of Ergonomics 3 workshops were carried out. They were held at National Science Foundation, Family Health Bureau and Gateway College. All the workshops were well attended.

4. Gateway College teachers

Another training workshop was conducted for Gateway College computer teachers during their annual conference held on 21st July 2013 at Cinnamon Bay Beruwala.

Advocacy and Lobbying

Several high level meetings with several ministers including the Ministry of Education Services were held with a view of involving various stakeholders in the venture of inculcating ergonomics culture in Sri Lanka. The main project of “*Healthy School Bag*” was identified as a priority.

Development of Child Helmet Standards

Road traffic injuries are one of the leading causes of death and disabilities among children in Sri Lanka. Injury data suggest that children from lower income family background are at greater risk of motor bicycle related injury as a result of lower rates of helmet use. The child helmets on the market today offer varying degrees of protection that cannot be assured the safety of the children during a motor bicycle accident.

The SLMA Expert Committee on Ergonomics has taken initiative to work on three main areas: Engineering, Enforcements & Education.

Standards on child helmets are essential aspect of engineering. Sri Lanka Standards Institution (SLSI) is the lead organization in developing standards in Sri Lanka. SLMA-ECE had a meeting on 8th February 2013 at SLSI on child helmet standards with the participation of:

- Mrs. Samantha Narangoda – Director, (Engineering Standards) - SLSI
- Mr. AS Dewage – Senior Deputy Director (National Testing Laboratory) - SLSI
- Mr. Ranga Karawita, Assistant Director (Engineering) - SLSI
- Dr. Kalyani Guruge – Consultant Paediatrician, Vice President - SLMA
- Dr. Kapila Jayaratne – Consultant Community Physician, Chairman, the SLMA – ECE
- Dr. Diana Samarakkody – Consultant Community Physician, Member of the SLMA –ECE

Inculcating Ergonomics in the Sri Lankan Settings

The Expert Committee on Ergonomics - Sri Lanka Medical Association (SLMA - ECE) organized a one day symposium on ergonomics as a pre-congress workshop of the Annual Academic Congress of the SLMA - 2013 in collaboration with National Institute of Occupational Health (NIOSH) with the support from National Science Foundation (NSF), World Health Organization (WHO), United Nations Children's Fund (UNICEF) and Mobitel Pvt Ltd.

“Stretch Break” in computer ergonomics

Stretch Break was designed by a team of health care professionals who carefully reviewed each stretch in the program. Stretches focus on parts of the body most likely to be harmed by RSIs including the neck, arms, hands, back, legs, and wrists. Also, includes eye exercises. The Kids version, contains 20 stretches. Several focus on stretching the muscles associated with Carpal Tunnel Syndrome. It contains ErgoHints, guidelines for healthier computing. SLMA – ECE started collaborating in customizing this software to suit the Sri Lankan context.

Special Issue – WORK Journal

Following the successful completion of the symposium on “*Inculcating Ergonomics in the Sri Lankan Setting*” at the SLMA Annual Congress – 2013, the authors of the prestigious international journal - WORK, published by the IOS Press agreed to publish a special issue dedicated to Sri Lanka titled “*Ergonomics and Work in Sri Lanka*”. Dr. Kapila

Jayarathne, Dr. Manjula Danansuriya and Dr. Chamaine De Silva of SLMA – ECE have been selected as Guest Editors of this issue.

Fund raising

A successful fund raising campaign was launched for parallel to the symposium on *"Inculcating Ergonomics in the Sri Lankan Setting"* at the SLMA Annual Congress – 2013. SLMA ECE received generous contributions from various interested parties to uphold the worthy efforts taken by SLMA – ECE. Below is a summary of donors;

Child Injury video

SLMA – ECE could negotiate with *SafeKids Worldwide* to help us with resource materials in prevention of child injuries in Sri Lanka. In a quick response, they have modified the original "imagine" video to suit Sri Lanka. A Sinhalese version is also under construction.

HEALTH MANAGEMENT

Chairperson Convenor

Dr Palitha Abeykoon
Dr Ruvaiz Haniffa

Members

Dr Lucian Jayasuriya	Dr Lakshman Senanayake	Dr B Kumarendran
Dr K Dudley P Perera	Dr Sarath Samarasiri	Dr K C Shanty Dalpatadu
Dr Joel Fernando	Dr Rathnasiri A Hewage	Dr S Sridharan
Dr V Murali	Dr A D U Karunaratna	Dr Dilantha Dharmagunawardene
Dr S M Samarage	Dr N W Vidyasagara	Dr Alan Ludowyke
Dr Lal Panapitiya		

REPORT

(Presented by Dr Ruvaiz Haniffa)

1. The Committee reviewed the following documents/issues referred to it by the Council and made recommendations where applicable;
 - a) *Report on the advocacy seminar on human resources for health strategic plan.*
 - b) *Draft Policy on Quality and Safety Policy area 1 from the Directorate of Healthcare Quality and Safety Ministry of Health*
 - c) *National migration policy draft proposal*
 - d) *Registration of Foreign Qualified Specialists by Private Sector Hospitals*
 - e) *Chronic Kidney Disease of Unknown aetiology mission report 5-7 October 2011*
 - f) *Chronic Kidney Disease of Unknown aetiology progress report 13th February 2012*
 - g) *Investigation and evaluation of CKDu in Sri Lanka – Final report. World Health Organization (RD/DOC/GC/06)*
 - h) *Consultation charges at private sector a letter from Secretary Private Health Regulatory Council*
 - i) *Guidelines on decompression sickness submitted by Dr Malik Fernando*
 - j) *Mercury poisoning a monograph submitted by Prof Harshalal Seneviratne.*
 - k) *Institute of Medicina alternative (in cooperation) Bill from the Secretary Ministry of Health (LO/249/230) November 2013.*
2. Annual Career Guidance Seminar
Above seminar was held on Sunday, 15th September 2013 at the Lionel Memorial Auditorium of the SLMA. The seminar was attended by 124 pre intern and junior medical officers. The seminar was inaugurated by Dr B J C Perera, President SLMA. The Committee places on record its appreciation to all respective Colleges for their support in providing the resource persons for the seminar. The Committee extends its thanks to the following resource persons for making presentations at the seminar: The President SLMA, Dr Palitha Abeykoon Chairman Health Management Committee SLMA, Prof Jayantha Jayawardene-PGIM, Dr Champiuka Wickramasinghe, Representative from Ministry of Health, Dr M K Ragunathan – Medicine and Finer Specialities, Dr. Samanthi de Silva-Private Sector, Prof Ranil Fernando-Surgery, Dr Jayadari Ranathunga- Venereology, Prof Sujeewa Amarasekera - Paediatrics, Prof Raveen Hanwella - Psychiatry, Prof. Vajira H W Dissanayaka-Universities, Dr Madahava Karunaratne- Obstetrics and Gynaecology, Dr Jayantha Thambar- General Practice, Dr Isha Premathilake-Pathology, Dr N E L W Jayasekera – Armed Services, Dr Sunil de Alwis - Medical Administration, Dr Paba Palihawadana - Community Medicine, Dr Ajith Tennakoon - Forensic Medicine, Dr Malka Dassanayake

- Microbiology, Dr Kumudu Ranatunga - Anaesthesiology, Dr Udari Liyanage - Radiology, Dr Maduwanthi Dissanayake - Ophthalmology, Dr Shantha Perera – Otorhinolaryngology, Dr Indira Kahawita- Dermatology.

The Committee acknowledges the contribution made by *GlaxoSmithKline* in the organization of the seminar.

3. The Committee convened a special committee meeting in March 2013 to discuss the current status of leprosy in Sri Lanka. Dr Nilanthi Fernando, Director Anti Leprosy Campaign of Sri Lanka and Dr N D Kasturiarchchi from Fairmed Foundation made presentations.
4. Members of the Committee represented the SLMA at the Private Health Sector Review workshop conducted by the World Bank on 4th April 2013.
5. Symposium on medico legal issues was organized in collaboration with the Thought Leadership forum was held on Tuesday 25th June 2013 at the Institute of Chartered Accountant of Sri Lanka.
6. The Committee established a working group on Healthcare Quality and Safety after Council approval in June 2013. The Working Group undertook the following activities during the year
 - a) An island wide survey on Quality and Patient safety inputs at curricula level at healthcare teaching institutes and professional colleges was undertaken in June 2013. The survey is ongoing.
 - b) Organization of the Pre Congress Session on Quality and Safety during the 126th Anniversary Scientific Medical Congress on 9th July 2013 at the auditorium of the National Blood Transfusion Service. This Pre Congress was organized in collaboration with the World Health Organization.
 - c) Research symposium on the Quality of Healthcare in Sri Lanka – This symposium was held on 30th August 2013 at the Lionel memorial auditorium of the SLMA. The symposium was a collaborative activity with the College of Medical Administrators of Sri Lanka ((SLCMA) and the Institute of Health Policy (IHP).
 - d) SLMA Poster Competition on 'Patient Safety – Our Concerns'. This island wide competition was organized for all healthcare professionals in Sri Lanka with the objective of increasing awareness on patient safety among healthcare professionals. The working group received 15 posters for evaluation. The posters which were adjudged 1st 2nd and 3rd were displayed during the Foundation session of the SLMA held in Anuradhapura from 23- 25th October 2013. The Working group places on record its appreciation to *Reckitt and Benckiser* for its support towards the competition.
7. Process of specialist registration and establishment of a specialist register – The SLMA was requested by several professional colleges to play a facilitator role on the issue. Two well attended stake holder meetings were held on 11th March 2013 and 12th August 2013 to discuss the issues. The discussions are ongoing.

The Committee places on record its thanks to the staff of the SLMA office for the logistical support given to it carrying out its activities during the year.

MEDIA

Chairperson & Convenor Dr Ruvaiz Haniffa

REPORT

(Presented by Dr Ruvaiz Haniffa)

The Annual SLMA Awards for Excellence in Health Journalism 2013 was successfully conducted for the 10th consecutive year. The Committee received 24 articles in Sinhala, 09 articles in Tamil and 03 articles in English for evaluation. The following awards were made at the inauguration of the SLMA Foundation Sessions held in Anuradhapura Wednesday 23rd October 2013.

Sinhala Medium

මහ ටේකලේ කඳු සැත්කම් නැවතුනේ

by Ms. Asuntha Edirisuriya (Sunday Lankadeepa, Wijeya Newspapers Pvt Ltd.

A certificate of merit was presented to Ms. Thamari Ranatunga of Vidusara Newspaper of Upali Newspapers Pvt. Ltd on the recommendation of the judges.

Tamil Medium

வைசநம்(ஞ்ச.)” (முனைநெல ஞவமுநெள)

by Mr. F M Fairoos – Navamani, Free Lanka Media Limited

English Medium

“Varicose Veins Laser Treatment: Assuring More Comfort and Safety”

by Mrs. Randima Attygalle – Sunday Island, Upali Newspapers Pvt. Ltd.

The panel of judges who served in evaluating the article were; Dr. Waruna Gunathilake and Mr. Sundara Nihathamani de Mel (Sinhala medium), Dr. M K Muruganandan and Dr. V Murali (Tamil medium), Prof. Saroj Jayasinghe and Dr. Waruna Gunathilake (English)

The Committee places on record its thanks to the staff of the SLMA office for the logistical support given to it carrying out its activities during the year.

MEDICAL EDUCATION

Chairperson: Dr. Narada Warnasuriya
Secretary: Dr. Indika Karunathilake

Members:

Prof. Nilanthi De Silva	Prof. P.T. Jayawickramarajah	Dr. Rohana Marasinghe
Dr. Kosala Marambe	Dr. Gominda Ponnampuruma	Dr. Ashwini De Abrew

During the year 2012, Medical Education Committee has organised two seminars on timely topics related to medical Education, Private medical education and postgraduate medical education.

The seminar on Private Medical Education in Sri Lanka was held on 3rd May 2012 at the Lionel Memorial Auditorium. The seminar was chaired by Dr. Narada Warnasuriya, Chairperson, Medical Education Committee, SLMA. The seminar was well attended by and participants included key stakeholders including SLMA, SLMC, GMOA, Ministry of Health, Ministry of Education, medical students and private sector.

The Lunch Time Panel Discussion on Postgraduate Medical Education was held on 3rd July 2012 during the SLMA Annual Conference. The session was chaired by Dr. Narada Warnasuriya, Chairperson, SLMA Medical Education Committee. The panelists were Vidyajyothi Professor Lalitha Mendis, Prof. P.T. Jayawickramarajah and Dr. Palitha Abeykoon.

During both activities, several areas for follow-up were identified.

RESEARCH PROMOTION

Chairperson Prof M M Ismail
Convenor Dr Asela Olupeliyawa

Members

Prof Lalitha Mendis	Dr. B Kumarendran	Dr. Ruvaiz Haniffa
Dr. A S Dissanayake	Dr. Sharmini Prathapan	Dr. M C Weerasinghe
Dr. M P Seneviratne		

REPORT

(Presented by Dr Asela Olupeliyawa)

The committee organized seven workshops on research methods in 2013 which were well attended by clinicians and researchers. The areas addressed include basic statistics, designing and validating questionnaires, factor analysis, using systematic reviews, and Geographical Information Systems. Several experts in their disciplines supported these workshops as resource persons, and the committee greatly appreciates their support. Future workshops are being planned based on participant feedback. The committee screened and coordinated the external review of all research grants awarded by the SLMA, and made recommendations to award 4 Fairmed research grants, the SLMA research grant, and the CNAPT award. Grant management of these is also being coordinated by the committee. The committee also managed the judging of the free paper presentations at the SLMA annual sessions, including developing assessment criteria, coordinating with external judges, and making recommendations for awards. The committee welcomes new members, resource persons for workshops, as well as suggestions on new activities, to continue their successful work in 2014.

NON COMMUNICABLE DISEASES

Chairperson of NCD and DPTF Convenor

Dr J B Jayawardena / Prof Chandrika Wijeyaratne
Dr Shiromi Maduwage

Members

Dr Damayanthi Perera
Dr Surendirankumaran
Dr Shantha De Silva
Dr Padma Gunaratne
Dr Nirmala Wijekoon
Ms Visaka Thilakarathne
Dr Uditha Bulugahapitiya

Dr Carukshi Arambepola
Dr. V Mallawaarachchi
Dr Suraj Perera
Dr Palitha Karunapema
Dr Camel Fernandopulle
Dr Suresh Shanmuganadan
Prof Chandrika N Wijeyaratne

Dr. Susie Perera
Dr M M Dissanayake
Prof Ravindra Fernando
Dr Prasad Katulanda
Dr M A N K Chandraratne
Dr Lanka Jayasuriya Dissanayake

REPORT

(Presented by Dr Shiromi Maduwage)

NCD sub committee consists of multidisciplinary membership. Activities of the committee are implemented according to the annual plan which is developed by each of the core working groups in the committee. Progress of activities are reviewed in the monthly committee meetings.

National Initiative in Re-Organizing General diabetic care in Sri Lanka (NIROGI) project was initiated by the Sri Lanka Medical Association along with the NCD subcommittee. Phase one of this project completed successfully and current activities are implementing under phase two.

Of the current activities, stakeholder meetings were conducted for NIROGI matha and NIROGI paada programmes. Diabetic foot training module was developed and foot care camps were conducted. Health promotional activities including awareness programmes are carried out in identified settings.

Gestational Diabetics Mellitus and pregnancy induced hypertension management guidelines were developed and four booklets on diabetic care published including diabetics in pregnancy.

Pre congress workshop conducted at the SLMA 126th Anniversary Scientific Medical congress and it was chaired by Dr. Jayanthimala Jayawardena and Dr. Nirmala Wijekoon. Activities were conducted to commemorate World Diabetic day and initiatives have taken to open a diabetic centre at De Soysa Hospital for women for working women.

Geriatric care core group has developed a concept paper on improving geriatric care in the country and was handed over to the Secretary, Ministry of Health for further action. Representation is made to the steering committee on elderly care in the Ministry of Health. Oral health for older persons was discussed in the joint partnership of the International conference and the 80th annual scientific sessions of Sri Lanka Dental Association.

Elderly health care symposium was held at the SLMA 126th Anniversary scientific medical congress 2013 and Dr.Dilhara Samaraweera and Dr.Shiromi Maduwage chaired the symposium.

Dr.Dilhara Samaraweera and Dr.Shiromi Maduwage represented the 29th IAGG Congress of Gerontology and Geriatrics at South Korea.

Activity plan on chronic pain management was developed by the core group members working for chronic pain management and is of way forward to develop a concept paper on this subject.

Committee identified the need of having an independent body to do monitoring evaluation of food standards. Nutrition core group is in the process of developing a concept paper for reference on this subject.

Stroke rehabilitation workshops for Medical officers and nurses were held. Establishing the National stroke centre at Mulleriyawa is successfully progressing.

Commemoration of International Cancer Saviours day was celebrated in collaboration with National Cancer Control programme. Developing, printing of information, education materials and awareness programmes on cancer prevention are in progress. The Palliative Care Day celebrations are planned as a way forward activity.

A series of television interviews held and the heart walk was conducted to commemorate the World Heart Day. In-service training was given on toxicology for the medical officers and nursing staff in Western province and it is in the process of implementing in other provinces.

Professor Sagarika Ekkanayaka delivered a guest talk on Glycaemic index on Sri Lankan food elaborating the importance of improving the Sri Lankan diet by applying the knowledge based on local research on bio chemical analysis of Sri Lankan meal.

A guest talk on contamination and purification of pipe-borne water in the Western Province by Dr. Novil Wijesekera was delivered to enlighten the committee members on this subject.

ROAD TRAFFIC CRASHES ACCIDENTS PREVENTION

Chairperson Prof S D Dharmaratne
Convenor Dr Achala Jayathillake

Members

Mr Edward Ahangama	Mr A W Dissanayake	Mr D Ganesan
Ms Fathima Razik Cader	Dr R T Nanayakkara	Dr C M Asela Anthony
Dr S A Premaratne	Dr G R W Godakumbura	Dr D M S Handagala
Prof M P Senanayake		

New Members (appointed in 2013)

Prof. Ranjith Bandara – Chairman, Sri Lanka Foundation Institute
Mr. Gamini Ekanayake – Chairman, National Road Safety Council
Mr. G.D.A.K. Senarathne – Deputy Inspector General (Traffic)
Dr. (Mrs.) Lakshmi Somatunga – Deputy Director General (Medical Services), Ministry of Health
Dr. (Mrs.) Thalatha Liyanage – Director Non-Communicable Disease Unit, Ministry of Health
Dr. Tamara Kalubowila – Medical Superintendent, Base Hospital, Horana
Dr. (Mrs.) Diana Samarakkodi – Ministry of Health
Dr. Kapila Jayaratne – National Programme Manager (Maternal and Child Morbidity and Mortality) Surveillance, Family Health Bureau, Ministry of Health, Colombo
Dr. Utpala Mallawarachchi – National Transport Medical Institute, Colombo
Dr. (Mrs.) Lanka Dissanayake – World Health Organization
Dr. (Mrs.) Kumari Navaratne – Senior Health Specialist, World Bank, Colombo
Dr. (Mrs.) P.G. Amarasinghe – Medical Officer (Planning), Office of the Provincial Director of Health Services, North Western Province, Kurunegala
Dr. Damitha Gunawardena – Medical Officer (MCH), Office of the Deputy Provincial Director of Health Services, Kegalle

REPORT

(Presented by Prof S D Dharmaratne)

Activities conducted during 2013

Introduction

The new Chairperson and the Convenor was appointed in February, 2013 and the first meeting was held in March, 2013. One important matter that was discussed and was completed during the year was appointing new members to the committee and meeting with them.

In May, 2013, Dr. Jayathilleke left the country for a Fellowship at the Center for Disease Control (CDC), United States of America and Dr. (Mrs.) P.G. Amarasinghe was appointed as the new Convenor to the committee.

The following activities were conducted by the Committee during 2013;

1. Prepared an article for the SLMA Newsletter, which was published in the January, 2013 newsletter.
2. Recruitment of new members to the committee
3. Activities during the Global Road Safety Week
 - 3.1. Conducted a workshop on 03-05-2013 for Medical Officers of the NCD Control and Prevention in collaboration with the NCD Unit, Ministry of Health on road safety
 - 3.2 Prepared articles on Pedestrian Safety for the newspapers in all three languages, which were published on 05-05-2013
4. Represented the SLMA at the 'Finalization of Accident and Emergency Care Policy' at the Ministry of Health, Colombo

5. Obtained membership for the Chairperson, Expert Committee on PRTCs in the National Road Safety Council as an observer (initially)
6. Preparing and submitting several articles on the problem of road traffic injuries in the country for national and international conferences

Activities planned for 2014

1. Conducting a pre-congress session on 'Road traffic and child injury prevention' at the Annual Scientific Session of the SLMA, 2014
2. Training Health Education Officers, Ministry of Health on 'Road Safety' in collaboration with the National Road Safety Council
3. Training three wheeler drivers on road safety and safe transfer of the injured in collaboration with the National Road Safety Council
4. Conducting a training program for school teachers in collaboration with the NCD, Unit, Ministry of Health and the National Road Safety Council
5. Inviting the Chairperson, National Transport Medical Institute, Colombo to the Committee

SNAKE BITES

Chairperson Secretary

Prof S A M Kularatne
Dr Malik Fernando

Members

Dr Shantha De Silva
Mr Anslem de Silva
Dr Vinya Ariyaratne
Dr M K Ragunathan

Dr Ariaranee Gnanathanasan
Dr S Sivansuthan
Dr Chris Fernando
Dr Anjana Silva (from July 2013)

Dr Dennis J Aloysius
Prof Deepika Fernando
Dr Indika Gawarammana
Dr Udo Huneke (from Sept. 2013)

Members currently overseas but corresponding by e-mail:

Dr Kolitha Sellahewa

Dr Kalana Maduwage

REPORT

(Presented by Dr Malik Fernando)

The meetings of the committee have not been regular due to outstation members being unable to attend on a regular basis due to their academic and clinical duties. Other members too have faced similar difficulties. Meetings were held in February, July (at Waters Edge) and September. The business of the committee was conducted through e-mail.

The following were accomplished:

1. **Guidelines for Management of Snakebite in Hospital:** The Guidelines revision was completed and 1000 copies of the text printed by courtesy of a grant from the South Asian Clinical Toxicology Research Collaboration (SACTRC). These copies are being distributed free of charge through the SLMA Office. The Electronic version has been updated and is being sold at Rs. 300/- each at the SLMA Office. Both print and CD versions were sent to all the Deans of Medical Faculties. The booklets have been distributed to hospitals where snakebite is treated through members of the snakebite committee. The text is available on the SLMA website.
2. **Snakebite Management Hotline:** Has been updated into a new, colourful format and distributed through the SLMA electronic media. The service providers remain unchanged: Prof. SAM Kularatne, Prof. Ariaranee Gnanathanasan, Dr. M. K. Ragunathan, Dr. Suresh Mendis, Dr. Udaya de Silva (paediatric bites), Dr. S. Sivansuthan (bites in Jaffna).
3. **Snakebite: Prevention and First Aid:** The English text has been revised. The Sinhala and Tamil texts are now being harmonised with the revised text.
4. **Snakes, Snakebite and management: Updated publication (CMJ):** The committee is now working on this publication.

SOCIAL ACTIVITIES

Joint Social Activity Secretaries Dr Gamini Walgampaya and Dr Suriyakanthie Amarasekera

Members

B J C Perera	Dr Dennis J Aloysius	Dr Kalyani Guruge
Dr Samanmali Sumanasena	Dr Palitha Abeykoon	Dr Ruvaiz Haniffa
Dr J B Peiris	Dr Preethi Wijegoonewardene	Dr J C Fernando
Dr Surangani Fernando		

REPORT

(Report Presented by Dr Suriyakanthie Amarasekera)

In keeping with tradition, the 126th Annual Scientific Sessions of the SLMA included a variety entertainment by doctors and their families. The show this year was termed “PANACEA” and was held on the 11th of July in the Grand Ball Room at the Waters Edge.

It was a night packed with music and laughter, and was well attended. There were young performers Nilukshi Jayasuriya and Mirash Nazeem as well as a number of veterans taking part. Dr Hirantha Ariyadasa and Dr Gnanath Dissanayaka gave a sparkling start to the show with their rendering of Country Roads, and the pace kept up by Dr Lakmal Fonseka, who dedicated his song to his mother present in the audience. Dr Duminda Vithanage added a nostalgic touch with his Flute, playing the theme from Titanic, while Dr D J Anthony sang one of his own delightful compositions accompanied by an eye catching dance by Medical Students. Dr Dilini Samarakoon and Dr Manela Joseph were both a treat to listen to. The most impressive item however was the Tabla and Veena duet by Visharada Dr Sakthilendran and Dr Kaushalya Wickramasingha. The finale of the show was the “Medely of Melodies” by President BJC Perera and the Council of the SLMA.

The show was Compeered with professional finesse by Dr Sean Amarasekera, who added his distinctive vocal performance to the show singing Gethsemane from Jesus Christ Super Star and Epiphany from Sweeney Todd. The Conference Dinner was held on the 13th of July at the Waters Edge. It was indeed a night to remember with good food, good music, and good company.

The Medical Dance 2013 is scheduled for the 7th of December to be held in the Grand Ball Room at Waters Edge, and the Social Activities Committee is making every effort to make it a grand success.

SRI LANKAN CLINICAL TRIALS REGISTRY

Chairperson

Prof Colvin Goonaratna

Honorary Secretary /Convenor

Dr Udaya Ranawaka

Assistant Secretary

Dr Dr. Manu Wimalachandra
Dr Ashwini de Abrew

Members

Dr P G Mahipala	Dr HRU Indrasiri	Dr Sunil de Alwis
Dr B J C Perera	Dr Samanmali Sumanasena	Dr Piyusha Atapattu
Dr Vajira HW Dissanayake	Prof Jayantha Jayawardene	Prof Lalini Rajapakse
Dr Shalini Sri Ranganathan	Dr R Haniffa	Prof A Pathmeswaran

REPORT

(Presented by Dr Udaya Ranawaka)

General Objective 1

Enhance the capacity as the apex professional and scientific organization of all categories of medical doctors as defined in the constitution of the SLMA.

Specific objective1.1

Re-define our role among colleges and form a consensus group with Colleges and other healthcare related associations and societies

Not applicable

Specific objective1.2

Take appropriate measures to enhance the corporate image of the SLMA

The SLCTR, being one of the few Primary Clinical Trial Registries worldwide attached to the WHO International Clinical Trials Registry Platform, has brought international recognition to the SLMA, and improved its visibility and corporate image.

Specific objective 1.3

Develop strategies to attract more doctors to join the SLMA

Not applicable

Specific objective 1.4

Develop a mechanism to respond rapidly to important current issues

Not applicable.

Specific objective 1.5

Network with outstation clinical societies and associations to strengthen academic and professional links

Not applicable for the current year.

General Objective 2

Play an advocacy role towards comprehensive curative and preventive health services for the people of Sri Lanka

Specific objective 2.1

Further strengthen our links with the Ministry of Health

The SLCTR works in close collaboration with the Ministry of Health. The DGHS and the Deputy Director General, Education for Training and Research are ex-officio members of the SLCTR Committee. The SLCTR has been successful in obtaining funding from the Ministry of Health for the year 2013.

Specific objective 2.2

Develop a review mechanism for monitoring and evaluation of the performance SLMA Committees ever six months

Not applicable.

Specific objective 2.3

Make optimal use of the media to address curative and preventive healthcare services delivery to the people

Not applicable

General Objective 3

Promote professionalism, good medical practice and ethical conduct among doctors.

Specific objective 3.1

Enhance opportunities for Continuous Professional Development and to include professionalism and ethics as a substantive part of Continuous Professional Development

The SLCTR has made a presentation on clinical trial registration at the Sri Lanka Medical Association 125th Anniversary International Medical Congress held in July, 2013.

Specific objective 3.2

Develop mechanisms to increase ethical funding of SLMA activities

The SLCTR has been successful in obtaining funding from the Ministry of Health for the year 2013, and wishes to acknowledge the pivotal role played by Dr Sunil de Alwis, in securing these funds.

General Objective 4

Disseminate state-of the art knowledge, clinical practice, technology and emerging concepts in medical sciences among medical professionals.

Specific objective 4.1

Develop a news-sheet with up-to-date developments in medicine and allied health sciences to public and private sector healthcare institutions and societies

Not applicable.

Specific objective 4.2

Make available in-depth information of the summaries in the news-sheet electronically through the SLMA website and other useful web-links

Not applicable

Specific objective 4.3

Collaborate with Colleges in the above activities

Not applicable.

Specific objective 4.4

Transmit the proceedings of scientific sessions of the SLMA on CD to public and private sector healthcare institutions and societies, especially in the outstations

Not applicable.

Specific objective 4.5

Influence policy makers to contribute to the dissemination of health information through allocation of resources

Not applicable

General Objective 5

Provide opportunities for continuous professional development with particular emphasis on the National CPD programme.

Specific Objective 5.1

Establish a National Centre for Continuous Professional Development CPD in Medicine (NCCPDIM)

Not applicable.

Specific objective 5.2

Award a Continuous Development Certificate based on a common point scheme acceptable to both specialist and non specialist doctors

Specific Objective 5.3

Motivate doctors to participate in the National CPD Programme

Not applicable.

General Objective 6

Encourage ethical medical research.

Specific objective 6.1

Cultivate a research culture among medical doctors especially those in the outstations

Not applicable

Specific objective 6.2

Attract more funds to the SLMA research fund

Not applicable

General Objective 7

Educate the public on health-related issues.

Specific objective 7.1

Empower President, Secretary and Media Committee of the SLMA to respond quickly with the appropriate experts to health issues that emerge, pending covering approval of the council.

Not applicable

Specific objective 7.2

SLMA to participate in short TV and radio programmes

Not applicable.

Specific objective 7.3

SLMA to identify banks of experts on different subjects whom the SLMA Media Committee can draw on

Not applicable.

General Objective 8

Enhance closer professional and scientific links between medical doctors and professionals allied to health care.

Specific Objective 8.1

Encourage professional development of professionals allied to health care.

Not applicable.

Specific objective 8.2

Interact with professionals allied to health care on issues related to health

Not applicable.

Any other comments on activities of your committee

1. Number of new trials registered in 2013: 32 (as of 18th November 2013)
2. The SLCTR website was revamped to meet WHO standards. The new website was launched by the president/SLMA on 3rd May 2013.
3. The Chairperson, Prof. Colvin Goonaratna represented SLCTR at the WHO expert consultation on Clinical Trial Registration held on 16th and 17th October 2013, in New Delhi, India.

TOBACCO, ALCOHOL AND ILLICIT DRUGS

Chairperson Prof Narada Warnasuriya
Secretary Dr Manoj Ferando

Members:

Dr Hemantha Amarasinghe	Dr Nadeeka Chandraratne	Dr. Jayamal De Silva
Dr Sajeewa Ranaweera	Dr Mahesh Rajasuriya	Dr Nayani Suriyarachchi
Dr. Sameera Hewage		

(Presented by Dr Sajeewa Ranaweera)

Training and Technical sessions

- The committee conducted a successful, well attended one hour seminar of issues related to alcohol and tobacco at the 2013 Annual Sessions of the SLMA, which was chaired by Prof. Narada Warnasuriya and Prof. Lalani Rajapakse.
- In July, 150 Graduates attached to Ministry of Education was trained by the committee on addressing drug and alcohol demand reduction in schools environments. They were trained in two batches, with each batch undergoing training for two days. The Ministry of Education organized the trainings and the Members of the committee were the main resource persons.
- The committee conducted a session on healthy behaviours focusing on addressing drug and alcohol use in patients, for the newly passed out medical graduates awaiting internship appointments. This two hour seminar was a part of the four-day "Good Intern Programme" conducted by the Ministry of Health and the Government Medical Officers Association. Around 600 pre-interns participated.

Policy

- The Committee participated the process of the developing a National Policy on Alcohol, which was carried out by the Ministry of Health. Three members of the committee were involved in preparing the final draft of the document.
- Members of the Committee also actively participated in the process of developing a policy on tobacco, alcohol and illicit drugs for the Ministry of Education. This process included several sessions, with the participation of a wide range of stake holders from the government and non-government sectors and religious leaders. Two members of the committee were selected to the final drafting group of eight experts.

Advocacy

- The members of the committee personally met the Editors of both Sinhala and English National Newspapers individually, and briefed them on issues related to tobacco and alcohol. This resulted in sustained support of the media for tobacco control activities during the latter part of the year. This included editorials on the subject and well as publication of several articles on tobacco control, which was provided by the members of the Committee.
- Committee Members met the leaders of the main religions and updated them on issues related to tobacco and alcohol in Sri Lanka. All of them assured of their support to activities to address harms from these substances. As result of these meetings, the four Mahanayakes issued statements supporting tobacco control, which urged the government to speedily implement display of pictorial warnings of tobacco packs. These statements received wide media attention, and appeared in the front pages of English newspaper such as the Island and Daily Mirror and in Sinhala newspapers such as Lankadeepa and Divaina. The statements also were referred to in several editorials in the Sinhala and English Newspapers and in the electronic media.

Press statements and Letter to H.E. the President

- In September, a press release by the SLMA requesting the speedy implementation of the gazette notification of pictorial warnings was released. This received wide publicity, and was published in national news papers such as the Island, Daily Mirror and the Daily News as well and Web Newspaper the Asian Tribune.
- A letter, signed by the President of SLMA was also prepared and delivered to H.E. the President, supporting tobacco control measures undertaken by the government under his leadership and requesting the expeditious implementation of pictorial warnings on cigarettes packs.
- In March, the WHO Supported the SLMA Committee to publish the joint press statement issued at the joint press conference on tobacco control with 20 other professional associations of Doctors, organized by the Committee. This statement was published in the form of an advertisement in Sunday Times and the Daily News. Those who joined us in this activity were the Sri Lanka Dental Association, Government Medical Officers Association, College of Psychiatrists, Sri Lanka College of Oncologists, Sri Lanka College of Paediatricians, Ceylon College of Physicians, College of Community Physicians, College of General Practitioners of Sri Lanka, Association of Pulmonologists of Sri Lanka, College of Psychiatrists of Sri Lanka, Sri Lanka College of Haematologists, College of Forensic Pathologists of Sri Lanka, College of Community Dentistry of Sri Lanka, College of Medical Administrators and The National Institute of Mental Health

WOMEN'S HEALTH

Chairperson Convenor

Dr Nalika Gunawardene
Dr Sharmini Prathapan

Prof. Jennifer Perera
Dr. Sampatha Goonawardena
Dr. Sudharshini Wasalathanthri
Dr. Arulanandam
Dr. Amanthi Bandusena

Prof. Chandrika Wijeyaratne
Dr. Laksman Senanayake
Dr. Thiloma Munasinghe
Dr. Bimalika Seneviratne
Dr. Nadeeka Chandrarathne

Dr. Shalini Sri Ranganathan
Dr. Rani Fernando
Dr. Aruni Hapangama
Dr. Sepali Kottegoda

REPORT

(Presented by Dr Sharmini Prathapan)

Women's Health committee joined the Golden Z / Zonta Club I to commemorate the International Women's day 2013. A guest lecture on "Stress and Women" was delivered on the 18th of March 2013 by Prof. Nandani De Silva at the SLMA auditorium. The sponsors were Johnson and Johnson for the refreshments. CDP points were awarded to the participants. A write up was published in the April 2013 SLMA newsletter.

A regional symposium on 'Cancer in Women: Current concepts, practices & strategies' was conducted by the Expert Committee on Women's Health of the SLMA on 10th April 2013 at the General Hospital Trincomalee. The topics were "Malignancies of the reproductive tract (vulval, cervical) by Dr. P.A Denagama (Consultant Obstetrician & Gynaecologist, General Hospital Trincomalee), "Uterine (endometrial) and Ovarian Malignancies" by Dr. R. Prathapan (Consultant Obstetrician & Gynaecologist, General Hospital Trincomalee), "Breast Cancer" by Dr. G.M.K. Bogammana (Consultant Surgeon, General Hospital Trincomalee), "Psychological aspects of women diagnosed with cancer" by Dr. Prabath Wickrama (Acting Consultant Psychiatrist, Cancer Institute, Maharagama and General Hospital Trincomalee) and "Novel cancer management and preventive strategies" by Dr. W.D.I. Shama Goonatillake (Consultant Clinical Oncologist, Teaching Hospital Batticaloa) and "Current epidemiology of cancers in women and prevention" Dr. Varuni Bandara who was from the National cancer control programme. CDP points were awarded to the participants and to the resources. A write up on the proceedings was published in the May 2013 the SLMA newsletter. The committee received a sponsorship of Rs.25, 000/- from Pharma associates.

The pre congress SLMA sessions on "Building Key Competencies of Field Health Staff to Promote Family Wellbeing" was held on the 4th of July at the NIHS, Kalutara. The panel of speakers were Dr. Piyanjali De Zoysa (Senior Lecturer in Clinical Psychology, Faculty of Medicine, University of Colombo) who spoke on "Techniques to Enhance the Psychosocial Wellbeing of the Family", Ms. Chrishara Paranavithana (Clinical psychologist, Visiting Lecturer, Faculty of Medical Sciences, University of Sri Jayewardenepura) who spoke on "Empowering parents to protect children", Dr. Deepika Attygalle (Health & Nutrition Specialist, UNICEF) who spoke on "Promoting parents' role in Early Childhood Care and Development" and Dr. Enoka Wickramasinghe (Registrar in Community Medicine, Faculty of Medicine, University of Colombo) who concluded with a lecture on "enhancing good parenting". The event was sponsored by the UNICEF. The proceedings of this event was also published in the August 2013 SLMA Newsletter.

A pre-congress workshop for the Annual College of Community Physicians sessions on 'Broadening Gender Attitudes to Improve the Health and Wellbeing of Women and Men' was held as a joint activity of WHC and The College of

Community Physicians on 21st of September 2013 at the New Lecture Hall of the Faculty of Medicine, Colombo. The topics covered and the resource persons were 'Attitudes of men and women in Sri Lanka towards gender-based violence and gender equality - findings of the study, CARE International by Prof. Neloufer de Mel (Professor of English, Department of English, University of Colombo), 'Influence of gender attitudes on sexual and gender based violence' by Ms. Ramani Jayasundere (Senior Technical Advisor (Law and Justice) The Asia Foundation, Sri Lanka), 'Spaces and opportunities to broaden attitudes towards gender in workplaces' by Prof. Maithree Wickremasinghe (Director, Centre for Gender Studies, University of Kelaniya), and 'Spaces and opportunities for broadening gender attitudes as healthcare professionals' by Dr. Lakshman Senanayaka (Senior Gynaecologist and Obstetrician, Consultant to UNFPA). This pre-congress workshop was chaired by Professor Dulitha Fernando, Emeritus Professor, University of Colombo and Dr. Ferdosi Rustom Mehtha, Country Representative for Sri Lanka, World Health Organization. It was sponsored by the World Health Organization. The proceedings will be summarised and will be submitted to the SLMA newsletter, shortly.

A Symposium on 'An update on Women's Health – useful tips for a Sri Lankan Practitioner' is to be held on the 29th of November 2013 at the SLMA auditorium. Dr. Shalini Sri Ranganathan (Senior Lecturer, Department of Pharmacology, Faculty of Medicine, University of Colombo) will be speaking on 'Latest in prescribing during pregnancy' and Prof. Chandrika Wijeyaratne (Prof in Reproductive Medicine, Department of Obstetrics and Gynaecology, Faculty of Medicine, University of Colombo) will be speaking on 'An update on PCOS in Sri Lankans: Its metabolic aspects'.

One of the growing concerns among the medical professionals and the SLMA is the lack of ethical practice and professionalism in healthcare settings, which manifests as many allegations of sexual harassment targeted towards the patients as well as the hospital staff. The WHC is proposing a poster campaign as a first step in creating awareness among the healthcare staff and the patients regarding issues such as patient rights to privacy, confidentiality, etc. in medical practice. This is a joint activity with the Health Education Bureau and Family Health Bureau of Ministry of Health, College of Obstetricians and Gynaecologists and the SLMA. A poster was developed by the committee and experts were called for a meeting at the SLMA. The inputs were from the experts from the GMOA, College of GP, College of Community Physicians, Family Health Bureau, Health Education Bureau and the President, SLMA were taken into account and changes were made to the poster. This was later piloted at the De Zooya Maternity Hospital for Women. The final poster was sent for printing to the World Health Organization, who are funding the campaign. 10,000 posters in Sinhala and 4,000 posters in Tamils are to be printed. This poster is to be launched at the end of the year.

The committee decided to formulate the curriculum on Gender and Health for the medical undergraduates. With many of the medical curricular undergoing review and taking up professional and personal development modules, the committee decided to convene a meeting of relevant departments and resources from modules including of Forensic Medicine (or medico-legal modules), Community Medicine (or community health modules), Obstetrics and Gynaecology, Family Medicine, Medical education and personal and professional development modules. The meeting was held with representative from the Family Health Bureau, as it coincided with the launch of an extensive training module for medical officers and public health staff. It was decided at the meeting that with the help of the Family Health Bureau's manual, a three-hour lecture handout would be developed. This would be handed over to the lecturers in Community Medicine at the Colombo, Jayewardenepura, Galle, Ragama, Peradeniya, Rajarata and Jaffna Medical Faculties for implementation as a handbook. The expert committee on Women's Health also developed a project proposal for funds for the handbook. The Committee prepared a preliminary proposal which was submitted to Family Planning Association in September 2011. The Expert Committee on Women's Health is to receive a sum of Rs. 250,000/= from the Family Planning Association to compile this handbook for the Medical Undergraduates on Gender and Health in Sri Lanka. A workshop would be held with experts in this field, (tentatively in January 2014) and once agreed upon, the handbook would be printed and distributed to all Medical Faculties for implementation.

Women's Health Committee drafted a Sinhala and a Tamil leaflet to sensitise the non-medical undergraduates on gender issues. The committee expects to publish the leaflets and upon obtaining permission from the University authorities to distribute them to new entrants of the Universities in Sri Lanka.

Chairperson represented the committee at the launch of Zonta Breast care cushion project of Zonta club II of Colombo. This breast care cushion was disseminated, by the Expert committee on Women's Health, to the needy, at the General Hospital Trincomalee.

The Expert committee on Women's Health made representation at the stakeholder meeting on Care International to lead and facilitate development of policy brief on "Women's attitudes and health impact of violence" based on their study on gender inequalities among males and females. The draft policy brief is to be circulated.

The committee also decided that according to the SLMA mandate, if a committee member is absent for 3 (three) consecutive meetings, he/she will be removed from the committee.

The following members resigned from the Expert committee on Women's Health.

1. Dr. Dinithi Fernando
2. Dr. Angela de Silva
3. Prof. Shereine Fernando
4. Dr. Hasini Banneheke

DISABILITIES (WORKING GROUP)

Chairperson Secretary

Dr Lalith Wijayaratne
Dr Harsha Gunasekara

Members

Prof Lalitha Mendis	Dr Udaya Ranawaka	Prof Hemamali Perera
Dr Aswini Fernando	Dr Kalyani Guruge	Dr Jithangi Wanigasinghe
Dr Samanmali Sumanasena	Dr Swarna Wijayathunga	Mr Ajith Kithsiri
Dr Raja Thalagahagoda	Dr Nihal Goonetilleke	Dr Deepthi Perera
Dr Anil Dissanayake	Mrs Sama Hemakanthi	Mr Rohana Perera
Dr Monica De Silva	Dr Kumari Nawaratne	Dr Lilani Panangala

Overseas Members :

Dr Lalith Sathkunam (Canada)	Dr Uditha Jayathunga (UK)	Dr Charitha Perera (Australia)
------------------------------	---------------------------	--------------------------------

Objectives

- a. To provide advocacy to the Ministry of Health and other stakeholders on the need for improvement of services available for Persons with Disability (PwDs) in Sri Lanka.
- b. To make recommendations on improving the services available for Persons with Disability (PwDs) in Sri Lanka.
- c. To make recommendations regarding revisions to existing laws and legislations on disability and Persons with Disability (PwDs).
- d. To create awareness on disability and care of the Persons with Disability (PwDs).

National Action Plan On Disability (NAPD)

Final draft was prepared after discussion at a workshop held jointly by SLMA WG and WHO on 24/09/2012. NAPD currently awaits approval by the National Council for Disability of the Ministry of Social Services.

Subcommittee for Inclusive Education

As requested by Prof Nilanthi De Silva, the committee agreed to appoint the following members for this subcommittee;

Prof Lalitha Mendis, Prof Hemamali Perera, Dr Ashwini Fernando, Dr Jithangi Wanigasinghe, Dr Samanmali Sumanasena, and Mr Ajith Kithsiri.

Meetings and Workshops

1. Executive committee meeting held on 01/03/2013 at the Council Room of the SLMA.
2. Represented the Workshop organized by Handicap International on Mapping of Physical Rehabilitation Services in Sri Lanka on 21st February 2013.
3. Represented the National Steering Committee meeting at the Ministry of Health on 14th March 2013.
4. Workshop on Early intervention in childhood disability at 126th SLMA Annual Sessions - 9th July 2013.
5. Symposium on Neurorehabilitation at the 126th SLMA Annual Sessions - 12th July 2013.
6. Regional workshops on Stroke Rehabilitation held jointly with Ceylon College of Physicians and National Stroke Association in Kurunegala (March), Jaffna (April), Anuradhapura (July), Batticaloa (October) and Badulla (November).
7. Planned Workshop on Rehabilitation for Doctors and Allied health workers to mark the International Day for the disabled in December 2013.

HERBAL MEDICINE

Chairperson Prof Sanath P Lamabadusuriya
Convenor Dr Prasanna Galhena

Members

Prof Ajith M Abesekera	Prof Arjuna Aluwihare	Prof Ira Thabrew
Dr S Premakumara	Prof Rohini Fernandopulle	Dr Geethika Yapa
Prof Tuley de Silva	Mrs Chintha Abayawardana	Dr Danister L Perera
Dr Kamal Perera	Dr Lakshmi Arambewela	Dr P Senasiinghe
Dr B Kumarendran	Dr Rani Fernando	Dr Senaka Pilapitiya

REPORT

(Presented by Dr Prasanna Galhena)

NO REPORT

HEALTH EQUITY (WORKING GROUP)

Chairperson Prof Saroj Jayasinghe
Convenor

Members

Dr Narada Warnasuriya	Prof Lalini Rajapaksa	Dr Palitha Abeykoon
Prof Diyanath Samarasinghe	Prof Eugene Wickramanayake	Prof Colvin Goonaratna
Dr Sarath Samarage	Dr Thilak Munasinghe	Dr Carukshi Arambepola
Dr IR Perera	Dr Pubudu de Silva	Dr Padmal de Silva
Dr Buddhika Fernando		

REPORT

(Presented by Prof Saroj Jayasinghe)

NO REPORT

CENTRAL CPD

Chairperson Dr Sunil Seneviratne Epa
Convenor Dr Indika Karunathilake

Members

Prof Lalitha Mendis	Prof Colvin Goonaratna	Dr Rabindra R Abeysinghe
Dr Nalin Rajakaruna	Dr Joe Fernando	Dr H R U Indrasiri
Dr V Murali	Dr Pubudu de Silva	Dr Harshalal de Silva
Dr Suresh Shanmuganathan	Dr Jayantha Jayasuriya	Dr Eugene Corea
Dr Ananda Hapugoda	Dr R P Dayasena	Dr M P Seneviratne
Dr G A Harischandra	Dr Indira Wijesiriwardene	Dr Lalindra Gooneratne

REPORT

(Presented by Dr Sunil Seneviratne Epa)

The national CPD programme is now ready to be launched. SLMC has already approved the programme to be implemented on voluntary basis. The SLMA and the SLMC are in consultation with the Ministry of Health in order to provide incentives to the medical officers as a way of increasing the uptake of CPD by them.

14. CEYLON MEDICAL JOURNAL

Editors : Prof Janaka de Silva and Dr Anuruddha Abeygunasekera
Emeritus Editors : Dr C G Urugoda and Professor Colvin Goonaratna

Assistant Editors:

Prof A Pathmeswaran	Dr D N Samarasekera	Prof Kamani Tennekoon
Dr B J C Perera	Prof Malik Goonewardene	Prof M P Senanayake
Dr Channa Ranasinha	Prof Vasanthy Arasaratnam	Dr D N Atukorala
Dr Shalini Sri Ranganathan	Dr S A S Gunawardena	Dr U K Ranawaka
Dr Varuni de Silva	Dr Renuka Jayatissa	Dr Neelika Malavige

REPORT

(Presented by Dr Channa Ranasinha)

1. Board Meetings

The Editorial Board meetings are held on the second Saturday of each month. Eight meetings have been held so far in 2013. The last meeting for this year will be held in 15 December. Average attendance was 70%. A summary of the events of each meeting are sent to the council periodically.

2. Journal

Three issues of the 2013 *Journal* have been published to date: March, June and September. The December issue is in final review. 3000 copies are printed of each issue and distributed to SLMA members free of charge.

95 articles were tabled at the editorial boards of which 58 were unsuitable for publication. Of the remaining articles allocation was as follows: full papers 12, research letters 4, case reports 6, picture story 1, brief report 8, sent for specialist review 5.

In CMJ Volume 56 an author index was published. Subject index will be published in Volume 58 (December)

Past issues of the Journal can be purchased at Rs 500/= per copy. The processing fee per article remains at Rs: 1000/=.

3. Other publications

The abstract book to accompany the annual academic sessions of the SLMA was published in June.

4. Workshop

The *CMJ* held its first interactive workshop on writing an article to a health sciences journal, "SCIENTIFIC WRITING MADE EASY" on 28 Nov 2013. It was a collaborative between the *CMJ*, SLMA and INASP and will be held as a regular event twice yearly. INASP gave the *CMJ* funds equal to Rs one million for the sustenance of this, deposited as a fixed deposit with the interest used to pay the resource persons. The workshop included a preworkshop Moodle which was very popular and well received.

5. Website

The *CMJ* can be accessed online through the SLMA website. Full article access is available from 2003 onwards. The Sri Lanka Journals Online website is maintained by Mrs Sioux Cumming at the International Network for the Availability of Scientific Publications, Oxford. There are 950 online registrants of the *CMJ* who access the website.

6. CMJ office

The office can be contacted on 011 269 0212 and at office@cmj.slma.lk

7. Acknowledgements

The Editorial Board is grateful for the continued help of all SLMA staff, especially Mr Rajasingham and Ms Jayarani Tennakoon. Ms Saumya Hemasinghe is the full-time administrative secretary of the *CMJ*.

15. TSUNAMI DISASTER RELIEF PROJECT

(Report Presented by Dr Suriyakanthie Amarasekera)

Coodinator: Dr Suriyakanthie Amarasekera
SLMA/CMAAO Scholarship Fund

The CMAAO/ SLMA Joint Scholarship, administered by the Tsunami Disaster Fund is the main Social Responsibility Project of the SLMA.

This Scholarship was set up in 2006 for children who lost one or both parents in the Tsunami disaster of 2004, by investing the generous donation of US \$ 50,000/- by the Confederation of Medical Associations of Asia and Oceania (CMAAO), and is being continued successfully.

Of the 20 students who were recipients of the Scholarship in 2012, two failed to communicate with the SLMA reaffirming that they are continuing their education, in spite of repeated letters. It was assumed that they had ceased their educational activities and are therefore no longer eligible to receive the scholarship, and their payments were stopped.

There are at present 6 students who have gone on to study beyond O Levels (two following a course of Graphic Design, one the AAT course, and three taking up the A Levels in an attempt to enter University) These students receive Rs 3000/- monthly.

There are 5 students who have come up to their O Levels and receive Rs 2500/- monthly and the balance 7 receive Rs 2000/- monthly. The total number of scholarship recipients now stands at 18. It is intended to give each recipient an extra allowance in December this year as well to facilitate purchase of books uniforms, shoes etc. All these payments have been made using the monthly interest leaving the capital intact.

16. FORUM FOR ETHICS COMMITTEES (FERCSL)

(Report presented by Dr Rasika Perera)

The Annual General Meeting of the FERCSL was held on 1st March 2011 at the SLMA Auditorium. The Management Committee of FERCSL is formed of 2 nominated members from each constituent ERC of FERCSL. The following office bearers were elected at the first management committee meeting of FERCSL:

Chairperson: Prof. Anoja Fernando (according to constitution)
Secretary: Dr. P. P. Rasika Perera
Treasurer: Dr. Chamila Abeywickrama

Activities carried out by Management Committee of FERCSL

1. Development of Standard Operating procedures (SOPs)

Prof. Anoja Fernando conducted a full day workshop on Reviewing ERC applications for members of individual ERC's 11th September 2011 at the SLMA Auditorium for the benefit of members of FERCSL.

2. Clinical trials draft act

A sub committee set up by the FERCSL chaired by Prof. Rohini Fernandopulle looked into the final draft of the Clinical Trials Act and would submit their comments.

Proposed activities for 2014

1. Newsletter for FERCSL
2. Bi-monthly FERCSL meetings to discuss specific ethical issues in relation to research projects
3. Workshops on how to review ethics review applications and GCP training for member organizations.

17. NEW MEMBERS

The new membership for the year 2013 (as at 7th December 2012, including the names presented to the Council on 6th December 2013) was as follows

Life	137
Ordinary	28
Student	50
Ordinary to Life	5

The list of members were enrolled during the year 2013 is given in Annex 6.

18. TREASURER'S REPORT

(Presented by Dr Ruvaiz Haniffa, Honorary Treasurer)

I am pleased to present the financial report for the year 2013. The financial situation of the SLMA remains stable. The Annual Medical Scientific Congress which brings the highest revenue to the SLMA generated an income of Rs. 17,110,969.25 this year. The total expenses of the Sessions were Rs. 8,208,242.26. The profit from the Annual Medical Scientific Congress was Rs. 8,902,726.99. The other main sources of annual income are;

- i. Rental income was Rs. 2,399,450.00
- ii. Interest from fixed deposits was Rs. 807,196.00

The total value of SLMA fixed deposits are Rs.18,899,069/=. Of which Rs. 12,334,793/= is held in long term fixed deposits and Rs. 1,090,000/= is held in short term fixed deposits. The total value of Orations fixed deposits held by the SLMA is Rs. 5,474,276/=. During this year two new fixed deposits for sums of Rs. 500,000.00 & Rs. 1,013,970.50 was opened.

It is noted that the cost of repair and maintenance of "Wijerama House" for this financial year is Rs 818,742.00. The expenditure during the calendar year 2013 was Rs. 100,000.00 on the upgrading the drainage system at Wijerama House, Rs 70,755/= was spent on redesign of the floor area at the entrance and exit gates of the SLMA, Rs. 149,734/= was spent on recurrent minor repairs and maintenance "Wijerama House".

The SLMA now has a very strong presence in electronic and social media sites. A sum of Rs 97,930.00 was incurred to maintain this presence.

The SLMA now maintains its accounts using the accounting software Quick Book. The last manual audit of the SLMA was done for the year July 2012 to June 2013. Future audits of the will be done based on electronically maintained accounts.

I would like to thank the President, Honorary Secretary, Mr. M. Rajasingham and Ms. Jayarani Tennakoon for all the support, assistance and commitment in maintaining proper accounting records for this year & Ms.Tanuja Karandeniya in maintaining Quick Book system.

19. AUDITORS' REPORT 2012/2013

Report of the auditors is given in the Annex 7.

20. PUBLICATIONS

1. Newsletter: A new issue was published each month from January to December. Dr. B. Kumarendran and Dr. Navoda Atapattu edited and coordinated the publications.
2. "Synopsis of guidelines on sharing significant information in healthcare settings" book launch at president induction ceremony
3. Decompression Sickness and launching of the SLMA Guidelines on Decompression Sickness: Launched at Matara.
4. Snake Bite Guidelines: Launched at Monaragala

21. NEW VENTURES INITIATED DURING 2013

1. **Finance:** the SLMA accounts launched the Quickbook accounting software package, an application to record all accounts in a database from July 2013.
2. **Health talk show on Sri Lanka Broad Casting Service:** A weekly radio programme "Views on Health" conducted by Mrs Fathima Razik Cader was initiated under the auspices of the SLMA in year 2013.
3. **Donations:** A chair lift was donated by the family of late Dr Stella de Silva.
4. **SLMA affinity credit card issued through the Hatton National Bank.** HNB offered an exclusive credit card to the SLMA members from May 2013. A new membership drive was initiated through this card where the members were given the opportunity to pay the life membership through the card. The SLMA will receive a revenue from the venture.
5. **Research Writing Workshops by International Network for Accessibility of Scientific Publications (INASP) and Ceylon Medical Journal (CMJ)** Workshop for Training of Trainers was conducted from the 27th to the 31st by Professor Barbara Gastel (Texas) & Dr. Haroon Mohammed (Eastern University). First workshop for the scientific community was held on 28th November 2013. This project will be funded by INASP for 3 years.
6. **Dialog e teacher web service for continuous professional development.** In November 2013 SLMA signed a MOU with Dialog Axiata PLC. They will be funding the equipment required for the recordings at a total cost of SLR 350,000/=.
7. **E news letter:** the SLMA launched an E news letter in December 2013. This will be circulated twice a week.
8. **Speech Craft Programme:** in collaboration with the Toastmasters International, SLMA initiated the Speech Craft Programme. 38 participants completed this programme in two batches in 2013 and received certificates from Toastmasters International.

22. NIROGI LANKA PROJECT

NIROGI Paadha

Concept

NIROGI Paadha is the 2nd component of NIROGI Lanka project. It is envisaged to be the important initial step in developing a nationally relevant model of quality diabetic foot care in the entire island.

Foot care Guideline

Stake holder meetings culminated in the development of the foot care guideline, proper diabetic foot wear, foot care clinics and team management. This concept will be piloted in ten centers through the Ministry of Health (Anuradhapura, Jaffna, Rathnapura, Kurunagala, Galle, Matara, Kandy, Colombo-North, Colombo-South, Colombo-Central). NIROGI Paadha will provide a foot care package which includes a Doppler to each piloting center.

The 1st edition of Healthcare providers' guideline for care of the foot was launched on 9th of July in the presence of Director General Health Services Ministry of Health. A system was developed for Risk Stratification with the introduction of red/green stickers.

Training of trainers (TOT)

TOT sessions were held on 6th September Kandy (76 medical professionals), Jaffna on 11th of October (99 health professionals), Anuradhapura 23rd of October (107 health professionals), Batticaloa 7th of November (259 medical professionals) and Matara on 4th of December in collaboration with SLMA sessions, Kandy society of Medicine and Surgeons of Matara.

Diabetic foot wear

For provision of appropriate footwear for diabetics island wide, a Memorandum of Understanding was signed on 3rd of December 2013 at SLMA board room by Dr B.J.C. Perera (President SLMA), Dr Sam Rajapaksa (Chairperson D.Samson and Sons (private) limited) in the presence of Mr Nandadasa Rajapaksa, Dr Samanmaali Sumanasena (Secretary SLMA), Mr Chandrasiri Sumanasekara (Business Development Manager), Prof Chandrika Wijeyaratne (Chairperson, NIROGI Lanka Project).

Training of PnO officers/ Senior workshop technicians/ DSI workshop technicians

10 health sector officers, workshop technicians and 2 workshop technicians from DSI group will be provided with training of foot wear development at centers of excellence in India through established WDF projects (Christian Medical College Vellore and Jain institute Bangalore).

Foot care DVD

A Foot care DVD was produced. This IEC material will be provided to DSI and to the health sector.

Public education through Health promotion

Public education through health promotion was initiated by educating the trainers of NIROGI Diviya on life style modifications of diabetic foot patients. They had health promotions & public educations at Kolonnawa, Gothatuwa, etc.

NIROGI Diviya

Under the NIROGI Lanka project, NIROGI Diviya component has been undertaken with the intention of empowering communities to prevent type II diabetes and cardiovascular diseases (CVD). It has followed a setting based health promotional approach that emphasizes on community ownership at each and every step of the process for instance planning, implementation, monitoring and evaluation.

A memorandum of understanding (MOU) was signed with the service provider to develop the Health Information System (HIS) of the NIROGI Lanka project in collaboration with the Department of Community Medicine, Faculty of Medicine, University of Colombo.

The project acknowledges the importance of empowering employees in taking responsibility for their own health through productivity enhancement concept and thereby, ensuring a lifetime of good mental and physical health plus of their family and community. Therefore new work place settings have been identified and the Health Promotion process has been successfully established in those areas E.g. Bank of Ceylon, MAGA Engineering, Inland Revenue Department, College House of the University of Colombo and Survey Department of Sri Lanka.

The project acknowledges the importance of empowering school children for their own good by ensuring a lifetime of good mental and physical health plus of their family and community. Therefore health promotion process also has started the school settings E.g. Visakha Vidyalaya, Yasodara Balika Vidyalaya, Good Shephard Convent, Lumbini Vidyalaya etc.

Considering the barriers in obtaining school time for conducting the programme, a new strategy has been identified to establish HP activities in school settings after school hours via Scouts, Cubs, Girl guides and Little friends. They will act as HP messengers for their school to get the involvement of other students as well as teachers.

Sustainability of already established community settings of the last NIROGI Lanka project has been strengthened by tailoring of the trainer visits to these sites. Most settings are functioning on their own.

In commemoration of World Diabetes Day 2013 Health Promotion Programs were held on 16th of November 2013 in Kotikawatta Sanasa Bank and 23rd of November 2013 in Seelawararama temple, Maadiwela and those were entirely organised by the active community members called "Health Promotion Facilitators". As part of the programme there were poster and speech competitions, exhibition stalls, yoga and exercise sessions, sporting and entertainment events etc.

A guest lecture was done by Prof. Chandrika Wijeyaratne for the staff of HeliPage Sri Lanka regarding Non Communicable Diseases and Healthy Life Style.

NIROGI Lanka has participated in mini exhibition themed 'Healthy Life Style' organised by National Science Foundation of Sri Lanka on 25th of November 2013.

NIROGI Maãtha

NIROGI Maãtha being the component 1 of NIROGI Lanka Project is committed to improving the quality of maternal diabetic care in Sri Lanka. It further aims at empowering communities to be responsible for the prevention of Diabetes from foetal life and CVD in pregnancy.

Policy and Implementation

Meetings were held DGHS to discuss the policy and implementation on how best to incorporate the Consensus guideline on Diabetes in pregnancy into the health care system by training the field staff and the hospital based staff in the current health care system. The training of field staff on screening and management of Diabetes during pregnancy developed after discussions with the Family Health Bureau.

Guideline and IEC

Several Meetings were held with Family Health Bureau, VOG and Education experts to finalize the consensus guideline and the IEC material diabetes in pregnancy. College of Physicians, Endocrine Society Sri Lanka, College of Community physicians and College of General Practitioners have appointed representative Consultants from each district to coordinate with NIROGI Maãtha. Family Health Bureau has taken the initiative to formulate a National Guideline for screening, diagnosis and management of diabetes in pregnant women.

Pre congress work shop

Pre congress workshop of NIROGI Maãtha and NIROGI Paadha was held on the 9th July 2013 at Water's edge, where the Consensus Guideline for Diabetes in Pregnancy was officially launched. This event was graced by highly esteemed Medical Professionals from all over Sri Lanka with representation from all professional organizations, the Ministry of Health, Family Health Bureau, Health Education Bureau, WHO, respective colleges, Provincial and Regional Directors, MO NCD, MO MCH, MOH, Administrative staff from Hospitals. It was based on building effective teams in diabetes care in Sri Lanka with an evidence based approach.

Centre of Excellence

De Soysa Maternity Hospital for Women Clinic was fully refurbished, acts as a Centre of Excellence for diabetes mothers and their offspring. It also maintains a database for the 6 months follow up of mother baby pairs. This NIROGI Maãtha Centre was formally inaugurated by the First Lady Madam Shiranthi Wickramasinghe Rajapaksha on the 9th December 2013.

World Diabetes Day 2013

MO NCDs and MO PH were invited to the Health Education Bureau on the 28th of October, where the guest speaker Dr. Sepalika Jayamaha spoke on Self-Management of Chronic Diseases. And Material Such as posters leaflets was provided and was asked to conduct programmes for the World Diabetes Day 2013. DENO day was held on the 1st of November at the SLMA auditorium, where they were asked to do programmes and events for the World diabetes day 2013 and the raw materials were provided. Participated in the World Diabetes Day walk- Hambantota on the 14th of November organized by the DRU and Tharunyata Hetak.

Annexe 1: Detailed programme of the Anniversary Scientific Medical Congress

Thursday 4th July 2013

Pre Congress: BUILDING KEY COMPETENCIES OF FIELD HEALTH STAFF TO PROMOTE FAMILY WELLBEING

(In collaboration with UNICEF)

National Institute of Health Sciences, Kalutara

Chairpersons: Dr. Lakshman Gamlath and Dr. Nalika Gunawardane

Registration and Tea
Welcome and introductory remarks
Dr. Nalika Gunawardane
Techniques to enhance the psycho-social wellbeing of the family
Dr. Piyanjali de Zoysa
Empowering parents to protect children
Ms. Chrishara Parnavithana
Tea
Promoting parents' role in early childhood care and development
Dr. Deepika Attygalle
Enhancing good parenting skills
Dr. Enoka Wickremasinghe
Discussion
Vote of thanks
Representative NIHS

Sunday 7th July 2013

HEALTH RUN & WALK

Exercise today for a healthier tomorrow



Health Check
Warming up session
Run (in 3 groups)
Walk
Yoga session, Physiotherapy, Health Messages, Fellowship with healthy snacks

- Free participation
- Valuable gifts
- Free lung function tests
- Free medical check-up
- Free sports physiotherapy
- Free T-shirts and caps

Tuesday 9th July 2013

Pre-Congress: BUILDING EFFECTIVE TEAMS IN DIABETES CARE IN SRI LANKA: AN EVIDENCE BASED APPROACH

(In collaboration with NIROGI Lanka – Phase II)

Eagle Room, Waters Edge

Chairpersons: Dr. Lakshmi Somatunga, Dr. Ananda Gunasekara, Dr. Sunil de Alwis, Dr. Thalatha Liyanage, Dr. Deepthi Perera, Dr. Neelamani Hewageeganage, Dr. Prasad Katulanda, Dr. Mahen Wijesuriya, Dr. Udaya Ranawaka, Prof. Ranil Fernando, Dr. Susie Perera, Dr. K Chandrasekher

Moderators: Component Coordinators - Prof. Chandrika Wijeyaratne and Prof. Mandika Wijeyaratne

Registration
National Anthem
Lighting of the oil lamp
Welcome address
Prof. Chandrika Wijeyaratne
Chairperson, NIROGI Lanka Project
Address by chief guest
Dr. P G Mahipla
Director General of Health Services
Effective teams for diabetic care
Diabetic foot management
Lunch
Effective teams for diabetic care
Diabetes in pregnancy
Evening tea

Pre-Congress: HEALTHCARE QUALITY & SAFETY

National Blood Transfusion Service Auditorium, Narahenpita

(Sponsored by World Health Organization)

Registration
Welcome Address
Dr. Palitha Abeykoon
Address by chief guest
Dr. P .G. Mahipala
Director General of Health Services
Address by guest of honour
Dr. Lakshmi C. Somatunga
Deputy Director General (Medical Services)
Symposium on Hospital Accreditation
Chairperson: Dr. Palitha Abeykoon
Hospital accreditation – international perspective
Dr. Desmond Yen
Importance of hospital accreditation
Dr. Yash Paul Bhatia
Practical aspects of hospital accreditation
Dr. Aruna Rabel
Hospital accreditation – a Sri Lankan experience
Dr. Samantha de Silva
Hospital accreditation – from a clinician's perspective
Dr. Priyankara Jayawardana
Barriers and challenges in hospital accreditation
Dr. K T Iraivan
Tea
Symposium on Patient Safety
Chairperson: Dr. Ranjan Dias
Introduction to patient safety
Dr. S Sridharan
Patient safety – from WHO perspective
Dr. Sunil Senanayake

Practicality of implementing a patient safety programme

Dr. Aruna Rabel

Lunch

Experience of Implementation of Quality Improvement Programme in Peripheries

Chairperson: Dr. Lakshmi C Somatunga – DDG (MS) 1

Improvement of healthcare quality – A PDHS's experience

Dr. R M S K Ratnayake

Improvement of healthcare quality – An RDHS's experience

Dr. A Ketheeswaran

Improvement of healthcare quality – An experience from a peripheral hospital

Dr. S Prakashan

Improvement of healthcare quality – An experience from a peripheral hospital

Dr. W Wasantha Kumarasiri

Discussion on way forward

Dr. P G Mahipala

Dr. Lakshmi C Somathunga

Dr. Sunil Senanayake

Dr. Desmond Yen

Dr. Yashpal Bhatia

Dr. Samantha de Silva

Dr. Aruna Rabel

Dr. R M S K Ratnayake

Dr. A Ketheeswaran

Pre-Congress: OPTIMISING CARE FOR CHILDREN WITH DISABILITIES

New Auditorium, Lady Ridgeway Hospital for Children, Colombo

Chairpersons: Prof. Hemamali Perera and Dr. Jithangi Wanigasinghe

Welcome & Introduction

Dr. Kalyani Guruge

Opening services to children with special needs

Miss.Catherine McNamara

Medical needs

Dr. Eeva-Liisa Langille

Nursing care

Miss.Helen Maunton

Tea/Coffee

Speech and language

Mrs.Nuzha Izhaq

Educational concerns

Miss.Minna Selmgren

Feeding & nutrition

Ms. Loven Pillay

Discussion (Q &A)

Lunch

Group Work

Tea/Coffee

What can children with disabilities achieve in the Sri Lankan context?

Group work and panel discussion

Discussion with the parents

Wednesday 10th July 2013

Pre-Congress: INCULCATING ERGONOMICS IN THE SRI LANKAN SETTINGS

The Winchester, The Kingsbury, Colombo 01

Chairperson: Dr. Kapila Jayaratne

Welcome & Introduction

Dr. Kapila Jayaratne

Ergonomics: The broader perspective

Prof. David Caple

Ergonomics, an evolving speciality: Applicability in Sri Lankan context

Dr. Kapila Jayaratne

Ergonomics as a health & safety measure in occupational settings
 Dr.S.M. Arnold
 Industrial ergonomics
 Dr. Champika Amarasinghe
 Tea
 Child health and ergonomics
 Prof. Karen Jacobs
 Computer ergonomics
 Dr. Nishan Siriwardane
 Road safety - child helmets
 Dr. Diana Samarakkody
 Home ergonomics
 Prof. John Abeysekara
 Ergonomics in hospital settings
 Dr. Chandana Gajanayake
 Health consequences of mismatched ergonomics: Musculoskeletal pain
 Dr. Inoka Suraweera
 Panel Discussion
 Lunch

Pre-Congress: “COMMUNICATION SKILLS FOR DOCTORS”

SLMA Auditorium

Knowledge makes us powerful. When combined with sound communication, it makes one an accomplished professional. This workshop will introduce techniques to manage situations better within the noble profession of medicine.

Chairperson: Dr. Kalyani Guruge

Conducted by Mr.Niroshan Silva (CEO, Training Consortium Pvt. Ltd)
 Communication and generations
 Inner self investigation – Belbin Profiling
 Tea/Coffee
 Managing one's emotions and corresponding. Tool - EQ actions
 Lunch
 Working with difficult internal & external people. Tool – PQ Grid
 Professional listening. Tool – 3 Step model
 Tea/Coffee
 Body language

Pre-Congress: IMPROVING THE QUALITY OF JOURNALS

(In collaboration with the International Network for Availability of Scientific Publications (INASP), Oxford, UK)

Albatross, Waters Edge

Chairperson: Dr. B J C Perera

Conducted by Mrs. Sioux Cumming
 Programme Manager, Journals-on-Line, International Network for Availability of Scientific Publications (INASP), Oxford, UK

Registration
 Introduction to INASP with particular reference to SLJOL and AuthorAID
 Design elements of a journal
 Interactive discussion on the requirements for the different elements of a journal
 Tea/Coffee
 Evaluation of Sri Lankan journals with an interactive discussion
 Introduction to copy editing with an interactive discussion
 New developments in journal publishing
 Lunch

Pre-Congress: CANCER GENETICS – DIAGNOSTICS, PROGNOSTICATION AND PHARMACOGENOMICS

(Organised by the Human Genetics Unit, Faculty of Medicine, University of Colombo in Collaboration with the Sri Lanka College of Oncologists)

Grand Ball Room, Waters Edge

Registration
Welcome address
Prof. Rohan W Jayasekara
Epidemiology of cancer in Sri Lanka
Dr. Suraj Perera
Cancer is a genetic disease
Prof. Vajira H. W. Dissanayake
The challenges of identifying a molecular biomarker for oral cancer - the current status and future directions
Prof. WM Tilakaratne
Genetics of breast cancer
Dr. Dulika Sumathipala
Genetics of colorectal cancer
Dr. Nirmala Sirisena
Tea break
Genetics of haematological malignancies
Dr. Lallindra Gooneratne
Genetics of polycythaemia
Dr. Hemali Gunasekara
A Clinicians perspective of genetics in cancer care today
Dr. Damayathi Peiris
A clinician's perspective of genetics in cancer care in the future
Dr. Mahendra Perera
Vote of thanks
Dr. Prasad Abeysinghe
Lunch

Pre-Congress: Sports Medicine for Coaches & Trainers

In collaboration with the Institute of Sports, Ministry of Sports
Sports Science Auditorium, Independence Square, Colombo 07

Chairperson: Prof. Arjuna de Silva

Registration
Introductory remarks
Prof. Arjuna de Silva
Coaching, training, over-training and burnout
Dr. Harindu Wijesinghe
Q & A
On field attention to injuries, concussion, major injuries etc
Dr. Hilary Suraweera
Q & A
Tea / Coffee
Death in sporting arenas
Dr. Asanga Dunuwille
Q & A
Children and adolescents in sport
Dr. B J C Perera
Q & A
Doping: The global menace
Prof. Arjuna de Silva
Q & A
The roles of medical teams and team physicians
Dr. C Thurairajah
Q & A
Practical demonstration of on-field evacuation and CPR
Dr. Shirani Hapuarachchi
Lunch

INAUGURATION OF THE 126TH ANNIVERSARY SCIENTIFIC MEDICAL CONGRESS

Inauguration
Guests take their seats
Arrival of the Chief Guest
Introduction of Council Members to the Chief Guest
Ceremonial Procession
National Anthem
Lighting of the Oil Lamp
Welcome Address
Dr. B. J. C. Perera, *President, SLMA*
Address by the Guest of Honour
Dr. Firdosi Rustom Mehta, *WHO Country Representative in Sri Lanka*
Address by the Chief Guest
Professor Sir Sabaratnam Arulkumaran
MBBS (Cey) Hons, DCH (Cey), LRCP & MRCS (UK), FRCOG, FRCS Ed, FAMS (Sing), MD, PhD;
Hon. FSOGC,
FACOG, FSCOG, FCPS, FSACOG, FSLCOG, FICOG, FDGG
President, British Medical Association
Award of Research Grants
Vote of Thanks
Dr. Samanmali Sumanasena, *Honorary Secretary, SLMA*
The SLMA Oration 2013
“Epidemiology of snakebite: Investigating the burden”
Vidyajyothi Professor H. Janaka de Silva
MBBS (Col), MD (Col), D Phil(Oxon), FRCP(Lond), FRCP, FNAS (SL), Hon. FRACP, Hon. FRCP
(Thailand),
Hon. FCGP (SL)
Chair and Senior Professor of Medicine, Faculty of Medicine, University of Kelaniya, Ragama
Cultural Display
The Procession Leaves the Hall
Reception

Thursday 11 th July 2013

MEET THE EXPERT BREAKFAST SESSION

Chairperson: Dr. C Thurairajah

Physical activity for doctors

Professor Arjuna de Silva

SYMPOSIUM 1

LEPROSY: THE NEGLECTED DISEASE

(Sponsored by Fairmed Foundation, Sri Lanka)

Chairpersons: Prof. Jennifer Perera and Dr. Palitha Abeykoon

Recent trends in epidemiology of leprosy

Dr. Nilanthi Fernando

Challenges in leprosy control in Sri Lanka

Dr. Nayani Suriyarachchi

Pitfalls in diagnosis of leprosy

Dr. Indira Kahawita

Discussion

SYMPOSIUM 2

RESPIRATORY MEDICINE

(Sponsored by Sri Lanka College of Pulmonologists)

Chairpersons: Dr. Amitha Fernando and Dr. Keerthi Gunasekera

The unified airway

Dr. Anoma Siribaddana

Update on pleural effusions

Dr. G Muhundan

What is new in COPD

Dr. Eshantha Perera

Discussion

KEYNOTE ADDRESS

Chairperson: Dr. B J C Perera
Clinical governance to improve safety and quality in healthcare
Professor Sir Sabaratnam Arulkumaran

GUEST LECTURE 1

Chairperson: Dr. Malik Fernando
Ergonomic applications in healthcare settings and for healthcare professionals
Prof. David Caple

GUEST LECTURE 2

Chairperson: Dr. Kalyani Guruge
Utilising the window periods in care for childhood disabilities: The impact
Dr. Eeva-Liisa Langille
Tea

DR S RAMACHANDRAN MEMORIAL ORATION

Chairperson: Dr. B J C Perera
Chronic kidney disease of uncertain origin in Sri Lanka: The past, present and future
Dr. Tilak Abeysekera
MBBS (Colombo), MD (Colombo), MRCP (UK)
Consultant Physician, Kandy

FREE PAPER SESSION 1

INFECTIOUS DISEASES AND GENETICS

Chairpersons: Prof. A Pathmeswaran
Prof. Vajira Dissanyake

FREE PAPER SESSION 2

OCCUPATIONAL MEDICINE AND ENVIRONMENTAL MEDICINE

Chairpersons: Dr. Upul Dissanayake and Dr. Dennis J Aloysius

PRE LUNCHEON EVENT

SRI LANKA CONVENTION BUREAU

LUNCHEON EVENT – DEBATE

PATIENT SAFETY IS THE RESPONSIBILITY OF THE INDIVIDUAL HEALTHCARE PROVIDER

Moderator: Dr. Palitha Abeykoon

Proposing Team

Prof. Jennifer Perera

Dr. Dilantha Dharmagunawardena

Dr. Sarada Kannangara

Opposing team

Prof. Sujeewa Amaraseena

Dr. Alan Ludowyke

Dr. KHD Mahesh

Judges

Prof. Rohan Jayasekara

Prof. Manique Gunasekara

Dr. Amal Harsha de Silva

FREE PAPER SESSION 3

PAEDIATRICS

Chairpersons: Prof. S P Lamabadusuriya and Prof. Sujeewa Amaraseena

FREE PAPER SESSION 4

MISCELLANEOUS

Chairpersons: Dr. Eugene Corea and Dr. Lucian Jayasuriya

SYMPOSIUM 3

CARDIOVASCULAR RISK ASSESSMENT

Chairperson: Dr. Sarath Samarage and Dr. Carukshi Arambepola
Novel risk markers of blood pressure: Focus on blood pressure variability
Prof. Rifdy Mohideen
Recent developments in the prevention and control of NCD
Dr. Lanka Dissanayake
Cardiovascular risk assessment: The way forward for Sri Lanka
Dr. Padma S Gunaratna
Discussion

SYMPOSIUM 4

DERMATOLOGY FOR FAMILY PHYSICIANS

Chairpersons: Prof. Antoinette Perera and Dr. D N Atukorala
Bacterial and viral infections

Dr. Dananja Ariyawansa
Fungal infections
Dr. Sriyani Samaraweera
Parasitic infestations
Dr. Sharnika Abeyakirithi
Discussion

Tea

DOCTORS CONCERT

“PANACEA”

An evening of entertainment (*Please join us. It is free of charge*)

Friday 12 th July 2013

MEET THE EXPERT BREAKFAST SESSION

Chairperson: Dr. B J C Perera

Coping with stress

Prof. Diyanath Samarasinghe

SYMPOSIUM 5

STROKE – NEURO REHABILITATION

Chairpersons: Dr. J B Peiris and Dr. Harsha Gunasekera

Hemiplegic shoulder pain

Dr. Charitha Perera

Contemporary issues in acute ischaemic stroke

Prof. Tissa Wijeratne

Challenges in stroke rehabilitation in Sri Lanka

Dr. Gunendrika Kasthuriratne

Discussion

SYMPOSIUM 6

PROVIDING SERVICES TO SURVIVORS OF GENDER BASED VIOLENCE (GBV)

(*Sponsored by UNFPA*)

Chairpersons: Dr. Lakshman Senanayake and Dr. Lasantha Malavige

Provision of care: Why is it still a dilemma for some?

Dr. Sardha Hemapriya

Emotional support: The missing link in the management

Dr. Prabath Wickrama

Survivors of GBV: Some aspects of the medico-legal response

Dr. Muditha Vidanapathirana

Survivors of GBV: What are we doing for them?

Dr. Netthanjali Mapitigama

Discussion

SYMPOSIUM 7

INNOVATIVE APPROACHES IN CLINICAL TEACHING

Chairpersons: Prof. Janaka de Silva and Prof. Saroj Jayasinghe

Introduction of work place based learning

Dr. Gominda Ponnampereuma

Innovative approaches in bed side teaching

Prof. Aloka Pathirana

The role of simulation in clinical teaching

Dr. Indika Karunathilake

Discussion

SYMPOSIUM 8

PRACTICAL ASPECTS OF ADDRESSING HARM FROM TOBACCO, ALCOHOL AND DRUG USE

(*Sponsored by National Dangerous Drugs Control Board*)

Chairpersons: Dr. Narada Warnasuriya and Prof. Lalini Rajapaksha

Current situation of substance use and abuse in Sri Lanka

Mr. K Pradeep Kumara

Addressing tobacco use

Dr. Sajeeva Ranaweera

Prevention of alcohol use

Prof. Diyanath Samarasinghe

Discussion

Tea

PROFESSOR N D W LIONEL MEMORIAL ORATION

Chairperson: Dr. B J C Perera

Paradigm shift in osteoporosis management: Diagnostic to intervention thresholds

Prof. Sarath Lekamwasam

MD, FRCP, PhD, FCCP, FRACP (Hon), Hon FCP (SA), FCPSP (Hon)

Professor in Medicine, Faculty of Medicine, University of Galle

FREE PAPER SESSION 5

NON COMMUNICABLE DISEASES

Chairpersons: Prof. P Wickramasinghe and Dr. T Chang

FREE PAPER SESSION 6

TOXICOLOGY & ELDERLY MEDICINE

Chairpersons: Prof. Ravindra Fernando and Prof. Gita Fernando

PRE LUNCHEON SESSION

Chairperson: Prof. Sanath P Lamabadusuriya

SRI LANKA CLINICAL TRIALS REGISTRY

Dr. Ashwini de Abrew

LUNCHEON EVENT

SYMPOSIUM ON HERBAL MEDICINE

(Sponsored by Link Natural Products (Pvt.) Limited)

Chairperson: Prof. Tuley de Silva

CLINICAL RESEARCH WITH TRADITIONAL HERBAL MEDICINES

Vidyajyothi Dr. R. O. B. Wijesekara

Professor Colvin Goonaratna

FREE PAPER SESSION 7

PSYCHIATRY & PARASITOLOGY

Chairpersons: Prof. Nalaka Mendis

Dr. Nadira Karunaweera

FREE PAPER SESSION 8

GASTROENTEROLOGY AND HAEMATOLOGY

Chairpersons: Dr. S D Atukorala and Dr. Dilani Lokuhetti

SYMPOSIUM 9

SCALING UP NUTRITION: MULTISECTORAL APPROACH

(Sponsored by UNICEF)

Chairpersons: Dr. E. Majeed and Dr. Deepthi Perera

Scale of the problem and multisectoral action plan

Dr. Lalith Chandradasa

Package of interventions

Dr. Renuka Jayatissa

Lessons learnt in the past

Dr. Shanthi Gunawardana

Role of mothers' groups and civil society in improving the nutrition status of children under 2 years of age

Ms. Visakha Tillekeratne

Discussion

SYMPOSIUM 10

FAMILIAL ADENOMATOUS POLYPOSIS COLI (FAP)

(Sponsored by Premium International Pvt Ltd)

Chairpersons: Prof. Dayasiri Fernando and Prof. Kemal Deen

The genetics of FAP and the future

Dr. Andrew Latchford

Maintaining a FAP registry –The Sri Lankan experience\

Dr. Amal Priyantha

Surgical management of patient with FAP

Prof. Nandadeva Samarasekera

Discussion

Tea

DR S C PAUL MEMORIAL ORATION

Development of paediatric oncology in Sri Lanka as a speciality: Illustrated by improvement in the outcome of childhood acute lymphoblastic leukaemia (ALL)

Dr. Damayanthi Pieris MBBS, MD

Senior Consultant in Paediatric Oncology, National Cancer Institute, Maharagama

Saturday 13th July 2013

MEET THE EXPERT BREAKFAST SESSION

Chairperson: Prof. Vajira H. W. Dissanayake
Electronic self-monitoring devices in health care: The M2M era
Dr. Manodha Gamage

GUEST LECTURE 3

(Sponsored by Fortis Healthcare Limited, India)

Chairperson: Dr. Lallindra Gooneratne
Bone marrow transplantation
Dr. A K Dhar

GUEST LECTURE 4

Chairpersons: Prof. A H Sheriffdeen and Dr. Jayantha Balawardena
Managing a patient with family history of colorectal cancer
Dr. Andrew Latchford

SYMPOSIUM 11

HEALTH IN THE ELDERLY

Chairpersons: Dr. Shiromi Maduwage
Dr. Dilhar Samaraweera
Preventing depression and ageing gracefully
Dr. Shehan Williams
Prevention of osteoporosis-related fractures
Prof. Sarath Lekamwasam
Discussion

SYMPOSIUM 12

MIGRANT HEALTH

(Sponsored by International Organization for Migration)

Chairpersons: Prof. Lalitha Mendis and Dr. Susie Perera
Introduction by the Chairperson
Migration health in Sri Lanka: Successes and challenges
Dr. Sharika Peiris
Questions & Answers
Migration health: The forgotten agenda in our health services
Dr. Kolitha Wickramage
Questions & Answers
Tea

CASE BASED INTERACTIVE SEMINAR

STEMMING THE TIDE OF METABOLIC DISEASE IN SRI LANKA – A WOMB TO TOMB APPROACH

Chairperson: Prof. Rezvi Sheriff
Moderators:
Dr. Navoda Atapattu
Dr. Asanka Jayawardena
Dr. Prasad Katulanda
Panelist:
Dr. Hemantha Perera
Prof. P Wickramasinghe
Prof. R Mohideen
Dr. Susie Perera

SYMPOSIUM 13

SEXUAL AND REPRODUCTIVE HEALTH BEYOND BASICS

(Sponsored by The Family Planning Association of Sri Lanka)
Chairpersons: Dr. Pramilla Senanayake and Dr. Ajitha Wijesundara
Gender Dysphoria, issues from the practice
Dr. Kapila Ranasinghe
Premature ejaculation and its management
Dr. Lasantha Malavige
New technologies in contraception
Prof. Harsha Seneviratne
Discussion

PRINCIPAL SYMPOSIUM 1

HEPATOLOGY

(Sponsored by Global Hospitals, Chennai, India)

Chairpersons: Prof. Janaka de Silva and Prof. Janaki Hewavisenth
Long term management of liver transplant patients

Dr. Gomathy Narasimhan

Acute liver failure

Prof. Mohamed Rela

LUNCHEON EVENT – ONCOLOGY

(Sponsored by Global Hospitals Chennai, India)

Chairpersons: Dr. Mahendra Perera and Dr. Kanishka Karunaratne

Recent advances in the management of breast cancer

Dr. Jayanthi Thumsi

Women and cervical cancer

Dr. S Nirmala

PRINCIPAL SYMPOSIUM 2

MATERNAL MORTALITY

Chairpersons: Prof. Harsha Seneviratne and Dr. Kapila Jayaratne

Postpartum haemorrhage (PPH): Lessons from confidential inquiries

Prof. Sir Sabarathnam Arulkumaran

Lessons learnt from the Sri Lankan Maternal Mortality Review

Prof. Hemantha Senanayake

The role of gender-based violence in maternal deaths in Sri Lanka

Dr. Sardha Hemapriya

Discussion

GUEST LECTURE 5

(Sponsored by Fortis Healthcare Limited, India)

Chairpersons: Dr. Duminida Samarasinghe and Dr. Panna Goonaratne

Surgical options in end stage heart failure

Dr. K R Balakrishnan

GUEST LECTURE 6

Chairpersons: Prof. Rohan Jayasekera

Dr. B J C Perera

One size does not fit all: Time to turn to personalized genomic medicine?

Prof. Vajira H. W. Dissanayake

Tea

BANQUET

Grand Ballroom, Waters Edge

OVERSEAS RESOURCE PERSONS

Dr. Desmond Yen

Dr. K T Iraivan

Dr. Eeva-Liisa Langille

Mrs. Nuzha Ishaq

Ms. Loven Pillay

Prof. Karen Jacobs

Dr. Charitha Perera

Prof. Tissa Wijeratne

Dr. Andrew Latchford

Prof. Mohamed Rela

Dr. S Nirmala

Dr. Yash Paul Bhatia

Miss. Catherine McNamara

Miss. Helen Maunton

Miss. Minna Selmgren

Prof. David Caple

Mrs. Sioux Cumming,

Professor Sir Sabarathnam Arulkumaran

Dr. A K Dhar

Dr. Gomathy Narasimhan

Dr. Jayanthi Thumsi

Dr. K R Balakrishnan

RESOURCE PERSONS SRI LANKA

Prof. Chandrika Wijeyaratne

Dr. Nalika Gunawardena

Ms. Chrishara Parnavithana

Dr. Enoka Wickremasinghe

Dr. Samantha de Silva

Dr. S Sridharan

Dr. R M S K Ratnayake

Prof. Mandika Wijeyaratne

Dr. Piyanjali de Zoysa

Dr. Deepika Attygalle

Dr. Aruna Rabel

Dr. Priyankara Jayawardana

Dr. Sunil Senanayake

Dr. A Ketheeswaran

Dr. S Prakashan
 Dr. P G Mahipala
 Dr. Sunil Senanayake
 Dr. Yashpal Bhatia
 Dr. Aruna Rabel
 Dr. A Ketheeswaran
 Dr. Kapila Jayaratne
 Dr. Champika Amarasinghe
 Dr. Diana Samarakkody
 Dr. Chandana Gajanayake
 Mr. Niroshan Silva
 Prof. Vajira H. W. Dissanayake
 Dr. Dulika Sumathipala
 Dr. Lallindra Gooneratne
 Dr. Damayathi Peiris
 Dr. Prasad Abeysinghe
 Dr. Hilary Suraweera
 Dr. B J C Perera
 Dr. C Thurairajah
 Dr. Nilanthi Fernando
 Dr. Indira Kahawita
 Dr. G Muhundan
 Dr. Tilak Abeysekera
 Dr. Dilantha Dharmagunawardena
 Prof. Sujeewa Amarasekera
 Dr. KHD Mahesh
 Dr. Lanka Dissanayake
 Dr. Dananja Ariyawansa
 Dr. Sharnika Abeyakirithi
 Dr. Gunendrika Kasthuriratne
 Dr. Prabath Wickrama
 Dr. Netthanjali Mapitigama
 Prof. Aloka Pathirana
 Mr. K Pradeep Kumara
 Dr. Ashwini de Abrew
 Professor Colvin Goonaratna
 Dr. Lalith Chandradasa
 Dr. Shanthi Gunawardana
 Dr. Amal Priyantha
 Dr. Manodha Gamage
 Dr. Shehan Williams
 Dr. Sharika Peiris
 Dr. Navoda Atapattu
 Dr. Prasad Katulanda
 Prof. P Wickramasinghe
 Dr. Susie Perera
 Dr. Lasantha Malavige
 Prof. Hemantha Senanayake
 Prof. Vajira H. W. Dissanayake

Dr. W Wasantha Kumarasiri
 Dr. Lakshmi C Somathunga
 Dr. Desmond Yen
 Dr. Samanthi de Silva
 Dr. R M S K Ratnayake
 Dr. Kalyani Guruge
 Dr. S.M. Arnold
 Dr. Nishan Siriwardane
 Prof. John Abeysekera
 Dr. Inoka Suraweera
 Dr. Suraj Perera
 Prof. WM Tilakaratne
 Dr. Nirmala Sirisena
 Dr. Hemali Gunasekara
 Dr. Mahendra Perera
 Dr. Harindu Wijesinghe
 Dr. Asanga Dunuwille
 Prof. Arjuna de Silva
 Dr. Shirani Hapuarachchi
 Dr. Nayani Suriyarachchi
 Dr. Anoma Siribaddana
 Dr. Eshantha Perera
 Prof. Jennifer Perera
 Dr. Sarada Kannangara
 Dr. Alan Ludowyke
 Prof. Rifdy Mohideen
 Dr. Padma S Gunaratna
 Dr. Sriyani Samaraweera
 Prof. Diyanath Samarasinghe
 Dr. Sardha Hemapriya
 Dr. Muditha Vidanapathirana
 Dr. Gominda Ponnampereuma
 Dr. Indika Karunathilake
 Dr. Sajeeva Ranaweera
 Vidyajyothi Dr. R. O. B. Wijesekara
 Dr. Nadira Karunaweera
 Dr. Renuka Jayatissa
 Ms. Visakha Tillekeratne
 Prof. Nandadeva Samarasekera
 Dr. Dilhar Samaraweera
 Prof. Sarath Lekamwasam
 Dr. Kolitha Wickramage
 Dr. Asanka Jayawardena
 Dr. Hemantha Perera
 Prof. R Mohideen
 Dr. Kapila Ranasinghe
 Prof. Harsha Seneviratne
 Dr. Sardha Hemapriya

Annexe 2: Detailed programmes of the Monthly Clinical Meetings

Tuesday 15th January 2013

"Challenges and Pitfalls in the Management of Hyperparathyroidism"

Dr. Uditha Bulugahapitiya (MBBS, MD, MRCP)
Consultant Endocrinologist
and
Dr. Nayananjani Karunasena
Senior Registrar in Endocrinology

10 MCQs

Dr. Uditha Bulugahapitiya (MBBS, MD, MRCP)
Consultant Endocrinologist

Tuesday 19th February 2013

Review Lecture

Bladder Outlet Obstruction
Professor Neville D Perera MS (Col), FRCS (Eng), FRCS(Ed), DUrol (Lon)
Consultant Urological Surgeon, National Hospital of Sri Lanka

Case Presentation

Dr Sohan Perera MD(Surg)(Col),
Senior Registrar in Urology, National Hospital of Sri Lanka

MCQs/Picture Quiz

Dr A A Manoj Lankapura Wickramaratne MD(Surg)(Col), MRCS(Eng)
Senior Registrar in Urology, National Hospital of Sri Lanka

Tuesday 19th March 2013

Adrenal Disorders in Children

Case presentation

Dr. Nimasari Ginige MBBS DCH MD
Senior Registrar, Paediatric Endocrinology
Lady Ridgeway Hospital

Review Lecture & MCQs

Dr. Navoda Atapattu MBBS DCH MD MRCPCH
Senior Registrar, Paediatric Endocrinology
Lady Ridgeway Hospital

Tuesday 23rd April 2013

Management of Colorectal Cancer in Sri Lanka

Case Presentation

Dr. Pradeep Alahakoon MBBS
Registrar in Clinical Oncology
National Cancer Institute

Review lecture

Dr. Prasad Abeysinghe MBBS MD
Consultant in Clinical Oncology and Radiotherapy
National Cancer Institute

Tuesday 21st May 2013

Case Presentation

Eosinophil and the Lung –“Beyond asthma”
Dr Chandimani Undugodage MBBS, MD, MRCP
Senior Registrar in Respiratory Medicine,
Central Chest Clinic / National Hospital of Sri Lanka

Review Lecture

Pulmonary Eosinophilia
Dr Ravini de Silva Karunatilake MBBS, MD, MRCP
Consultant Respiratory Physician
General Hospital, Ratnapura

MCQs and Picture Quiz

Dr Bodhika Samarasekara MBBS, MD
Senior Registrar in Respiratory Medicine
National Hospital for Respiratory Diseases, Welisara

Tuesday 18th June 2013

A case study on Stable Ischaemic Heart Disease

Dr. W. S. Santharaj MD, FACC, FCCP, FAPSC
Consultant Cardiologist, National Hospital of Sri Lanka

Dr. Sandamali Premaratne MBBS, MD
Senior Registrar in Cardiology, NHSL

Dr. Niroshan Lokunarangoda MBBS, MD, MRCP
Senior Registrar in Cardiology, NHSL

Tuesday 27th August 2013

Management of Knee Joint Osteoarthritis

Dr R A K Kapila Ranasinghe MBBS, MS, MRCS
Orthopaedic Surgeon, General Hospital, Vavuniya

Tuesday 17th September 2013

Review Lecture

Liver Disease in Pregnancy

Dr. Asanka Jayawardena MBBS, MD, MRCOG
Lecturer in Obstetrics and Gynaecology, Faculty of Medicine
University of Colombo

Case Presentation

Dr. Malitha Patabendige MBBS
Senior House Officer, De Soysa Maternity Hospital

MCQs

Dr. Rukshan Fernandopulle MBBS, MS, MRCOG (UK), MRCP (Ire)
Head, Dept. of Obstetrics and Gynaecology, Faculty of Medical Sciences,
University of Sri Jaywardenepura

Tuesday 15th October 2013

Case Presentation

Fever and subcutaneous nodules in an infant

Dr. Hasanga Gamage MBBS

Registrar in Dermatology, Lady Ridgeway Hospital for Children

Review Lecture

Cutaneous manifestations of congenital immunodeficiency

Dr. Janaka Akarawita MBBS, MD (Dermatology)

Consultant Dermatologist, Lady Ridgeway Hospital for Children

MCQ/Slideshow

Facial dermatoses

Dr. Poorna Weerasinghe MBBS, MD (Dermatology)

Consultant Dermatologist, Base Hospital, Marawila

Tuesday 19th November 2013

Care of the Elderly in General Practice

by

Dr. Ruvaiz Haniffa

MBBS, DFM, PGDip, MSc, MD, MCGP(SL), MRCGP(INT), CTHE (Col), SEDA (UK)

Consultant Family Physician and Lecturer in Family Medicine, Faculty of Medicine, University of Colombo

Tuesday 17th December 2013

Treatment & Prevention of Sports Medicine Injuries

by

Dr. Harindu Wijesinghe MBBS MD MRCP

Consultant in Rheumatology and Rehabilitation

Specialist in Sports Medicine

President, Sri Lanka Sports Medical Association

Annex 3: DETAILED PROGRAMMES OF THE OUTSTATION MEETINGS

JOINT PRE-CONGRESS WORKSHOP ON "IMPROVING QUALITY OF HEALTH CARE"

7th of February 2013 at 8.30 at the PMCK Auditorium, Teaching Hospital, Kandy

Registration

Keynote Talks

Quality improvement through continuing professional development and advocacy for better health

Prof. Vajira H. W. Dissanayake, Immediate Past President, SLMA

The role of the KSM in improving quality of healthcare

Dr. Indra Lekamge, President, KSM

Quality of Pharmaceuticals

Prof. SD Jayaratne, Professor of Medicine, University of Sri Jayewardenapura

Tea

Symposium on Current initiative to improve quality of health care

Chairperson: Prof. Vajira H. W. Dissanayake and Dr. Indra Lekamge

Healthcare quality and safety – a national perspective

Dr. S. Sridharan, Director, Directorate of Health Care Quality and Safety, Ministry of Health

Improving health care quality – a provincial perspective

Dr. H. Edirimanna, Provincial Director of Health Services, Southern Province

Improving patient safety in a tertiary care hospital

Dr. R. Hewage, Director, Lady Ridgeway Hospital for Children, Colombo

Quality improvement – a private hospital perspective

Dr. K. K. W. Karandagoda, Director (Medical Services), Lanka Hospitals (Pvt) Ltd., Colombo

Discussion

Lunch

JOINT REGIONAL MEETING WITH THE HILL COUNTRY MEDICAL SOCIETY

19th March 2013 at 8.30 am at the Auditorium, District General Hospital, Nuwara Eliya

National Anthem, Lighting of the oil lamp

Welcome address by President Hill Country Medical Society

Dr Shivantha Fernandopulle

Address by President, SLMA

Dr. B. J. C. Perera

Quality and safety in healthcare

Dr. S. Sridharan – Director, Directorate of Health Care Quality and Safety, Ministry of Health

SYMPOSIUM ON NUTRITION

Childhood nutrition

Prof. Pujitha Wickramasinghe – Professor in Paediatrics, Dept. of Paediatrics, Faculty of Medicine, University of Colombo

Nutrition assessment and supplementation of the hospitalized patient

Dr. Angela de Silva – Senior Lecturer, Dept. of Physiology, Faculty of Medicine, University of Colombo
TEA

Management of the acutely wheezing child

Dr. B. J. C. Perera – Consultant Paediatrician and President, SLMA

Non accidental injuries in children

Prof. Asvini D. Fernando – Associate Professor, Dept. of Paediatrics, Faculty of Medicine, University of Kelaniya

New Vistas in the management of trauma

Dr. Keerthi Abeyajeewa – Consultant Surgeon, Accident Service, National Hospital of Sri Lanka

Management of Burns – When to refer

Dr. Yasas Abeywickrama – Consultant Plastic Surgeon, North Colombo Teaching Hospital

New developments in the management of strokes

Dr. Ajith Gurusinghe, Consultant Physician, District General Hospital, Nuwara Eliya

Electronic interactive session “Paediatric Emergencies”

Dr. Srilal de Silva, Consultant Intensivist and President, Sri Lanka College of Paediatricians

LUNCH

Parallel Sessions

Early identification of development delay in children

(For Paediatric team)

(12.00 noon – 1.30 pm in the paediatric Ward, District General Hospital, Nuwara- Eliya)

Work place safety

(For non-technical healthcare staff with the courtesy of Unilever)

(10.30 am – 12.30 pm in the Auditorium, RDHS office, Nuwara- Eliya)

JOINT REGIONAL MEETING WITH THE MONERAGALA CLINICAL SOCIETY

2nd May 2013 at 8.30 am at the Auditorium, District General Hospital, Monaragala

National Anthem, Lighting of the oil lamp

Welcome address by President Monaragala Clinical Society

Address by President, SLMA

Dr. B. J. C. Perera

Non accidental injuries in children

Prof. Asvini D. Fernando, Associate Professor, Dept. of Paediatrics, Faculty of Medicine, University of Kelaniya

Management of Leptospirosis

Dr. Nirodha de Silva, Consultant Physician, Base Hospital, Diyatalawa

TEA

Rational use of Antibiotics

Dr. Shyamalee Samaranayaka, Senior Lecturer in Family Medicine, Faculty of Medical Sciences. University of Sri Jayewardenepura

Burns – Principles of wound dressing

Dr. Yasas Abeywickrama, Consultant Plastic Surgeon, North Colombo Teaching Hospital

Fluid management in a surgical patient

Dr. Wasantha Wijenayake, Consultant Surgeon, National Hospital Sri Lanka

Management of Snake bites

Dr. Malik Fernando, Secretary, Snake Bite Committee, SLMA

Early identification of Developmental delay in children

Dr. Samanmali Sumanasen and Dr. Leenika Wijerathne

Vote of Thanks

LUNCH

JOINT REGIONAL MEETING WITH THE JAFFNA MEDICAL ASSOCIATION

11th – 12th October 2013 at Lecturer Hall Nursing Training School, Teaching Hospital, Jaffna

ACADEMIC PROGRAMME

National anthem and oil lamp
 Welcome by President of Jaffna Medical Association
 Address by President, SLMA
 Dr B J C Perera
 Nutritional situation in the region
 Feeding the infant
 Dr S K Arulmoli
 Tea
 Prevention and management of malnutrition
 Dr. Shanthini Ganeshan
 Nutrition of the girl child: impact on the offspring
 Dr. Geetha Sathiyadas
 Presentation by Airtel
 Lunch
 Nirogi symposium
 Jellyfish Stings in Jaffna: Searching for the Culprits
 Dr. V. Sujaniitha, Consultant Physician, TH Jaffna,
 Dr. Malik Fernando, Past President SLMA, Marine Naturalist.
 Closing Remarks
 Tea

Programme on Nutrition for the Midwives, Nursing Officers

Programme for medical students and doctors
 Interactive session on
 “Management of acute childhood asthma”
 By Dr. B.J.C. Perera
 President, SLMA
 Welcome address by President Jaffna Medical Association
 Address by President SLMA
 Nutritional situation in the region
 Feeding the infant
 Dr.S.K.Arulmoli
 Tea
 Prevention and management of malnutrition
 Dr. Shanthini Ganeshan
 Nutrition of the girl child: impact on the offspring
 D .Geetha Sathiyadas
 Lunch

JOINT REGIONAL MEETING WITH THE BATTICALOA MEDICAL ASSOCIATION

7th – 8th November 2013 at New Auditorium, Teaching Hospital, Batticaloa

ACADEMIC PROGRAMME

National Anthem and traditional lighting of the lamp of learning
Welcome by the President, Batticaloa Medical Association
Dr. Prathipan
Address by President, SLMA
Dr BJCPerera
Feeding the infant
Dr. Shanthini Ganesan, Consultant Paediatrician, Colombo
Discussion
Tea
Prevention and management of malnutrition
Dr. Renuka Jayatissa, Consultant Medical Nutritionist and Head Department of Nutrition, Consultant Community Physician
Discussion
Nutrition of the girl child: impact on the offspring
Dr. Chithra Vamadevan, Consultant Paediatrician, Batticaloa
Discussion
Lunch
Parallel Symposium 1: Nirogi Maatha and Nirogi Paada Projects
By the Nirogi Lanka initiative of SLMA
Parallel Symposium 2: Identifying early childhood disabilities
Dr. Samammali Sumanasena, Consultant Paediatrician, Colombo
Dr. Leenika Wejeratne, Consultant Child Psychiatrist, CSH
Tea

Programme on Nutrition for the Midwives, Nursing Officers

Programme for medical students and doctors
Interactive session on
“Management of acute childhood asthma”
By Dr. B.J.C. Perera
President, SLMA
Welcome address by President Batticaloa Medical Association
Dr Prathipan
Address by the President SLMA
Dr B J C Perera
Feeding the infant
Dr. Shanthini Ganesan, Consultant Paediatrician, Colombo
Discussion
Tea
Prevention and management of malnutrition
Dr. Renuka Jayatissa, Consultant Medical Nutritionist and Head Department of Nutrition, Consultant Community Physician
Discussion
Nutrition of the girl child: impact on the offspring
Dr. Chithra Vamadevan, Consultant Paediatrician, Batticaloa
Discussion
Lunch

JOINT ACADEMIC PROGRAMME WITH THE RUHUNU CLINICAL SOCIETY

20th – 21st November 2013 at the Sanaya Mansion -Matara

ACADEMIC PROGRAMME

Invitees take their seats
Ceremonial Procession
National Anthem
Lighting of the traditional oil lamp
Welcome Address
Dr. J.M.R.G. Jayaweera, President, Ruhunu Clinical Society
Address by the Chief Guest
Dr. Ravindra Ruberu, Senior Consultant E.N.T. Surgeon, Former Secretary to Health,
Secretary to the Ministry of Civil Aviation
Ruhunu Clinical Society Lecture – “Games and Exercise for a Healthy Lifestyle”
Dr. B.J.C. Perera - President SLMA
Awards ceremony
Vote of Thanks
Cultural Performance
Ceremonial Procession leaves the Hall
Reception

Registration
Free paper session 1
Guest Lecture 1 - Paediatric skin diseases
Prof. Jayamini Senevirathna, Consultant Dermatologist, Lady Ridgeway Hospital
Guest Lecture 2 Cardiac Rehabilitation
Dr. Tolusha Harischandra, Consultant Cardiothoracic Surgeon, Teaching Hospital,
Karapitiya
Guest Lecture 3
Decompression Sickness and launching of the SLMA Guidelines on Decompression
Sickness
Dr. Malik Fernando, Past President, SLMA
Symposium on Benign Thyroid Disease
Thyroid problems in Children
Dr. Navoda Attapattu, Consultant Paediatric Endocrinologist, Lady Ridgeway Hospital
Thyroid problems in Adults
Dr. Uditha Bulugahapitiya, Consultant Diabetologist and Endocrinologist, Colombo
South Teaching Hospital
Surgical management of a patient with thyroid enlargement
Dr. M.D.T. Lakshan, Consultant ENT surgeon, District General Hospital, Hambanthota
Free Paper Session 2
Guest Lecture 4
Critical Appraisal of a Research article
Dr. V. Murali, Consultant Community Physician, Ministry of Health
Symposium on Nirogi Maatha and Nirogi Paada Projects
By the NIROGI Lanka initiative of SLMA
Awards & Closing Remarks

JOINT SYMPOSIUM WITH THE WATHUPITIWALA CLINICAL SOCIETY

Saturday 30th November 2013 at the Hotel Hot Edge Hotel, Nittambuwa

ACADEMIC PROGRAMME

National Anthem
Introduction by Dr Thusith Goonewardene President, Clinical Society Base Hospital
Wathupitiwala
Lightening of traditional oil lamp
Dance Puja

Welcome Address by Dr. Sisira Wijesundara, Medical Superintendent Base Hospital, Wathupitiwala
 Address by Dr. B.J.C. Perera, President SLMA
 Address by Dr. Amal Harsha de Silva Provisional Director of Health Services, Western Province
 Address by Dr. Linton Pathmasiri Regional Director of Health, Western Province
 Introduction of the panel
 Surgical Management of Thyroid Disorders
 Dr. Amal Fernando
 Consultant E.N.T. Surgeon, B.H. Wathupitiwala
 Mental Health in Elderly
 Dr. Kapila Ranasingha
 Consultant Psychiatrist, Mental Hospital, Angoda
 Global Cardiac Risk Assessment
 Dr. Anidu Pathirana, Consultant Cardiologist, G.H. Gampaha
 Tea and Cultural Show
 Introduction of the panel
 Facts and Myths about Immunization
 Dr. Priyantha Perera
 Consultant Paediatrician, T.H. Ragama
 Born too soon
 Dr. Ananda Ranathunga
 Consultant senior VOG
 Rational Use of Antibiotics
 Dr. Jayantha Elvitigala
 Consultant Microbiologist, N.H.S.L.
 Premature Ejaculation and its management
 Dr. Lasantha Malavige
 Vote of Thanks
 Dr. Gihan Maitipe
 Secretary, Clinical Society Base Hospital Wathupitiwala
 Cocktail and Lunch

JOINT SYMPOSIUM WITH THE AVISSAWELLA CLINICAL SOCIETY

Saturday 14th December 2013 at 8.30 am at the Purple Sun Holiday Resort, Avissawella

Opening Ceremony

1. Lighting of the traditional oil lamp and National Anthem
2. Welcome message by the President Clinical Society
3. Address by the chief Guest Dr. BJC Perera (President SLMA)

Session 1: Chair: Dr. Mahinda Rankothge and Dr. K Vigneshwaran

Economics of Health provision

Dr. Dilip de Silva BDS MD MBA PhD

Consultant Dental Surgeon

Exercise and Healthy Life Style

Dr. BJC Perera MD MRCP FRCP FCCP FCGP

President SLMA

Consultant Pediatrician

Growth Disorders in Children

Dr. Navoda Atapattu MD MRCP

Consultant Pediatric Endocrinologist

Tea Break

Session 2: Chair: Dr. MAC Perera and Dr. Ranjani Seneviratne

Overview of Dementia

Prof Shehan Williams MD MRCPsych

Consultant Psychiatrist, North Colombo Teaching Hospital

Obstetric Complications in Pregnancy

Dr. Chandrika Ponnampereuma MD MRCP

Cardiologist, Institute of Cardiology

Managing Menopause

Dr. Hemantha Perera MS MRCOG
 Consultant VOG SJGH
Session 3: Chair: Dr. Nissanka Jayawardhana and Dr. Sandani Gunaratne
 Vascular trauma
 Dr. Daminda Rajamanthre MBBS MS
 Consultant Vascular Surgeon
 Identification of Psuedosizures
 Dr. Darshana Sirisena MBBS MD
 Consultant Neurologist TH Anuradhapura
 Going Green
 Dr. Philip Veerasingham MS MRCS
 Consultant Surgeon
 Cocktails and Lunch

Annex 4: Detailed programme of the Foundation Sessions

Pre Congress Workshop on Diabetes Mellitus

Auditorium, Teaching Hospital, Anuradhapura

ACADEMIC PROGRAMME

Registration and opening ceremony
 “Nirogi Paadha” (program on Diabetic foot - by Nirogi Lanka)
 Management of diabetes in chronic kidney disease
 Dr Noel Somasunderam
 Controversies in diabetes
 Dr Prasad Katulanda
 Tea Break
 Gestational Diabetes
 Dr Dimuthu Muthukuda
 Lifestyle intervention in diabetes. How far can we go?
 Dr Sajith Siyambalapitiya
 In hospital management of diabetes
 Dr Manilka Sumanathilake
 Management of type 1 diabetes in pediatric patients
 Dr Navoda Atapattu

Pre Congress Workshop on Medical Writing

Prof Unit Auditorium, Teaching Hospital, Anuradhapura

Registration
 Introduction to Medical Research Process
 Prof. S. Siribaddana
 Literature search and available databases and sources
 Dr. Thilini Agampodi
 Introduction to IMRD format and writing Title, Abstract and keywords
 Dr. Suneth Agampodi
 Writing Introduction and Methodology
 Dr. Suneth Agampodi
 Tea Break
 Writing Results and discussion
 Prof. Sisira Siribaddana
 Some thoughts on research integrity
 Dr B.J.C. Perera
 Questions and discussion
 Prof. Sisira Siribaddana, Dr B.J.C. Perera, Dr. Suneth Agampodi

Pre Congress Workshop on Oral Health (For Dental Doctors)

Auditorium, RDHS Office

Registration
 Lighting of the Lamp of Learning
 Welcome speech President ACS
 Welcome speech RDHS
 Common medical problems encountered in Dental Practice
 Dr N.J. Dahanayaka
 Challenges in day today dental practice (misleading Conditions)
 Dr.K.M.S.Kosgoda
 Tea break
 Advances in Cosmetic Dentistry
 Dr P. Sabeshan
 Use of Stainless Steel Crowns in Dental Practice
 Dr Pubudu Perera
 Update on the Treatment of periodontal conditions
 Dr Palipana

Pre congress workshop on Wound care for Nurses

NTS Auditorium, Anuradhapura

Registration
 Physiology of wound healing
 Dr Charitha Weerasinghe
 Principles of management of acute and chronic wounds
 Dr. Chandana Herath
 Assessment of wounds: When should we worry?
 Dr. Sujeewa Thalgaspitiya
 Tea Break
 Wound dressing (Question and answer session)
 Dr Keerthi Weerawardena, Dr Aloka Liyanage
 Prevention and care of decubitous ulcers
 Dr. Jagath Mallawa
 Management of burns
 Dr. V. V. Sabarathnam
 Management of Diabetic foot ulcers -Skype Link
 Dr Charitha Weerasinghe, Donna Angel (Wound care specialist nurse)
 Panel Discussion
 Dr. Charitha Weerasinghe

(Separate full day work shop on wound care for Doctors of the NCP – planned to be done by the same panel, following the annual sessions)

INAGURATION

Palm Garden Village Hotel, Anuradhapura

Arrival of Guests
 Ceremonial Procession
 National Anthem
 Traditional lighting of the oil lamp
 Address by The President, Anuradhapura Clinical Society
 Dr Damitha Chandradasa
 Address by The President, Sri Lanka Medical Association
 Dr B J C Perera
 Address by the Chief Guest
 Prof Vajira HW Dissanayake, Immediate Past President, SLMA
 Presentation of SLMA Best Health Journalist Awards 2013
 Vote of Thanks
 Dr Samanmali Sumanasena, Honorary Secretary, SLMA
 E M Wijerama Endowment Lecture
 "Something good in everything I see"
 Dr Eugene Corea
 MBBS (Ceylon), DFM (Colombo), FCGP (SL)
 Reception

Thursday 24th October 2013

Palm Garden Village Hotel, Anuradhapura

Welcome of the Chief guests and ceremonial procession
Lighting up of oil lamp and National Anthem
Speech of President – ACS
Speech of President – SLMA
Brief Cultural item
Speech of the Chief Guest (Hon Minister of Health)

Sir Marcus Fernando Oration

“Malaria Mucosal Vaccine: The promise and the Challenge”
Prof. Surangi G. Yasawardena

Tea Break
Plenary: Common childhood dermatoses
Prof. Jayamini Senevirathna

Symposium on The Evolving approach to multi-sectoral management of child abuse and neglect in Sri Lanka

The need for multi-sectoral management
Prof. Asvini D Fernando
Child protection beyond law enforcement
Dr. Laksiri Waidyaratne
Psychosocial Rehabilitation
Dr. Leenika Wijeratne

Plenary: Genetics

Prof. Vajira Dissanayake

Symposium on Tropical medicine

Do we need a specific antivenom for Sri Lanka?
Prof. Indika Gawarammana
Management of childhood poisoning – Current Practice
Dr. Udaya De Silva
Lunch (Lunch time quiz)
Free Papers

Symposium on Gynaecology and Obstetrics

First trimester screening for chromosomal abnormalities
Dr. Nishendra Karunaratne
Reproductive surgery and assisted reproductive techniques
Dr. Milhan Bacha

Friday 25th October 2013

Palm Garden Village Hotel, Anuradhapura

Symposium on Pain management

Introduction and Physiology of Chronic Pain
Dr Rohitha Jayamaha
Management of Chronic Pain
Dr Ravi Weerakoon
Image guided Pain treatment
Dr Priyanthi Rathnayake
Plenary – Management of Upper Gastrointestinal Bleeding
Dr Manajala Senanayake
Plenary on Rickettsial Infections
Dr Kosala Weerakoon
Tea
Plenary on Sexual Medicine by SLMA

Symposium on Psychiatry

Gender based violence and its management

Dr Prabath Wickramaratne

Many faces of depressive illnesses

Dr Sajeewana Amarasinghe

Social Drinking and Health

Dr Wajira Dharmawardena

Free Papers

Plenary: Games and Exercises for a healthy lifestyle

Dr B.J.C. Perera

Wrap Up and Closing Remarks

Evening – Fellowship Dinner at Saliyapura Gajaba regimental centre Premises.

Annex 5: Programme of the Seminars and Workshops**WORKSHOP ON “FACTOR ANALYSIS”**

7th of March 2013 at 9.00 at the Lionel Memorial Auditorium

Organized by the Research Promotion Committee of the SLMA

Objectives:

- Making decisions in building a factor analysis
 - number of factors to retain
 - rotation method to use
- Practical experience in using SPSS
- Interpretation of Factor analysis results

Participants are expected to bring their Laptops.

Resource Person

Prof. Chrishantha Abeysena, Department of Public Health, Faculty of Medicine, University of Kelaniya

WORKSHOP ON “WRITING AND PUBLISHING JOURNAL ARTICLES: WAYS TO DECREASE STRESS AND INCREASE SUCCESS”

14th March 2013, at 12.00 noon at the Lionel Memorial Auditorium

Writing and Publishing Journal Articles: Ways to Decrease Stress and Increase Success

Prof Barbara Gastel MD, MPH

Professor, Department of Humanities in Medicine, Texas A & M University

SYMPOSIUM ON “JAPANESE ENCEPHALITIS AND THE RECENT OUTBREAK AT RATHNAPURA”

20th March 2013, at 11.30 a.m. at the Lionel Memorial Auditorium

Organized by the Communicable Diseases Committee of the SLMA

Clinical features and the current outbreak

Dr. N. Sriharan, Consultant Physician, General Hospital, Rathnapura

Epidemiology of JE in Sri Lanka and recent changes

Dr Paba Palihawadana, Chief Epidemiologist, Epidemiology Unit, Ministry of Health

Laboratory diagnosis

Dr Geethani Galagoda, Consultant Virologist, Medical Research Institute, Colombo

Vaccination: current recommendations

Dr Omala Wimalaratne, Consultant Virologist and Vaccinologist, Medical Research Institute, Colombo

Discussion

WORKSHOP ON “BIostatISTICS OF CLINICIANS”

23rd April 2013 at SLMA Auditorium

Organized by the Research Promotion Committee of the SLMA

Workshop aims

After the workshop, participants should be able to:

Understand the basic statistical concepts and steps involved in applying statistics in designing a clinical research.

Interpret clinical research data.

Content area

Types of data: Qualitative vs Quantitative, Survival data; Measures of central tendency; Measures of dispersion; Normal distribution and Skewed distribution; Probability; Reference range; Sampling methods; Standard error and Confidence interval; Hypothesis testing, Students t test, Paired t test, Chi squared test, Interpretation of P value; Parametric and non-parametric tests; Statistical significance and Clinical significance; Sample size calculation.

Type of data, summary measures

Probability & z-score

Tea

Confidence interval

Statistical tests

Non-parametric tests

Interpretation of data

Group exercise

Lunch

Sampling methods

Sample size calculations

Group exercise

Resource persons:

Prof Chrisantha Abeysena and Dr B. Kumarendran

SYMPOSIUM ON “LEPROSY IN SRI LANKA”

29th April 2013, at 11.30 am at the Lionel Memorial Auditorium

Organized by the Communicable Diseases Committee of the SLMA

Success story of leprosy

Dr. Sunil Settinayake, Former Director, Anti-leprosy campaign

Epidemiology & current status

Dr Nilanthi Fernando, Director, Leprosy Focal Point

Clinical presentation, complications and multi-drug therapy

Dr Indira Kahawita, Consultant Dermatologist, Base Hospital, Karawanella

Rehabilitation and orthopedic management

Dr Narendra Pinto, Consultant Orthopedic Surgeon, NHSL

Discussion

SYMPOSIUM ON “THE CURRENT INFLUENZA OUTBREAK: LESSONS TO BE LEARNT”

22nd May 2013, at 11.30 am at the Lionel Memorial Auditorium

Organized by the Communicable Diseases Committee of the SLMA

Current influenza outbreak: Global and local epidemiology

Dr Paba Paliawadana, Chief Epidemiologist, Epidemiology Unit, Ministry of Health

Virological diagnosis and surveillance: Role of the National Influenza Centre

Dr Jude Jayamaha, Consultant Virologist, National Influenza Centre, Medical Research Institute

Management of patients at Castle Street Hospital & challenges

Dr Priyankara Jayawardene, Resident Physician, Castle Street Hospital for Women, Colombo

How prepared are we for an outbreak?

Dr Ananda Wijewickrama, Infectious Diseases Physician, Infectious Diseases Hospital, Angoda

Discussion

WORKSHOP ON “INTRODUCTION TO GEOGRAPHIC INFORMATION SCIENCE (GIS) IN HEALTH CARE”

2nd June 2013 at 9.00 am at the Lionel Memorial Auditorium

Resource person:

Professor Kithsiri Gunawardena, Professor in Parasitology, Faculty of Medicine, University of Kelaniya

Aim of the Workshop:

To understand the basic concepts of GIS and QGIS and their application in epidemiology and health services

Other information:

Participants are required to bring their own laptops

Open source QGIS software will be used (information on software installation will be emailed to registered participants)

Relevant course material including handouts will be provided

Morning tea and lunch will be provided

SYMPOSIUM ON “INTERNATIONAL CANCER SURVIVORS DAY 2013”

3rd June 2013 at 9.00 am at the SLMA auditorium

Advocacy Programme to raise awareness among health care workers on Breast cancer Survivorship

Welcome

Dr. Neelamani Paranagama, Director / National Cancer Control Programme (NCCP)

Opening remarks

Dr. B. J. C. Perera, President, Sri Lanka Medical Association

Opening remarks

Dr. Lakshmi Somatunga, DDG (MS 1), Ministry of Health

Importance of commemorating ‘International Cancer Survivors Day’

Dr. Suraj Perera, Consultant Community Physician /NCCP

Session 1: ‘Survivorship Care at Hospital Setting’

Chairpersons

Dr. Neelamani Paranagama, Director, NCCP

Dr. Jayanthimala Jayawarena, Chairperson. SLMA NCD Committee

‘Caring for Breast cancer Survivors - Experience of a Surgeon’

Dr. Kanishka De Silva, Consultant Oncosurgeon, National Cancer Institute, Maharagama

‘Caring for Breast cancer survivors’ – Experience of an Oncologist

Dr. Sujeewa Weerasingha, Consultant Oncologist, National Cancer Institute, Maharagama

Experience of Patients Advice and the Liaison Service (PALS), supporting breast cancer survivors’

Dr. Kosala Muthukumarana & Ms. Nirosha Herath, Nursing Officer

Patients Advice and the Liaison Service (PALS)

National Cancer Institute, Maharagama

Tea

Session 2 : 'Survivorship Care Beyond Hospital Setting'

Chairpersons

Prof. Chandrika Wijeratne, Former Chairperson, SLMA NCD Committee

Dr.Eshani Fernando, Deputy Director, NCCP

Mobilizing primary health care teams for supporting breast cancer survivors

Dr. Chiranthika Withana, CCP, National Cancer Control Programme

Role of Psychologist in supporting breast cancer survivors

Dr. Piyanjali de Zoysa, Senior Lecturer in Clinical Psychology, University of Colombo

"From Negative to Positive: Transforming the Breast Cancer Experience"

Prof. Ryhana Raheem, Emeritus Professor, Open University of Sri Lanka,

Co-Founder, 'Mithuruwela' -the Cancer Support Network

'Social Services Support Available for Breast Cancer Survivors'

Dr. Shiromi Maduwage, Consultant Community Physician, Directorate of Youth, Elderly & Disabled,

Ministry of Health & Convenor, SLMA NCD Committee

Introducing a high tech mastectomy bra to Sri Lankan Market'

Mrs. C.P.Vithanage,

Mr. Uthpala Subodha

Department of Textile & Clothing Technology, University of Moratuwa

Breast Cushion Project for cancer survivors

Dr. Sujatha Samarakoon, Consultant Venereologist / Member Zonta Club II of Colombo

End

SYMPOSIUM ON "MEASLES: THE CURRENT OUTBREAK"

Tuesday 25th June 2013, at 6.30 pm at the Institute of Chartered Accountants of Sri Lanka (6th Floor-New Building Complex), 30A, Malalasekera Mawatha (Longden Place), Colombo 7

THE THOUGHT LEADERSHIP FORUM in collaboration with The Sri Lanka Medical Association

Presents **"A SYMPOSIUM ON MEDICO LEGAL ISSUES"**

With the participation of leading representatives of the Medical and Legal professions, Academia and the Insurance Industry

The Symposium will commence with a presentation on

"Learning from the Lessons of the Medico Legal Environment of New Zealand"

by

Hiranthi Abeygoonesekera

Chief Legal Counsel, Capital and Coast District Health Board, Wellington, New Zealand (In her role as head of Legal Services for a large hospital in Wellington, Hiranthi regularly provides advice to clinical staff on medical law. The interface between law and medicine creates significant ethical dilemmas for both clinicians and lawyers. She has extensive experience working with medical professionals in New Zealand. Hiranthi was admitted as a barrister and solicitor in New Zealand in 1992. She also holds a Masters degree in dispute resolution from Massey University.)

"Medico-legal Issues, Challenges and Opportunities in Sri Lanka"

Dr Kumar Senanayake, MBBS (Pera)., MD (Col).,DMJ(Lon)., DFM(Glas)

President, College of Forensic Pathologist, Sri Lanka

Additional Judicial Medical Officer, Colombo

Name of the Lawyer Speaker and topic to be inserted here

A Panel Discussion chaired by Dr. B.J.C.Perera, President, SLMA will then ensue.

Moderator: Mr. Ranel T. Wijesinha

Founder of *The Thought Leadership Forum* and Past President, *The Institute of Chartered Accountants of Sri Lanka*

Participation is limited and is free of charge

Members of SLMA, please register with the SLMA office early (Nadeera/Kumari 2693324)

Non-Members of the SLMA: By invitation only, by *The Thought Leadership Forum*.

The proceedings would start sharp on time.

SYMPOSIUM ON “MEASLES: THE CURRENT OUTBREAK”

Wednesday 26th June 2013, at 11.30 am at the Lionel Memorial Auditorium

Organized by the Communicable Diseases Committee of the SLMA

Epidemiology of the measles outbreak

Dr. Deepa Gamage, Consultant Epidemiologist, Epidemiology Unit, Ministry of Health

Laboratory diagnosis and surveillance

Dr. Geethani Galagoda, Consultant Virologist, Medical Research Institute, Colombo

Current measles outbreak: Issues and challenges in management

Dr Devan Mendis, Consultant Paediatrician, Lady Ridgeway Hospital, Colombo

Current vaccination schedule and the outbreak

Dr Ananda Amarasinghe, Consultant Epidemiologist, Epidemiology Unit, Ministry of Health

Discussion

WORKSHOP ON “GEOGRAPHIC INFORMATION SCIENCE (GIS) IN HEALTH CARE: CRS & GPS”

29th June 2013 at 9.00 am at the Lionel Memorial Auditorium

Organized by the Research Promotion Committee of the SLMA

Aim of the Workshop:

To understand the basic concepts and practical application of Coordinate reference Systems (CRS) and GPS

Content covered:

- Introduction to CRS and types of CRS
- How to transform between two CRSs
- Introduction to GPS and its mechanisms (trialteration, ranging, etc...)
- Errors and accuracy of GPS
- Differential GPS
- Use of GPS in own study setting
- How to enter GPS data and visualize in GIS

Resource person:

Professor Kithsiri Gunawardena, Professor in Parasitology, Faculty of Medicine, University of Kelaniya

Other information:

- Participants are required to bring their own laptops
- It would be useful to bring own GPS enabled Smart phones and mobile broadband dongles for practical sessions
- Open source QGIS software will be used (information on software installation will be emailed to registered participants)
- Relevant course material including handouts will be provided
- Morning tea and lunch will be provided

RESEARCH SYMPOSIUM ON THE “QUALITY OF HEALTHCARE IN SRI LANKA”

Friday 30th August 2013, at 6.30 pm at the Lionel Memorial Auditorium

Welcome Address

Dr Amal Harsha de Silva, President Elect CMASL

Address by President Elect SLMA

Dr Palitha Abeykoon

Address by President College of Medical Administrators

Dr Sunil de Alwis

Objectives of the Research Studies

Dr Ravi Rannan-eliya, Institute for Health Policy

Presentation I

Dr Quality of inpatient care in public and private hospitals in Sri Lanka

Dr Nilmini Wijemanne, Institute for Health Policy

Presentation II

Dr Quality of inpatient care in public and private sectors in Sri Lanka – how well do patient perceptions match reality and what are the implications?

Dr Nilmini Wijemanne, Institute for Health Policy

Discussions**Discussants:**

Dr Ranjan Dias, Chairperson, Working Group on Healthcare Quality & Safety

Dr W Karandagoda, Director Medical Services, Lanka Hospitals

WORKSHOP ON “DEVELOPMENT AND VALIDATION OF DATA COLLECTION TOOLS FOR CLINICIANS”

Saturday 14th September 2013 at 8.30 am at the Lionel Memorial Auditorium

Agenda

- Participles of designing data collection tools (lecture- discussion)
 - Type of data and data collection tools
 - Designing tools to minimize information bias and to control confounding
 - Validation of data collection tools
- How to design different data collection tools (hands-on activity)
 - Designing a questionnaire
 - Designing an observation checklist
 - Designing data collection instruments for clinical audits

Resource person:

Dr. Nalika Gunawardena

Department of Community Medicine, Faculty of Medicine, University of Colombo

Participants are expected to bring their Laptops.

Relevant course material including handouts will be provided

CAREER GUIDANCE SEMINAR

15th September 2013, at 8.30 a.m. at the Lionel Memorial Auditorium

Sessions I

Welcome Address	-	Dr B J C Perera
Introduction & Cadre	-	Dr Champika Wikramasinghe
Medicine & Finer Specialities	-	Dr M K Ragunathan
Postgraduate Training Programme	-	Prof Jayantha Jayawardana
Psychiatry	-	Prof Raveen Hanwella
Questions		

Sessions II

Armed Services	-	Dr N E L W Jayasekera
Medical Administration	-	Dr Sunil de Alwis
Venereology	-	Dr Jayadari Ranathunga
Paediatrics	-	Prof Sujeewa Amarasena
Universities	-	Prof Vajira HW Dissanayake
Questions		

Sessions III

Obstetrics & Gynaecology	-	Dr Madhava Karunaratne
Dermatology	-	Dr I P Kahawita
General Practice	-	Dr Jayantha Thambar
Pathology	-	Dr Isha Prematilake
Private Sector	-	Dr Samanthi de Silva

Sessions IV

Surgery & Finer Specialities	-	Prof Ranil Fernando
Microbiology	-	Dr Malka Dassanayake
Community Medicine	-	Dr Paba Paliawadana
Forensic Medicine	-	Dr Ajith Tennakoon
Questions		

Sessions V

Anaesthesiology	-	Dr Kumuduni Ranatunga
Radiology	-	Dr Udari Liyanage
Ophthalmology	-	Dr Madhuwanthi Dissanayake
Otorhinolaryngology	-	Dr Shantha Perera
Questions		

SYMPOSIUM ON “QUALITY USE OF MEDICINES”

Friday the 20th September 2013, at 9.00 am at the Lionel Memorial Auditorium

Organized by Sri Lanka Association for the Advancement of Science (SLAAS) Section A & Drugs Committee SLMA

Quality Use of Medicines in In-patient care

Dr. Ananda Wijewickrama
Consultant Physician, Infectious Diseases Hospital

Quality Use of Medicines in Paediatrics

Prof. Narada Warnasuriya
Emeritus Professor of Paediatrics, University of Sri Jayawardhanapura

Quality Use of Medicines in General Practice

Dr. Eugene Corea
Past President, College of General Practitioners

Discussion

SYMPOSIUM ON “LEPTOSPIROSIS: THE SCOURGE OF THE FARMER”

Friday the 27th September 2013, at 11.30 am at the Lionel Memorial Auditorium

Organized by the Communicable Diseases Committee of the SLMA

What is new in Pathogenesis?

Professor Jennifer Perera, Senior Professor of Microbiology, Faculty of Medicine, Colombo

Laboratory diagnosis: new developments

Dr Lilani Karunanayaka, Consultant Microbiologist, Medical Research Institute, Colombo

The clinician's dilemma: Is it Leptospirosis or Hantavirus?

Professor Ranjan Premaratna, Professor in Medicine, Faculty of Medicine, Ragama

Discussion

SYMPOSIUM ON “LEISHMANIA KILLS”

Wednesday the 20th November 2013, at 12.00 noon at the Lionel Memorial Auditorium

Symposium organized by the Communicable Diseases Committee of the SLMA

The story of leishmaniasis in Sri Lanka

Professor Nadira Karunaweera, Professor of Parasitology, Faculty of Medicine, University of Colombo

Differential diagnosis of Cutaneous and Visceral Leishmaniasis - case studies

Dr. Panduka Karunanayake, Senior Lecturer, Department of Clinical Medicine, Faculty of Medicine, University of Colombo

Laboratory diagnosis of Leishmaniasis

Dr Shalindra Ranasinghe, Senior Lecturer, Department of Parasitology, Faculty of Medical Sciences, University of Sri Jaywardenapura

Minimising risk of vector bites

Dr. Sanath Senanayake, Senior Lecturer, Department of Parasitology, Faculty of Medicine, University of Colombo

Discussion**WORKSHOP ON “SCIENTIFIC MEDICAL WRITING MADE EASY”**

Thursday 28th November 2013, at 7.30 am at the Lionel Memorial Auditorium

Organized by the Ceylon Medical Journal with International Network for availability of Scientific Publications (INASP), Oxford, UK

Registration

Approaching a writing project, choosing a target journal and using its instructions to authors

The structure of a scientific paper-IMRAD format, title, abstract, index words, introduction

Tea

Writing the methods section, results section and discussion

Writing the acknowledgements, references, preparing tables and figures, cover letter

Basics in writing style, what do editors want?

Lunch**Afternoon (for small groups)**

Participants to write short words instead of long phrases from a given note

Writing the missing section of a sample paper given to a small group

Presentations by the small groups

Evaluation, distribution of certificates and conclusion of the workshop

SYMPOSIUM ON “AN UPDATE ON WOMEN’S HEALTH – USEFUL TIPS FOR SRI LANKAN PRACTITIONERS”

Friday 29th November 2013, at 11.45 am at the Lionel Memorial Auditorium

Organized by the Expert Committee on Women’s Health of the Sri Lanka Medical Association

Welcome address

Dr. Nalika Gunawardena, Chairperson, Expert Committee on Women’s Health

Latest in prescribing during pregnancy

Dr. Shalini Sri Ranganathan, Senior Lecturer, Department of Pharmacology, Faculty of Medicine, University of Colombo

An update on PCOS in Sri Lankans: Its metabolic aspects

Prof. Chandrika Wijeyaratne, Prof in Reproductive Medicine, Department of Obstetrics & Gynecology, Faculty of Medicine, University of Colombo

WORKSHOP ON “USING SYSTEMATIC REVIEWS FOR EVIDENCE BASED PRACTICE”

30th November 2013, at 9.00 am at the Lionel Memorial Auditorium

Introduction to EBM

Steps in conducting a Systematic Review

Understanding Systematic Reviews & Meta-analysis

The GRADE approach to framing recommendations

Understanding Summary of Findings tables

Critical Appraisal of a Systematic Review

Applying evidence/ Clinical Guidelines

SYMPOSIUM ON ADVOCACY PROGRAMME ON CAPACITY DEVELOPMENT OF PALLIATIVE CARE IN SRI LANKAN SETTING

Monday 2nd December 2013, at 9.00 am at the Lionel Memorial Auditorium

Welcome

Dr. Neelamani Paranagama, Director / National Cancer Control Programme

Opening Remarks

Dr. B. J. C. Perera, President, Sri Lanka Medical Association

Opening Remarks

Dr. Jayantha Balawardena, Senior Consultant Oncologist
Chairperson, Board of study in Oncology, Chairperson, Curriculum Development Committee of Post

Graduate Diploma in Palliative Care

Dr. Kanishka Kaunaratne, Director, National Cancer Institute

'Requirement of Palliative Care for Sri Lanka'

Dr. Lakshmi Somatunga, DDG (MS 1), Ministry of Health

Session 1: 'Palliative Medicine an Essential Component in Medical Practice in Sri Lanka'

Chairpersons: Prof. Rohini Seneviratne, Professor of Community Medicine, University of Colombo

Dr. Jayanthimala Jayawardena, Consultant Cardiologist, Chairperson, SLMA NCD Committee

"Experience of Palliative Care Capacity Development in Sri Lanka"

Dr. Suraj Perera, Consultant Community Physician, National Cancer Control Programme

"Palliative Medicine beyond cancer"

Dr. Udayangani Ramadasa, Consultant Physician with Post Graduate Diploma in Palliative Care
Provincial General Hospital, Rathnapura

"Palliative Care in the Community & Primary Care setting"

Dr. Suharsha Kanathigoda, Consultant in Palliative Medicine & Director of Community Palliative Care
Calvary Health Care Sydney, Conjoint Lecturer University of New South Wales
Founding Director Project Shanthi - Australian Palliative Links International (APLI)

"Experience in following 6 weeks certificate course on Palliative Medicine"

Dr. S. Anushyanthan, Medical Officer, NCCP

Dr. Deepani Herath, Medical Officer, Oncology unit, TH Anuradhapura

Dr. V. Surendran, MO/NCD, Vavuniya District

Discussion

"Palliative care nursing in the existing nursing curriculum"

Mrs. S. Siriwardena, Director / Nursing (Education), Ministry of Health, Sri Lanka

"Experience in developing palliative nursing certificate programme in Sri Lanka"

Ms. Laliitha Meegoda, Lecturer, Faculty of Medical Sciences, University of Sri Jayawardenapura
PhD Student in Palliative Care Nursing

"Experience in following 6 weeks certificate course on Palliative Nursing"

Dr. Devika Banneheka, PHNS, NCCP

Ms. G. G. Samanthi, Nursing Officer, Oncology unit, TH Anuradhapura

Mr. S. Vigneshwaran, Ward Master, DGH Vavuniya

"Experience in conducting care giver education programmes at University setting"

Mr. Sunil de Silva, Head, Department of Health, Open University of Sri Lanka

"Experience in conducting care giver education programmes in coordination with Ministry of Social Services"

Dr. Shiromi Maduwage, Consultant Community Physician, Directorate of Youth, Elderly & Disabled, Ministry of Health

Discussion

Session 2: Guest Lecture on "Palliative Care"

Chairperson: Prof. Chandrika Wijeyaratne, Professor in Reproductive Medicine, University of Colombo

'Palliative care knowledge translation into practice'

Professor Odette Spruyt, Director, Pain and Palliative Care

Peter MacCallum Cancer Centre, Victoria, Australia

Enhancing Palliative Care Capacity and Leadership"

Prof Cynthia Goh, Chair Person, Asia Pacific Hospice & Palliative Care Network (APHN)

Associate Professor in Palliative Medicine National Cancer Centre, Singapore

ANNUAL RESEARCH SYMPOSIUM ON CANCER

11th December 2013 at 9.00 am at the Lionel Memorial Auditorium

Welcome

Dr. Neelamani Paranagama, Director / National Cancer Control Programme

Opening Remarks

Dr. B. J. C. Perera, President, Sri Lanka Medical Association

Opening Remarks

Dr. Lakshmi Somatunga, DDG (MS 1), Ministry of Health

Role of Cancer Control Programme in Promotion of Cancer Research

Dr. Suraj Perera, Consultant Community Physician, National Cancer Control Programme

Session 1

Chairpersons: Prof. Narada Warnasuriya, Chairperson Tobacco & Alcohol Committee, SLMA
Dr. Sajeewa de Silva

1. Prevalence of OPMD and Oral cancer and associated risk factors among tea estate workers in the central Sri Lanka
M. A. M. Sitheequ, A. Ariyawardana, A. W. Ranasinghe, I. Perera, E. A. P. D. Amaratunga, Yi-Hsin Yang, S. Warnakulasuriya, W. M. Tilakaratne
2. Diet and risk of Oral Potentially Malignant Disorders in rural Sri Lanka
Amarasinghe AA H, Usgodaarachchi US., Kumaraarachchi KPM, Johnson NW, Warnakulasuriya KAAS
3. Use of antioxidant levels in early diagnosis and malignant transformation of oral submucous fibrosis
Jayasinghe RD, Perera D, Bandara BMR, Sivakanesan R and Tilakaratne WM
4. Tobacco & Health
Manoj Fernando
5. Survival Pattern of Oral Cancer Patients seen at National Cancer Institute of Maharagama
Kasthuriratne A, Wickramasingha A R, Ariyaratne Y

Tea

Session 2

1. Does lifestyle related factors play a role in breast cancer among Sri Lankan women?
Kumari PBVR, Arambepola C, Rajapaksa LC
2. Qualitative Assessment of Breast Cancer Early Detection at WWC – PHMs' Perspective
Vithana PVSC, Jayawardena P, Ariyaratne Y
3. Pain management in Cancer care
Silva BSS
4. Community palliative care needs of breast & oral cancer patients registered at National Cancer Institute of Maharagama
Fernando EA, Paranagama WND, Banneheka D
5. Inherited cancer syndromes - identification, genetic testing and genetic counseling
Dissanayake V H

Guest Lecture

Chairperson: Prof. Vajira Dissanayake, University of Colombo

“Why Cancer Research? Sri Lankan Perspective”

Prof. W.M. Tilakaratne, Professor of Oral Pathology , Head of Centre for Research in Oral Cancer
Faculty of Dental Sciences, University of Peradeniya

Annex 6: List of Members

Life Members

Dr. N N Wijayatunga	Dr. Dinuka Lankeshwara	Dr. Kasilingam Sujanthan
Dr. I N Jayaratne	Dr. A W S Thilakarathne	Dr. W M D Fernando
Dr. A M Rizvi	Dr. D V Sahayam	Dr. (Mrs) L A P S Jayasinghe Nee Silva
Dr. K Somasundaram	Dr. S Srishankar	Dr. J N K Gamage
Dr. D C P Fernando	Dr. J H M H R Jayaweera	Dr. K D C Fernando
Dr. A D Balasuriya	Dr. U V Sooriyar	Dr. N H Manamperi
Dr. G S Samarasekera	Dr. (Mrs) J P L D Jayasekara	Dr. G Elangkumarabahu
Dr. S H Atukorale	Dr. D C Atukorale	Dr. N P Dinamithra
Dr. F C Samaraweera	Dr. K N P Ranasinghe	Dr. H A C S Manchanayake
Dr. C K Wijewardhane	Dr. D C Ranasinghe	Dr. Jananie Kottahachchi
Dr. Samantha de Silva	Dr. E H Wijesinghe	Dr. S Rajh Kumar
Dr. J M K C Jeewandara	Dr. M H J D Ariyaratne	Dr. N T Thilakarathne
Dr. (Mrs) R U Mambulage	Dr. H L de Silva	Dr. A M Jiffriy
Dr. K M H W Weerakoon	Dr. V Premini	Dr. S Jasintha
Dr. K Nanthakumaram	Dr. W D S D Karunathilake	Dr. P A Jayasinghe
Dr. S H R Sanjeewa	Dr. M A C M Refai	Dr. E M S B Ekanayake
Dr. W H Bandara	Dr. T T Vijayaharan	Dr. Gomi Arambawatta
Dr. R W W M R S S Wanigasekara	Dr. N A Abeyesekera	Dr. S M M Silva
Dr. C C Miranda	Dr. (Mrs) J S I Refai	Dr. L P K Senaratne
Dr. D M P U K Ralapanawa	Dr. F S Mohamed	Dr. D N Kulasekara
Dr. S Sabapathippillai	Dr. J P Thinnarachchi	Dr. W W K Perera
Dr. H G C R Aberathne	Dr. N C Pallewatte	Dr. (Mrs) P A M Abeysekara
Dr. (Mrs) B S Dissanayake	Dr. (Mrs) R M D Ratnayake	Dr. M K D Ruwan
Dr. T D Gooneratne	Dr. S D Kuruppu	Dr. W M H Wijesundara
Dr. M S R Mihilar	Dr. (Mrs) G M Attanapola	Dr. M S S Dissanayake
Dr. O R J C Ranasinghe	Dr. S J Senanayake	Dr. P Kalaventhana
Dr. M U P K Peris	Dr. M A Y R Manchanayaka	Dr. H K A Galappaththi
Dr. S N Semage	Dr. K D N Pathirana	Dr. C A H Liyanage
Dr. (Mrs) R I A De Silva	Dr. A M A H M S Senanayake	Dr. E W R A Witharana
Dr. N S Nagodawithana	Dr. P C Poruthota	Dr. N T Wellapuli
Dr. Rasika Gunapala	Dr. L D S Senaratne	Dr. A T Ranasinghe
Dr. S D Ananda	Dr. T E Weerasinghe	Dr. M H M Firas
Dr. K D C T Perera	Dr. M D I Karunamuni	Dr. K K Ranga Santhana
Dr. A W I P Ranasinghe	Dr. L R D Dissanayake	Dr. S D Subasinghe
Dr. P H R S Senathilake	Dr. K C Kanagasingham	Dr. P De Silva Nanayakkara
Dr. Thushara Gunawardene	Dr. C P Gunawardene	Dr. P S Cooray
Dr. Saman Hewamana	Dr. (Mrs) Y K J Fernando	Dr. A T Ellawala
Dr. L K Kanthi Piyaseeli	Dr. M S Rubasinghe	Dr. K. Rajendra
Dr. L I Karunanayake	Dr. A Kahandaliyanage	Dr. A S O Vithana
Dr. I E Pethiyagoda	Dr. K P Senanayake	Dr. C K Laddahinga
Dr. D V V Kaluarachchi	Dr. E J Mudalige	Dr. M R Haroon AL Rasheed
Dr. Susithra Parthiepan	Dr. Parthiepan Ariyathurai	Dr. M F S P Seneviratne
Dr. R A N S Randeny	Dr. U H S De Silva	Dr. N Navageevan
Dr. D T D Halahakoon	Dr. N P Gamalathge	Dr. B L S Ranasinghe
Dr. S D Jayawickrema	Dr. S A Gunawardena	Dr. A O T Jayaweera
Dr. D. M. S. M. Bandara	Prof. S K. Chandrasekera	Dr. H D Manohari

Ordinary Members

Dr. (Mrs) P J K Nonis	Dr. B Seevaratnam	Dr. N I Thalagala
Dr. M M S P Premaratne	Dr. (Mrs) A D M A Herath	Dr. G N D Dissanayake
Dr. P K B Mahesh	Dr. K K A O Walawwatta	Dr. D P S I Silva
Dr. M A J I Mallawaarchchi	Dr. K R Munasinghe	Dr. M G S N S Perera
Dr. H T P Dilshan	Dr. H M A B Herath	Dr. M S K Wickramatilake
Dr. Y A G K Gunawardhana	Dr. N S Jayasinghe	Dr. K S K Madeena
Dr. M N F Mufeen	Dr. G T G Fernando	Dr. M G A Ishani Chulika
Dr. (Mrs) D B A S Jayawardena	Dr. Rizvi Hasan	Dr. P J Rathnayake
Dr. S L B Ekanayake	Dr. R D D de Silva	Dr. V H D C Fernando
Dr. T T Sonnadara		

Ordinary to Life Members

Dr. L P Ruwanpura
Dr. U V Sooriyar

Dr. R M G M Rathnayake
Dr. K G J De Silva

Dr. L S Liyanage

Student Members

Mr. B S M Fernando
Mr. U L A J Perera
Mr. Y H H Gunathilaka
Mr. W A B Weerakoon
Miss. H Meegahapola
Mr. P C I Wijesinghe
Mr. K G V Saranga
Mrs. R S Gamage
Mr. J H Liyanage
Mr. H A Dissanayake
Miss. S M D Mendis
Miss. S S Ekanayake
Miss. G D C Lasanthi
Miss. M U Dias Yapa
Miss. U I P Gallage
Mr. G J Kottegoda
Mr. W M A B W Eriyawa

Mr. R H Fernando
Miss. P A H K Perera
Mr. V. Sritharan
Mr. B A Wijewickrama
Mr. S A Mendis
Mr. M A C Lakmal
Miss. Dilini Priyanga
Miss. K K K Gamage
Mr. G S P Keerthisena
Mr. M M Mohamed
Mr. S S K Jayasinghe
Miss. A G V Hasanthi
Mr. W L Tilan
Mr. H M S T Bandara
Mrs. D E Kannangara
Miss. H M R H Denuwara
Mr. T K C Peiris

Miss. I A Wanniarachchi
Miss. M D R M Piyasiri
Mr. W A T A Weerakkody
Mrs. L M Kasthuriarachchi
Miss. S Mathotaarachchi
Mr. P M P Gunawardena
Miss. A N Hettiarachchi
Miss. Y D R M Gunaratne
Mr. J K Liyanagamage
Miss. M E C Muhandiram
Mr. N M Jayasekara
Miss. N V Ekanayake
Mr. L M H Bandara
Mr. M A A Shahmy
Miss. A M B W M R N N Ekneligoda
Miss. D S P Jayatunge

Annex 7: Audit Report**DETAILED INCOME & EXPENDITURE STATEMENT
YEAR ENDED 30TH JUNE 2011****INCOMING RESOURCES**

	2013 Rs.	2012 Rs.
Subscription and Entrance Fee	3,251,189	2,227,290
Annual Academic Session Income	15,960,688	12,106,140
Foundation Celebration Sessions	1,011,400	667,070
Rent Income	3,259,200	2,798,750
Auditorium and Council Room Hire	814,625	332,050
Career Guidance Seminar	159,000	206,000
Income from Ceylon Medical Journal (13 1)	617,127	249,314
	<u>25,073,230</u>	<u>18,586,614</u>

INCOME FROM CEYLON MEDICAL JOURNAL

Library Subscription	28,100	23,500
Sale of Journal	12,650	2,000
Processing Fee	165,934	216,121
Interest Income	10,443	7,693
Other Income	400,000	-
	<u>617,127</u>	<u>249,314</u>

PROJECT EXPENDITURE

	2013 Rs.	2012 Rs.
Operational Expenditure (14 1)	1,871,740	5,621,992
Annual Academic Session (14 2)	9,683,472	13,368,086
Ceylon Medical Journal (14 3)	364,587	464,892
	<u>11,919,800</u>	<u>19,454,969</u>

OPERATIONAL EXPENDITURE

Paper Advertisement	12,634	89,152
Auditorium Equipment Repair	140,109	96,260
Lectures & Meetings	171,296	163,505
Annual Medical Dance – Hotel Charge	-	150,000
Foundation Celebration Session	939,862	1,228,604
Career Guidance Seminar Expenses	76,988	124,775
Symposium on national use of antibiotic workshop	-	100,710
Medical Research Workshop	-	46,958
Joint seminar Dengue expenses	-	250,000
Regional Conference expenses	174,318	2,913,993
Sessions Coordinator monthly allowance	350,000	206,035
Online Banking facility expense	-	227,000
Other Project Expenses	6,534	25,000
	<u>1,871,740</u>	<u>5,621,992</u>

ANNUAL ACADEMIC SESSION

126 th Annual Academic Session	9,683,472	13,368,086
	<u>9,683,472</u>	<u>13,368,086</u>

CEYLON MEDICAL JOURNAL

Stamp Charges	17,530	60,000
Printing & Stationary	3,630	7,224
Computer and Fax Machine Maintenance	46,536	69,345
Salaries & Bonus	208,000	207,935
EPF and ETF	28,800	28,518
Postage	-	3,045

Bank Charges	4,600	3,440
Telephone & Fax	43,491	61,024
SLCTR website registration fee	-	3,360
Monthly Allowance	12,000	21,000
Technician Charges	-	-
	<u>364,587</u>	<u>464,892</u>

OTHER INCOME

	2013	2012
	Rs	Rs
Sale of Books	48,681	82,198
Interest Income	684,993	866,549
Sponsorship and Other Donations	2,233,933	320,443
Sundry Income	222,246	235,239
Electricity Income	847,608	645,176
Amortisation of Grants	165,935	177,047
Sale of Ties	1,000	1,500
Clinical Trial Registry Proposal	576,838	11,291
Unutilized funds	-	-
Income on Annual Medical Dance	451,195	257,180
Income on FERCAP conference	1,001,575	-
	<u>6,234,003</u>	<u>2,596,623</u>

DETAILED INCOME & EXPENDITURE STATEMENT

YEAR ENDED 30TH JUNE 2013

ADMINISTRATIVE EXPENSES

	2013	2012
	Rs	Rs
Salary & Overtime	2,393,149	2,028,353
EPF & ETF	320,782	271,544
Bonus	171,718	141,715
Electricity	1,646,930	1,460,822
Printing & Stationery	507,546	376,909
Postage	63,090	29,865
Staff Welfare	171,672	137,155
Repair & Maintenance	818,742	692,806
Water	163,042	140,993
Depreciation	933,759	768,228
OPA Membership Fee	19,040	18,480
Traveling & Hiring	73,398	104,658
President Induction Ceremony	228,806	218,257
Fax & Telephone	340,817	318,223
Rates & Taxes	148,302	136,521
Internet Charges	75,371	36,309
Audit Fees	163,453	186,643
Gratuity	103,709	239,616
Franking Machine	414,500	516,000
Council Group Photograph	56,500	209,400
Annual Return Expenses	25,860	47,710
Security Charges	185,612	173,145
Research Promotion Grant	50,000	75,000
Bank Charges	16,539	21,220
Donation	-	60,033
Sundry Expenses	163,319	128,693
Common Wealth Medical Association Membership Fees	37,244	61,511
Daily News Publication Expenses	10,920	7,800
Income Tax Computation Charges	12,600	11,200
News Letter Advertisement Collection Expenses	173,000	159,500
CMAAO Conference Registration Fee	77,462	-
CMAAO Membership Fee	-	39,300
AGM Meeting Expenses	-	4,750

Law-Medical Cricket Match expenses	33,000	50,000
System Installation Charges	84,538	-
Data Base Programme Charge	40,000	-
	9,724,421	8,872,359

Report of the auditors - up to 30th June 2013

SLMA Publications - 2013

