



Sri Lanka Medical Association

Annual Report - 2014

1. ANNUAL GENERAL MEETING 2013

The Annual General Meeting of the Sri Lanka Medical Association was held on the 14th December 2013 at 7.00 p.m. at the Lionel Memorial Auditorium, Wijerama House, Colombo 7. Dr B J C Perera chaired the meeting. He thanked the Council, members and the staff of the SLMA office for their contributions towards making the activities of the SLMA a success. He summarised the achievements and shortcomings during the year and stressed the need for continuing improvement. Dr Samanmali Sumanasena tabled the Annual Report 2013 and the minutes of the previous Annual General Meeting held in 22nd December 2012. The minutes were unanimously confirmed by the membership. Dr Samanmali Sumanasena thanked the President, the Council, members of the Association, and the staff of the SLMA for the support given during the year 2013.

ELECTION OF OFFICE BEARERS

The following Office Bearers and Council Members were unanimously elected.

President	Dr Palith Abeykoon
President Elect	Prof Jennifer Perera
Vice Presidents	Dr Indika Karunathilake Dr Lasantha Malavige
Secretary	Dr M R Haniffa
Assistant Secretaries	Dr Navoda Atapattu Dr Asela Olupeliyawa Dr Dinesha Jayasinghe Dr Shihan Azeez
Treasurer	Dr Gamini Walgampaya
Assistant Treasurer	Dr Samantha de Silva
Public Relations Officer	Dr Deepal Wijesooriya
Social Secretaries	Prof Vajira HW Dissanayake Dr Gamini Walgampaya
Past President Representative	Dr Malik Fernando

ELECTED COUNCIL MEMBERS

Dr Dennis J Aloysius, Dr Iyanthi Abeyewickreme, Prof Srinath Chandrasekera, Prof S D Dharmaratne, Dr Christo Fernando, Dr Kalyani Guruge, Dr Padma Gunaratne, Dr Lucian Jayasuriya, Prof Saroj Jayasinghe, Dr Gumindru GAK Kulathunga, Dr Indira P Kahawita, Dr Niroshan Lokunarangoda, Dr Chiranthi K Liyanage, Dr V Murali, Dr J B Peiris, Dr Samanmali P Sumanasena, Dr Shyamalee Samaranyake, Dr Sunil Seneviratne Epa, Dr Sudarshi Seneviratne, Dr Pramilla Senanayake, Dr Rikaz Sheriff, Dr W M Arjuna Wijekoon

EX-OFFICIO COUNCIL MEMBERS

Dr B J C Perera (Immediate Past President), Dr Samanmali Sumanasena (Out – going Secretary), Dr Anuruddha Abeygunasekera (Co-editor, CMJ), Prof Janaka de Silva (resigned May (Co-editor, CMJ) and Prof Varuni de Silva (appointed August).

2. INDUCTION OF THE PRESIDENT

The Induction Ceremony of Dr Palitha Abeykoon, the new President of Sri Lanka Medical Association for the year 2014, was held on 11th January 2014, at HNB Towers, Colombo 10. The induction took place amidst a large and distinguished gathering which packed the hall to capacity.

The Presidential Address generated much interest among those present. The President highlighted the achievements of the Sri Lankan health sector and went on to emphasise the pressing need for equity in health. The presidential address was given wide publicity by both the electronic and print media.

The Ceremonial induction was followed by a reception and fellowship at the same venue.



Dr B J C Perera inducting Dr Palitha Abeykoon as President SLMA 2014



Dr Palitha Abeykoon delivering the Presidential Address

3. COUNCIL MEETINGS

There were 12 Council meetings held in 2014. The attendance of members at the Council meetings is given below:

Name	No.	Excuses	Name	No.	Excuses
Dr Palitha Abeykoon	12	(-)	Dr Iyanthi Abeyewickreme	10	(2)
Prof Jeniffer Perera	11	(1)	Prof Srinath K Chandrasekera	03	(2)
Dr B J C Perera	08	(3)	Prof S D Dharmaratne	07	(5)
Dr Ruvaiz Haniffa	12	(-)	Dr Christo Fernando	10	(1)
Dr Indika Karunathilake	11	(-)	Dr Kalyani Guruge	09	(2)
Dr Lasantha Malavige	11	(1)	Dr Padma Gunaratne	06	(2)
Prof Vajira HW Dissanayake	11	(1)	Dr Lucian Jayasuriya	09	(3)
Dr Preethi Wijegoonewardene	10	(2)	Prof Saroj Jayasinghe	07	(1)
Dr Gamini Walgampaya	10	(2)	Dr Gumindu G A K Kulathunga	11	(0)
Dr Samanthi de Silva	07	(-)	Dr Indira P Kahawita	05	(3)
Dr Navoda Atapattu	11	(1)	Dr Niroshan Lokunarangoda	08	(3)
Dr Dinesha Jayasinghe	09	(2)	Dr Chiranthi K Liyanage	10	(0)
Dr Asela Olupeliyawa	09	(2)	Dr V Murali	09	(1)
Dr M Shihan Azeez	11	(1)	Dr J B Peiris	08	(1)
Dr Malik Fernando	09	(2)	Dr Shayamalee Samaranayake	09	(3)
Dr Deepla Wijesooriya	07	(1)	Dr Sunil Seneviratne Epa	09	(3)
Prof Janaka de Silva	00	(2)	Dr Sudarshi Seneviratne	08	(0)
Dr A M Abeygunasekera	06	(3)	Dr Pramilla Senanayake	10	(2)
Prof Varuni de Silva	02	(3)	Dr Rikaz Sheriff	05	(1)
Dr Dennis J Aloysius	12	(0)	Dr W M Arjuna Wijekoon	03	(2)
Dr Samanmali Sumanasena	10	(2)			

4. 127TH ANNIVERSARY SCIENTIFIC MEDICAL CONGRESS

The 127th Anniversary Scientific Medical Congress was held at the BMICH from 15th July – 18th July. The Chief Guest was His Excellency The President of the Socialist Democratic Republic of Sri Lanka, Mahinda Rajapaksa. The Guest of Honour was Professor Tissa Kappagoda, Director of Cardiac Rehabilitation Program, Director of the Coronary Heart Disease Reversal Program, Sacramento, USA.

The theme of the Congress was “*Globalizing the Paradox of Sri Lanka’s Health Achievements and Challenges*”. It brought together a number of key stakeholders and led to a very productive discussion. There were 7 pre-congress sessions which were “Global Burden of Disease”, “SLMA – WHO – ASCEND Joint Symposium on Research Needs in NCDs: Opportunities and Barriers”, “Creating an inclusive community for people with disabilities in Sri Lanka; the role of the health sector”, “Road Traffic Injuries”, “Seminar on “The Aging Heart in Health and Disease”, “Advances in Immunology: Implications for Vaccination”, and “SASSM & SLMA Sexual Medicine Conference”. All were well attended.

The Main Scientific Sessions recorded a good attendance. There were 160 full registrants and 532 who registered for the day or for an event. There were 99 guest speakers including 46 from overseas. From the large number of papers submitted, 58 were selected for oral presentation and 100 were displayed as posters. The detailed programme is given in annex 1.

During the Sessions, the SLMA Oration, “Hallucinations: tele-creations of the haunted mind” was delivered by Professor Nimal Senanayake, MD, PhD, DSc, FRCP, FAAN Emeritus Professor of Medicine, University of Peradeniya. The S. C. Paul Oration “Leishmaniasis: a newly established vector borne disease in Sri Lanka” was delivered by Dr Yamuna Deepani Siriwardana, MBBS, PhD Senior Lecturer, Department of Parasitology, Faculty of Medicine, University of Colombo.



Introducing the Past Presidents to the chief guest



Ceremonial Procession



Section of the invitees



Launching of A History of Medicine in Sri Lanka by Dr C G Urugoda



Lighting of the oil lamp



Head table



Doctors' Concert



Doctors' Concert



SLMA Banquet



SLMA Banquet

5. SLMA ORATIONS AND AWARDS

ORATIONS

All SLMA Orations was advertised, excluding the E M Wijerama Endowment Lecture, Dr S Ramachandran Memorial Oration and Professor NDW Lionel Memorial Oration. The E M Wijerama Endowment Lecture was awarded to a person who has contributed to the SLMA and the topic of the oration was decided by the Orator, it was decided by the honours committee. The Dr S Ramachandran Memorial Oration and the Prof. NDW Lionel Memorial Oration were awarded by Council decision. Other Orations were selected by a panel of appropriate experts who constituted the Orations Committee. The following orations were awarded and delivered in 2014.

THE SLMA ORATION

Tuesday 15th July 2014

"Hallucinations: tele-creations of the haunted mind"

Professor Nimal Senanayake, MD, PhD, DSc, FRCP, FAAN Emeritus Professor of Medicine, University of Peradeniya

PROFESSOR N D W LIONEL MEMORIAL ORATION

Wednesday 16th July 2014

"Generating evidence for clinical practice: the role of the clinical pharmacologist"

Professor Asita de Silva MBBS, DPhil (Oxon), FRCP (Lond), Clinical Trials Unit, Department of Pharmacology, Faculty of Medicine, University of Kelaniya, Ragama

S C PAUL ORATION

Thursday 17th July 2014

"Leishmaniasis: a newly established vector borne disease in Sri Lanka"

Dr Yamuna Deepani Siriwardana, MBBS, PhD Senior Lecturer, Department of Parasitology, Faculty of Medicine, University of Colombo.

DR S RAMACHANDRAN MEMORIAL ORATION

Friday 18th July 2014

"Accreditation of medical schools (Local and Foreign) in Sri Lanka Issues Concerns and possible solutions"
Vidyajyothi Professor Rezvi Sheriff, MD, FRCP, FRCPE, FRACP, FCCP, FNASSL, FSLCGP, FIMACGP
Senior Professor of Medicine, University of Colombo, Councilor – Sri Lanka Medical Council

E M WIJERAMA ENDOWMENT LECTURE

Thursday 16th October 2014

"Protect the Values of a Noble Profession"
Dr Preethi Wijagoonewardene MBBS (MBBS, DFM, FCGP, FRCGP (UK) – Hony.

SIR MARCUS FERNANDO ORATION

Friday 17th October 2014

"Depression: addressing the local burden in the context of global mental health"
Professor Athula Sumanthipala MBBS, DFM, MD, FSLCGP (Sri Lanka), MRCPsych, CCST (UK), PhD (Lon)
Professor of Psychiatry, Institute of Research for Primary Care and Health Sciences, University of Keele
Hon. Director, Institute of Research and Development, Sri Lanka

MURUGESAR SINNETAMBY ORATION

Monday 3rd November 2014

"Endometriosis and Metalloestrogens: Defining a Sri Lankan Paradigm"
Dr Nalinda Silva, MBBS, PhD
Senior Lecturer, Department of Physiology, Faculty of Medical Sciences, University of Sri Jayewardenepura

SIR NICHOLAS ATTYGALLE ORATION

Saturday 29th November 2014

"Glutathione transferase derived compounds as potential therapeutics for the treatment of cardiac arrhythmias and heart failure"
Dr R P Hewawasam, Head/ Senior Lecturer, Department of Biochemistry, Dept. of Biochemistry, Faculty of Medicine, University of Ruhuna, Karapitiya



Prof. Nimal Senanayake Orator, SLMA Oration being congratulated by the President



Awarding the medal to the S C Paul Orator, Dr Yamuna Siriwardene



Prof Asita de Silva Orator, NWD Lionel Memorial Oration being congratulated by the President



Vidyajoythi Prof Rezvi Sheriff delivering Dr S Ramachandran Oration

AWARDS & PRIZES 2014

E M Wijerama Prize

A novel approach to evaluate changes in micro-vascular permeability and therapeutic targets in dengue infection

KC Jeewandara^{1,2}, D Gutowska-owski¹, D Waithe³, RH Fernando¹, S Fernando¹, GN Malavige^{1,2}, GS Ogg²

¹ Centre for Dengue Research, Faculty of Medical Sciences, University of Sri Jayewardenepura

² MRC Human Immunology Unit, University of Oxford, United Kingdom

³ Weatherall Institute of Molecular Medicine, Oxford, United Kingdom

S E Seneviratna Prize

A randomised, double-blind, controlled clinical trial of S-amlodipine versus conventional amlodipine, to compare the incidence of leg oedema and antihypertensive efficacy in patients with hypertension

P Galappatthy¹, MIM Sabeer², Y Waniganayaka², TJ Wijetunga², W Udawatta², D Gunaratne², GKS Galappatthy², RAI Ekanayaka²

¹ Department of Pharmacology, Faculty of Medicine, University of Colombo

² Institute of Cardiology, National Hospital of Sri Lanka

H K T Fernando Prize

Is three doses of antibiotic therapy beneficial over single dose for appendicectomy

HKKT Duminda, MRM Ziyad, TM Samarasinghe
District General Hospital, Negombo

Sir Nicholas Attygalle Prize

Development and assessment of a psychological intervention for snakebite victims

CA Wijesinghe¹, SS Williams¹, N Dolawatta¹, AKGP Wimalaratne¹, A Kasturiratne¹, B Wijewickrema¹, SF Jayamanne¹, DG Laloo², GK Isbister³, A Dawson³, HJ de Silva¹

¹ Faculty of Medicine, University of Kelaniya

² Liverpool School of Tropical Medicine, United Kingdom

³ South Asian Clinical Toxicology Research Collaboration

Wilson Peiris Prize

Immunophenotypic characterization of acute lymphoblastic leukemia in a flow cytometry reference centre in Sri Lanka

BCM Wimalachandra¹, MAK Dissanayake¹, M Prabashika¹, R De Silva², LV Gooneratne^{1,2}

¹ Department of Pathology, Faculty of Medicine, University of Colombo

² Asiri Group of Hospitals

Daphne Attygalle Prize for the best paper in Cancer

Epidermal Growth Factor Receptor, Vascular Endothelial Growth Factor, Chemokine Receptor 4 and Vimentin expression as predictors of metastasis in colorectal carcinoma

MIM De Zoysa¹, DN Samarasekera¹, LDJU Senarath¹, CB Reid², MDS Lokuhetty¹

¹ Faculty of Medicine, University of Colombo

² Charles Drew Medical University, Los Angeles, USA

Sir Frank Gunasekera Prize for the best paper in Community Medicine & Tuberculosis

Physical activity pattern and correlates among adults in the Colombo Municipal Council area, Sri Lanka

AASH De Silva Welinge¹, D Fernando¹, J Gunatilake²

¹ Faculty of Medicine, University of Colombo

² University of Peradeniya

Kumaradasa Rajasuriya Prize for the best paper in Tropical Medicine

Community incidence of snakebite and envenoming in Sri Lanka: results of a national survey

A Pathmeswaran¹, A Kasturirartne¹, NK Gunawardena¹, BA Wijayawickrama¹, SF Jayamanne¹, DS Ediriweera¹, G Isbister², A Dawson², DG Laloo³, HJ de Silva¹

¹ Faculty of Medicine, University of Kelaniya

² South Asian Clinical Toxicology Research Collaboration (SACTRC), University of Peradeniya

³ Liverpool School of Tropical Medicine, Liverpool, United Kingdom

Special Prize in Cardiology

A randomised, double-blind, controlled clinical trial of S-amlodipine versus conventional amlodipine, to compare the incidence of leg oedema and antihypertensive efficacy in patients with hypertension

P Galappatthy¹, MIM Sabeer², Y Waniganayaka², TJ Wijetunga², W Udawatta², D Gunaratne², GKS Galappatthy², RAI Ekanayaka²

¹ Department of Pharmacology, Faculty of Medicine, University of Colombo

² Institute of Cardiology, National Hospital of Sri Lanka

S Ramachandran Prize for the best paper in Nephrology

Geographical Determinants of Chronic Kidney Disease Patients in Polpithigama Medical Officer of Health Division

PVDS Dharmagunawardene¹, RMSK Rathnayake², HMJR Herath³, R Vipulashantha⁴, WADV Weerathilake⁵, NR Abeynayake⁵

¹ Education, Training and Research Unit, Ministry of Health

² Teaching Hospital, Kandy

³ University of Sri Jayewardenepura

⁴ Office of Provincial Director of Health Services – North Western Province

⁵ Wayamba University of Sri Lanka

SLMA prize for the best poster**Decline of estimated glomerular filtration rate in patients on long term lithium; a comparative study**

C Rodrigo¹, NL de Silva¹, R Gunaratne¹, S Rajapakse¹, V de Silva², R Hanwella²
¹Department of Clinical Medicine, Faculty of Medicine, University of Colombo
²Department of Psychological Medicine, Faculty of Medicine, University of Colombo

CNAPT Award**Suppression of Virus Specific Immune Responses by IL -10 in Acute Dengue Infection**

Malavige G N, Jeewandara C, Alles K L, Salimi M, Gomes L, Kamaladasa A, Jayaratne SD & Ogg G S (2013).
Suppression of virus specific immune responses by IL-10 in acute dengue infection. *PLoS neglected tropical diseases*, 7(9), e2409. DOI: 10.1371/journal.pntd.0002409

Glaxo Wellcome Research Award for the year 2014

Knowledge, Attitudes and culturally acceptable practices for self-management of Diabetes Mellitus and factors associated with good glycemic control of DM among the Tamils in a selected center in the Batticaloa District.
Dr Sharmini Prathapan, Department of Community Medicine, University of Sri Jayawardenepura

G R Handy Award for the best paper in Cardiology published in the year 2014

Not Awarded

SLMA Research Grant 2014

Quality of domiciliary postnatal care received and quality of life among postpartum mothers in the district of Kalutara
Dr K A Tharanga Navodani
National Institute of Health Sciences, Kalutara

FAIRMED Foundation Award 2014

To develop, test and validate an instrument for community based active case detection of cutaneous leishmaniasis
Dr K T G M P Kariyawasam, Epidemiology Unit, Colombo

Randomized, double blind, controlled study on intralesional metronidazole vs intralesional sodium stibogluconate in *L. donovani* cutaneous leishmaniasis
Dr Ranthilaka Ranawaka, Consultant Dermatologist, Base Hospital Homagama

Dr. Thistle Jayawardena Research Grant for Intensive Care 2014

Genetic diversity of carbapenemase producing *Klebsiella pneumonia* in two selected hospitals in the Colombo District
Dr Y W S Suranadee, Dept. of Microbiology, University of Colombo

6. MONTHLY CLINICAL MEETINGS

The SLMA held a total of 11 monthly clinical meetings this year on every 3rd Tuesday of the month. We are grateful to Dr Navoda Atapattu, Assistant Secretary who organized this programme.

A wide range of topics in all specialties were covered during the meetings, which were very well attended. Case discussions and MCQs were included to meet the learning needs of the attendees. The detailed programme is given in the Annex 2.

The monthly clinical meeting is a continuing professional development (CPD) activity targeted mainly at registrars in training. The CPD committee and the Council have approved their recognition for award of CDP points under the category designated "Teaching Activities".

7. REGIONAL MEETINGS

Eleven meetings were held with clinical societies and medical associations in outstations in 2014. These meetings were well attended by the regional members. The participation from the SLMA however needs to be improved. The academic programmes of these meetings are given in Annex 3. These meetings were meticulously organized by the Assistant Secretaries Drs Navaoda Attapattu and Shian Azeez.

Joint Clinical Meeting with the Matale Clinical Society

11th – 12th February 2014 at the Doctors Auditorium and RDHS Auditorium, Matale

Joint Clinical Meeting with the Vavuniya Medical Association

20th March 2014 at the Auditorium, District General Hospital, Vavuniya

Joint Regional Meeting with Ratnapura Clinical Society

26th March 2014 at the Auditorium, Provincial General Hospital, Ratnapura

Joint Academic Session with Galoya Nimna Clinical Society

22nd May 2014 at the Auditorium, District General Hospital, Ampara

Joint Academic Session with Trincomalee Clinical Society

18th June 2014 at the Auditorium, PDHS Office, Trincomalee

Joint Academic Session with Kalutara Clinical Society

20th August 2014 at the Avani Kalutara Resort

Joint Clinical Meeting with the Wathupitiwala Clinical Society

6th September 2014 at the Hotel Sanol, Nittambuwa

Joint Clinical Meeting with the Kandy Society of Medicine

16th – 17th October 2014 at 8.30 am at the Oak Ray Regency, Kandy

Joint Academic Session with Jaffna Clinical Society

29th – 30th October 2014 at Lecture Hall, Faculty of Medicine, University of Jaffna / Green Grass Hotel, Jaffna and Hoover Auditorium, Faculty of Medicine, Jaffna

Joint Academic Session with Avissawella Clinical Society

Saturday 8th November 2014 at the Purple Sun Holiday Resort, Avissawella

Joint Academic Session with Ruhunu Clinical Society

20th November 2014 at the Sanaya Mansion –Matara

8. SLMA FOUNDATION SESSIONS

The Foundation Sessions 2014 of the SLMA was jointly organised together with the Kandy Society of Medicine (KSM) and took place from 16th – 17th October 2014 in the Oak Ray Regency, Kandy. The Sessions were a great success with enthusiastic participation by doctors from all parts of the island.

The Sessions were ceremoniously inaugurated on the 16th October at the Oak Ray Regency, Kandy. Dr B J C Perera, Immediate Past President of the SLMA graced the occasion as Chief Guest. The Academic programme was wide and varied, and included the E M Wijerama Endowment Lecture which was delivered by Dr Preethi Wijegoonewardene, MBBS DFM, FCGP, FRCGP (UK) - Honorary.

SLMA awards and the media awards were presented during the ceremonial inauguration. **The detailed programme of the Foundation Sessions is given in Annex 4.**



Awarding the medal to the E M Wijerama Endowment Lecturer,
Dr Preethi Wijegoonewardene



Head table of the inauguration ceremony



Participants



Prof Athula Sumathipala delivering Sir Marcus Fernando Oration

9. GUEST LECTURES

Several Guest lectures were held during the year 2014.

History of Medicine Lecture 2014

“Changing patterns of clinical practice Over Time”

Dr T Varagunam MD, FRCP, MED

23rd February, 2014 from 6.30 p.m.at the Lionel Memorial Auditorium, SLMA

“Update on Management of Osteoporosis”

Prof Sarath Lekamwasam

Professor in Medicine, Department of Medicine, Faculty of Medicine, University of Ruhuna

27th June, 2014 from 12.00 noon to 1.00 p.m.at the Lionel Memorial Auditorium, SLMA

Organised by the Medicinal Drugs Committee of SLMA

“Update on Diabetic Medicines”

Dr Noel Somasunderam

Consultant Endocrinologist, National Hospital of Sri Lanka, Colombo

5th September, 2014 from 12.00 noon – 1.00 p.m.at the Lionel Memorial Auditorium, SLMA

Organised by the Medicinal Drugs Committee of SLMA

“Update on Medicines in Cardiac Failure”

Dr Gamini Galappatthy

Consultant Cardiologist, Institute of Cardiology, National Hospital of Sri Lanka

24th October, 2014 from 12.00 noon – 1.00 p.m.at the Lionel Memorial Auditorium, SLMA

Organised by the Medicinal Drugs Committee of SLMA

“Challenges of teaching assessment and implementing patient centred communication in clinical practice”

Professor Jonathan Silverman (Cambridge UK)

President Elect, EACH & Professor Marcy Rosenbaum (Iowa USA) Chairperson TEACH

12th November, 2014 from 7.30 p.m. at the Postgraduate Institute of Medicine, Lecture Hall, Colombo 7

Organised by Faculty of Medicine, University of Peradeniya in collaboration with the SLMA & European Association for Communication in Health (EACH)

10. SEMINARS AND WORKSHOPS

SLMA organized several seminars and workshops during the year 2014. **The detailed programmes are given in Annex 5.**

SYMPOSIUM ON “RICKETTSIAL INFECTIONS”

17th of February 2014 at 11.30 at the Lionel Memorial Auditorium

SYMPOSIUM ON “MELIOIDOSIS: A RE-EMERGING INFECTION”

3rd April 2014, at 8.30 a.m. at the Lionel Memorial Auditorium

“WORD HEALTH DAY”

23rd April 2014 at the Lionel Memorial Auditorium

SEMINAR ON “WHAT A NATIONAL MEDICINAL DRUGS REGULATORY ACT SHOULD HAVE”

29th April 2014 at 6.30 pm at the OPA Auditorium

SYMPOSIUM ON “STRATEGIES TO CONTROL A RESURGENCE OF TUBERCULOSIS”

21st May 2014, at 11.30 am at the Lionel Memorial Auditorium

JOINT SEMINAR ON “STRENGTHENING HEALTH MANAGEMENT INFORMATION SYSTEM (HMIS)”

29th May 2014, at 6.00 p.m. at the Lionel Memorial Auditorium

A TRAINING PROGRAMME FOR RESEARCHERS

6th June 2014, at 8.45 am at the Lionel Memorial Auditorium

SYMPOSIUM ON “MIDDLE EAST RESPIRATORY SYNDROME (MERS)”

23rd June 2014, at 11.30 am at the Lionel Memorial Auditorium

SYMPOSIUM ON “HIV-WHERE ARE WE?”

21st August 2014 at 11.30 am at the Lionel Memorial Auditorium

SYMPOSIUM ON “EBOLAVIRUS OUTBREAK: AN UPDATE”

Wednesday 26th June 2014, at 11.30 am at the Lionel Memorial Auditorium

CAREER GUIDANCE SEMINAR

5th October 2014, at 830 pm at the Lionel Memorial Auditorium

SYMPOSIUM ON “THE PALLIATIVE CARE DAY – 2014”

9th October 2014, at 9.00 am at the Lionel Memorial Auditorium

ANNUAL RESEARCH SYMPOSIUM ON “CANCER PREVENTION & CONTROL – YEAR 2014”

27th November 2014, at 11.30 am at the Lionel Memorial Auditorium

11. DOCTORS' CRICKET SRI LANKA (DCSL)

Report

(Presented by Dr Indika Karunathilake)



Front Row- (From Left) Dr. Gowribahan Thevarajah, Dr.Indika Karunathilake, Dr.Lahiru Senanayake (Vice Captain), Dr.Palitha Abeykoon, Dr. Rajiv Nirmalasingham (Captain), Dr.Sriharan Ganeshamoorthy, Dr.M.R. Haniffa, Mr.Indika De Serum
Back Row- (From Left) Dr. Milinda Rodrigo, Dr. Jalitha Liyanage, Dr.Thilina Dhamsiri, Dr.Charuka Kanakahewa, Dr. Yasiru Godakanda, Dr.Diluk Senadheera, Dr.Thilina Samarasinghe, Dr.Varuna Balasooriya, Dr.Kasun Wijegunawardane, Dr. Rusiru Jayathilake, Dr. Dilshan Perera

Established in 2011, DCSL, is a cricket club affiliated to SLMA. DCSL is a club registered under Sri Lanka Cricket. DCSL achieved great heights during the year 2014. The Cricket season started in April. DCSL emerged victorious in seven out of a total of nine matches played. The highlight of the year was the SLMA team winning the 6th annual cricket encounter between Sri Lanka Doctors Cricket team and the Sri Lanka Lawyers Cricket team held at P. Sara international cricket stadium on 27th July 2014. This was the first time SLMA emerged winners in this encounter. The SLMA team was captained by Dr. Rajeev Nirmalisingham with Dr. Indika Karunathilake as the team manager and former national player Indika De Seram as the coach.

The first ever Inter College softball Six-A-side Cricket Tournament organized by SLMA was held on the 4th of May, 2014 at Health Grounds. Several teams representing colleges and associations participated in the tournament. Ceylon College of physicians won the tournament and Sri Lanka Dental Association came as the Runners up.

SLMA team won the runners up trophy at the Second annual doctors' softball cricket tournament played on 19th October sponsored by Mankind Pharma.

OPA softball tournament - SLMA team qualified to the quarter finals and lost against the tournament winners IPM
Summary of the matches played:

First match played against Faculty of Medicine, Colombo-Won by 5 wickets

Vs Ceyline team-lost by 2 wickets

Vs Panadura cc- won by 5 wickets

Vs Kaluthara cc -lost by 6 wickets

Vs Negambo cc -won by 41 runs

Vs Panadura cc -won by 2 runs

Vs Kandy doctors- won by 35 runs

Vs Architects- won by 7 wickets.

Vs. Sri Lanka Lawyers-won by 7 wickets

12. REPORTS OF SLMA COMMITTEES

COMMUNICABLE DISEASES

Chairperson Prof Jennifer Perera
Convenor Dr Ranjith Perera

Members:

Dr Lucian Jayasuriya	Dr Ananda Wijewickrama	Dr Neelamanie Punchihewa
Dr Dennis Aloysius	Dr Dushyanthi Athukorala	Dr Maxie Fernandopulle
Dr N P S Gunaratna	Dr Kalyani Guruge	Dr Chandra Sarukkali
Prof N K Gunawardana	Dr Anoma Siribaddana	Dr Risintha Premarathna
Dr Deepa Gamage	Dr Samitha Ginige	Dr Janani Kottahachchi
Dr Lakmini Wijesooriya	Dr Rohini Wadanambi	Dr Manel Fernando
Dr Janaka Wickreamasingh	Dr Sunil de Alwis	
Dr Iyanthi Abeyewickreme		

Report

(Presented by Dr Ranjith Perera)

Committee meetings

07 meetings of the Expert Committee on Communicable Diseases were held during the year 2014, and the attendance of the members at these meetings were as follows:

Name	Attended	Excused	Name	Attended	Excused
Prof Jennifer Perera	07		Dr Ranjith Perera	06	01
Dr Lucian Jayasuriya	05	02	Dr Ananda Wijewickrama		
Dr Neelamanie Punchihewa		03	Dr Dennis Aloysius	07	
Dr Dushyanthi Athukorala	07		Dr Maxie Fernandopulle	01	02
Dr NPSGunaratna	06		Dr Kalyani Guruge	04	02
Dr Chandra Sarukkali	01	01	Prof NK Gunawardana		01
Dr Deepa Gamage	01	02	Dr Risintha Premarathna		
Dr Anoma Siribaddana	01		Dr Samitha Ginige	02	04
Dr Janani Kottahachchi	04		Dr Lakmini Wijesooriya	02	02
Dr Rohini Wadanambi	02	01	Dr Manel Fernando		01
Dr Janaka Wickramasinghe	01		Dr Sunil de Alwis	01	
Dr Iyanthi Abeywickreme	01				

Activities carried out during 2014

1. Symposia organized on current issues

The following symposia, highlighting the current issues, were organized during the year 2014 and they were well attended. Summaries and recommendations of some of these symposia were published in the SLMA Newsletter. All symposia except one received sponsorship.

Date	Topic of the symposium	Resource persons
17.02.2014	Rickettsial infections	Fever and Rash: Is it rickettsiosis? Professor Ranjan Premaratne <i>Professor in Medicine, Faculty of Medicine, University of Kelaniya, Ragama</i> How best can we optimise the diagnosis Professor Vasanthi Thevanesam, <i>Professor of Microbiology, Faculty of Medicine, University of Peradeniya</i> Global and local epidemiology Dr Paba Palihawadana <i>Chief Epidemiologist, Ministry of Health</i>

27.03.2014	“Melioidosis”	When to suspect Melioidosis? Dr Panduka Karunanayake <i>Senior Lecturer, Department of Clinical Medicine, Faculty of Medicine, University of Colombo</i> Pit falls in the laboratory diagnosis Dr Enoke Corea <i>Senior Lecturer, Department of Microbiology, Faculty of Medicine, University of Colombo</i> Local and global epidemiology of Melioidosis Dr Samitha Ginige <i>Consultant Epidemiologist, Epidemiology Unit, Ministry of Health</i>
21.05.2014	“Strategies to control a resurgence of TB”	Treating TB ‘PATIENTS’ Dr Geethal Perera, <i>Consultant Respiratory Physician, Base Hospital, Puttalam</i> TB in Sri Lanka: What is the burden? Dr Sudath Samaraweera <i>Deputy Director, National Programme for Tuberculosis Control & Chest Diseases</i> Currently available laboratory methods to diagnose TB Dr Dammika Vidanagama <i>Consultant Microbiologist, National Programme for Tuberculosis Control & Chest Diseases</i>
23.06.2014	“MERS” (Middle East Respiratory Syndrome)	SARS, MERS, and what else? Do we know enough? Dr Harsha Perera <i>Senior Lecturer, Department of Medical Microbiology, Faculty of Medicine, University of Kelaniya, Ragama</i> Epidemiology of MERS Dr Paba Paliawadana <i>Chief Epidemiologist, Ministry of Health</i> Are we prepared? Dr Sarath Amunugama <i>Deputy Director General of Health Services (Public Health) Ministry of Health</i>
21.08.2014	‘HIV: where are we?’	The Global Scene Dr Iyanthi Abeyewickreme <i>Consultant Venereologist and formerly Regional Advisor on STD/HIV, WHO South East Asia Region</i> The Sri Lankan Scene Dr K A M Ariyaratne <i>Consultant Venereologist, National STD/AIDS Control Programme</i> Management of HIV in Sri Lanka Dr Lilani Rajapakse <i>Consultant Venereologist, National STD/AIDS Control Programme</i> Management of AIDS at Infectious Diseases Hospital Dr Ananda Wijewickreme <i>Consultant Physician, Infectious Diseases Hospital</i> Development of Laboratory Facilities Dr Jayanthi Elvitigala, <i>Consultant Microbiologist, National STD/AIDS Control Programme</i>
22.09.2014	“ Ebola virus outbreak”	Pathogenesis and clinical presentation: A review of literature Dr Ananda Wijewickreme <i>Consultant Physician, Infectious Diseases Hospital</i> Laboratory Diagnosis and Challenges Dr Sunethra Gunasena <i>Consultant Virologist, Medical Research Institute, Colombo</i>

		Epidemiology of the Current Ebolavirus outbreak and the Sri Lankan response Dr Samitha Gininge, <i>Consultant Epidemiologist, Epidemiology Unit, Ministry of Health</i>
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2. Pre-congress symposium

A pre-congress symposium was held on 15th July 2014 during the annual scientific sessions of the SLMA. The details are as follows.

Date	Topic of the symposium	Resource persons
15.07.2014	'Advances in immunology: implications for vaccination'	Recent advances in immune response and applications to vaccines Dr Ushani Rajapaksa <i>Lecturer, Department of Microbiology, Faculty of Medicine, University of Colombo</i> Vaccination strategies for the control of mucosal infection Dr Neelika Malavige <i>Senior Lecturer, Department of Microbiology, University of Sri Jayawardenepura</i> Adjuvants and their role in eliciting an improved response Dr Rajiva de Silva <i>Consultant Immunologist, Department of Immunology, Medical Research Institute, Colombo</i> Intradermal delivery of vaccines: potential benefits and current challenges Dr Omala Wimalaratne <i>Consultant Vaccinologist & Virologist</i> New vaccine development strategies Prof Roshan Perera <i>Director, Institute for Combinatorial Advanced Research & Education (KDU-CARE), General Sir John Kotelawala Defence University</i>
		Nanotechnology and Vaccines Dr Sanjeewa Witharana <i>Senior Lecturer, Department of Mechanical and Manufacturing Engineering, Faculty of Engineering, University of Ruhuna.</i> Optimising vaccination schedules: use of evidence based approach Dr Nihal Abeysinghe <i>Regional Advisor, Vaccine Preventable Diseases, Immunization & Vaccine Development, SEARO, WHO</i> Sustainability of new technology in the National Immunization Programme Dr Paba Paliawadana <i>Chief Epidemiologist, Epidemiology Unit. Ministry of Health</i>

3. World Health Day Programme

To mark the World Health Day – 2014, a collaborative activity of SLMA, WHO and the Ministry of Health was held on 03rd April 2014. The theme of the programme was "Vector Borne Diseases: Where are we? Where do we want to be? How do we get there?" The funds for this activity were provided by the WHO.

Date	Topic of the symposium	Resource persons
03.04.2014	<p>Vector Borne diseases in Sri Lanka : Current burden and trends, determinants, challenges in diagnosis, management and control</p> <p>Where do we want to be and how do we get there?</p> <p>Panel Discussion Critical analysis of current and proposed VBD control strategies</p>	<ul style="list-style-type: none"> • Dengue Dr Lakkumar Fernando, Consultant Paediatrician, GH, Negombo • Chikungunya Dr Sunethra Gunasena, Consultant Virologist, MRI • Lymphatic filariasis Dr Dilhani Samarasekera, Filariasis Control Programme • Japanese encephalitis Dr Nilupa Dissanayake, Veterinary Research Institute, Peradeniya • Leishmaniasis Dr Yamuna Siriwardene, Dept of Parasitology, FM, Colombo • Rickettsioses Prof S A M Kularatne, Dept of Medicine, FM, Peradeniya • Malaria Prof Deepika Fernando, Dept of Parasitology, FM, Colombo <p>(1) Lessons Learnt and way forward</p> <ul style="list-style-type: none"> • Malaria Dr Risintha Premaratne, Director, Malaria Control programme • Lymphatic filariasis Prof Mirani Weerasuriya, Dept of Parasitology, FM, Ruhuna • Leishmaniasis Dr Deepa Gamage, Consultant Epidemiologist, Epidemiology Unit • Japanese encephalitis Dr Samitha Ginige, Consultant Epidemiologist, Epidemiology Unit • Dengue Dr Hasitha Perera, Deputy Director, Dengue Control programme • Chikungunya Dr Ananda Amarasinghe, Consultant Epidemiologist, Epid Unit <p>(2) Integrated vector control as a strategy: Challenges, strengths and weaknesses Professor W Abeywickrama, Dept of Parasitology, FM, Kelaniya</p> <p>(3) Human behavior, climate, urbanization and governance and VBD control : lessons learnt Professor A Pathmeswaran, Dept of Public Health, FM, Kelaniya</p> <p>(4) Mining epidemiological data to predict and prevent VBD outbreaks Dr Suneth Agampodi, Dept of Community Medicine, Rajarata University</p> <p>(5) Role of research in achieving improved VBD indicators Professor Senaka Rajapakse, Dept of Medicine, FM, Colombo</p> <p>(6) The proposed plans in achieving VBD control Dr Sarath Amunugama, Deputy Director General, Public Health Services, Ministry of Health</p> <p>Moderator Dr Kamini Mendis</p> <p>Discussants Dr Palitha Abeykoon (President, SLMA) Dr Firdosi Rustom Mehta (WR, Sri Lanka) Dr Palitha Mahipala (DGHS) Dr Sarath Amunugama (DDGPHS) Dr Paba Paliawadana (Chief Epidemiologist)</p>

4. Revision of the book on “SLMA guidelines on vaccines”

The above work, which commenced in 2013, was completed during 2014. In this regard, 23 meetings were held at the SLMA, and 30 chapters were completed. The funds to print the book will be provided by GSK.

5. The book on Leprosy

As a result of the negotiations Professor Jennifer Perera had with the WHO, it was agreed to provide Rs. 800,000/= to publish a book on leprosy. Further discussions were held with the Sri Lanka College of Dermatologists and with the Director, Leprosy Focal Point, Ministry of Health, in this regard and collections of data was commenced. Up to now, information on more than 100 cases have been collected for the book and it will be published in the near future.

6. National Immunization Policy

A special meeting of the committee was held to review the National Immunization Policy drafted by the Ministry of Health. It was discussed at length and the views on this matter was conveyed to the relevant authorities,

MEDICINAL DRUGS

Chairperson Secretary

Prof Gita Fernando
Dr Chandanie Wanigatunge

Members

Dr M C Weerasinghe

Dr Lucian Jayasuriya

Mr Mahanama Dodampegama

Mr Shalutha Athauda

Dr Shalini Sri Ranganathan

Dr Maxie Fernandopulle

Dr Priyadarshani Galappaththy

Ms Chintha Abeywardene

Dr Shaymalee Samaranayake

Dr Sarath Gamini de Silva

Dr S A Jayaratne

Dr Pradeepa Jayawardene

Prof Antoinette Perera

REPORT

(Presented by Dr Chandanie Wanigatunge)

Patient information leaflets

The committee members commenced translating the patient information articles on commonly used drugs into Sinhala. Preparations are being made to publish these as a booklet under the sponsorship of SPC.

Promoting “Rational use of medicines”

The drugs committee commenced a series of lectures on updates of medicines in common conditions. Three lectures have been held and these have been very well attended by medical officers. The lectures held were:

1. Update on medicines in osteoporosis – Prof Sarath Lekamwasam
2. Update on Diabetic Medicines - Dr Noel Somasunderam
3. Update on Medicines in Cardiac Failure - Dr Gamini Galappaththy

Other activities

On an invitation made by the Ministry of Health, committee members were involved in the preparation of National Antibiotic Guidelines, Essential Medicines List and the Clinical Trials Act.

Prof Gita Fernando will participate as resource person at symposium on "Rational use of antibiotics" at Teaching hospital Peradeniya on 7/11/2014.

ETHICS

Chairperson Dr Eugene Corea
Convenor Dr Ruvaiz Haniffa

Members

Prof Anoja Fernando Dr Enoke Corea Dr Christo Fernando
Dr Preethi Wijegoonewardene Dr Panduka Karunanayake

REPORT

(Presented by Dr Ruvaiz Haniffa)

The committee was re constituted as per Council decision made at the October 2014 Council meeting. The proposed structure of the committee will be as follows:

- i. Chairperson 01
- ii. Convener 01
- iii. SLMA Members 08 (of which 02 have to be SLMA Council Members)
- iv. Colleges 01 (member each from the Colleges of Physicians, Surgeons, Obst & Gyne, Paediatrics)
- v. The Committee may coopt any number of members to the Committee subject to the approval of the SLMA Council

As per the Council minute the SLMA Council had nominated Drs Preethi Wijegoonawardene and Chirto Fernando as its nominees to the Committee. The Council has also nominated Prof Anoja Fernando, Dr Ruvaiz Haniffa, Dr Panduka Karunanayake and Dr Enoke Corea as members of the Committee.

The re constituted committee had its 1st meeting 28th November 2014. The December meeting was held on 12th December 2014.

ETHICS REVIEW

Chairperson Prof Anoja Fernando
Convenor Dr Chandanie Wanigatunge

Members

Dr Malik Fernando Dr Shalini Sri Ranganathan Prof Amala de Silva
Dr K Weerapperuma Dr Sumal Nandasena Dr Tharindi Udalagama (until July 2014)
Dr Carukshi Arambepola Dr Jayani Weeraratne Dr Mayuri Thammitiyagodage
Dr Mario Gomez

REPORT

(Presented by Dr Chandanie Wanigatunge)

Ten meetings were held from January to October 2014 and 44 research proposals were submitted to the committee during this period. Three proposals were exempted from review as they were record based audits of minimal risk. Twelve proposals submitted in 2013 and requiring amendments, were also reviewed during this period. Thirty one research proposals were approved and one proposal was rejected in its current form. Five were removed from the agenda as the PI did not respond despite repeated reminders.

The following were given ethical approval by the committee in 2014.

1. ERC/13-040
Development of a Register of persons with type 1 diabetes mellitus in Sri Lanka
Dr M A Wijesuriya, Hony, Director, National Diabetes Centre

2. ERC/13-044
Experiences of physical, sexual and emotional abuse, its correlates and help seeking behaviour among young adults aged 18-20 years residing in the Gampaha District
Dr Nadeeka Chandraratne, Registrar in Community Medicine, Dept. of Community Medicine, Faculty of Medicine, University of Colombo
3. ERC/13-048
Assessment of behaviour change intervention to improve the nutritional status (under weight) of children less than 2 years kept in child development centers in Kalutara district
Dr P H C Kumanayake, Dental Surgeon, Health Informatics, Ministry of Health
4. ERC/13-051
Behaviour management strategies, dental caries burden and associated factors among 2 -5-year-old-children attending the preventive Dental Clinic, Dental Institute, Colombo
Dr Irosha R Perera, Consultant in Community Dentistry, Community Dental Unit, Dental Institute, Colombo
5. ERC/13-059
Prevalence of visual impairment and quality of life among elderly in the district of Kalutara and development of a tool to assess the risk factors for Glaucoma
Dr D A K N Piyasena, Registrar in Community Medicine, Ministry of Health
6. ERC/13-042
The comparison between weekly and three weekly cisplatin infusion in chemoradiation for squamous cell carcinoma of head and neck.
Dr S P Weerasinghe, Consultant Clinical Oncologist, National Cancer Institute, Maharagama
7. ERC/13-053
Monitoring the management response following the detection of malaria cases during the phase of malaria elimination in Sri Lanka
Dr R G Premaratne, Deputy Director Anti Malaria Campaign
8. ERC/13-057
Non Mesh Repair for Indirect Inguinal Hernia among young adults, attending Surgical Clinic at BH Panadura- Post operative Symptom Analysis
Dr Kugadas Sutharshan, Registrar in Surgery
9. ERC/14-04
Knowledge attitudes practices regarding HIV/AIDS among seafarers in Sri Lanka
Dr BMMD Mendis, Senior Registrar (Assistant Venereologist), National STD/AIDS Control Programme
10. ERC/14-08
Attitudes of Medical Officers and Nursing Officers towards Information Technology in Selected Renal Care Units in Sri Lanka
Dr PVDS Dharmagunawardene, Deputy Director, Training, Education, Training and Research Unit, Ministry of Health
11. ERC/14-09
Randomized controlled parallel arm clinical trial comparing the effectiveness, safety, cost and acceptability of salbutamol aerosol inhaler and salbutamol tablet in the management of acute exacerbation of bronchial asthma in children
Dr Shalini Sri Ranganathan, Senior Lecturer in Pharmacology, Dept. of Pharmacology, Faculty of Medicine, University of Colombo
12. ERC/14-03
Door-to-needle time in administration of Fibrinolytics and In-hospital management of ST elevation Myocardial infarction in Base Hospital, Avissawella
Dr B P S Withanawasam, Consultant Cardiologist, Base Hospital, Avissawella
13. ERC/14-07
Disease profile, risk factors and treatment outcomes among Oral Potentially Malignant Disorders (OPMD) and Oral Cancer Patients attending the Oral & Maxillo Facial Department, District General Hospital, Vavuniya
Dr R K Mallawaarachchi, Consultant OMF Surgeon, General Hospital, Vavuniya

14. ERC/14-016
Educational Impact of Life Skills development Training Programme on work performance of Public Health Midwives in selected MOH areas in Colombo district.
Dr Maheshika Wijethilake, Medical officer, ET&R Unit, Ministry of Health
15. ERC/14-018
A mapping study of scope on role and perceived training needs of medical officers of mental health and medical officers (psychiatry)
Ms Roshan Dhammapala, Lead Researcher, The good practice group
16. ERC/14-020
Perceptions and attitudes towards state sector field Maternal and Child health services among clients who do not utilize those in the Pitakotte MOH area and their practices in getting them from the non-state sectors.
Prof Wasantho Gunathunga, Head of the Department, Department of Community Medicine, Faculty of Medicine, University of Colombo
17. ERC/13-060
Aspect on occupational effects of some common liquid petroleum products on the health aspects of workers at Ceylon Petroleum Storage Terminals Ltd (CPSTL), Kolonnawa
Dr (Mrs) LIM Dharmawardene, Medical Officer – Ceylon Petroleum Storage Terminals Ltd
18. ERC/14-10
Clinico-epidemiological and serological characteristics of human leptospirosis infection in the district of Colombo, Sri Lanka
Prof Senaka Rajapakse, Professor in Medicine and Consultant Physician, Faculty of Medicine, University of Colombo
19. ERC/14-019
Influence of social determinants on the disease outcome, financial burden and quality of life after a critical illness due to chronic non Communicable Diseases, among patients treated at government hospitals in the Western Province of Sri Lanka
Dr Pasyodun Koralage Buddhika Mahesh, Registrar in Community Medicine, Faculty of Medicine, Colombo under Post Graduate Institute and MEDARC.
20. ERC/14-026
Retrospective study of leprosy reactions at the central leprosy clinic, National Hospital of Sri Lanka
Dr Deepa Himani Liyanage, acting Consultant Dermatologist, Anti Leprosy Campaign
21. ERC/14-017
Situational Analysis of Public Health Service Delivery in Northern Province
Dr S Champika Wickramasinghe, Director, Health Information, Ministry of Health
22. ERC/14-022
Evaluation of emergency care services following implementation of an emergency severity index related triage system to screen admissions, in preliminary care unit of base hospital, Wathupitiwala
Dr M A S C Samarakoon, PG Trainee in MD Part II, Ministry of Health
23. ERC/14-025
Cross sectional study of knowledge, attitude and practice of Prevention of Mother to Child Transmission (PMTCT) of HIV among antenatal mothers attending Primary Health Care (PHC) clinics of urban Colombo
Dr Sathya Herath, Consultant Community Physician, National STD/AIDS Control Program
24. ERC/14-028
An assessment of knowledge, attitudes and practices towards leprosy among health care workers in Colombo Municipal Council area
Dr Monika Priyadarshani Wijeratne, Acting Consultant Community Physician, Anti Leprosy Campaign, Ministry of Health
25. ERC/14-011
A Study on parental satisfaction after pediatric intensive care units in Sri Lanka
HMLS Herath, Nursing Officer, MICU, The Lady Ridgeway Hospital for Children, Colombo 8
26. ERC/14-012
Biscuit or a rice cake as an alternative for the 75g glucose beverage for oral glucose tolerant test
Dr T Romanie N Fernando, Senior Lecturer, Faculty of Medicine, Rajarata University of Sri Lanka

27. ERC/14-024
Audit on prospective pain management
Dr Vihara Dassanayake, Consultant Anaesthetist, District Base Hospital, Dambulla
28. ERC/14-027
Nurse Migration in Sri Lanka: An Examination of Micro-Level Factors in Context
Ms. Dilmi Aluwihare Samaranyake, PhD Candidate, Faculty of Nursing, University of Alberta
29. ERC/14-035
Assessment of vulnerability for adverse health outcomes and factors associated among the elderly people admitted to selected Teaching Hospitals in Colombo District.
Dr GDN Samarutillake, Registrar in Community Medicine, Faculty of Medicine, Colombo
30. ERC/14-042
An assessment of the effectiveness of a training program to strengthen the annual health financing and budgetary planning capacity at the provincial level – Part 1 of the proposal
Dr Susira Suranga Dolamulla, Ministry of Health
31. ERC/14-043
Intervention to strengthening of efficient equipment management of Radiology Department (RD) of a tertiary Hospital - Part 1 of study proposal
Dr Susira Suranga Dolamulla, Ministry of Health

The following proposals were exempted from review as they were record based audits without any interventions.

1. ERC/14-01
Audit of Neurophysiological services of NHSL (To improve the efficacy of Neurophysiological services received by the patients who come to the department of clinical Neurophysiology)
Dr N D Samarawickrama, Senior Registrar in Clinical Neurophysiology, Institute of Neurology, NHSL
2. ERC/14-06
Sri Lanka Brugada syndrome registry
Dr Rohan Gunawardena, Consultant Cardiac Electro Physiologist, NHSL
3. ERC/14-015
Gonioscopic Findings in patients with high IOP and/or diagnosed to have glaucomatous optic neuropathy, and outcome of YAG PI among patients attending the Eye Clinic of DGH Kegalle
Dr W H D Wewalwala, Consultant Ophthalmologist, DGH Kegalle

ERC members were resource persons at the following workshops conducted by FERCSL.

1. Conflicts of Interest and GCP on 28 February 2014, at the SLMA
2. How to have your research proposal approved by an ERC expeditiously on 6 June 2014 at the SLMA
3. Human Subject Protection, Faculty of Medicine, University of Peradeniya, on 3 June 2014
4. Workshop conducted by FERCAP – SLMA – NSF on Protection of Human Participants August 2014

EXPERT COMMITTEE ON ERGONOMICS

Chairperson Dr Kapila Jayaratne
Convenor Dr Chamaine de Silva

Members

Prof Manouri Senanayake	Dr. Jithangi Wanigasinghe	Dr. Rani Fernando
Dr Saranga Alahapperuma	Dr. Buddhika Abeyrathne	Dr. Chamara Senarathne
Dr Achala Jayathilake	Dr. E.S.S. Rodrigo	Dr. Nishan Siriwardena
Dr. A.A.N. Nishad	Dr. S.M. Arnold	Dr. Diana Samarakkody
Dr. Virgini Mallawarachchi	Dr. Anura Jayasinghe	Dr. Dimuth Peiris
Dr Jayaruwan Bandara	Dr. Hemantha Wickramatillake	Dr. Dhananjaya Waidyaratne
Dr. Kalyani Guruge	Dr. Nishan Siriwardane	Dr. John Abeysekara
Dr. Inoka Suraweera	Dr. Gayan Ekanayake	Dr. L. Chandana
Dr. Eshani Fernando	Dr. Chandana Gajanayake	Dr. Vijith De Silva

Dr Chathurani Sigera
Dr Chandana Jayasundara
Dr MTM Riffys
Dr Uthpala Amarasinghe

Dr Amaranath Karunanayake
Dr Diana Samarakkody
Dr. Saman Pathirana

Dr Palitha Karunapema
Dr Anura Jayasinghe
Dr Manjula Danansuriya

REPORT

(Presented by Dr Kapila Jayaratne)

1. Child Injury Prevention

Improvement of Child Injury video

The video developed with *SafeKids Worldwide* on prevention of child injuries in Sri Lanka was translated in to Sinhala. Both English and Sinhalese versions were shared with electronic media and social networks.

Media Seminar

A media seminar on child injury prevention was organized by SLMA – ECE to make aware general public on the gravity and the options in prevention of preventable injuries in Sri Lankan contexts. The seminar was held on 31st January 2014 at SLMA Auditorium with the participation of media personnel covering many electronic and print media.



Media Seminar - Child Injury Prevention

Organized by Expert Committee on Ergonomics, Sri Lanka Medical Association

Date: 31st January 2014
Time: 11.00 AM
Venue: Auditorium, SLMA

Tentative Programme

Time/Session	Topic
10.30 – 11.00 am	Registration
11.00 am – 11.10 am	<ul style="list-style-type: none"> Welcome remarks and objectives of the seminar Dr. Palitha Abeykoon President/ Sri Lanka Medical Association
11.10 am – 11.25 am	<ul style="list-style-type: none"> Overview of Child Injuries in Sri Lanka Dr. Kapila Jayaratne Chairperson – Expert Committee on Ergonomics - SLMA
11.25 am – 11.35 am	<ul style="list-style-type: none"> Child Deaths due to Road traffic Accidents Mr. HMS Dissanayake Traffic Police Head Quarters
11.35 am – 11.45 am	<ul style="list-style-type: none"> Options for Child Injury Prevention Dr. Diana Samarakkody Consultant Community Physician - Expert Committee on Ergonomics - SLMA
11.45 am – 11.55 am	<ul style="list-style-type: none"> Safety in School Settings Dr. Ayesha Lokubalasuriya Consultant Community Physician – Family Health Bureau
11.55 am – 12.00 N	<ul style="list-style-type: none"> Sport Injuries Dr. Dhammika Senanayake Sports Physician – Ministry of Sports
12.00 pm – 12.10 pm	<ul style="list-style-type: none"> Care for the Injured Children Dr. Rathnasiri Hewage Director – Lady Ridgeway Children's Hospital
12.10 pm – 12.15 pm	<ul style="list-style-type: none"> Imagine – Child Injury Prevention Video Dr. Chamaine De Silva / Dr. Chaminda Weerabaddana / Dr. Manjula Dharmawardane - Expert Committee on Ergonomics - SLMA
12.15 pm – 12.45 pm	<ul style="list-style-type: none"> Discussion / Questions End of sessions



Dr Palitha Abeykoon, President, SLMA gave the introductory remarks and Dr Kapila Jayaratne, Chairperson – SLMA – ECE presented an Overview of child injuries in Sri Lanka. Leading resource persons covered several topics in child injury prevention; **Child Deaths due to Road traffic Accidents** - Mr HMS Dissanayake, Traffic Police Head Quarters, **Options for Child Injury Prevention** Dr Diana Samarakkody, Consultant Community Physician - Expert Committee on Ergonomics – SLMA, **Safety in School Settings**, Dr Ayesha Lokubalasuriya, Consultant Community Physician – Family Health Bureau, **Sport Injuries**, Dr. Dhammika Senanayake, Sports Physician – Ministry of Sports.

Care for the Injured Children, and Dr Rathnasiri Hewage, Director – Lady Ridgeway Children's Hospital. Dr Chamaine De Silva, Dr Chaminda Weerabaddana and Dr Manjula Dharmawardane presented the English and Sinhalese versions of **Imagine – Child Injury Prevention Video**.

Fund Raising

Discussions were held with UNICEF to obtain funds for child injury prevention activities of SLMA – ECE. UNICEF granted US\$ 8000.00 to develop posters and media awareness campaigns in November 2014. Funds will be utilized in coming months to develop a poster on child injury prevention and telecasting child injury video in electronic media.

Awareness, promotion and training workshops

Fund Raising

SLMA-ECE negotiated with UNICEF to obtain funds in child injury prevention activities. UNICEF has granted US\$ 8000.00 to improve the awareness of general public, parents, children and other stakeholders on child injury prevention to achieve two objectives;

- Availability of a child injury prevention poster designed to suit Sri Lankan contexts to raise awareness among all relevant parties
- Availability of a child injury prevention video to be telecasted in electronic media

SLMA-ECE is in the process of utilizing the above grant to achieve expected outcome.

2. Healthy Schoolbag Promotion

D. Samson & Sons (Pvt) Ltd (DSI), a leading schoolbag manufacturer, was promoted by SLMA – ECE to produce and market a healthy school bag under SLMA Guidelines. The SLMA Council approved the request made by DSI to manufacture and market healthy schoolbags in conformity with SLMA guidelines.



The SLMA – ECE reported to the council that the sample healthy schoolbag submitted to SLMA satisfies the specifications expected by SLMA. It is expected that DSI will take all measures to;

1. Widely publicize / promote the healthy schoolbag in print and electronic media
2. Manufacture such bags in compliance with SLMA specifications in different sizes and make them readily available in the market island-wide throughout the year
3. Make visible the healthy schoolbag logo in the outer side of the bag to attract children, parents and general public

The above manufacturer was allowed to use the phrase “**Product is under SLMA standards**” in their healthy schoolbag promotions.

3. Ergonomic Classrooms

Promotion of ergonomic school environments is one of the key area of SLMA – ECE. Mr. Kamal Abeysinghe of Edex – Royal College Union with the introduction of Porf vajira Dissanayake, SLMA past president, consulted SLMA – ECE on ergonomic classrooms. The one classroom in the new building complex of primary section will be constructed according to ergonomic standards. Key areas considered were; physical structure, ventilation, lighting, space, seating arrangement, storage facilities (lockers), schoolbag, location of blackboard, desk and chairs etc. Mr. Upali Gunasekara, Principal – Royal College, welcomed the initiative and gave the green light to proceed with the project.

4. “Stretch Break” in computer ergonomics

The Stretch Break for Kids, a software designed by a team of health care professionals to inculcate ergonomic behaviors among children was further disseminated and uploaded at SLMA-ECE website. The Kids version, contains 20 stretches. It contains ErgoHints, guidelines for healthier computing. A royalty-free full featured version is offered to be used, reproduced and disseminated across in Sri Lankan set up and work is underway to develop this software in trilingual. **5. Special Issue – WORK Journal** Guest Editors, Dr. Kapila Jayaratne, Dr. Manjula Danansuriya and Dr. Chamaine De Silva of SLMA –ECE, of the special issue of the prestigious international journal - WORK, published by the IOS Press dedicated to Sri Lanka titled “*Ergonomics and Work in Sri Lanka*” received 13 manuscripts. Peer review by international experts is underway. SLMA-ECE hopes to publish the special issue early next year.



The Stretch Break for Kids, a software designed by a team of health care professionals to inculcate ergonomic behaviors among children was further disseminated and uploaded at SLMA-ECE website. The Kids version, contains 20 stretches. It contains ErgoHints, guidelines for healthier computing. A royalty-free full featured version is offered to be used, reproduced and disseminated across in Sri Lanka set up and work is underway to develop this software in trilingual.

5. **Special Issue – WORK Journal** Guest Editors, Dr. Kapila Jayaratne, Dr. Manjula Danansuriya and Dr. Chamaine De Silva of SLMA – ECE, of the special issue of the prestigious international journal - WORK, published by the IOS Press dedicated to Sri Lanka titled "*Ergonomics and Work in Sri Lanka*" received 13 manuscripts. Peer review by international experts is underway. SLMA-ECE hopes to publish the special issue early next year.

HEALTH MANAGEMENT

Chairperson Dr Susantha de Silva
Convenor Dr Suranga Dolamulla

Members

Dr Lucian Jayasuriya	Dr Palitha Abeykoon	Dr B Kumarendran
Dr K Dudley P Perera	Dr Lal Panapitiya	Dr K C Shanty Dalpatadu
Dr Joel Fernando	Dr Rathnasiri A Hewage	Dr S Sridharan
Dr V Murali	Dr N E L W Jayasekera	Dr Dilantha Dharmagunawardene
Dr S M Samarage	Dr Ruvaiz Haniffa	Dr Alan Ludowyke

REPORT

(Presented by Dr Suranga Dolamulla)

Ten committee meetings were held. Several topics related to health management issues were under discussion. Among them were CKDu issue and environmental surveillance report, development of an integrated ambulance system, preparation for seminar to discuss how to address various issues related to trade union actions of recent times, and on way of engaging of political parties on health sector issues affecting people and on needed health sector reforms. Follow up action on the above has been taken.

The committee also expressed the need to encourage authorities to produce relevant, high quality and timely information to support evidence based policy making. A CMSAL and SLMA Joint Seminar on Strengthening Health Management Information System was conducted in May 2014. The SLMA Seminar on Career Guidance for Junior Medical Officers was conducted in October 2014. A proposal on compiling of a document on Research Findings related to Health Services Management as a quick reference material to health policy makers was also taken up. A meeting with DGHS is to be arranged to discuss some of the above mentioned issues.

Working group on Health care Quality and Safety has also conducted several activities as reported to and discussed at the committee. The matters relating to legal protection covering the findings of the Mortality Morbidity Audits, Root Cause Analyses of adverse events in order to encourage free reporting and investigation have been discussed at several meetings of working group and follow up action is being taken. Approval is sought from DGHS for the pilot study on Adverse Event Reporting Form and Readmission Form. Symposium on Healthcare Quality and patient Safety was conducted in collaboration with International Medical University (IMU) for Malaysia on 29th August 2014 at SLMA auditorium.

The annual career guidance seminar for junior doctors was held Sunday 5th October 2014.

MEDIA

Chairperson & Convenor Dr Ruvaiz Haniffa

REPORT

(Presented by Dr Ruvaiz Haniffa)

The Annual SLMA Awards for Excellence in Health Journalism 2014 was successfully conducted for the 11th consecutive year. The Committee received 18 articles in Sinhala, 04 articles in Tamil for evaluation. No articles in English were received this year. The following awards were made at the inauguration of the SLMA Foundation Sessions held in Kandy in collaboration with the Kandy Society of Medicine Foundation Sessions on Thursday 16th October 2014.

Sinhala medium

“දරුවාගේ චිතාග ජය තහවුරු කරවන සෞඛ්‍යමත් පිබිදිය ගැන දැන ගනිමු”

by **Ms. Uthpala Subhashini** - “Regina”

Lakbima Newspapers (Private) Limited

Tamil Medium

“யுத்தரனடயடற்றி டனப்பங்” (ஏநமெஅழரள றுனை)

by **Ms. M H Fathima Husna** – “Thinakkural”

Thinakkural Publications (Pvt) Ltd.

The panel of judges who served in evaluating the article were; Dr. Waruna Gunathilake (Sinhala medium), Dr. M K Muruganandan (Tamil medium).

The Committee places on record its thanks to the staff of the SLMA office for the logistical support given to it carrying out its activities during the year.

RESEARCH PROMOTION

**Chairperson
Convenor**

Prof M M Ismail
Dr Asela Olupeliyawa

Members

Prof Lalitha Mendis
Dr A S Dissanayake
Dr M P Seneviratne

Dr B Kumarendran
Dr Sharmini Prathapan

Dr Ruvaiz Haniffa
Dr M C Weerasinghe

REPORT

(Presented by Dr Asela Olupeliyawa)

The committee screened and coordinated the external review of all research grants awarded by the SLMA, and made recommendations to award two Fairmed Foundation research grants, the SLMA research grant, the Glaxo-Wellcome research grant, Dr. Thistle Jayawardena Research Grant for Intensive Care and the CNAPT award. Grant management of these is also being coordinated by the committee. The committee also managed the judging of the free paper presentations at the SLMA annual sessions, including developing assessment criteria, inviting and coordinating with judges, and making recommendations for awards. The committee organized several research promotion activities in 2014 including a workshop on qualitative research methods which was well attended by clinicians and researchers. The committee greatly appreciates the support of the resource persons, external reviewers of research proposals, and the judges of the free papers. The committee welcomes new members, resource persons for workshops, as well as suggestions on new activities for 2015.

NON COMMUNICABLE DISEASES

Chairperson of NCD Convenor

Dr J B Jayawardena
Dr Shiromi Maduwage

Members

Prof Chandrika Wijeyaratne	Dr Suraj Perera	Dr V Mallawarachchi
Prof Ravindra Fernando	Dr Padma Gunarathne	Dr Daminda Attanayakke
Dr Carukshi Arambepola	Dr Palitha Karunapema	Dr VTSK Siriwardena
Dr Damayanthi Perera	Dr Dilhara Samaraweera	Dr Chathuranga Ranasinghe
Dr Shantha De Silva	Dr Carmel Fernandopulle	Dr S Shanmuganathan
Dr Anjela De Silva	Dr Prasad Katulanda	Dr Nirmala Wijekoon

REPORT

(Presented by Dr Shiromi Maduwage)

Members

Ten committee meetings were held from January 2014 to November 2014. NCD committee consists of multistakeholder professionals and it has core working groups named Geriatric care, Neurology, Diabetes prevention, Cardiovascular diseases prevention, Nutrition, Chronic pain management, Cancer Control and Toxicology. Activities of core working groups are implemented according to the annual action plan and progress of those activities of each working group are reviewed at the monthly committee meetings.

NIROGI Lanka project was initiated by the Sri Lanka Medical Association along with the NCD Subcommittee. Activity summary implemented under NIROGI *Matha*, NIROGI *pada* and NIROGI *diwiya*. were as follows:

NIROGI *Matha*: Guidelines for diabetic management in pregnancy was developed and training for primary health care workers were done at grass root level. Information & education material on diet in pregnancy was developed including a DVD on physical activity in pregnancy.

NIROGI *pada* Healthy foot wear specially designed for diabetic patients was produced by the DSI company according to the signed memorandum of understanding and this foot wear is available in the DSI outlets. Under NIROGI *pada*, Prosthetics and Orthotics officers were trained at Vellore and Bangalore in India on foot care management.

NIROGI *diwiya*: Skill development sessions on how to read food labels for making healthier food choice were conducted. Two interactive health promotional workshops were conducted to commemorate the nutritional month in June in collaboration with the Sri Lanka Association for the Advancement of Science (SLAAS) for low income families. Health promotion activities in different health promotional settings were conducted.

Symposium on 'Lessons learnt from NIROGI Lanka' was conducted at the 127th Anniversary International Medical Congress of the SLMA. Showcasing achievements in community empowerment in prevention and control of NCDs in the urban setting, an evidenced based holistic approach to save limbs in diabetes mellitus, piloting, P&O training and DSI shoe to protect diabetic foot, Prevention of diabetes mellitus and CVD from womb to tomb concept, screening of diabetes mellitus in fields of MCH & implementation and advantage of midwife training were addressed.

Many geriatric care activities were conducted in collaboration with Sri Lanka Association of Geriatric Medicine. Elderly Medicine symposium was conducted in the 127th Anniversary International Medical Congress of the SLMA. Social wellbeing of the elderly, falls and fractures in elderly, an approach to urinary incontinence, community health care in successful ageing were the topics addressed in the symposium.

Geriatric core group represented the Steering committee and Advisory committee for elderly health care in the Ministry of Health.

Research paper presentations and document presentations were done by the members of the core group on elderly health care in several International conferences.

Of the activities completed in the Neurology core working group, conducting stroke rehabilitation workshops at Matale and Polonaruwa, activities to establish National Stroke center at the Mulleriyawa hospital and launching the

Global stroke Bill of Rights with the Ministry of Health were some of major activities. Apart from that activities were conducted to commemorate the World Stroke Day.

Cardiovascular Disease prevention core working group has developed a list of basic investigations for health screening and this will be circulated among general public for their awareness.

An article written on 'Traditional Sri Lankan diet an ancient marvels and globalization "based on nutrition was published in the Sri Lanka Magazine 1st Quarter 2013

Concept paper developed on chronic pain management was handed over to the Director General Health Services, Ministry of Health for further actions.

Commemoration of Cancer Survivors day 2014 and commemoration of Palliative care day 2014 were held in collaboration with the National Cancer Control programme, Ministry of Health.

Activities conducted by the Toxicology Core Group were Clinical update on "Management of acute poisoning" for Medical Officers in Colombo and Galle. Clinical update on "management of acute poisoning and prevention" for Nursing Officers conducted in Colombo. One day awareness programme on "Pre hospital care in poisoning and prevention" of poisoning for Public Health Nursing Sisters and for public health midwives and nursing training school students. Seminar on Chronic Kidney Disease in Sri Lanka in collaboration with the Toxicology Society of Sri Lanka.

ROAD TRAFFIC CRASHES ACCIDENTS PREVENTION

Chairperson Prof S D Dharmaratne

Members

Ms Fathima Razik Cader	Mr A W Dissanayake	Mr D Ganesan
Dr S A Premaratne	Dr Ranjith Sarath Jayasekera	Prof Ranjith Bandara
Mr GDAK Senarathne	Dr Lakshmi Somatunga	Mr Gamini Ekanayake
Prof Clay Gabler	Mr S Dissanayake	Ms Sandya Salgado
Dr Tamara Kalubowila	Dr Kapila Jayaratne	Dr Thalatha Liyanage
Dr Utpala Mallawarachchi	Dr Diana Samarakkodi	Dr Kumari Navaratne
Dr Damitha Gunawardena	Dr Lanka Dissanayake	Dr Rohan Ratnayake
Mr Edward Ahangama	Dr P G Amarasinghe	Dr Jayendra Fernando
Ms Chandima Jayasinghe	Dr Nithershini Periyasamy	Mr Abdul Majid Nilamudeen
Mr S D Dissanayaka		

REPORT

(Presented by Prof S D Dharmaratne)

Introduction

The Expert Committee on PRTC met six times during the year 2014 and new members were appointed depending on the objectives of the committee.

Activities conducted by the Expert Committee on PRTC during 2014

1. Recruitment of new members
2. First Aid training for three wheeler drivers through collaboration with the College of Surgeons, Sri Lanka and the National Road Safety Council to conduct this training. This training was justified taking in to account the important service done by three wheeler drivers at the scene of road traffic crashes. As Sri Lanka does not have paramedics or an ambulance service to transfer the injured from a road crash, this at present is done by the three wheelers and the committee decided that training this group of people would be useful in reducing complications of injuries and proper transfer of the injured.
3. Collaboration with the Parliamentary Select Committee for the Prevention of Road Traffic Accidents was initiated and the Chairperson attended the Parliamentary committee meeting and represented the Expert

- Committee on PRTC at the select committee. The committee decided to meet the Chairperson of the parliamentary committee and then conduct a workshop for the committee members.
4. A CD on road safety made by a member of the committee was edited and finalized. This will be distributed to the schools through Lions Clubs in 2015.
 5. The Expert Committee on PRTC was involved in the updating form 297B of the Traffic Police with the World Health Organization (WHO).
 6. Safety corridor – World Bank – The Expert Committee on PRTC was involved in this initiative through the World Bank.
 7. A webinar was planned to be conducted in collaboration with Centre for Disease Control, USA through Dr. Achala Jayatileke, to coincide with the road safety week. Dr (Mrs) Kumari Navaratne volunteered to make arrangements to provide videoconferencing facilities in the World Bank for the webinar. Unfortunately, due to fund restrictions in the USA, this was not conducted.
 8. Collaborated with the National Road Safety Council in Road Safety initiatives in the country.
 9. Submitted several articles on the problem of road traffic injuries in the country for national and international conferences.
 10. The RTAPC conducted the lectures on the prevention of road traffic crashes in the 'Training on Acute NCDs for Public Health Staff' organized by the Non-Communicable Disease (NCD) Unit of the Ministry of Health which was held in Colombo on November 27-28, 2014. Annual Report 2014, Expert Committee on Prevention of Road Traffic Crashes
 11. In the 127th Anniversary International Medical Congress of the SLMA
The Expert Committee on Prevention of Road Traffic Crashes and the Expert Committee on Ergonomics of the Sri Lanka Medical Association organized a Pre-congress workshop on "Road traffic Injuries" on July 15, 2014, where three road injury researchers participated, namely; Prof Mark Stevenson from the Monash University, Australia, Prof Julie Mytton from the University of West of England, United Kingdom and Dr Shivam Gupta, from the Johns Hopkins University, United States of America.

In addition, we were instrumental in organizing a Pre-congress workshop on the "Global Burden of Disease" on July 14, 2014, where Dr. Jed Blore from the University of Melbourne, Australia and Mr Matt Israelson, from the Institute for Health Metrics and Evaluation, University of Washington, United States of America participated. In this workshop, in addition to an introduction to the Global Burden of Disease (GBD) study 2010, a demonstration on the use and analysis of GBD data was done.

Prof Mytton and Mr Israelson, visited Kandy and participated at a workshop on "Child Injury Prevention and the GBD study 2010". This workshop was organized jointly by the Expert Committee on Prevention of Road Traffic Crashes, SLMA and the Regional Director of Health Services, Kandy. This workshop was intended for medical officers and was held at the Kadugannawa Regional Health Training Centre on July 16, 2014 and was attended by the Provincial Director of Health Services, Central Province.

Following the workshop a discussion was held in Kurunegala with the Provincial Director of Health Services, North Western Province, for the establishment of an Injury Prevention Research Centre and the use of GBD data. This meeting was attended by the following officers; Dr N Fareed , Provincial Director of Health Services, North Western Province, Dr E A L CK Edirisinghe, Regional Director of Health Services, Kurunegala, Dr I Pathirana, Consultant Community Physician, North Western Province, Dr P G Amarasinghe, Assistant Director Planning, North Western Province, Dr N Gnanarathne, Deputy Regional Director of Health Services, Kurunegala and Dr A M A K Athauda, Medical Officer, Non Communicable Disease, Kurunegala.

On the following day Prof. Mytton and Mr. Isrealson visited Horana for a workshop on "Child Injury Prevention and the GBD study 2010" for health care workers, police officers and school teachers at the Base Hospital, Horana. This workshop jointly organized by the Expert Committee on Prevention of Road Traffic Crashes, SLMA, the Ministry of Health, Sri Lanka and the Regional Director of Health Services Office, Kalutara. This was made possible on the interest shown by the Medical Superintendent of Horana, Dr T Kalubowila.

On behalf of the Expert Committee on Prevention of Road Traffic Crashes, I would like especially to thank Dr. Palitha Abeykoon, President of the SLMA and Dr Ruvaiz Haniffa, Secretary of the SLMA for the support and encouragement given to me in the organization of these meetings and for helping to make them successful. In addition, a special show of appreciation to the office staff of the SLMA, Dr. Ruchira, and all the Council Members for their support and encouragement is shown.

Activities planned for 2015

1. Training Health Education Officers, Ministry of Health on 'Road Safety' in collaboration with the National Road Safety Council Annual Report 2014, Expert Committee on Prevention of Road Traffic Crashes
2. Distributing the CD on road safety to schools in collaboration with the College of Surgeons
3. Training three wheeler drivers on road safety and safe transfer of the injured in collaboration with the National Road Safety Council and the College of Surgeons
4. Conducting a training program for school teachers in collaboration with the NCD, Unit, Ministry of Health and the National Road Safety Council
5. Conducting a media conference on road traffic injury prevention

Summary

The Expert Committee on PRTC was able to initiate several collaborations, both national and international, during the year. We are of the opinion that these collaborations help to highlight the role of the SLMA in this important public health issue.

SNAKE BITES

Chairperson Secretary

Prof S A M Kularatne
Dr Malik Fernando

Members

Dr Shantha De Silva	Dr Ariaranee Gnanathan	Dr Dennis J Aloysius
Mr Anslem de Silva	Dr S Sivansuthan	Prof Deepika Fernando
Dr Vinya Ariyaratne	Dr Christo Fernando	Dr Indika Gawarammana
Dr M K Ragunathan (resigned October)	Dr Anjana Silva	Dr Udo Huneke
Dr Kolitha Sellahewa (returned September; appointed Joint-Chairman October)		

Members currently overseas but corresponding by e-mail:

Dr Kalana Maduwage

REPORT

(Presented by Dr Malik Fernando)

Only two meeting of the Committee were held in 2014. Dr. Kolitha Sellahewa who returned to the Island from a stint overseas was appointed join-Chair of the SBC in October and it is hoped to increase the frequency of meetings in the future.

1. **Guidelines for Management of Snakebite in Hospital:** the 2013 Guidelines in print form are still available; the CD's are still being purchased in small quantities.
2. **Snakebite: Prevention and First Aid:** The revised text took a very long time to translate into Sinhala and Tamil. This has now been accomplished and the newly produced CD's have this document in all three languages. It is planned to produce a print version with the text in all three languages.
3. **Snakes, Snakebite and management: Updated publication (CMJ):** The committee was unable to proceed with this publication. It is hoped that this would be done this year.
4. **Improved Epidemiological Data on Snakebite through hospital records:** The SBC, through Dr. Shantha de Silva, has been discussing with the Medical Statistics Unit of the MOH regarding a proposal to include detailed information regarding snakebite in the eIMMR data collection forms. If successful this would make available for analysis details of the snake species responsible for precipitating hospital admissions.

SOCIAL ACTIVITIES

Joint Social Activity Secretaries Dr Preethi Wijegoonewardene and Prof Vajira HW Dissanayake

Members

Dr Palitha Abeykoon

Dr Suriyakanthie Amarasekera

Dr Dennis J Aloysius

Dr Ruvaiz Haniffa

Dr J B Peiris

Dr Christo Fernando

Dr Gamini Walgampaya

Dr Lasantha Malavige

REPORT

(Report Presented by Prof Vajira HW Dissanayake and Dr Preethi Wijegoonewardene)

The Doctors Concert and the Medical Dance are the two main events organised by the Social Secretaries with the support of the Council Members of the SLMA. These two events this year were an outstanding success by all accounts.

The Doctor's Concert 2014 held on 19 July 2014 at the BMICH has been acclaimed as the best ever Doctor's Concerts. The talent on show and the professionalism displayed by doctors, their spouses, and their children was simply outstanding. They had also gone to extraordinary lengths to prepare costumes and other paraphernalia that were needed to make their performance outstanding. The packed house at Committee Room B of the BMICH had an unforgettable evening. The Social Secretaries would like to list the programme of the concert and place on record the contribution made the performers:

Magic Show by Nishika Pieris

“රනබෙර” - **Sri Lankan Drum Ensemble** by Devishka, Buvaneshka and Thivanka Chandrasekera

“ආත්තම්මා නිවන් ගිහින්” by Desh and Dili Dissanayake

“Obladi-Oblada” and “හෙළ ජාතික අභිමානේ” by Devishka, Buvaneshka and Thivanka Chandrasekera

“Place in my Heart” A medley of English songs by Dr Thushini Goonewardene

“Let it go” from the movie “Frozen” by Dr Yamuna Rajapakse

“More than I can say” Sung by Dr Suran Kuruppu (Accoustic Guitar) Dr Christo Fernando (Drums) , Dr Farzad Nazeem (Keyboards) , Dr Isha Prematilleke, Dr Gananath Dasanayaka (Sax), Ray Gomes (Bass)

“When you tell me that you love me” Sung by Dr Isha Prematilleke Dr Christo Fernando (Drums), Dr Farzad Nazeem (Keyboards), Dr Gananath (Sax), Dr Suran Kuruppu (Accoustic Guitar), Ray Gomes (Bass)

“Quando Quando” Sung by Dr Farzad Nazeem (Keyboards) Dr Christo Fernando (Drums) , Dr Suran Kuruppu (Accoustic Guitar), Dr Gananath Dasanayaka (Sax), Ray Gomes (Bass), Dr Isha Prematilleke

“Save the last dance” Sung by Dr Gananath Dasanayaka (Sax) Dr Christo Fernando (Drums), Dr Farzad Nazeem (Keyboards), Dr Isha Prematilleke, Dr Suran Kuruppu (Accoustic Guitar), Ray Gomes (Bass), Prof Srinath Chandrasekera

“කලේ උතුලෙ නියලා” and “Cock a doodle do” Dr Asoka and Mihiri Gunaratne

“The Trip” Dr Sankha Randenikumara, Dr Lahiru Haturusinghe, Dr Rukshani Edirisinghe, Mr Anushka Ginneliya, Dr Chitranga Kariyawasan, Dr Isha Prematilleke [In order of appearance]

“හත්තානෙට පායන සඳ” and “ද පැල් රකලා” Dr Ranjith Ellawalla

“Harmonium Presentation with a Song “නුබේ නමින් මා දුක්ඛී ගෙනනා කවි වැල්...” Dr Sunil Senevirathne Epa

“A Musical Journey” - A medley of songs by the “Southern Symphonia” Harmonium - Sudheera, Violin - Gemini, Thabla - Prasantha, Geta Bera - Maduri, Guitar - Dimuthu

Vocals - Arosha, Aruna, Bertram, Chandima, Chamath, Desh, Dili, Ganaka, Harshini, Herath, Indika, Mahinda, Nayani, Nishantha, Satish and Sithmi

“Sukiyaki” and “සැනසෙන්න නැලවෙන්න සුදේ” Dr B.J.C. Perera and the SLMA Council

The Medical Dance 2014 held on 13 December 2014 at the Cinnamon Grand was a grand success as has been acclaimed as one of the best Medical Dances. There were nearly 280 guests. The evening began with cocktails from 8 to 9 pm while the guests viewed cars on display. The doors opened at 9pm and the dance was opened at 9.15pm by Dr. Palitha Abeykoon and his wife Needra. The lead band ‘Flame’ galvanizing the guests with a superb selection of music and the guests danced to their heart’s content. The dinner was served at 10.15pm and during the dinner the guests were entertained by to high quality ballroom dancing by the ‘Rhythm World’ and superb Christmas Carols by the ‘De Lanerolle Brothers’. There was plenty of food and drinks for all – white and red wine, black label whisky, cold canopies and bites at the cocktails, short eats and bread rolls on the table as the guests walked in, a four course sit down meal, a desert buffet, chocolates on the table and Irish coffee. The danced continued at midnight with ‘Doctors and Friends’ taking over; and they were followed by ‘Black’ who lead on to a long session of Baila dancing and the

Baila Competition. There were 25 prizes on offer, including 4 airline tickets, and they were distributed to winners of the business card draw, entrance ticket draw, raffle draw, and the baila competition. The dance concluded at 3 a.m. The dance committee comprised of Dr Palitha Abeykoon, Dr Ruvaiz Haniffa, Dr Preethi Wijegoonewardene, Prof Vajira H W Dissanayake, Dr J B Peiris, Dr Lasantha Malavige, Dr Dennis Aloysius, Dr Christo Fernando, Dr Gamini Walgampaya, and Dr. Suriyakanthie Amarasekera.

SRI LANKAN CLINICAL TRIALS REGISTRY

Chairperson Prof Colvin Goonaratna
Honorary Secretary /Convenor Dr Udaya Ranawaka
Assistant Secretary Dr Ashwini de Abrew and Dr Manu Wimalachandra

Members

Dr P G Mahipala	Dr HRU Indrasiri	Dr Sunil de Alwis
Prof H J de Silva	Dr Palitha Abeykoon	Dr Piyusha Atapattu
Dr Shamini Prathapana	Dr Nithushi Samaranayake	Dr Carmeline Motha
Dr Shalini Sri Ranganathan	Dr Ruvaiz Haniffa	Dr Shehan Williams
Dr Chandanie Wanigatunge	Prof Gita Fernando	Dr Gamini Walgampaya

REPORT

(Presented by Dr Ashwini de Abrew)

The SLCTR, being one of the few Primary Clinical Trial Registries worldwide attached to the WHO International Clinical Trials Registry Platform, has brought international recognition to the SLMA, and improved its visibility and corporate image. This has included publications and presentations at National and International meetings

The SLCTR works in close collaboration with the Ministry of Health. The DGHS and the Deputy Director General, Education for Training and Research are ex-officio members of the SLCTR Committee. The SLCTR has been successful in obtaining funding from the Ministry of Health for the year 2013 and is planning to obtain further funding for regular activities.

The SLCTR has been successful in obtaining funding from the Ministry of Health for the year 2013, and plans on obtaining further funds for 2014/2015. At present a nominal processing fee is charged for trial registration.

Number of new trials registered in 2014: 29 (as of 3rd December 2014)

The committee welcome 5 new members in 2014 and thanks the outgoing members for their valuable contributions. The Chairperson, Prof. Colvin Goonaratna represented SLCTR and Sri Lanka as the designated "Advisor to the Director" at the WHO regional workshop on promoting responsible conduct of Research and Research ethics held from 17th – 20th November 2014

TOBACCO, ALCOHOL AND ILLICIT DRUGS

Chairperson Prof Narada Warnasuriya
Secretary Dr Manoj Fernando

Members

Dr Z Jamaldeen	Dr Sameera Hewage	Dr Hemantha Amarasinghe
Dr Mahesh Rajasuriya	Dr Nadeeka Chandraratne	Dr Sajeewa Ranaweera
Dr Jayamal De Silva	Dr Nayani Suriyarachchi	Dr Nayana Dhanapala

(Presented by Dr Sajeewa Ranaweera)

- Several advocacy and other activities related to implementing the **gazette notification on pictorial warnings on tobacco packs** were carried out by the committee throughout the year. These activities were instrumental in creating an extensive and sustained media coverage related to the subject in both the print and electronic media,

while the court case filed against the notification continued. Following activities were undertaken by the Committee on this issue

- a) A delegation from SLMA including the President, Members of the Committee and Council Members **met H.E. the President of Sri Lanka** in March to discuss addressing harm from tobacco.
 - b) Many members parliament, both from the government and the opposition were lobbied by member of the Committee prior to the debate and the vote on the gazette notification. The gazette was adopted unanimously in February.
 - c) Committee Members visited national newspaper offices and met the editorial staff on many occasions to advocate coverage of the issue and also provided material for publication.
 - d) Formal and Informal lobbying of producers and presenters of television and radio channels were carried out throughout.
 - e) An official statement correcting inaccuracies contained on an Editorial on Sunday Times on the subject of pictorial warnings was published in May.
 - f) A technical presentation on the scientific background on graphic health warnings was made at the main World No-Tobacco Day event organized by the Ministry of Health in May.
2. The committee **with the National Authority on Tobacco and Alcohol (NATA)** conducted the following activities, at which the Committee provided technical support.
 - a. Meeting of NGOs working on reducing harm from tobacco, alcohol and illicit drugs, to seek suggestions to strengthen the activities of NATA in August.
 - b. Conducting a technical discussion and the round-table multi-sector meeting on Economics on Tobacco and Tobacco Taxation in September.
 - c. Meeting with the Regional Directors of Health Services to reactivate and strengthen the District Tobacco Control Cells in November.
 3. A symposium entitled **“How should we respond to tobacco, alcohol and drug use?”** was conducted by the Committee at SLMA Annual Sessions in July. There were three technical presentations followed by a discussion.
 4. The Committee was represented by three of its Members in the final drafting group for formulation of the **National Alcohol Policy**. The Ministry of Health will seek cabinet approval for this policy.
 5. On the request of the Ministry of Health, the Committee also developed a comprehensive **plan of action** to implement the policy measures contained in the National Policy on Alcohol.
 6. The Committee was involved as the main resource panel which developed **a curriculum for training teachers to carry out drug and alcohol demand reduction activities in schools**. This process was initiated by the Ministry of Education. All such trainings are now carried out according to this curriculum.
 7. A programme to train **Counsellors of the Ministry of Social Services** was conducted in June, at which the Committee was the main resource panel.
 8. The committee conducted a three-day **training for Counsellors Sri Lanka Army** on addressing drug use and improving mental well-being in June. The technical resource panel for the training was comprised of the Members of the Committee.
 9. An interactive programme on addressing tobacco alcohol at community level was conducted by the Committee for **Medical Officers of Health in Kandy** district, in October.
 10. The committee conducted a technical presentation entitled **“Can lessons learned from controlling cigarette use be adapted to control smokeless tobacco and arecanut products?”** At the International Conference on Smokeless Tobacco held in Kandy, in August.
 11. A session on promoting healthy life-styles through addressing tobacco alcohol use was conducted at the **Good Intern Programme** in November. This is a part of five day orientation programme conducted by the Government Medical Officers Association and the Ministry of Health for all medical graduates awaiting Internship.
 12. The Second Annual **Research Symposium on alcohol, tobacco and cancer** was conducted by the Committee with the National Cancer Control Programme, in November.

WOMEN'S HEALTH

Chairperson Convenor

Dr Nalika Gunawardene 2013 - 2014
Dr Nadeeka Chandrarathne

Members

Prof Jennifer Perera	Prof Chandrika Wijeyaratne	Dr Shalini Sri Ranganathan
Dr Sampatha Goonawardena	Dr Laksman Senanayake	Dr Rani Fernando
Dr Sudharshini Wasalathanthri	Dr Aruni Hapangama	Dr Arulanandam
Dr Bimalika Seneviratne	Dr Sepali Kottegoda	Dr Amanthi Bandusena
Dr Shamini Prathapan		

REPORT

(Presented by Dr Nadeeka Chandrarathne)

1. International women's day celebrations

The Expert Committee on Women's Health of SLMA joined the Zonta Club I to commemorate the International Women's day 2014. A panel discussion themed 'Inspiring change: Are women only an essential commodity in our society?' was held on Thursday 13th March 2014 at 4.15-6.15pm at the SLMA auditorium. The panellists included Prof. Savitri Goonesekere, Emeritus Professor of Law, University of Colombo, Prof. Jennifer Perera, Professor of Microbiology, University of Colombo, President Elect SLMA, Mrs. Kumudini Hettiarachchi, Media Consultant, Dr. Sujatha Samarakoon, Consultant Venereologist, Mr. Ashok Ferrey, Renowned writer and Dr. Sudarshani Fernandopulle, Member of Parliament. The session was moderated by Dr. Mahesh Rajasuriya, Consultant psychiatrist, University of Colombo and Ms. Savithri Wijesekara, Executive Director, Women in Need. Three case scenarios based on real life situations were discussed pertaining to topics such as education for women, employment for women, gender based violence and other relevant areas. This programme was well attended with over 120 participants including doctors, lawyers, journalists and other interested person. This was also attended by Dr. Firdosi Rustom Mehta, WHO representative and Dr. Palitha Abeykoon, President SLMA. The committee received a sponsorship of Rs. 50,000 from Bayer Healthcare to conduct the event

2. A joint activity with the College of Psychiatrists

This symposium was held on the 21st of March 2014 and themed as Beyond Postpartum Blues: understanding Postpartum Depression and its impact on women and their families. The programme consisted of 2 lectures on Postpartum depression and Children of mothers with postpartum depression by Prof. K.A.L.A. Kuruppuarachchi and Dr. Leenika Wijeratne from Department of Psychiatry, Faculty of Medicine, University of Kelaniya followed by the discussion of some MCQs by Dr. Aruni Hapangama. This was well attended by a gathering of over 100 participants including postgraduate trainees in Psychiatry, Medicine and Community Medicine.

3. Core curriculum on GBV for medical undergraduates

The Committee engaged in formulation of a core- curriculum Gender Based Violence (GBV) for the medical undergraduates. With the help of the Family Health Bureau's manual for medical officers, a three-hour lecture curriculum with slides and a manual was developed.

A workshop was held for representatives from Community Medicine Departments of all Faculties to have a feedback on the developed curriculum for medical undergraduates. The workshop was held on 5th of June 2014 at the Board room, SLMA. Dr. Lakshman Senanayake presented the draft curriculum to the participants and the workshop was co- sponsored by the Gender & Women's Health Unit, FHB.

The feedback from the participants of the workshop were analyzed and amendments were done according to their recommendation and the curriculum was pre-tested among 20 fourth year medical undergraduates in the Faculty of Medicine, Colombo on 22nd of September 2014. The final editions following the pre- test had been done and the Gender Unit of FHB has agreed to print the curriculum as a small booklet which is planned to be distributed to all medical faculties and libraries in higher education institutions involved with teaching on gender for undergraduates.

4. Leaflet to sensitize the non-medical undergraduates

Expert Committee on Women's Health of SLMA drafted a Sinhala and a Tamil leaflet to sensitise the university new entrants on gender issues. The leaflet was pre tested among few new entrants at the Faculty of Medicine, Colombo. The WHO funds of Rs 90,000/= has been transformed to SLMA and that these funds will be utilized to print the leaflet which will be disseminated to all university new entrants.

5. The symposium on 'An update on Women's Health – useful tips for Sri Lankan Practitioners'

A Symposium on 'An update on Women's Health – useful tips for a Sri Lankan Practitioner' was held on the 29th of November 2013 at the SLMA auditorium. Prof. Shalini Sri Ranganathan (Department of Pharmacology, Faculty of Medicine, University of Colombo) spoke on 'Latest in prescribing during pregnancy' and Prof. Chandrika Wijeratne (Department of Obstetrics and Gynecology, Faculty of Medicine, University of Colombo) spoke on 'An update on PCOS in Sri Lankans: Its metabolic aspects'.

Prof Sri Ranganathan's report on the symposium was published in the SLMA news June newsletter.

a. Monthly clinical meeting

The monthly clinical meeting of the SLMA for the month of August was organised by the Expert Committee on Women's Health on 19th of August 2014 under the theme 'Gynaecological cancers among women'. Prof Athula Kaluarachchi made a presentation on 'Upper reproductive tract malignancies' and Dr. Bimalka Seneviratne presented 'Lower reproductive tract malignancies'. The lectures were followed by an interactive session by Dr. Ruwan Gamage on "Answering Structured Essay Questions". The session was well attended by postgraduate trainees from various disciplines as well as medical students.

b. Health promotion sessions for nursing officers in the Private Sector

A programme on 'Healthy Lifestyles' was organised and conducted by the Expert Committee on Women's Health of SLMA in both languages to the nursing officers at Sulaiman's Hospital on 5th of August 2014. This was well attended by around 80 staff members.

c. Poster

The Committee launched a poster campaign in creating awareness among the healthcare staff and the patients regarding issues such as patient rights to privacy, confidentiality, etc. in medical practice. This was a joint activity with the Health Education Bureau and Family Health Bureau of Ministry of Health, College of Obstetricians and Gynaecologists and the SLMA. A poster was developed by the committee with inputs from the GMOA, College of GP, College of Community Physicians, Family Health Bureau, Health Education Bureau and the President, SLMA. The World Health Organization funded the campaign and 10,000 posters in Sinhala and 4,000 posters in Tamils were printed. An account about the poster appeared on the SLMA newsletter. The posters have been disseminated by the HEB to all RDHS areas.

DISABILITIES (WORKING GROUP)

Chairperson

Dr Lalith Wijayaratne

Secretary

Dr Harsha Gunasekara

Members

Prof Lalitha Mendis

Dr Aswini Fernando

Dr Samanmali Sumanasena

Dr Raja Thalagahagoda

Dr Anil Dissanayake

Dr Monica De Silva

Dr Udaya Ranawaka

Dr Kalyani Guruge

Dr Swarna Wijayathunga

Dr Deepthi Perera

Mrs Sama Hemakanthi

Dr Kumari Nawaratne

Prof Hemamali Perera

Dr Jithangi Wanigasinghe

Mr Ajith Kithsiri

Prof Hemamali Perera

Mr Rohana Perera

Dr Lilani Panangala

Overseas Members :

Dr Lalith Sathkunam (Canada)

Dr Uditha Jayathunga (UK)

Dr Charitha Perera (Australia)

Objectives

- a. To provide advocacy to the Ministry of Health and other stakeholders on the need for improvement of services available for Persons with Disability (PwDs) in Sri Lanka.

- b. To make recommendations on improving the services available for Persons with Disability (PwDs) in Sri Lanka.
- c. To make recommendations regarding revisions to existing laws and legislations on disability and Persons with Disability (PwDs).
- d. To create awareness on disability and care of the Persons with Disability (PwDs).

National Action Plan on Disability (NAPD)

NAPD was prepared by the committee, was presented to the Ministry of Health (MoH) and Ministry of Social Services.

As per recommendations of the NAPD, the MoH has appointed a National Steering Committee for Healthcare of People with Disability and is in the process of implementing the recommendations.

There has been no feedback from the National Council for Disability of the Ministry of Social Services.

Meetings and Workshops

1. Executive committee meetings were not held during 2014.
2. National Steering Committee meetings held by the MoH has been represented by the committee members.
3. Represented the WORKSHOP ON MAPPING OF PHYSICAL REHABILITATION SECTOR IN SRI LANKA AND WORKING SESSION ON USING EVIDENCE FOR SECTOR AND SERVICE DEVELOPMENT held by Handicap International.

HERBAL MEDICINE

Chairperson Convenor

Prof Sanath P Lamabadusuriya
Dr Prasanna Galhena

Members

Prof Ajith M Abesekera
Dr S Premakumara
Prof Tuley de Silva
Dr Kamal Perera
Dr B Kumarendran

Prof Arjuna Aluwihare
Prof Rohini Fernandopulle
Mrs Chintha Abayawardana
Dr Lakshmi Arambewela
Dr Rani Fernando

Prof Ira Thabrew
Dr Geethika Yapa
Dr Danister L Perera
Dr P Senasinghe
Dr Senaka Pilapitiya

NO REPORT

HEALTH EQUITY (WORKING GROUP)

Chairperson

Prof Saroj Jayasinghe

Members

Dr Narada Warnasuriya
Prof Diyanath Samarasinghe
Dr Sarath Samarage
Dr IR Perera
Dr Buddhika Fernando

Prof Lalini Rajapaksa
Prof Eugene Wickramanayake
Dr Thilak Munasinghe
Dr Pubudu de Silva

Dr Palitha Abeykoon
Prof Colvin Goonaratna
Dr Carukshi Arambepola
Dr Padmal de Silva

NO REPORT

CENTRAL CPD

Chairperson Convenor

Dr Sunil Seneviratne Epa
Dr Indika Karunathilake

Members

Prof Lalitha Mendis
Dr Nalin Rajakaruna
Dr V Murali
Dr Suresh Shanmuganathan
Dr Ananda Hapugoda
Dr G A Harischandra

Prof Colvin Goonaratna
Dr Joe Fernando
Dr Pubudu de Silva
Dr Jayantha Jayasuriya
Dr R P Dayasena
Dr Indira Wijesiriwardene

Dr Rabindra R Abeysinghe
Dr H R U Indrasiri
Dr Harshalal de Silva
Dr Eugene Corea
Dr M P Seneviratne
Dr Lalindra Gooneratne

REPORT

(Presented by Dr Sunil Seneviratne Epa)

There had been little or no progress with the committee's efforts to launch the National CPD Programme, inspite of our having published all necessary guidelines with a point scheme for the past 3 years. Committee made all its efforts to secure the recognition of the Ministry of Health for this matter, but failed. However there is still hope that with continued pursuance we will succeed in launching the National CPD programme, which we continue to consider to be a vital tool for the professional development of doctors in Sri Lanka.

In the meantime we continue to issue the National CPD Certificate (NCPDC) through the SLMA office to whoever who submit their portfolios prepared as per published guidelines, upon scrutiny. Unfortunately the number of such applicants had been very few as there is currently no incentive scheme for doctors who obtain the NCPDC. Mostly such requests have come from doctors wanting to seek either a training post or employment abroad as at least they seem to realize the value of having this certificate. It is recommended that the SLMA gives more publicity through Newsletter/ Outstation meetings, of the availability of this facility for doctors to be certified in CPD pending the launch of this programme at national level.

13. CEYLON MEDICAL JOURNAL

Editors : Prof Janaka de Silva till March 2014 and Dr Anuruddha Abeygunasekera
Prof Varuni de Silva since June 2014

Emeritus Editors : Dr C G Uragoda, Professor Colvin Goonaratna and Professor Janaka de Silva

Editorial Board:

Prof A Pathmeswaran
Dr B J C Perera
Dr Channa Ranasinha
Dr Shalini Sri Ranganathan
Dr Renuka Jayatissa

Dr D N Samarasekera
Prof Malik Goonewardene
Prof Vasanthi Arasaratnam
Dr S A S Gunawardena
Dr Neelika Malavige

Prof Kamani Tennekoon
Prof M P Senanayake
Dr D N Atukorala
Dr U K Ranawaka

REPORT

(Presented by Dr Anuruddha Abeygunasekera and Prof Varuni de Silva)

1. Editorial Board

Prof. Janaka de Silva resigned as co-editor of the journal due to increased work commitment. The post was advertised and Prof. Varuni de Silva was selected from among the applicants and appointed as co-editor of CMJ in July 2014. Prof. Janaka de Silva was appointed as an Emeritus Editor of the journal.

2. Board Meetings

The Editorial Board meetings are held on a Saturday each month. Eleven meetings have been held so far in 2014. The last meeting for this year will be held on 20th December. Average attendance was 70%. A summary of the events of each meeting are sent to the council periodically.

3. Journal

Three issues of the 2014 Journal have been published to date: March, June and September. The December issue is in final review. 3000 copies are printed of each issue and distributed to SLMA members free of charge.

A total of 117 articles were tabled at the editorial boards of which 54 were unsuitable for publication. Of the remaining articles allocation was as follows: full papers 16, case reports 12, picture story 7, brief report 8. Nine articles will be discussed at the December Editorial Board meeting.

Past issues of the Journal can be purchased at Rs 500/= per copy. The processing fee per article remains at Rs: 1000/=.

4. Other publications

All abstracts submitted to the SLMA Annual Academic Sessions were reviewed by the members of the CMJ Editorial Board. The selected abstracts were edited and the abstract book to accompany the annual academic sessions of the SLMA was published in June.

5. Website

The CMJ can be accessed online through the SLMA website. Full article access is available from 2003 onwards. The Sri Lanka Journals Online website is maintained by Mrs Sioux Cumming at the International Network for the Availability of Scientific Publications, Oxford. There are 950 online registrants of the CMJ who access the website. The pubmed abstract of the CMJ articles provide a link to the full text articles.

6. Workshops on Scientific writing

Two workshops on Scientific Writing were conducted by the Editors of the CMJ at the SLMA auditorium. The CMJ also conducted workshops at the Academic Sessions of the College of Obstetricians and Gynecologists and the College of Radiologists.

7. CMJ office

The office can be contacted on 011 269 0212 and at office@cmj.slma.lk

8. Acknowledgements

The Editorial Board is grateful for the continued help of all SLMA staff, especially Mr Rajasingham and Ms Jayarani Tennakoon. Ms Saumya Hemasinghe is the full-time administrative secretary of the CMJ.

14. TSUNAMI DISASTER RELIEF PROJECT

(Report Presented by Dr Suriyakanthie Amarasekera)

Coordinator SLMA /CMAAO SCHOLARSHIP FUND Dr Suriyakanthie Amarasekera

THE SLMA / CMAAO Joint Scholarship, administered by the Tsunami Disaster Fund is the main Social Responsibility Project of The SLMA.

The Scholarship was set up in 2006 for children who had lost one or both parents in the Tsunami disaster in 2004, by investing the generous donation of US \$ 50,000/- by the Confederation of Medical Associations of Asia and Oceania (CMAAO), and is being continued successfully.

There are at present 18 students who are recipients of the Scholarship. Of these 6 have gone on to study beyond the O Levels. Two are following a Diploma Course in Graphic Design, One the AAT Course and 3 taking up the A Levels. These receive RS 3000/- monthly. One of the students has completed the Diploma Course in Graphic Design and will be seeking employment, and his Scholarship will be terminated.

One of the students who sat for the A Levels has obtained 2 A's and a B and an Z Score Of 1.6345 and has qualified to enter university. She has applied for a degree course in IT.

One student has completed a 6 months course in Beauty Culture and is attempting the O Levels again. Her award was increase to Rs 3000/- during the course of 2014.

Four students are reading for their O Level and receive Rs 2500/- monthly.

The balance seven students continue to receive Rs 2000/- monthly.

It is intended to give each recipient an extra allowance in December this year as well to facilitate purchase of books, uniforms, shoes etc. All these payments have been made using the monthly interest, leaving the capital intact.

15. FORUM FOR ETHICS COMMITTEES (FERCSL)

(Report presented by Dr Rasika Perera)

The Annual General Meeting of the FERCSL was held 2014 held on 14th March 2014 at 2.30 pm at the Lionel Memorial Auditorium, Sri Lanka Medical Association.

The Management Committee of FERCSL is formed of 2 nominated members from each constituent ERC of FERCSL. The following office bearers were elected at the first management committee meeting of FERCSL:

Chairperson - Prof Anoja Fernando (according to constitution)

Secretary – Dr P P Rasika Perera

Treasurer: Dr Chamila Abeywickrama

Editor: Dr TChenthuran (Dr Chandanie Wanigatunge took over the post later as Dr Chenthuran was on leave)

Activities carried out by Management Committee of FERCSL

1. A Training Programme for researchers

A training program for researchers on "How to have your research proposal approved by an ERC expeditiously, organized by the FERCSL was held on 6th June 2014 at the Lionel Memorial Auditorium, Sri Lanka Medical Association.

2. Clinical trials draft act

A subcommittee set up by the FERCSL chaired by Prof Rohini Fernandopulle looked into the final draft of the Clinical Trials Act and submitted their comments.

3. e-newsletter

The first e-newsletter of the FERCSL was circulated by the FERCSL among its member ERC's in the year 2014. Dr Chandanie Wanigatunge as the editor was instrumental in making this a reality.

4. Accreditation of the ERC, Faculty of Medicine, University of Peradeniya by SIDCER/FERCAP

The ERC of the Faculty of Medicine, University of Peradeniya was accredited by the Strategic Initiative for Developing Capacity in Ethical Review (SIDCER) Forum for Ethics Review Committees of the Asia and the western Pacific (FERCAP)/ after undergoing review by the FERCAP committee. ERC FM – Peradeniya is the third Sri Lankan ERC to obtain SIDCER/FERCAP accreditation after Faculty of Medicine, University of Colombo, and Faculty of Medical Sciences, University of Sri Jayewardenepura.

Proposed activities for 2015

1. Continuation of the e-newsletter for FERCSL
2. FERCSL meetings to discuss specific ethical issues in relation to research projects
3. Workshops on how to review ethics review applications and GCP training for member organizations.

16. NEW MEMBERS

The new membership for the year 2013 (as at 7th December 2013, including the names presented to the Council on 6th December 2013) was as follows

Life	112
Ordinary	44
Student	23
Ordinary to Life	5

The list of members were enrolled during the year 2013 is given in Annex 6.

17. TREASURER'S REPORT

(Presented by Dr Gamini Walgapaya, Honorary Treasurer)

As the treasurer of the SLMA I am pleased to present the treasurers report for the financial year 2013-2014. I am also happy to report that the financial status of SLMA is quite satisfactory as at present.

The main expenses of the Association is the salary EPF also ETF payment which amount to Rs. 3,293,796/=. The other main recurrent expenditure is for electricity which is Rs.1,768,748/=. And other expenses come to about 735,904/40.

The expenditure incurred for the repairs to Wjerama House was Rs. 257,685/=

Thus the minimum expenditure to maintain the SLMA is about Rs. 12,421,538 The Income from Rent is Rs. 2,792,400 (232,700 x12)We have a total fixed deposit of Rs. 25,522,666/= which generated an interest of Rs. 2,310,603/=.

The Total income from the Anniversary International Medical Congress was Rs. 22,368,700/=The expenditure was Rs.13, 303,104/60 Thus there was a net income over expenditure of Rs. 9,065,595/40. The total in long term fixed deposit is Rs. 23,946,307./=. The short term fixed deposit is Rs.1, 576,359.00 the total value of Orations fixed deposit is Rs. 5,474,276/=. The income from membership was Rs. 1,699,480/=. This year we opened fixed deposit actual for Rs. 4,000,000/=.

Finally I would like to thanks the President, Hony Secretary, Mr. M Rajasingham and Ms. Jayarani Tennakoon for their assistance in maintaining the accounts in a responsibility and proper manner and Ms. Thanuja Karandeniya in maintain the quick book system

18. AUDITORS' REPORT 2013/2014

Report of the auditors is given in the Annex 7.

19. NIROGI LANKA PROJECT

ACTIVITIES BY NIROGI LANKA-MAATHA COMPONENT

Objectives of NIROGI Maatha Component

1. Capacity building of the field staff.
2. Managing women and children particularly pregnant women with issues such as diabetes because a pregnant diabetic would leave a hall mark of developing diabetes in the next generation.
3. Universal screening at national level
4. Having a National Centre of excellence within the hospital, to have a long-term package of follow up for Mothers and babies.
5. Train the field staff on Maternal Child Health in the state sector through national coordinating center FHB.

A summary of the activities conducted by the NIROGI Lanka team and other relevant stake holders is mentioned below.

1. A seminar aimed at furthering the education and awareness level of the De Soysa Maternity Hospital staff with regard to Diabetes was conducted on 11th November. Professor Chandrika Wijeyratne and Dr Priyankara Jayawardena played an essential role in educating the staff on the subject matter.
2. Diabetic screening programs were conducted on 14th November in the Colombo suburbs at FOUR designated locations which include Majestic City, Crescat Boulevard, K-Zone Moratuwa and K-Zone Ja Ela.
3. Islandwide DENO's contributed in the Diabetes awareness by conducting walks, exhibitions, screening campaigns, poster competitions, street dramas and various other activities.

ACTIVITIES OF THE NIROGI PAADHA COMPONENT

Objectives:-

1. To initiate a national programme for capacity building in diabetic foot care by establishing a pioneer cohort of 'Medical Officers-Diabetic Foot' in Sri Lanka.
2. To improve the quality of wound care by establishing a health care model of tertiary-primary care partnership in Colombo by
 - Provision of quality diabetes foot ulcer care for residents living in the Colombo Municipal Council area through a partnership between the tertiary care and the existing diabetes oriented primary care services.
 - Development of the infrastructure in the primary care health services of the Western Provincial Health Directorate for provision of such care.
 - Training of primary care medical practitioners
 - Establishing a foot wear provision service
3. To prevent foot ulceration by empowering the public through activities that encourage community and family participation in a defined Suburban area of Colombo
 - a. Capacity building of health workers and **Health Promoters** in identified settings to implement programmes to prevent foot ulceration.
 - b. Empower communities in different settings that encourages positive behaviour (foot care and use of foot wear)
 - c. Identify those at risk and provide preventive care at grass root level
4. Disseminate evidence generated to advocate policy makers to replicate this approach island wide.

Activities Done:-

- Under the NIROGI Paadha component 10 Certified Prosthetics and Orthotics officers graduating from the Sri

Lanka School of Prosthetics and Orthotics, Ragama and 02 experienced technicians from DSI were sent to receive a specific training on Diabetic Foot in Vellore and Bangalore in India in order to establish a core national group of trainers for our local setting. Furthermore a P & O training session is scheduled to be conducted in collaboration with the Sri Lankan Association of Prosthetics and Orthotics (SLAPO) in January 2015.

- A program to launch low cost shoes to specifically curb the issues of people suffering from Diabetes was commenced in collaboration with DSI-the largest shoe manufacturer in Sri Lanka - on the World Diabetes Day 2014. These shoes are now available for purchase in all DSI showrooms island wide.
- The equipment required for the manufacture of the diabetic shoes will be purchased from India by the NIROGI Paadha component for the Rehabilitation Hospital, Ragama.
- Piloting hospitals were established in Kandy, Jaffna, Kurunegala, Anuradhapura and CSTDH for the implementation of the National Guidelines on Diabetic Foot management.
- A total of THREE stalls were run by the NIROGI Lanka Team for the Diabetes Walk 2014 on 15th November. A Foot screening program for attendees suffering from diabetes was conducted by Dr Thusitha Kahaduwa where health education pertaining to proper Foot Care was given. A total of 58 people were assessed during this foot screening program and were categorized to No Risk, Low Risk & High Risk based on the clinical evaluation. Assessments of the body fat and health status of attendees were also done and those at risk were given relevant health education pertaining to diet and lifestyle modification.



Diabetes Day activities were conducted successfully at the Umagiliya Grounds, Kolonnawa by the NIROGI Diviya Team on 16th November. A Foot screening session for those suffering from Diabetes was conducted during this program as well. A total of 32 individuals were assessed and categorized according to their risk level. Those at higher risk were referred to attend the diabetic clinic at NHSL for further evaluation. Other activities of that day include the assessment of the Blood Glucose levels, a session of Aerobics and various health education sessions which were conducted by the NIROGI Diviya team.

- A DENO's Day program was conducted on the 3rd November 2014 for the benefit of DENO's island wide with Prof Chandrika Wijeratne's unstinted support. Dr Thusitha Kahaduwa played an integral role in conducting an educational session on Diabetic foot care. The DENO community extended their support by contributing to the Diabetes awareness by conducting walks, exhibitions, screening campaigns, poster competitions, street dramas and various other activities all over the island. A summary of the activities conducted by the DENO's is seen in the next page.

NIROGI Diviya - (Health Promotion)

Starting from September 2012, NIROGI Diviya health promotion programs have been carried out successfully in community levels, schools and work places. Health promotion approach has been undergone a unique process with the ultimate objective of developing empowered communities. This Process has following steps

1. Initiating an active process with communities
2. Identifying own health status and its underlying determinants
3. Addressing the underlying determinants through community participation
4. Developing tools to assess the progress and modify the process according to results
5. Ensuring sustainability

Currently NIROGI Diviya activities have been carried out in two cohorts simultaneously. Those are work places with more than 1000 workers and National schools (Government and Semi-government) located in metropolitan areas within the district of Colombo and Community settings in Kollonawa and Kotte.



Students measuring blood pressure of their teachers at health promotion campaign

In schools initial health promotion sessions were conducted for teachers and for the non academic staff of each school. Then a group of volunteer students were trained as Health messengers. Health promotion programmes conducted by health promotion trainers to improve knowledge and skills of students. The sessions concern about following aspects,

1. NCDs
2. Importance of NCDs
3. NCD risk factors
4. How to identify these risk factors by themselves



Exercise promotion programme for staff members (MAGA constructions Pvt.

Introductory health promotion sessions for work places were conducted by one of the stakeholders in NIROGI DIVIYA. Around 20 to 30 staff members gathered to be the Active group in each setting. They had been thought how to measure the biophysical parameters of staff members.

Discussions on NCDs and other related areas are conducted once a month by Health Promotion facilitators. There are 63 suburban settings in Kotte and Kolonnawa areas which are monitored by two Health Promotion Facilitators. Some of the settings function without any supervision of facilitators but there are a number of settings which should be empowered and need frequent visits.

As special programmes, members in each setting are enthusiastically participate to commemorate the special dates and weeks by organizing Exhibitions, Awareness Walk, Public Seminars, Health Camps and Exercises sessions.



Screening campaign done in Kolonnawa



Aerobics exercise promotion programme done in Kolonnawa, Umagiliya ground

Annexe 1: Detailed programme of the Anniversary Scientific Medical Congress

Sunday 13th July 2014

HEALTH RUN & WALK

Exercise today for a healthier tomorrow



Health Check
Warming up session
Run
Walk
Physiotherapy, Health Massages

- Free participation
- Valuable gifts
- Free lung function tests
- Free medical check-up
- Free sports physiotherapy
- Free T-shirts and caps

Monday 14th July 2014

Pre-Congress Workshop 1: Global Burden of Disease

Bandaranaike Memorial International Conference Hall (BMICH), Colombo 07

Chair: Dr Sussie Perera

Welcome and Introductions

Global Burden of Disease Overview (Principles, Philosophy, Methods) and Summary of Results

Dr Jed Blore

Tea

Chair: Dr Sussie Perera

The Profile of Health Loss in Sri Lanka: NCDs, Mortality and Morbidity. Results from the GBD 2013, including live demonstration of online visualisation tools

Dr Jed Blore

Lunch

Chair: Dr Aturo Pessigan

Identifying priorities for strengthening Health Information Systems using the GBD framework

Dr Jed Blore, Prof Samath Dharmaratne

Chair: Dr Aturo Pessigan

Feedback, and GBD 2014 and Beyond

Dr Jed Blore, Prof Samath Dharmaratne

Pre-Congress Workshop 2: SLMA – WHO – ASCEND Joint Symposium on Research Needs in NCDs: Opportunities and Barriers

Hall E, Bandaranaike Memorial International Conference Hall (BMICH), Colombo 07

Chair: Dr Prasad Katulanda

Registration
Welcome
Dr Palitha Abeykoon
Introduction of the symposium
Dr Prasad Katulanda
NCD scenario/policy in Sri Lanka & research needs
Dr Palitha Mahipala, Director General of Health Services (DGHS)
WHO NCD Research priorities
Dr Firdosi Rustom Mehta
NCD research in LMICs - past present and future
Prof Brian Oldenburg
Coffee/Tea
ASCEND research studies presentations
Panel discussion - barriers for NCD research and implementation in Sri Lanka and LMICs Panel discussion
Prof Brian Oldenburg, Dr Prasad Katulanda, Dr Firdosi Mehta, Ministry of Health Representative, Representatives from National Research Council and National Science Foundation
Lunch

Pre-Congress Workshop 3: Creating an inclusive community for people with disabilities in Sri Lanka; the role of the health sector

Hall D, Bandaranaike Memorial International Conference Hall (BMICH), Colombo 07

Registration
Chairs: Dr Lalith Wijeratne, Prof Rajitha Wickramasighe
Welcome and Introduction
Dr Lalith Wijeratne
Inclusive Communities: Global Perspectives
Dr Roshini Peiris-John
Nothing about us without us; lessons for inclusion
Mr Ishan Jalil
Coffee/Tea
The status of disabilities in Sri Lanka
Dr Shiromi Maduwage
The health sector initiatives for inclusion
Dr Padma Gunaratne
State of the children with disabilities in Sri Lanka
Dr Samanmali Sumanasena
The social services initiatives for the people with disabilities in Sri Lanka
Mrs Deepika Subasinghe
Legal framework to protect rights of persons with disabilities
Mrs Lasanthi Daskon- Atthanayake
Research findings – Inclusive education strategies; based on the PLAN study
Dr Manuja Perera
The road map for the future: Group discussion Wrap and closure
Lunch

Pre-Congress Workshop 4:

Organized by the Expert Committee on Prevention of Road Traffic Crashes and the Expert Committee on Ergonomics of the Sri Lanka Medical Association

Hall D, Bandaranaike Memorial International Conference Hall (BMICH), Colombo 07

Registration
Introduction to the workshop

Dr Palitha Abeykoon
 Burden of road traffic injury in Sri Lanka
Prof Samath Dharmaratne
 Monitoring and Evaluation of Road Safety Interventions in Low and Middle Income Countries
Prof Shivam Gupta
 Coffee/Tea
 Frameworks for road injury harm reduction
Prof Julie Mytton
 Lunch
 Land use, transport and population health: Opportunities for significant change
Prof Mark Stevenson
 Summary of the workshop and the way forward
All Resource Persons

Pre Congress Workshop 5: Seminar on “The Aging Heart in Health and Disease”

Hall C, Bandaranaike Memorial International Conference Hall (BMICH), Colombo 07

Chair: Dr Palitha Abeykoon

Panel Discussion: Issues relating to cardiovascular risk factors in aging populations
Prof Tissa Kappagoda; Prof Dianne Hyson; Dr Douglas Cort
 Coffee / Tea
 Workshop on “Multi-disciplinary Approach to Cardiac Care”
 Introduction
Prof Tissa Kappagoda
 Adherence to and compliance with therapeutic regimens
Prof Tissa Kappagoda
 It is not all about “Stress”: The role of the clinical Psychologist
Dr Douglas Cort
 Food is a medicine for the heart
Prof Dianne Hyson
 Role of databases in evaluating healthcare policies: myocardial infarction in California
Dr Anura Ratnasiri
 New research on plant products in cardiovascular care
Dr Indika Edirisinghe
 Questions and Panel discussion
 Lunch

Tuesday 15th July 2014
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Pre Congress Workshop 6: Advances in Immunology: Implications for Vaccination

Lionel Memorial Auditorium, Sri Lanka Medical Association, Wijerama House, Colombo 07

Registration
 Chairs: Prof Jennier Perera, Dr Samitha Ginige

 Recent advances in immune response and vaccines
Dr Ushani Rajapakse
 Vaccination strategies for the control of mucosal infection
Dr Neelika Malavige
 Adjuvants and their role in eliciting an improved response
Dr Rajiva de Silva
 Intradermal delivery of vaccines: potential benefits and current challenges
Dr Omala Wimalaratne
 Tea
 New vaccine development strategies
Prof Roshan Perera
 Nanotechnology and Vaccines

Dr Sanjeewa Witharana

Optimising vaccination schedules: use of evidence based approach

Dr Nihal Abeysinghe

Sustainability of new technology in the National Immunization Programme

Dr Paba Palihawadana

Lunch

Pre Congress Workshop 7: SASSM & SLMA Sexual Medicine Conference

Hall A, Bandaranaike Memorial International Conference Hall (BMICH), Colombo 07

Introduction and welcome speech

Dr Pramilla Senannayake

Introduction to South Asian Society of Sexual Medicine

Dr S S Vasan

Plenary lecture

Management of premature Ejaculation

Prof Ganesan Adaikan

Symposium on Erectile Dysfunction

Chair: Prof Neville Perera

Erectile dysfunction risk factor modification

Dr Lasantha Malavige

Medical management of erectile dysfunction

Dr S. S. Vasan

Role of partner in erectile dysfunction

Dr Mahesh Rajasuriya

Indications and outcomes of surgery for erectile dysfunction

Dr Ajith Malalasekera

Tea

Symposium on Hypogonadism

Chair: Prof Colvin Goonaratne, Prof S D Jayaratne

Diabetic Hypogonadism

Prof Devaka Fernando

Late onset Hypogonadism

Prof Srinath Chandrasekara

Management of Hypogonadism in men

Dr Prasad Katulanda

Use and misuse of Testosterone in sexual medicine

Dr S S Vasan

Lunch

Sexual medicine case discussion

Moderators: Prof Carlo Fonseka, Prof Harsha Seneviratne

Sub fertile couple with sexual issues

Prof Athula Kaluarachchi; Prof Srinath Chandrasekera; Prof Ganesan Adaikan

Surgical emergencies in sexual medicine

Dr Ajith Malalasekera, Dr S S Vasan

Premature ejaculation

Prof Diyanath Samarasinghe; Dr Lasantha Malavige

Sexual activity after MI

Dr Vajira Senaratne; Dr Lasantha Malavige; Prof Diyanath Samarasinghe

Vote of thanks

Dr Lasantha Malavige

INAUGURATION OF THE 127TH ANNIVERSARY SCIENTIFIC MEDICAL CONGRESS

Hall B, Bandaranaike Memorial International Conference Hall, Colombo 07

Under the patronage of His Excellency Mahinda Rajapaksa

President of the Democratic Socialist Republic of Sri Lanka

Guests take their seats
Arrival of the Chief Guest
Introduction of Council Members to the Chief Guest
Ceremonial Procession
National Anthem
Lighting of the Oil Lamp
Welcome Address
Dr Palitha Abeykoon, *President, SLMA*
Address by the Guest of Honour
Professor Tissa Kappagoda
Director of Cardiac Rehabilitation Program, Director of the Coronary Heart Disease Reversal Program, Sacramento, USA
Address by the Hon. Minister of the Health
Hon Maithripala Sirisena, *Minister of Health*
Address by the Chief Guest
His Excellency Mahinda Rajapaksa
President of the Democratic Socialist Republic of Sri Lanka
Launch of Book 'A History of Medicine in Sri Lanka'
Vote of Thanks
Dr. Ruvaiz Haniffa, *Honorary Secretary, SLMA*
The SLMA Oration 2014
"Hallucinations: tele-creations of the haunted mind"
Professor Nimal Senanayake
Fellow, American Academy of Neurology
Emeritus Professor of Medicine, Faculty of Medicine, University of Peradeniya
Cultural Show
The procession leaves the Hall
Reception

Wednesday 16th July 2014

Registration
KEY NOTE ADDRESS
Chair: Dr Palitha Abeykoon
"Sri Lankan paradox: time to celebrate and move forward"
Dr Firdosi Rustom Mehta

GUEST LECTURE 1
Chair: Dr Palitha Abeykoon and Dr Firdosi Rustom Mehta
NCD Prevention
Prof Brian Oldenburg

GUEST LECTURE 2
Chair: Dr Gamini Perera
Achievements and challenges in Maternal and Child Health
Dr Lakshman Senanayake

GUEST LECTURE 3
Chair: Dr Iyanthi Abeywickrama
Emerging challenge of HIV
Dr C D Wickremasuriya

GUEST LECTURE 4

Chair: Prof Jennifer Perera, Prof Lalitha Mendis
Emerging infectious diseases
Dr Nihal Abeysinghe

PROFESSOR N D W LIONEL MEMORIAL ORATION

Chair: Dr Palitha Abeykoon

Generating evidence for clinical practice: the role of the clinical pharmacologist
Professor Asita de Silva MBBS, DPhil (Oxon), FRCP (Lond)
Clinical Trials Unit, Department of Pharmacology
Faculty of Medicine, University of Kelaniya, Ragama
Tea and poster viewing

GUEST LECTURE 5

Chair: Dr Palitha Abeykoon
Towards evidence based health policy and management
Prof Devaka Fernando

GUEST LECTURE 6

Chair: Dr J B Peiris and Prof Anoja Fernando
Current management of Parkinsons Disease
Dr Padma Gunaratne

GUEST LECTURE 7

Chair: Dr Lasantha Malavige and Dr Dennis Aloysius
Erectile Dysfunction: Past, Present and the Future
Dr S S Vasani

GUEST LECTURE 8

Chair: Prof Nadira Karunaweera
Infectious Disease: the need for innovative research
Prof Senaka Rajapakse

SYMPOSIUM 1

OBESITY PREVENTION

Chair: Dr Palitha Abeykoon and Dr B J C Perera

Obesity: the global and local perspective
Dr Prasad Katulanda
Medical Management
Dr Uditha Bulugahapitiya
Surgical management: the local experience
Dr Thejana Wijeratne

SYMPOSIUM 2

WOMENS' HEALTH

Chair: Prof Nalika Gunawardene and Dr Pramilla Senanayake

Visual inspection with acetic acid for cervical cancer screening: the world/Asian experience
Dr Abhijeeth Pathak
Young women and their sexual and reproductive health needs and challenges: case study in Sri Lanka
Dr Samantha Premaratne
Misoprostol: the wonder drug in reducing maternal morbidity and mortality
Prof Athula Kaluarachchi

SYMPOSIUM 3

ELDERLY MEDICINE

Chair: Dr Ruvaiz Haniffa and Dr Lalith Wijeratne

Social well being of the Elderly
Mrs J Krishnamoorthy
Falls and fractures in Elderly
Prof Sarath Lekamawsam
An Approach to Urinary Incontinence
Prof Prasad Mathews
Community Health Care in Successful ageing
Dr Shiromi Maduwage

SYMPOSIUM 4
VECTOR-BORNE DISEASES
Chair: Dr Ananda Wijewickrama

International trends in Vector Borne Diseases
Prof David Lalloo
Japanese Encephalitis vaccine: the way forward
Prof Jennifer Perera
Challenges in elimination of malaria from Sri Lanka
Dr Rishantha Premaratne
Lunch

FREE PAPER SESSION 1
NON COMMUNICABLE DISEASES
Chair: Dr Lucian Jayasuriya
FREE PAPER SESSION 2
PSYCHIATRY
Chair: Prof Hemamali Perera
FREE PAPER SESSION 3
PHARMACOLOGY AND PHARMACY
Chair: Prof Gita Fernando
FREE PAPER SESSION 4
VECTOR BORNE DISEASES
Chair: Dr Iyanthi Abeywickreme

SYMPOSIUM 5
CARDIOLOGY
Chair: Prof Tissa Kappagoda and Dr Sunil Seneviratne Epa
Role of an Interventional cardiologist in the management of Ischemic Heart Disease
Dr Vajira Senaratne
Interactive session on ECG abnormalities
Dr Suresh Kottegoda
Paediatric cardiology
Dr Ranjit Liyanage

SYMPOSIUM 6
MENTAL HEALTH
Chair: Prof Hemamali Perera and Dr Jayan Mendis
Update on Bipolar Affective Disorder
Prof Raveen Hanwella
Sex in the long term relationship
Dr Mahesh Rajasuriya
The new epidemic on Autism: How to prepare
Dr Sudarshi Seneviratne
SYMPOSIUM 7 DERMATOLOGY
Chair: Dr Dennis J Aloysius and Dr Lakshman Ranasinghe
Common childhood skin disorders
Prof Jayamini Seneviratne
Leprosy, the Sri Lankan perspective
Dr Indira Kahawita

Leishmaniasis
Dr Ganga Sirimanna

SYMPOSIUM 8
MANAGEMENT OF DENGUE
Chair: Dr Kalyani Guruge and Dr Paba Palihawadana
Management of Dengue: Learning the Hard Way
Prof Suchitra Nimmannitya
DHF: How Predictable is the outcome
Dr Lak Kumar Fernando
Evolution of Dengue Illness: Sri Lankan Perspective
Dr Hasitha Tissera
Tea

Doctor's Concert

Thursday 17th July 2014

Registration
PLENARY
Chair: Dr Palitha Abeykoon and Prof Jennifer Perera
Challenge of Emerging Viral Infections
Prof Malik Pieris

SYMPOSIUM 9
EPILEPSY
Chair: Dr V Murali
Emergencies in epilepsy
Dr Roop Gursahani
Management of epilepsy; Rational choice of AEDs
Prof K D Pathirana
Uses and abuses of EEG in the management of Epilepsy
Dr Sudath Gunasekara

SYMPOSIUM 10
HEALTH ECONOMICS
Chair: Dr Manuj Weerasinghe and Dr Malik Fernando
Universal health care beyond 2015
Associate Prof Dr Siripen Supakankunti
Health economics in Sri Lanka: lessons for policy
Prof Amala de Silva
Panel discussion
Dr Anuruddha Padeniya, Dr Sarath Samarage, Dr Joel Fernando

SYMPOSIUM 11
ADVANCES IN STEM CELL RESEARCH AND THERAPY
Chair: Dr Hemali Gunasekera, Dr Lalindra Goonaratne
Islets generated from stem cells for diabetes treatment and research
Prof Ramesh Bhonde
Neuroprotection through tissue derived mesenchymal stem cells
Dr Indrani Datta
Role of bone marrow derived allogeneic mesenchymal stem cells in critical limb ischemia
Dr Pawan Kumar Gupta

SYMPOSIUM 12
TRAINING OF MEDICAL DOCTORS
Chair: Dr Palitha Abeykoon

Overview of student assessment
Dr Indika Karunathilake
Workplace-based assessment
Dr Chandima Idampitiya
Assessing team work
Dr Asela Olupeliyawa
Assessment of psychomotor skills
Prof D Y D Samarawickrema
Tea and poster viewing

GUEST LECTURE 9

Chair: Dr J B Peiris
An approach to Delirium and Coma
Dr Roop Gursahani

GUEST LECTURE 10

Chair: Prof Narada Warnasuriya
Poverty and Health
Prof Saroj Jayasinghe

GUEST LECTURE 11

Chair: Prof Rohan W. Jayasekera and Prof Vajira H W Dissanayake
The Next Frontier: Stem Cells and Regenerative Medicine
Prof Ramesh Bhonde

GUEST LECTURE 12

Chair: Dr Nadeeka Rathnamala
Chronic kidney disease: integration into the global NCD agenda
Prof Tazeen Jafar

FREE PAPER SESSION 5

GENERAL MEDICINE AND TOXICOLOGY

Chair: Dr Malik Fernando

FREE PAPER SESSION 6

PUBLIC HEALTH

Chair: Dr Preethi Wijegoonewardene

FREE PAPER SESSION 7

HAEMATOLOGY AND ONCOLOGY

Chair: Dr Samantha de Silva

FREE PAPER SESSION 8

MISCELLANEOUS

Chair: Dr Dennis J Aloysius

Lunch

SYMPOSIUM 13

MANAGEMENT OF HYPERTENSION

Chair: Prof Asita de Silva

Updates on Management of Hypertension for Clinical and Public Health Practice

Prof Tazeen Jafar

Clinical efficacy, cost effectiveness, and analysis of clustered multi-country data in hypertension trials

Prof Eric Finkelstein

Management of Hypertension in Chronic Kidney Disease

Dr Shamila de Silva

SYMPOSIUM 14

TOBACCO AND ALCOHOL: HOW SHOULD WE RESPOND TO TOBACCO, ALCOHOL AND DRUG USE?

Chair: Prof Narada Warnasuriya and Prof Diyanath Samarasinghe

Session 1: Countering innovative promotions of drugs and alcohol

Promoting Tobacco Use

Dr Nadeeka Chandraratne

Promotion of Alcohol Use

Dr Sameera Hewage

Examples of responses of health professionals

Discussion

Session 2: Interacting with drug and alcohol users in clinical practice

Role plays of different scenarios, followed by short discussions on the theoretical basis of each role play.

Dr Mahesh Rajasuriya and Dr Jayamal De Silva

Discussion

SYMPOSIUM 15

GENETICS OF COMPLEX DISORDERS

Chair: Prof Rohan W Jayasekera and Prof Vajira HW Dissanayake

Genetics of chronic heart disease

Dr Maneka De Silva

Genetics of diabetes

Dr Prasad Katulanda

Cancer genetics and genomics

Dr Nirmala Sirisena

SYMPOSIUM 16

PRIMARY HEALTH CARE IN SRI LANKA – THE WAY FORWARD

Chair: Dr Firdosi Rustum Mehtha and Dr Ruvaiz Haniffa

Primary healthcare development in Sri Lanka and the present gaps

Dr Nimali Widanapathirana

Regional experience in adopting Family Medicine approach to Universal Healthcare

Dr Preethi Wijegunawardena

The proposed primary healthcare reformation “The shared care system”

Dr Sussie Perera

Financing challenges of strengthening primary healthcare

Prof Amala de Silva

SYMPOSIUM 17

POISONING AND TOXICOLOGY

Chair: Prof Ravindra Fernando and Dr Malik Fernando

Reducing poisoning deaths rates: lessons from Sri Lanka

Prof Andrew Dawson

Paracetamol overdose - Recent Developments

Prof Priyadharshani Galappaththy

Pesticide overdose

Dr Shaluka Jayamanne

SYMPOSIUM 18

RESPIRATORY MEDICINE

Chair: Dr Saman Kularatne

Leading a normal life with bronchial asthma

Dr Manil Peiris

Total care in COPD

Dr Anoma Siribaddana

Obstructive sleep apnoea

Dr Himanshu Garg

SYMPOSIUM 19

INTEGRATED HEALTH INFORMATION SYSTEMS ARCHITECTURE FOR THE 'THREE INTERLINKED PATIENT MONITORING'

Chairperson: Prof Vajira H W Dissanayake, Dr Amal Harsha de Silva and Prof Janaka de Silva

Introduction to the road-map of HIV/AIDS, TB and Malaria prevention in Sri Lanka and the role of proposed Health Information Systems
Dr Sudath Samaraweera
'Three interlinked patient monitoring' and DHIS2 - the global experience
Prof Jørn Braa
Changing Landscape of Health Information Systems in Developing Countries
Prof Sundeep Sahay
Discussion with the participation of representatives of the Ministry of Health

SYMPOSIUM 20
PALLIATIVE CARE
Chair: Prof Nandani de Silva
Palliative care of cancer patients
Dr Suharsha Kanathigoda
Palliative care in end-stage renal disease
Dr Frank Brennan
Palliative care for non-cancer patients
Dr Udayangani Ramadasa
Tea

DR S C PAUL ORATION
Leishmaniasis: a newly established vector borne disease in Sri Lanka
Dr Yamuna Deepani Siriwardana MBBS, PhD
Senior Lecturer, Department of Parasitology, Faculty of Medicine, University of Colombo

Friday 18th July 2014

Registration
PLENARY
Chair: Dr Palitha Abeykoon
Cardiac Rehabilitation
Prof Tissa Kappagoda

GUEST LECTURE 13
Chair: Dr Gamini Walgampaya

Cochlear Implantation
Dr A D K S N Yasawardene

GUEST LECTURE 14
Chair: Dr Samanmali Sumanasena

Acquired Bone Marrow Failure Syndrome
Dr Pritesh Junagade

09.30 – 10.15 am
Dr S Ramachandran Memorial Oration
Chair: Dr Palitha Abeykoon

Accreditation of Medical Schools (Local and Foreign) in Sri Lanka: Issues, Concerns and possible solutions
Vidyajyothi Professor Rezvi Sheriff MD, FRCP, FRCPE, FRACP, FCCP, FNASSL, FSLCGP, FIMACGP
Senior Professor of Medicine, University of Colombo, Councilor – Sri Lanka Medical Council

Tea and poster viewing

SYMPOSIUM 21
INITIAL TRAUMA CARE IN A NON-SURGICAL SETTING
Chair: Prof Ishan de Zoysa

Basics of trauma for general practitioners
Dr Mahanama Gunasekara
Wound management in a primary care setting
Dr Rezni Cassim
Case discussion

SYMPOSIUM 22
HAEMATOLOGY Hall B
Chair: Prof Dilani Lokuhetty

Approach to lymphadenopathy and splenomegaly
Dr Pritesh Junagade
New oral anticoagulants
Dr Chitranga Kariyawasan
Thalassaemia major: optimal care or attempt to cure?
Dr Lallindra Gooneratne

SYMPOSIUM 23
IMMUNOLOGY UPDATE
Chair: Prof Jennifer Perera

Immunological basis of asthma
Prof Anura Weerasinghe
Diagnosis of humoral immune deficiencies
Dr Rajiva de Silva
The role of co-factors in anaphylaxis
Dr Neelika Malavige

SYMPOSIUM 23
IMMUNOLOGY UPDATE
Chair: Prof Jennifer Perera

Immunological basis of asthma
Prof Anura Weerasinghe
Diagnosis of humoral immune deficiencies
Dr Rajiva de Silva
The role of co-factors in anaphylaxis
Dr Neelika Malavige

SYMPOSIUM 24
NIROGI LANKA
Chair: Dr Neelamani Hewagegana, Dr Noel Somasundaram and Dr Ananda Ranatunga

NIROGI Diviya
Showcasing achievements in community empowerment in prevention and control of NCDs in the urban setting
Dr Carukshi Arambepola, Mr Nalin Kumara and Mr K Wijikumar
NIROGI Paadha
An evidence based holistic approach to saving limbs in diabetes mellitus
Prof Mandika Wijeyaratne
Piloting
Dr Uditha Bulugahapitiya
PnO Training and DSI shoe to protect diabetic foot
Mr Chandrasiri Sumanasekara
NIROGI Maatha
Prevention of diabetes mellitus and CVD from womb to tomb concept
Prof Chandrika Wijeyaratne and Dr Asanka Jayawardane
Screening for diabetes mellitus in fields of MCH
Dr Nilmini Hemachandra

Implementation and advantage of midwife training
Dr Thilak Udayasiri
Lunch

SYMPOSIUM 25
MILITARY MEDICINE
Chair: Rear Admiral Dr NELW Jayasekera
Role of military medics
Major General Dr Sanjeewa Munasinghe
Sri Lanka- A diving medicine hub
Rear Admiral Dr Lalith Ekanayake
Air crew medical examination
Air Commodore Dr Sunil Karunaratne

SYMPOSIUM 26
MOVING FORWARD: REVIEWING SEVERE MATERNAL COMPLICATIONS TO IMPROVE CARE
Chair: Dr Lakshman Senanayake

Moving beyond maternal deaths
Dr Kapila Gunawardane
Maternal near-misses – technical background - The WHO near-miss approach
Dr Anoma Jayathilaka
Maternal near-misses in Sri Lanka – findings of WHO multi-country survey
Dr Kapila Jayaratne
Capturing maternal near-misses in hospital settings
Dr Sardha Hemapriya

SYMPOSIUM 27
HPV RELATED DISEASE
Chair: Dr Lasantha Malavige

Introduction to symposium, Sri Lanka perspective
Prof Suzanne Garland
Prevalence of some STIs and in particular HPV in a sexual health setting in urban Sri Lanka
Dr Nirma Samarawickrema
Determination of age-specific prevalence of HPV genotypes in a sample of women attending antenatal clinics in urban Sri Lanka
Dr Aruni Weerakoon
Detection of HPV DNA and current trends in management of HPV related diseases
Prof Suzanne Garland
Knowledge and understanding of HPV and importance of working with the community
Associate Prof Rachel Skinner

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Prof Suzanne Garland

Knowledge and understanding of HPV and importance of working with the community

Associate Prof Rachel Skinner

SYMPOSIUM 28
ENSURING QUALITY AND SAFETY IN HEALTH CARE
Chair: Dr Lakshmi C Somathunga and Dr Lucian Jayasuriya

Patient safety from a clinician's point of view

Prof Mohan De Silva

Patient Safety from Management Perspective

Dr Susantha De Silva

Importance of Clinical audits in Patient Safety

Dr R Mudiyanse

Health Ministry's Initiation on Patient Safety programme

Dr S Sridharan

SYMPOSIUM 29
CRITICAL CARE
Chair: Dr Shirani Hapuarachchi

Management of Bleeding in Critical Care

Dr Vasanthi Pinto

Update on management of sepsis

Dr S Mathanalagan

Critical care management of traumatic brain injury

Dr Haritha Dharmakeerthi

SYMPOSIUM 30
NAFLD/NASH: MOVING THE NEEDLE
Chair: Prof Saroj Jayasinghe

Epidemiology and clinical presentation

Prof Janaka de Silva

Genetics of NAFLD/NASH

Prof Norihiro Kato

Evidence based management of NAFLD/NASH

Dr Madunil Niriella

SYMPOSIUM 31
NANO-TECHNOLOGY
Chair: Prof Vajira H W Dissanayake

Introduction to Nanotechnology

Dr Nilwala Kottegoda

Self-monitoring Devices

Dr Shehan De Silva

Medical Applications of Nanotechnology
Prof Veranja Karunaratne

BANQUET

Grand Ballroom, Waters Edge

Monday, 21st July & Tuesday, 22nd July 2014

Post Congress Workshop
Management of children with cerebral palsy
Organized by the Disability Committee of the Sri Lanka Medical Association
New Auditorium, LRH, Colombo

Day 1

Key concepts in management of children with CP working within the multidisciplinary team
Dr James Rice; Mr Brian Hoare; Ms Felicity Baker

Day 2

Hands on session in the management of children with CP: case based discussion with demonstrations and practice
Dr James Rice; Mr Brian Hoare; Ms Felicity Baker

Thursday, 24th July & Friday, 25th July 2014

Post Congress Workshop
Management of children with cerebral palsy
Organized by the Disability Committee of the Sri Lanka Medical Association
New auditorium, Peradeniya Teaching Hospital, Kandy

Day 1

Key concepts in management of children with CP working within the multidisciplinary team
Dr James Rice; Mr Brian Hoare; Ms Felicity Baker

Day 2

Hands on session in the management of children with CP: case based discussion with demonstrations and practice
Dr James Rice; Mr Brian Hoare; Ms Felicity Baker

OVERSEAS RESOURCE PERSONS

Dr Nihal Abeysinghe
Prof Ramesh Bhonde
Prof Jørn Braa
Dr Indrani Datta
Dr Susantha De Silva
Prof Devaka Fernando
Prof Suzanne Garland
Artemis Hospitals
Dr Roop Gursahani
Prof Tazeen Jafar
Prof Tissa Kappagoda
Dr Ranjit Leanlage
Prof Prasad Mathew
Prof Julie Mytton
Prof Brian Oldenburg
Dr Roshini Peiris-John
Dr Nirma Samarawickrema

Prof Ganesan Adaikan
Dr Jed Blore
Dr Douglas Cort
Prof Andrew Dawson
Dr Indika Edirisinghe
Prof Eric Finkelstein
Dr Himanshu Garg
Dr Pawan Kumar Gupta
Prof Dianne Hyson
Dr Pritesh Junagade
Prof David Laloo
Dr Chandima Idampitiya
Dr Firdosi Rustom Mehta
Prof Suchitra Nimmannitya
Prof Malik Pieris
Associate Prof Rachel Skinner
Prof Mark Stevenson

Ms Felicity Baker
Dr Maneka De Silva
Mr Brian Hoare
Prof Norihiro Kato
Dr James Rice
Prof D Y D Samarawickrema

Dr Frank Brennan
Prof Shivam Gupta
Dr Suharsha Kanathigoda
Dr Anura Ratnasiri
Prof Sundeep Sahay
Associate Prof Dr Siripen Supakankunti

RESOURCE PERSONS SRI LANKA

Dr Palitha Abeykoon
Dr Buddhika Ariyaratne
Dr Nadeeka Chandraratne
Prof Samath D Dharmaratne
Prof Janaka de Silva
Dr Shamila De Silva
Surgeon Rear Admiral Dr Lalith Ekanayake
Dr Lak Kumar Fernando
Dr Lallindra Goonerathne
Dr Sudath Gunasekara
Prof Raveen Hanwella
Air Commodore Sunil Karunaratne
Mr Ishan Jallil
Dr Anoma Jayathilaka
Prof Saroj Jayasinghe
Dr Indika Karunathilake
Dr Nilwala Kottegoda
Prof Sarath Lekamwasam
Dr Ajith Malalasekera
Dr Neelika Malavige
Major General Dr Sanjeva Munasinghe
Dr Anuruddha Padeniya
Prof K D Pathirana
Prof Jeniffer Perera
Dr Risintha Premaratne
Dr Ushani Rajapakse
Dr Sarath Samarage
Dr Pramilla Senannayake
Prof Jayamini Seneviratne
Dr Ganga Sirimanna
Mrs Deepika Subasinghe
Dr Hasitha Tissera
Dr Aruni Weerakoon
Prof Chandrika Wijerathne
Dr Preethi Wijegoonewardene
Dr Omala Wimalaratne
Dr Uditha Bulugahapitiya
Dr Jayamal de Silva
Dr Nilmini Hemachandra
Dr Sameera Hewage
Dr Chitranga Kariyawasam
Mrs J Krishnamoorthy
Dr S Mathanalanagan
Dr Udayangani Ramadasa
Dr Manil Peiris
Prof Diyanath Samarasinghe
Dr Anoma Siribaddana
Dr A D K S N Yasawardene
Dr C D Wickramasuriya
Dr Sanjeewa Witharana

Dr Carukshi Arambepola
Prof Srinath Chandrasekara
Prof Amala De Silva
Prof Mohan De Silva
Dr Rajiva De Silva
Prof Vajira Dissanayake
Dr Joel Fernando
Prof Priyadharshani Galappaththy
Dr Padma Gunaratne
Dr Kapila Gunawardane
Prof Athula Kaluarachchi
Prof Veranja Karunaratne
Dr Shaluka Jayamanne
Dr Kapila Jayaratne
Dr Indira Kahawita
Dr Prasad Katulanda
Dr Suresh Kottegoda
Dr Palitha Gunarathna Mahipala
Dr Lasantha Malavige
Dr R Mudiyanse
Dr Asela Olupeliyawa
Dr Paba Paliawadana
Dr Vasanthi Pinto
Dr Susie Perera
Prof Senaka Rajapakse
Dr Mahesh Rajasooriya
Dr Lakshman Senanayake
Dr Vajira Senaratne
Dr Sudarshi Seneviratne
Dr Nirmala Sirisena
Dr Samanmali Sumanasena
Dr S S Vasana
Prof Anura Weerasinghe
Prof Mandika Wijayarathne
Dr Lalith Wijeyaratne
Mrs Lasanthi Daskon- Atthanayake
Dr Haritha Dharmakeerthi
Dr Shehan De Silva
Dr Sardha Hemapriya
Rear Admiral Dr NELW Jayasekera
Dr Nilwala Kottegoda
Dr Shiromi Maduwage
Dr Madunil Niriella
Prof Roshan Perera
Dr Samantha Premaratne
Dr Sudath Samaraweera
Dr S Sridharan
Dr Nimali Vidanapathirana
Dr Thejana Wijeratne

Annexe 2: Detailed programmes of the Monthly Clinical Meetings

Tuesday 21st January 2014

Case Presentation

A difficult case of Cushings syndrome

Dr Milinda Withana

Registrar, Professorial Medical Unit, NHSL

Review Lecture

Cushings syndrome

Dr Prasad Katulanda

Senior Lecturer in Medicine, Honorary Consultant Endocrinologist, NHSL

MCQs

Dr Prasad Katulanda

Tuesday 18th February 2014

Case Discussion

Foster Kennedy Syndrome in the 21st century

Dr Thushara Matthias, Registrar in Medicine, University Medical Unit, CSTH

Review Lecture

Visual Loss for Physicians

Prof Saman Gunatilake

Professor of Medicine, University Medical Unit, CSTH

MCQ Discussion

Dr Nilanka Perera, Lecturer/Senior Registrar in Medicine, University Medical Unit, CSTH

Tuesday 18th March 2014

PERIPHERAL NERVE INJURIES

Review Lecture

Peripheral Nerve injury - Do's and Don'ts for the Non Expert

Dr Dammika Dissanayake

Consultant Plastic Surgeon, National Hospital of Sri Lanka

Case Presentations

Dr Arunajith Amarasinghe

Senior Registrar in Plastic Surgery, NHSL

MCQs

Dr Kapila Mendis

Senior Registrar in Plastic Surgery, NHSL

Tuesday 22nd April 2014

Role of Bronchoscopy in Paediatric Practice

by

Dr S B Etulgama, ENT Surgeon

Sirimavo Bandaranayake Memorial Children's Hospital, Peradeniya

Case Presentations

Dr Ganganath Gunathilaka
Senior Registrar in Paediatric Pulmonology, LRH

Discussion**MCQ/Picture Quiz**

Dr S S C de Silva
Senior Registrar in Paediatric Pulmonology, LRH

Tuesday 20th May 2014

Intussusception in Children

by
Dr Malik Samarasinghe
Senior lecturer, Department of Surgery, University of Colombo
Hon. Consultant Paediatric Surgeon, Lady Ridgeway Hospital for Children, Colombo

Case Presentations

Dr C K Anandalal
Registrar in Paediatric Surgery, Lady Ridgeway Hospital for Children

MCQs

Dr Malik Samarasinghe

Tuesday 17th June 2014

AN OVERVIEW OF INTERSTITIAL LUNG DISEASE

by
Dr Damith Nandadeva and Dr. Sumedha Samankantha
Senior Registrars in Respiratory Medicine, Teaching Hospital, Kandy

Review Lecture

Dr Dushantha Madegedara
Consultant Respiratory Physician, Teaching Hospital and Respiratory Disease Treatment Unit, Kandy

MCQ/Picture Quiz

Dr Nieranjan Dissanayake
Consultant Respiratory Physician, General Hospital, Nuwara-Eliya

Tuesday 19th August 2014

Gynaecological Malignancies in Women**Cervical and Endometrial malignancies**

Dr Bimalka Seneviratne
Senior Lecturer in pathology, Faculty of Medical Sciences, University of Sri Jayawardenepura

Ovarian malignancies

Prof Athula Kaluarachchi
Professor in Gynaecology and Obstetrics, Faculty of Medicine, University of Colombo

Case discussion/ MCQ

Dr Ruwan Gamage
Resident Gynaecologist and Obstetrician, De Soyza Maternity Hospital

Tuesday 16th September 2014

Overview of Personality Disorders

Dr Dulshika Amerasinghe Waas
Senior Lecturer, Dept. of Psychiatry, University of Sri Jayawardenepura

Patient with Borderline Personality Disorder

Dr Vipula Wijesiri
Senior Registrar, Colombo South Teaching Hospital

Discussion

Dr Vipula Wijesiri and Dr. Dulshika Amerasinghe Waas

Tuesday 21st October 2014

Lung Cancer in a Non Smoker

Case Presentation

Dr O J C Perera
Registrar, Clinical Oncology, National Cancer Institute, Maharagama

Review of Lung Cancer Management

Dr N Jeyakumaran
Consultant Clinical Oncologist, National Cancer Institute, Maharagama

MCQ in Oncology

Dr N Jeyakumaran

Discussion

Tuesday 18th November 2014

CASE I

Pregnancy with prosthetic valves

Dr W S Santharaj
Consultant Cardiologist, Institute of Cardiology, National Hospital of Sri Lanka

Dr Chamara Rathnayaka
Senior Registrar, Institute of Cardiology, National Hospital of Sri Lanka

CASE II

Clinical case discussion

Dr Vajira Senaratne
Consultant Cardiologist, Institute of Cardiology, National Hospital of Sri Lanka

Tuesday 16th December 2014

CASE I

Fever and rash in a post-partum mother

Dr Vaithehi Francis - Senior Registrar, Microbiology

CASE II

Fever and vomiting in a 23 year old lady

Dr Shamithra Sigera - Registrar Microbiology

REVIEW LECTURE

Chronic Meningitis of infective origin

Dr Shirani Chandrasiri - Consultant Microbiologist, CSTH

MCQ SESSION

Dr Dhammika Vidanagama – Consultant Microbiologist, Chest Hospital, Welisara

DISCUSSION

Annex 3: DETAILED PROGRAMMES OF THE OUTSTATION MEETINGS

JOINT REGIONAL MEETING WITH MATALE CLINICAL SOCIETY

11th – 12th February 2014 at the Doctors Auditorium and RDHS Auditorium, Matale

Day 1 - Doctors Auditorium

Registration

National Anthem and traditional lighting the lamp of learning

Welcome Speech by the President, Clinical Society of Matale

Dr Bandula Bandaranayake, Consultant ENT Surgeon

Address by the President SLMA

Dr Palitha Abeykoon, Advisor, World Health Organisation, South East Asia Regional Officer

Bacterial lower respiratory tract infections in children

Dr B J C Perera, Consultant Paediatrician

Orthopaedic care for elderly in Sri Lanka

Dr Akalanka Jayasingha, Consultant Orthopaedic Surgeon

Tea

Care of the Elderly in General Practice

Dr Ruvaiz Haniffa, Consultant Family Physician and Lecturer

Old age psychiatry- advances and current challenges

Dr Gihan Abeywardena, Consultant Psychiatrist

Sleep disorders of the elderly

Dr D S Jayamanna, Consultant Pulmunologist, Columbus, USA

Lunch

Day 2

Physical Rehabilitation of Stroke Patients

(A Training Programme for Nurses & Doctors)

Inauguration

Diagnosis and acute management of stroke

Dr B M Jayakody, Consultant Physician

Introduction to rehabilitation of stroke

Dr Padma Gunaratne, Consultant Neurologist

Tea break

Nursing for stroke

Mrs K D W Kahanda, Staff Nurse, National Hospital of Sri Lanka

Physiotherapy for stroke

Mr Sampath Abeyawardana, Senior Physiotherapist, National Hospital of Sri Lanka

Occupational therapy for stroke

Mr Nandana Welage, Tutor, School for OT

Speech therapy for stroke

Ms K Prabani Dineshika, Speech Therapist, National Hospital of Sri Lanka

Social services for stroke

Ministry of Social Services and Social Welfare

JOINT REGIONAL MEETING WITH THE VAVUNIYA MEDICAL ASSOCIATION

20th March 2014 at the Auditorium – District General Hospital, Vavuniya

Registration
Lighting the oil lamp
Address by President VMA
Address by President SLMA
Management of Snakebite
Dr Malik Fernando, Secretary, Snakebite Committee, SLMA
Quality of Care
Dr Sridharan, Director, Healthcare Quality and Safety, Ministry of Health
Tea
Nutrition at early childhood
Dr Shanthini Ganesan, Consultant Paediatrician
Management and Rehabilitation of Alcoholic
Dr Sivathas & Dr. Mahesh
Update on CKD
Dr Mathu Selvarajah – Consultant Nephrologists
Vote of thanks
Lunch
Hands on workshop on "Modern Techniques on Literature Search" for registered participants by
Dr V Murali, Consultant Community Physician, Ministry of Health
(Participants are advised to bring laptop with internet connection to get the hands on experience).
End of sessions

JOINT REGIONAL MEETING WITH THE RATNAPURA CLINICAL SOCIETY

26th March 2014 at 8.00 am at the Auditorium, Provincial General Hospital, Ratnapura

Registration
Lighting the oil lamp
Welcome address by president Ratnapura clinical society
Address by President SLMA
Chairpersons: Dr H Sugathapala and Dr N Jayasinghe
Breast Feeding
Dr Anoma Jayathilake
HIV/AIDS
Dr Iyanthi Abeyewickreme
Evaluation of Hyponataemia
Dr Thamara Herath, Consultant Chemical Pathologist, Provincial General Hospital, Ratnapura
Tea
Chairpersons: Dr Lanka Tennakoon and Dr N Jeyawardhana
Management of Thyroid Disorders
Dr Dimuthu Muthugoda, Consultant endocrinologist, Provincial General Hospital, Ratnapura
Recurrent Uti in Paediatric Practice
Dr Jasintha Sabanadesan, Senior Registrar in Paediatric Nephrology
Rational use of Antibiotics
Dr Kumudu Karunaratna, Consultant Microbiologist, Lady Ridgeway Hospital, Borella
Vote of thanks
End of sessions and Lunch

JOINT REGIONAL MEETING WITH THE GALOYA NIMNA CLINICAL SOCIETY

22nd May 2014 at 8.30 am at the Auditorium, District General Hospital, Ampara

Registration
Welcome Speech
President – Galoya Nimna Clinical Society
Address by President SLMA
Acute childhood asthma- Interactive analysis of management
Dr B JC Perera, Consultant Paediatrician
Management of Dyslipidaemia
Dr Maduwanthi Hettiarachchi, Consultant Physician
What's New In Hypertension Treatment Guidelines?
Dr Z Jamaldeen, Consultant Cardiologist
Common endocrine problems in children
Dr Navoda Atapattu, Consultant Paediatric Endocrinologist
Leprosy: Clinical features and an update of management
Dr Indira Kahawita, Consultant Dermatologist
Clinical nutrition
Dr Ranil Jayawardene
Malaria: Epidemic to elimination
Professor Deepika Fernando
Lunch

JOINT REGIONAL MEETING WITH THE TRINCOMALEE CLINICAL SOCIETY

18th June 2014 at Auditorium – PDHS Office, Trincomalee

Registration
Lighting the oil lamp
Address by President TCS
Dr Samantha Chandraratne, Consultant Paediatrician, DGH, Trincomalee
Address by President SLMA
Dr Palitha Abeykoon
Decompression Sickness and its early Management
Surg. Cmde. E W Jayasingha
Dr Malik Fernando
Obesity and Pregnancy
Dr L C R Rohan, Registrar (Gynecology & Obstetrics), DGH, Trincomalee
Acute bacterial lower respiratory tract infections in children
Dr B J C Perera, Consultant Paediatrician
Tea
An overview of Chronic Kidney Disease
Dr K Sudharsan, Consultant Physician, DGH, Trincomalee
How free is free health?
Dr R Kesavan, Public Health Specialist
Challenges of managing Diabetes in the Trincomalee District-An audit outcome
Dr Kenneth Arulanathan, Consultant Physician, General Hospital Trincomalee
The role of clinicians in eliminating of malaria from Sri Lanka
Dr Kamini Mendis, Formerly Malariologist, World Health Organization, Geneva.
Prof Deepika Fernando, Professor in Parasitology and Consultant Parasitologist,
Faculty of Medicine, Colombo
Dr Indeewarie Gunaratna, Registrar in Community Medicine, AMC
Feedback comments and vote of thanks
Presentation from SPC
Lunch

Hands on workshop on "Modern Techniques on Literature Search" for registered participants by, Dr. Murali Vallipuranathan, Consultant Community Physician, Ministry of Health (Participants are advised to bring laptop with internet connection to get the hands on experience)
End of sessions

JOINT REGIONAL MEETING WITH THE KALUTARA CLINICAL SOCIETY

20th August 2014 at AVANI Kalutara Resort

Registration
National Anthem and lighting of traditional oil lamp
Welcome speech by Dr Pujith Hemachandra, President, Kalutara Clinical Society
Address by President SLMA Dr Palitha Abeykoon

Session 1

Management of the acutely wheezy child – an interactive discussion
Dr B J C Perera
Senior Consultant Paediatrician, Immediate past president SLMA
Management of Differentiated Thyroid Carcinoma
Dr Mahanama Gunasekera
Consultant Surgeon, General Hospital, Kalutara
Management of decompression sickness (BENDS) in divers
Dr Malik Fernando
Former President SLMA, Retired Physician and Diver
Tea
Acute Coronary Syndrome – secondary prevention
Dr Gotabhaya Ranasinghe
Consultant Cardiologist, General Hospital, Kalutara
Impact of Abortions
Dr Harsha Atapattu
Consultant Obstetrician and Gynaecologist, General Hospital, Kalutara
Care of the elderly in General Practice
Dr Ruvaiz Haniffa
Consultant Family Physician, Faculty of Medicine, Colombo
Presentation by SPC
Vote of Thanks
Dr Erandi Kulasinghe, Secretary, KCS
Lunch

JOINT REGIONAL MEETING WITH THE WATHUPITIWALA CLINICAL SOCIETY

6th September 2014 at the Hotel Sanol, Nittambuwa

Programme

Registration
National Anthem
Introduction by Dr S P Akmeemana, President Wathupitiwala Clinical Society
Lighting of the Traditional oil Lamp
Welcome address by Dr Sisira Wijesundara, Medical Superintendent, Base Hospital, Wathupitiwala.
Address by, Dr Palitha Abeykoon, President, SLMA.
Address by Dr Sudath Dharmaratne, Regional Director of Health Services, Gampaha
Address by, Dr Deepthi Perera, Provincial Director of Health Services, Western Province

SESSION I

Chairpersons: Dr Nilhan Nugaduwa, Dr Nissanka Jayawardane and SLMA
The Role of Clinicians in Eliminating Malaria from Sri Lanka
Prof Deepika Fernando, Professor in Parasitology, Faculty of Medicine, University of Colombo

Psychosocial development in childhood and the role of parents and caregivers
Dr Swarna Wijetunga, Consultant Psychiatrist, LRH
Anal Diseases
Prof K I Deen, Professor of Surgery, Faculty of Medicine, University of Kelaniya
COPD - An Overview
Dr Pancha Nandasiri, Consultant Chest Physician, Base Hospital, Hambantota
Cancer Screening an Update
Prof. Aloka Pathirana, Professor of Surgery, Faculty of Medicine, University of Sri Jayawardenepura
TEA & ENTERTAINMENT

SESSION II

Chairpersons - Dr Ajith Semasinghe & Dr Saman Wijethunga

Pituitary Tumours

Dr Uditha Bulugahapitiya, Consultant Endocrinologist, Colombo South Teaching Hospital, Kalubowila

In Vitro Fertilization – Hidden Secrets of Success

Dr Rohana Haththotuwa, Senior Consultant in Obstetrics and Gynaecology

Hypertension

Dr Thusith Goonewardhena, Consultant Physician, Base Hospital Wathupitiwala

SESSION III

Chairperson: Dr. Chitra Perera and Dr Palitha Abeykoon

Matters Related to Money

Dr D de Silva, Ministry of Health

Exercise & Nutrition Programme at Base Hospital, Wathupitiwala

Dr S Jayakody Medical officer in Health Education, Base Hospital, Wathupitiwala

Presentation by SPC

Vote Of Thanks

Dr Gihan Maitipe, Secretary, Clinical Society, Wathupitiwala

Lunch

JOINT REGIONAL MEETING WITH THE JAFFNA MEDICAL ASSOCIATION

29th – 30th October 2014 at the Lecture Hall, Faculty of Medicine, University of Jaffna, Green Grass Hotel, Jaffna and Hoover Auditorium, Faculty of Medicine, Jaffna

Introductory Remarks

Dean, Faculty of Medicine, Jaffna

Address by President SLMA

Address by President JMA

Overview of ERC and ethical approval in Jaffna

Dr R Surenthirakumaran Head, Department of Community Medicine, University of Jaffna

Expedited Review

Dr Panduka Karunanayake, Senior Lecturer, Department of Clinical Medicine, University of Colombo

Ethical issues in Complementary and

Alternative Medicine (CAM) Research

Dr Senaka Pilapitiya, Director, Centre for Education and Research in Complementary and Alternative Medicine, University of Rajarata

Inauguration with Plenary Lecture

Arrival of Guests

Ceremonial Procession

Address by the President SLMA

Address by the President JMA

Launching the Guidelines on "Decompression Sickness" by

Dr Malik Fernando

Launching the JMA Newsletter by

Dr Ajantha Keshavaraj, Editor, JMA

Medical and Ethical issues in treating subfertility over the age 40

Dr Muthukrishna Sathanandan

Vote of Thanks by Secretary, JMA
Procession leaves the hall
Cultural Programme
Veena Recital by Master Dineshan Peranantharajah student of Mrs. Sunthareswari Jeyakumar
Reception

Sessions Registration

Symposium 1: Care of the Elderly

Chairpersons: Dr Palitha Abeykoon and Dr U Mayorathan

Care of the elderly in General Practice
Dr Ruvaiz Haniffa, Consultant, Family Physician, Faculty of Medicine, University of Colombo
Parkinson's disease: A growing problem among the rapidly aging population in Jaffna
Dr Ajantha Kesavaraj, Consultant Neurologist, Teaching Hospital, Jaffna
Plenary lecture "Sexuality in Middle life and beyond"
Chairperson: Dr S T S Chandrakumar
Dr Lasantha Malavige, Specialist in Sexual Medicine
Tea

Symposium2: Adolescent Health/ Transitional Care

Chairpersons: Dr Gitanjali Sathiyadas and Prof Sanath P Lamabadusuriya

Overview of Sri Lankan Adolescents
Dr Ruwanthi Perera, Consultant Pediatrician, Colombo South Teaching Hospital
Nutritional issues in adolescents
Dr Ayodhya Wataliyadda, Acting Pediatrician, Base Hospital, Point Pedro
Transition from Paediatric to adult congenital heart disease
Dr I R Ragunathan, Consultant Pediatric Cardiologist, Teaching Hospital, Jaffna,
Plenary Lecture: DHF
Chairperson: Dr Malik Fernando
Management of DHF
Dr T Peranantharajah, Consultant Physician, Teaching Hospital, Jaffna
Social Media for Medical Associations: The SLMA Experience
Chairpersons: Dr Murali Vallipurathan and Dr Deepal Wijesooriya

Feedback comments and awarding CPD certificates to resource persons
Vote of Thanks by Secretary, SLMA
Lunch

JOINT SYMPOSIUM WITH THE AVISSAWELLA CLINICAL SOCIETY

8th November 2014 at the Purple Sun Holiday Resort, Avissawella

Registration
Opening ceremony
Lighting of the oil lamp and National Anthem
Welcome address by the President Avissawella Clinical Society
Address Dr Palitha Abeykoon, President SLMA
Speech by Dr Palitha Mahipala, DGHS, Chief Guest

Session 1 (Chairpersons: Dr Vigneshwaran and Dr Rohan Jayasooriya)

Cardiac supra ventricular arrhythmias
Dr Suresh Kottegoda, Consultant Electrophysiologist, NHSL
Hand injuries
Dr Dhammika Dissanayake, Consultant Plastic Surgeon, NHSL
Diabetic retinopathy

Dr Deepani Wellawela, Consultant Eye Surgeon, DGH Kegalle

Tea

Session 2 (Chairpersons: Dr Damayanthi Samarasinghe and Dr M Rankothge)

Many faces of leprosy

Dr Indira Kahawita, Consultant Dermatologist, Base Hospital, Karawanella

Public Finance and taxation

Dr Dilip de Silva, Consultant Dental Surgeon

Abdominal pain in Paediatrics

Dr. Sharmane Rajindrajit, Consultant Paediatrician and Senior Lecturer in Paediatrics

Session 3 (Chairpersons: Dr Mangala Dissanayake and Dr. Ranjani Seneviratne)

Sexuality in midlife and beyond

Dr Lasantha Malavige, Specialist in Sexual Medicine

Moody adolescent

Dr Dulshika Was, Consultant Psychiatrist

Zero hour

Dr Philip Veerasingham, Consultant Surgeon

Vote of thanks

Secretary Avissawella Clinical Society

Fellowship and Lunch

JOINT ACADEMIC PROGRAMME WITH THE RUHUNU CLINICAL SOCIETY

20th November 2014 at the Sanaya Mansion- Matara

Registration

Invitees take their seats

Ceremonial Procession

National Anthem

Lighting of the traditional oil lamp

Welcome address

Dr V P Gamage, President Ruhunu Clinical Society

Address by the chief guest

Dr Palitha Abeykoon, President, Sri Lanka Medical Association

Address by the guest of honour

Mr Richard K Firmin, Emiratus Consultant Cardio-Thoracic Surgeon, University Hospitals of Leicester, UK

TEA

Scientific Session-1

Guest Lecture 1

Gross Haematuria

Dr Harshani Dharmawardena

Consultant Paediatric Nephrologist, Teaching Hospital Karapitiya

Guest Lecture 2

Carcinoma Prostate

Dr Anuruddha Abeygunasekera, Consultant Urologist, Colombo South Teaching Hospital

Guest Lecture 3

Subfertility

Dr M A K Perera, Consultant Obstetrician, Base Hospital Avissawella

Guest Lecture 4

Osteoporosis

Dr Chaminda Garusinghe, Consultant Endocrinologist, Teaching Hospital, Kurunegala

LUNCH

Scientific Session-2

Guest Lecture 5

Neonatal Jaundice

Dr L P C Saman Kumara, Consultant Neonatologist, Castle Street Hospital of Women Colombo

Guest Lecture 6
Medical Aspects of Jaundice
Dr Madunil Niriella, Consultant Gastroenterologist, Senior Lecturer, Department of Clinical Medicine,
University of Kelaniya
Guest Lecture 7
Surgical Aspects of Jaundice
Professor Aloka Pathirana, Professor of Surgery, Faculty of Medical Sciences, University of Sri
Jayawardenapura
Free Papers
TEA

EVENING SESSIONS

The Call of Duty
Dr Phillip Weerasingam, Senior General Surgeon (Retired), National Hospital Sri Lanka
Award Presentations
Presentation of two books to the President of the Ruhunu Clinical Society by Dr Malik Fernando
Vote of Thanks
Dr Ranjith P Jayasinghe, Secretary, Ruhunu Clinical Society
Cultural Performance & Reception

Annex 4: Detailed programme of the Foundation Sessions

Thursday 16th October 2014

Oak Ray Regency, Kandy

Arrival of Guests
Ceremonial Procession
National Anthem
Traditional lighting of the oil lamp
Address by The President, Kandy Society of Medicine
Dr G S Edirisinghe
Address by The President, Sri Lanka Medical Association
Dr Palitha Abeykoon
Address by the Chief Guest
Dr B J C Perera, Immediate Past President, SLMA
Address by the Guest of honour
Prof Eugene Wickramanayake, Past President, KSM
Presentation of SLMA Best Research Awards 2014
Presentation of SLMA Best Health Journalist Awards 2014
Vote of Thanks
Dr Ruvaiz Haniffa, Honorary Secretary, SLMA
E M Wijerama Endowment Lecture
“Protect the Values of a Noble Profession”
Dr Preethi Wijegoonewardene
MBBS, DFM, FCGP, FRCGP (UK) – Hony.
Reception

Friday 17th October 2014

ACADEMIC PROGRAMME

Registration
Ceremonial Procession
Introduction of the orator
President KSM

KSM Health Research Prize Oration
"Lipids and cardiovascular risk"
Professor R Sivakanesan
Senior Professor of Biochemistry
University of Peradeniya

Tea
Low back pain - clinician's perspective
Dr Laliith Wljeyaratne
Consultant Rheumatologist
Symposium on "Symptom-oriented Interactive Session: Abdominal Pain"

Surgical aspects
Dr Sanjaya Abeygunawardene
Consultant Gastroenterological Surgeon

Paediatric aspects
Prof. Chandra Abeysekera
Professor in Paediatrics

Radiological aspects
Dr Laliith Gamage
Consultant Radiologist

Psychiatric aspects
Dr Gihan Abeywardene,
Consultant Psychiatrist

Role of fetal medicine in modern obstetrics
Dr Tiran Dias
Senior Lecturer in Obstetrics and Gynaecology, Accredited fetal medicine specialist

Lunch

Ceremonial Procession
Sir Marcus Fernando Oration – SLMA
"Depression: addressing the local burden in the context of global mental health"
Professor Athula Sumathipala
MBBS, DFM, MD, FSLCGP (SL), MRCPsych, CCST (UK), PhD (Lon)
Professor of Psychiatry, Institute of Research for Primary Care and Health Sciences,
University of Keele, Hon. Director, Institute of Research and Development, Sri Lanka
Professor of Psychiatry, University of Keele, UK

'Cosmetic Medicine and Aesthetic Surgery in Sri Lanka'
Dr Thushan Beneragama
Consultant Plastic Surgeon

'Managing your stress'
Dr Shyama Arambepola
Consultant Psychiatrist

'Ebola virus outbreak – Are we ready?'
Dr Sunethra Gunasena
Consultant Virologist
Tea

Annex 5: Programme of the Seminars and Workshops

SYMPOSIUM ON “RICKETTSIAL INFECTIONS”

Monday 17th February 2014 at 11.30 am at the Lionel Memorial Auditorium

Organized by the Communicable Diseases Committee of the SLMA

Fever and Rash: Is it rickettsiosis?

Professor Ranjan Premaratne, *Professor in Medicine, Faculty of Medicine, University of Kelaniya, Ragama*

How best can we optimise the laboratory diagnosis?

Professor Vasanthi Thevanesam, *Professor of Microbiology, Faculty of Medicine, University of Peradeniya*

Epidemiology & Prevention

Dr Paba Palihawadana, *Chief Epidemiologist, Ministry of Health*

Discussion

SYMPOSIUM ON “MELIOIDOSIS: A RE-EMERGING INFECTION”

Thursday the 27th March 2014, at 11.30 am at the Lionel Memorial Auditorium

Symposium organized by the Communicable Diseases Committee of the SLMA in collaboration with Sri Lankan Society for Microbiology

When to suspect Melioidosis?

Dr Panduka Karunanayake,

Senior Lecturer, Department of Clinical Medicine, Faculty of Medicine, University of Colombo

Pit falls in the laboratory diagnosis

Dr Enoke Corea, Senior Lecturer, Department of Microbiology, Faculty of Medicine, University of Colombo

Local and global epidemiology of Melioidosis

Dr Samitha Ginige, Consultant Epidemiologist, Epidemiology Unit, Ministry of Health

Discussion

“WORLD HEALTH DAY”

Thursday 3rd April 2014, at 8.30 am – 1.00 pm, SLMA Auditorium

Vector Borne Diseases (VBD) - Collaborative activity of SLMA, WHO and Ministry of Health

Theme: Vector Borne Diseases: Where are we? Where do we want to be? How do we get there?

Where are we today with regard to VBD?

Chairperson - Professor Jennifer Perera

Vector Borne diseases in Sri Lanka: Current burden and trends, determinants, challenges in diagnosis, management and control

Resource persons

- | | | |
|-------------------------|---|--|
| • Dengue | - | Dr LakKumar Fernando, Consultant Paediatrician, GH, Negombo |
| • Chikungunya | - | Dr Sunethra Gunasena, Consultant Virologist, MRI |
| • Lymphatic filariasis | - | Dr Dilhani Samarasekera, Filariasis Control Programme |
| • Japanese encephalitis | - | Dr Nilupa Dissanayake, Veterinary Research Institute, Peradeniya |
| • Leishmaniasis | - | Dr Yamuna Siriwardene, Dept. of Parasitology, FM, Colombo |
| • Rickettsioses | - | Prof S A M Kularatne, Dept. of Medicine, FM, Peradeniya |

- Malaria - Prof Deepika Fernando, Dept. of Parasitology, FM, Colombo

TEA

Where do we want to be and how do we get there?

Chairperson - Dr Palitha Abeykoon

Lessons Learnt and way forward

- Malaria - Dr Risintha Premaratne, Director, Malaria Control Programme
- Lymphatic filariasis - Prof Mirani Weerasuriya, Dept. of Parasitology, FM, Ruhuna
- Leishmaniasis - Dr Deepa Gamage, Consultant Epidemiologist, Epidemiology Unit
- Japanese encephalitis - Dr Samitha Ginige, Consultant Epidemiologist, Epidemiology Unit
- Dengue - Dr Hasitha Tissera, National Coordinator, Dengue Control Programme
- Chikungunya - Dr Ananda Amarasinghe, Consultant Epidemiologist, Epidemiology Unit

Integrated vector control as a strategy: Challenges, strengths and weaknesses

Professor W Abeywickrama, Dept. of Parasitology, FM, Kelaniya

Predicting spatial risk through GIS maps

Professor Lasantha Manawadu, Dept. of Geography, Faculty of Arts, Colombo

Human behavior, climate, urbanization and governance and VBD control: lessons learnt

Professor A Pathmeswaran, Dept. of Public Health, FM, Kelaniya

Mining epidemiological data to predict and prevent VBD outbreaks

Dr Suneth Agampodi, Dept. of Community Medicine, Rajarata University

Role of research in achieving improved VBD indicators

Professor Senaka Rajapakse, Dept. of Medicine, FM, Colombo

The proposed plans in achieving VBD control

Dr Sarath Amunugama, Deputy Director General, Public Health Services, Ministry of Health

Panel Discussion - Critical analysis of current and proposed VBD control strategies

Moderator : Dr Kamini Mendis

Discussants –

Dr Palitha Abeykoon (President, SLMA)	Dr Firdosi Rustom Mehta (WR, Sri Lanka)
Dr Palitha Mahipala (DGHS)	Dr Sarath Amunugama (DDGPHS)
Prof Jennifer Perera, (Chair, CDC/SLMA Epidemiologist)	Dr Paba Paliawadana (Chief Epidemiologist)

LUNCH

SEMINAR ON “WHAT A NATIONAL MEDICINAL DRUGS REGULATORY ACT SHOULD HAVE”

29th April 2014 at 6.30 pm at the OPA Auditorium

Welcome address by President OPA - Mr V Ganesh

Introductory remarks by President SLMA - Dr Palitha Abeykoon

What A National Medicinal Drug Regulatory Act Should Have – The Perspective of A Pharmacologist'.
Professor Lal Jayakody, Senior Professor of Pharmacology, Faculty of Medicine, University of Colombo

'What A National Medicinal Drug Regulatory Act Should Have – The Perspective of A Clinician'.
Dr Sarath Gamini de Silva, Senior Consultant Physician Past President Ceylon College of Physicians

'What A National Medicinal Drug Regulatory Act Should Have – The Perspective of the Sri Lanka Chamber of the Pharmaceutical Industry'
Mr Mahanama Dodampegama, Past President, Sri Lanka Chamber of the Pharmaceutical Industry

Interactive Panel Discussion

Moderator: Dr Malik Fernando, Past President Sri Lanka Medical Association

SYMPOSIUM ON “STRATEGIES TO CONTROL A RESURGENCE OF TUBERCULOSIS”

21st May 2014, at 11.30 a.m. at the Lionel Memorial Auditorium

Organized by the Communicable Diseases Committee of the SLMA

Treating TB ‘PATIENTS’

Dr Geethal Perera, Consultant Respiratory Physician, Base Hospital, Puttalam

TB in Sri Lanka: What is the burden?

Dr Sudath Samaraweera, Deputy Director, National Programme for Tuberculosis Control & Chest Diseases

Currently available laboratory methods to diagnose TB

Dr Dammika Vidanagama, Consultant Microbiologist, National Programme for Tuberculosis Control & Chest Diseases

Discussion

JOINT SEMINAR ON “STRENGTHENING HEALTH MANAGEMENT INFORMATION SYSTEM (HMIS)”

29th May 2014 at 6.00 p.m. at the Lionel Memorial Auditorium

College of Medical Administrators of Sri Lanka

Introductory Remarks by President SLMA Dr. Palitha Abeykoon and by President CMA Dr. Amal Harsha de Silva

Need for a vibrant Health Management Information System

Dr Susantha de Silva, Chairman SLMA Health Management Committee

Management for development results and organization changes

Dr Lloyd Fernando Program Director, Public Policy, Postgraduate Institute of Management, Colombo

Role of ICT in Strengthening Health Management Information System

Prof Vajira H W Dissanayake Professor Human Genetics Unit, Faculty of Medicine, Colombo

Present status of HMIS and ongoing plans to strengthen HMIS by MOH

Dr Champika Wickramasinghe, Director Health Information, Ministry of Health

Capacity development for HMIS - a training experience

Dr S R U Wimalaratne, Director Planning, Ministry of Health

Panel Discussion

Moderator: Dr Amal Harsha de Silva

Close

A TRAINING PROGRAMME FOR RESEARCHERS

6th June 2014 at 8.45 a.m. at the Lionel Memorial Auditorium

How to have your research proposal approved by an ERC expeditiously

Organized by the Forum for Ethics review Committees in Sri Lanka (FERCSL)

Registration of participants

Welcome and introduction to the programme

Dr Malik Fernando, ERC SLMA

Fundamentals of ethical research

Prof Anoja Fernando, Chairperson/ FERCSL

Informed decision making

Prof Hemantha Senanayake, ERC Faculty of Medicine, Colombo

Tea

Misconduct in research

Prof Anoja Fernando, Chairperson/ FERCSL

Subject selection and sample size

Dr Shamini Prathapan, ERC Faculty of Medical Sciences, Sri Jayewardenepura

Lunch

Ethics in epidemiological research

Dr Sumal Nandasena, ERC –NIHS, Kalutara

Application for ethics review

Dr Chandanie Wanigatunge, ERC Faculty of Medical Sciences, Sri Jayewardenepura

Summing up and closure of the programme

SYMPOSIUM ON “MIDDLE EAST RESPIRATORY SYNDROME (MERS)”

23rd June 2014 at 11.30 a.m. at the Lionel Memorial Auditorium

Organized by the Communicable Diseases Committee of the SLMA

Epidemiology of MERS

Dr Paba Paliawadana, Chief Epidemiologist, Ministry of Health

SARS, MERS, and what else? Do we know enough?

Dr Harsha Perera, Senior Lecturer, Department of Medical Microbiology, Faculty of Medicine, University of Kelaniya, Ragama

Are we prepared?

Dr Sarath Amunugama

Deputy Director General of Health Services (Public Health), Ministry of Health

Discussion

SYMPOSIUM ON “NATIONAL SCIENCE AND TECHNOLOGY INVESTMENT FRAMEWORK 2015 – 2020: HEALTH SECTOR”

15th August 2014 at 2.30 pm at the Lionel Memorial Auditorium

Welcome Address

Dr Palitha Abeykoon, President, SLMA

Address by the Hon Patali Champika Ranawaka, Minister of Technology and Research

Presentation of the Health Sector Recommendations of the Framework

by Prof Narada Warnasuriya

Discussion moderated by Dhara Wijeythilake, Secretary, Ministry of Technology and Research

Concluding Remarks and Close

SYMPOSIUM ON “HIV – WHERE ARE WE?”

21st August 2014, at 11.30 am at the Lionel Memorial Auditorium

Symposium organized by the Expert Committee on Communicable Diseases of the SLMA

The Global Scene

Dr Iyanthi Abeyewickreme, Consultant Venereologist and formerly Regional Advisor on STD/HIV, WHO South East Asia Region

The Sri Lankan Scene

Dr K A M Ariyaratne, Consultant Venereologist, National STD/AIDS Control Programme

Management of HIV in Sri Lanka

Dr Lilani Rajapakse, Consultant Venereologist, National STD/AIDS Control Programme
Management of AIDS at Infectious Diseases Hospital
 Dr Ananda Wijewickreme, Consultant Physician, Infectious Diseases Hospital
Development of Laboratory Facilities
 Dr Jayanthi Elvitigala, Consultant Microbiologist, National STD/AIDS Control Programme
Discussion

SYMPOSIUM ON “EBOLAVIRUS OUTBREAK: AN UPDATE”

22nd of September 2014, at 11.30 am at the Lionel Memorial Auditorium

Symposium organized by the Communicable Diseases Committee of the SLMA

Pathogenesis and clinical presentation: A review of literature

Dr. Ananda Wijewickreme, Consultant Physician, Infectious Diseases Hospital

Laboratory Diagnosis and Challenges

Dr. Sunethra Gunasena, Consultant Virologist, Medical Research Institute, Colombo

Epidemiology of the Current Ebolavirus outbreak and the Sri Lankan response

Dr Samitha Ginige, Consultant Epidemiologist, Epidemiology Unit, Ministry of Health

Discussion

CAREER GUIDANCE SEMINAR

5th October 2014, at 8.30 a.m. at the Lionel Memorial Auditorium

Session I

Welcome Address	-	Prof. Jennifer Perera
Introduction & Cadre	-	Dr. Clive C James
Post Graduate Training Programme	-	Dr. Himani Molligoda
Medicine & Finer Specialities	-	Dr. Priyankara Jayawardena
Surgery & Finer Specialities	-	Dr. Mahanama Gunasekera
QUESTIONS		

Session II

Armed Services	-	Dr. N E L W Jayasekera
Medical Administration	-	Dr. Suranga Dolamulla
Obstetrics & Gynaecology	-	Prof. Hemantha Senanayake
Paediatrics	-	Prof. Sujeewa Amarasena
Universities	-	Prof. Vajira H W Dissanayake
QUESTIONS		
TEA		

Session III

Venereology	-	Dr. Lilani Rajapaksa
Anaesthesiology	-	Dr. Ajantha Perera
General Practice	-	Dr. Jayantha Thambar
Pathology	-	Dr. Mangala Bopagoda
QUESTIONS		

Session IV

Psychiatry	-	Dr. Mahesh Rajasuriya
Microbiology	-	Dr. Jude Jayamaha
Community Medicine	-	Dr. Chitramali de Silva
Forensic Medicine	-	Dr. Muditha Vidanapathirana
QUESTIONS		

Session V

Dermatology	-	Dr. Indira Kahawita
Radiology	-	Dr. Udari Liyanage
Ophthalmology	-	Dr. Binara Amarasingha
Otorhinolaryngology	-	Dr. Chandra Jayasuriya
QUESTIONS		

SYMPOSIUM ON “THE PALLIATIVE CARE DAY – 2014”

9th October 2014, at 9.00 am at the Lionel Memorial Auditorium

Organized by NCD Committee SLMA

Welcome

Dr. Eshani Fernando

Director / National Cancer Control Programme

Opening Remarks

Dr. Palitha Abeykoon

President, Sri Lanka Medical Association

Opening Remarks

Dr. Lakshmi Somatunge, DDG (MS 1)

'Achieving universal coverage of palliative care: Who cares? We do!'

Dr. Suraj Perera, Consultant Community Physician

National Cancer Control Programme

Session 1: ‘Strengthening Palliative Care in Medical Practice’

Palliative care – Oncology setting

Dr. N. Jeyakumaran

Consultant Oncologist, NCI Maharagama

Joint Secretary – Curriculum Development Committee on Post Graduate Diploma in Palliative Medicine

Palliative Care – Non Cancer Setting

Dr. Udayangani Ramadasa, Consultant Physician with Post Graduate Diploma in Palliative Care

Joint Secretary – Curriculum Development Committee on Post Graduate Diploma in Palliative Medicine

Palliative care –Family Practice setting

Dr. Darrel Matthews, Family Physician, Chairperson Sub Committee on Palliative care, College of General Practitioners

Tea

Session 2: ‘Strengthening Palliative Care beyond Medical Practice’

Strengthening Palliative care nursing

Dr. Devika Banneheka, Public Health Nursing Sister, NCCP

Developing certificate course on palliative care nursing

Ms. Lalitha Meegoda, Lecturer, Nursing Education Unit, Faculty of Medical Sciences, University of Sri Jayewadenepura

Counseling & Supportive services for cancer patients

Dr. Kosala Muthukumarana, Medical Officer, NCCP

Further strengthening social services support

Ms. Anusha Gokula, Director, Department of Social Services

Contributions of hospices in palliative care

Dr. S. Anushyanthan, Medical Officer, NCCP

Home Based Palliative care

Dr. Samadhi Rajapaksha, Cancer Care Association

Discussion

ANNUAL RESEARCH SYMPOSIUM ON CANCER PREVENTION & CONTROL – YEAR 2014

27th November 2014, at the Lionel Memorial Auditorium

Welcome

Dr. Eshani Fernando

Director / National Cancer Control Programme

Opening Remarks

Dr. Palitha Abeykoon

President, Sri Lanka Medical Association

Opening Remarks

Dr. Lakshmi Somatunga

DDG (MS 1), Ministry of Health

Role of National Cancer Control Programme in Promotion of Cancer Research

Dr. Suraj Perera

Consultant Community Physician, NCCP

Session 1

Chairpersons: Dr. Palitha Abeykoon, President, Sri Lanka Medical Association

Dr Hemantha Amarasinghe, Consultant in Community Dentistry/ National Cancer Control Programme

1. Smoking and lung cancer risk in Sri Lankan men: a case-control study
Chulasiri M.P.P.U., Gunawardana N.S., De Silva G.A.C.
2. 'Knowledge and Attitudes towards Proposed Graphic Warnings in a Set of Male Health Care Workers in the National Hospital of Sri Lanka
Rahubaddha A.N., Rajakaruna H.I., Rajakaruna P.A.S.Y., Jayasinghe S.
3. Attitudes and practices of alcohol consumption among doctors of National Hospital of Sri Lanka
Wickramaratne T.N., Wickramasinghe W.V.R., Widyaratna W.M.S.P., De Zoysa M.I.M.
4. 'Clinical Characterization of a Cohort of Sri Lankan Families with Inherited Cancer Syndromes
Dissanayake N.D.W., Sirisena N.D., Dissanayake V.H.W.
5. BARD1 germline mutation in a Sri Lankan family with hereditary breast and ovarian cancer syndrome
Sirisena N.D., Abeysekara A.A.G.S., Dissanayake V.H.W.

Tea

Session 2

Chairpersons: Dr. Anuradini Kasthurirathne, Head, Department of Public Health, Faculty of Medicine, University of Kelaniya

Dr. Jayamal de Silva, Consultant Psychiatrist, University of Sri Jayawardanapura, Member of the Expert Committee on Tobacco & Alcohol, SLMA

1. Awareness on breast cancer and using self-breast examination as a screening tool for early detection breast cancer among residents in Anuradhapura District
Hettiarachchi A., Ranasinghearachchi E., Madushanka T.S., Rajasinghe C., Hapuarachchi T., Agampodi T., Agampodi S.
2. Prevalence of treatable breast conditions and breast cancer among women working in government institutions in Anuradhapura District
Hettiarachchi A., Ranasinghearachchi E., Madushanka T.S., Rajasinghe C., Hapuarachchi T., Agampodi T., Agampodi T., Thalaspitiya S.
3. Knowledge attitudes and method of referral with regard to breast diseases in women with symptomatic breast diseases
Weerakoon D.N., Weerasinghe W.A.A.N., Wickramaarachchi W.A.P.S., Ediriweera E.
4. Perception on body image, Impact on family life and Social for Breast Cancer A Qualitative Approach
stigmata on Patients following Mastectomy
Naotunna C., Ariyaratne J., Agampodi T., Amarasinghe G., Kithmini V.S., Keshila P., Pinnagoda U., Agampodi S.
5. Awareness, knowledge and perceptions of Elderly Cancer patients and Nursing Officers on cancer care services available for the elders at National Cancer Institute Maharagama

Guest Lecture

Chairperson: Prof Narada Warnasuriya, Chairperson Tobacco & Alcohol Committee, SLMA

“Recent trends in alcohol use & abuse in Sri Lanka”

Prof S T Hettige

Senior Professor of Sociology, Department of Sociology, University of Colombo

Annex 6: List of Members

Life Members

Dr L G Tillekeratne	Dr S S Somaratne	Dr F A M Sheriff
Dr M A A Rushdhi	Dr A B M Faizal	Dr B Aravinthan
Dr AMDK Attanayake	Dr C Jayasekara	Dr V Murie
Dr RSHS Colombage	Dr CR Wijesundara	Dr T D C Lasantha
Dr C M H P Chandrasekara	Dr B L D K Balasuriya	Dr H P K Mabulage
Dr I A U Amarasinghe	Dr D A Dissanyake	Dr S Shiraz
Dr M S A Razick	Dr K K J Kumara	Dr K D R Bandara
Dr H A C K Ratnayake	Dr M A C Jayawardene	Dr. K.T.G.M.P. Kariyawasam
Dr. H.E. Jayaratne	Dr. G.N.D. Perera	Prof. K. Samarasinghe
Dr. E.A. Jasinge	Dr. G.A.M. Kularatnam	Dr. H.W. Dilanthi
Dr. S.M.V. Subasinghe	Dr. K.L.S.P.K.M. Jayasena	Dr. L.R.M. Dayabandara
Dr. D.K.N. De Silva	Dr. A.R.M.Thowfeek	Dr. T.A. Henegama
Dr. A.V.C. Gunaratne	Dr. S.A. Parनावितane	Dr. S. Kumuthini
Dr. G.H.I.N. Thilakarathna	Dr. R.M.K. Amaranayake	Dr. M. Roshini
Dr. D.P.S. Kiriwandeniya	Dr. D.P. Wickramasinghe	Dr. S.K. Kodisinghe
Dr. F.W. Refai	Dr. S. Sivasuriya	Dr. W.K. Panagoda
Dr. W.L.A.D. Aruna Prasanna	Prof. H. Gambheera	Dr. D.M.A. Dahanayake
Dr. K.T.D. Kahaduwa	Dr. K.N. Marambe	Dr. N.H. Perera
Dr. P. S. Ranaweera	Dr T S S Mendis	Dr W R Samaranayake
Dr K G K P Sirikelum	Dr W Warnasuriya	Dr G S Dissanayake
Dr M P U Mallikarachchi	Dr T T Ponnampereuma	Dr L K C D Ariyaratne
Dr. H.N.D. Soysa	Dr. D.G.N. Prasanna	Dr. MA.B.S Millawithana
Dr. W.C.P. Panapitiyage	Dr. M.N.T.D. Gunaratne	Dr. C.U. Suraweera
Dr. R. Ratnaranjith	Dr. C.S. Kurukulasuriya	Dr. R.A. Abeysekera
Dr. N.H. Ubeysekera	Dr H Rajaratne	Dr HS Rajapaksha
Dr R M J C Somaratna	Dr P A D L Ransiri	Dr P M H Colombage
Dr D D E Colombage	Dr S Anusyanthan	Dr K Y P K Weerasekara
Dr T L S Indeewara	Dr D U De Silva	Dr S H Ratnayake
Dr. H.N.D. Soysa	Dr. D.G.N. Prasanna	Dr. M.A.B.S. Millawithana
Dr. W.C.P. Panapitiyage	Dr. M.N.T.D. Gunaratne	Dr. C.U. Suraweera
Dr. R. Ratnaranjith	Dr. M Eranthee Jayanika	Dr. R A N Shobhavi Randeny
Dr. Parthiepan Susithra	Dr. Ariyathurai Parthiepan	Dr. Mohamed Rizwan Haroon Al Rasheed
Dr. G Nilantha Pushpakumara	Dr. D Tharith D Halahakoon	Dr. B L S Ranasinghe
Dr. S A Gunawardena	Dr. M F S P Seneviratne	Dr. U H Susantha de Silva
Dr. N Navageevan	Dr. Kongala Liyanage Chiranthi	Dr. D M S Mihira Bandara
Prof.Srinath K Chandrasekera	Dr. H Durga Manohari	Dr. Surani D Jayawickrema
Dr. A Osaka T Jayaweera	Dr. Y H H Gunathilaka	Dr. W M Mudhitha Boteju
Dr. T V Munasinghe		

Ordinary Members

Dr LMP Liyanarachchi	Dr BL Kodithuwakku	Dr. W.I.U. Jayawickrama
Dr I D De Silva	Dr R A D R Ranathunga	Dr K B S Kulathilaka

Dr. S. Subaskaran
 Prof. D. Weerasekera
 Dr. Y.C. Waniganayake
 Dr. J.D.M.S. Amarasooriya
 Dr. C. Ratnayake
 Dr. S.I.T. Guruge
 Dr. A. Ganeshrajah
 Dr. S.K.C.E. Subasinghe
 Dr. S.A.V.S. Subasingha
 Dr. N. Ginige
 Dr. K.K.O.A. Wlawwatta
 Dr H T W Weerakoon
 Dr R J De Silva Jayasinghe

Dr. W.G.P. Kanchana
 Dr. M.I.M. Sabeer
 Dr. W.D. Udawatta
 Dr. A.P. Wimalaratne
 Dr. D.A.S. Karunaratne
 Dr. P.L. Pallawela
 Dr. W.I.U. Jayawickrama
 Dr. M.R.M. Ziyad
 Dr. K.H.J.N. Kularathne
 Dr. R.D.N. Sumanasekera
 Dr. L.L. Amila Isuru
 Dr E W A Palitha
 Dr. W.M.U.A. Wijetunga

Dr. A.H.W. De Silva
 Dr. L.U. Kuruppu
 Dr. N.A. Wickremasinghe
 Dr. K.E.S.D.C.R. Wijayaba
 Dr. T.L. Wickramasinghe
 Dr. W.M.L. Anurasiri
 Dr. W.M.U.A. Wijetunga
 Dr. H.K.K.T. Duminda
 Dr. H.D.V.A. Wickramaratne
 Dr. P.A. De Silva
 Dr K G A D Weerakoon
 Dr P K Muthumala

Ordinary to Life Members

Dr L S Warnakulasuriya
 Dr D C De Silva

Dr A V N Adikaram
 Dr Y G S W Jayarathne

Dr K B Siriwardana

Student Members

Miss. A.W. Wickramarachchi
 Miss. P.A.C.D. Padmaperuma
 Miss. M.J.S.G. Fernando
 Mr. D.P. Kaluarachchi
 Miss. N.W. Jayasekara
 Miss. A.P. Peiris
 Miss. H.N. Ashubodha
 Mr. S.A.A. Senevirathne

Miss. G. Vignesvararajah
 Miss. D.H.K. Wickramarathne
 Mr. A.S. Ambagahawita
 Mr. H.M. Janaka
 Miss. T.D. Jayasena
 Miss. R.N. Damboragama
 Mr. T.M. Samarasinghe
 A V C Gunaratne

Mr. M. Selvarasa
 Mr. K.V. Ruwanpura
 Mr. T.C. Muthukuda
 Miss. W.G. Sajeemala
 Miss. N.A.R.Y. Nandamuni
 Mrs. U.Y. Samaratunga
 Miss. K.H.N. Jayawardhana

Annex 7: Audit Report**DETAILED INCOME & EXPENDITURE STATEMENT
YEAR ENDED 30TH JUNE 2014****INCOMING RESOURCES**

	2014	2013
	Rs.	Rs.
Subscription and Entrance Fee	1,699,480	3,251,189
Annual Academic Session Income	14,132,290	15,960,688
Sponsorship Income	40,000	1,011,400
Rent Income	3,510,100	3,259,200
Auditorium and Council Room Hire	693,075	814,625
Career Guidance Seminar	112,000	159,000
Income from Ceylon Medical Journal (13.1)	368,610	617,127
	<u>20,555,555</u>	<u>25,073,230</u>

INCOME FROM CEYLON MEDICAL JOURNAL

Library Subscription	21,000	28,100
Sale of Journal	16,600	12,650
Processing Fee	156,855	165,934
Interest Income	152,155	10,443
Other Income	22,000	400,000
	<u>368,610</u>	<u>617,127</u>

PROJECT EXPENDITURE

	2014	2013
	Rs.	Rs.
Operational Expenditure (14.1)	5,358,866	1,871,740
Annual Academic Session (14.2)	-	9,683,472
Ceylon Medical Journal (14.3)	458,147	364,587
	<u>5,817,013</u>	<u>11,919,800</u>

OPERATIONAL EXPENDITURE

Paper Advertisement	223,328	12,634
Auditorium Equipment Repair	42,741	140,109
Lectures & Meetings	256,610	171,296
Annual Medical Dance – Hotel Charge	1,464,443	-
Foundation Celebration Session	1,434,230	939,862
Career Guidance Seminar Expenses	60,555	76,988
Regional Conference expenses	1,247,588	174,318
Sessions Co-ordinator Monthly Allowance	300,000	350,000
Other Project Expenses	-	6,534
Medical Writing Workshop	72,165	-
Workshop expenses	257,207	-
	<u>5,358,866</u>	<u>1,871,740</u>

ANNUAL ACADEMIC SESSION

	2014	2013
	Rs.	Rs.
Annual Academic Session	-	9,683,472
	<u>-</u>	<u>9,683,472</u>

CEYLON MEDICAL JOURNAL

Stamp Charges	6,880	17,530
Printing & Stationary	9,950	3,630
Computer and Fax Machine Maintenance	37,566	46,536
Salaries & Bonus	252,600	208,000
EPF and ETF	37,890	28,800
Bank Charges	2,300	4,600
Telephone & Fax	55,586	43,491
Monthly Allowance	12,000	12,000
Workshop Expenses	22,375	-
Bonus	21,000	-
	<u>458,147</u>	<u>364,587</u>

OTHER INCOME

	2014	2013
	Rs	Rs
Sale of Books	22,450	48,681
Interest Income	1,867,206	684,993
Sponsorship and Other Donations	6,627,167	2,233,933
Sundry Income	115,679	222,246
Electricity Income	948,788	847,608
Amortization of Grants	155,670	165,935
Sale of Ties	-	1,000
Clinical Trial Registry Proposal	108,223	576,838
Income on Annual Medical Dance	1,213,000	451,195
Income on FERCAP conference	66,000	1,001,575
ERC Income	202,000	-
Workshop Registration	162,034	-
	<u>11,488,217</u>	<u>6,234,003</u>

DETAILED INCOME & EXPENDITURE STATEMENT

ADMINISTRATIVE EXPENSES	2014	2013
	Rs	Rs
Salary & Overtime	2,905,975	2,393,149
EPF & ETF	387,771	320,782
Bonus	486,315	171,718
Electricity	1,768,748	1,646,930
Printing & Stationery	954,551	507,546
Postage	129,190	63,090
Staff Welfare	178,906	171,672
Repair & Maintenance	291,806	818,742
Water	257,685	163,042
Depreciation	980,275	933,759
OPA Membership Fee	19,040	19,040
Traveling & Hiring	161,044	73,398
President Induction Ceremony	889,497	228,806
Fax & Telephone	523,263	340,817
Rates & Taxes	148,302	148,302
Internet Charges	173,515	75,371
Audit Fees	147,461	163,453
Gratuity	269,042	103,709
Franking Machine	705,900	414,500
Council Group Photograph	35,500	56,500
Annual Return Expenses	90,110	25,860
Security Charges	201,542	185,612
Research Promotion Grant	-	50,000

Bank Charges	18,899	16,539
Donation	100,000	-
Sundry Expenses	64,913	163,319
Common Wealth Medical Association Membership Fees	-	37,244
Daily News Publication Expenses	4,740	10,920
Income Trax Computation Charges	-	12,600
News Letter Advertisement Collection Expenses	148,500	173,000
CMAAO Conference Registration Fee	19,496	77,462
AGM Meeting Expenses	57,271	-
Law-Medical Cricket Match expenses	329,610	33,000
System Installation Charges	-	84,538
Data Base Programme Charge	-	40,000
Withholding Tax Penalty Charges	8,282	-
CMA Subscription Fee	(35,611)	-
	12,421,538	9,724,421

SLMA Publications - 2014

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A HISTORY OF MEDICINE IN SRI LANKA

C. G. URAGODA



Sri Lanka Medical Association

SLMA GUIDELINES AND INFORMATION ON VACCINES

FIFTH EDITION

SRI LANKA MEDICAL ASSOCIATION

COLOMBO

2014



SRI LANKA NAVY

SLMA Guide to Management of Decompression Sickness (DCS) "Bends"

A collaborative publication of the
Sri Lanka Medical Association
and the
Directorate of Health Services –
Sri Lanka Navy

2013