



# **Sri Lanka Medical Association**

## **Annual Report 2018**

***Friday 21st December 2018***

## 1. ANNUAL GENERAL MEETING 2017

The Annual General Meeting of the Sri Lanka Medical Association (SLMA) was held on the 15<sup>th</sup> December 2017 at 7.00 p.m. at the Lionel Memorial Auditorium, Wijerama House, Colombo 07. Professor Chandrika Wijeyaratne chaired the meeting. She thanked the members of the Council, members of the SLMA and the staff of the SLMA office for their contributions towards making the activities of the SLMA a success. She summarised the achievements and shortcomings during the. Honorary Secretary Dr. Sudharshani Wasalathanthri tabled the Annual Report 2017 and the minutes of the previous Annual General Meeting held on 23<sup>rd</sup> December 2016. The minutes were unanimously confirmed by the membership present. Dr. Sudharshani Wasalathanthri thanked the President, the members of the Council, members of the SLMA and the staff of the SLMA office for the support given during the year 2017.

### ELECTION OF OFFICE BEARERS

The following Office Bearers and Council Members were unanimously elected.

<b>President</b>	Dr. Ruvaiz Haniffa
<b>President Elect</b>	Dr. Anula Wijesundere
<b>Vice Presidents</b>	Professor Ariarane Gnanathanan Dr. Christo Fernando
<b>Secretary</b>	Dr. B.M.Hasini A.Banneheke
<b>Assistant Secretaries</b>	Dr. Shihan Azeez Dr. Amaya Ellawala Dr. E. A. Sajith T. Edirisinghe Dr. Chula Senaratne
<b>Treasurer</b>	Dr. Achala Jayatilleke
<b>Assistant Treasurer</b>	Dr. Sumithra Tissera
<b>Public Relations Officer</b>	Dr. Kalyani Guruge
<b>Social Secretaries</b>	Dr. Preethi Wijegoonewardene Dr. Pramilla Senanayake
<b>Past President Representative</b>	Retired Professor Wilfred Perera
<b>Co-editors, Ceylon Medical Journal</b>	Professor Varuni De Silva Professor A. Pathmeswaran

Prof. Varuni De Silva (Co-editor, CMJ) resigned with the effect from 15<sup>th</sup> October (to leave the country after taking sabbatical leave) and Prof.Senaka Rajapaksha was appointed from 16<sup>th</sup> October to fill the vacancy.

### ELECTED COUNCIL MEMBERS

Dr. Iyanthi Abeyewickreme, Dr. Palitha Abeykoon, Dr. Pamod Amarakoon, Dr. Sarath Gamini de Silva, Dr. Neranjan L.A. Dissanayake, Professor Vajira H.W. Dissanayake, Associate Professor S.D. Dharmaratne, Dr. Lucian Jayasuriya, Professor Saroj Jayasinghe, Professor Indika Karunathilake, Dr. Ishani Chulika Makawita, Professor Kumara Mendis, Dr. B.J.C. Perera, Professor Dr. U.C.P. Perera, Dr. M.N.G.G.D. Pramitha, Dr. Sankha Randenikumar, Dr. G.U. Ramadasa, Dr. R. Surenthirakumaran, Dr. Asitha Koshala Thanippuli Arachchi, Dr. Hasantha R. Thambawita

### EX-OFFICIO COUNCIL MEMBERS

Professor Chandrika Wijeyaratne (Immediate Past President), Dr. Sudharshani Wasalathanthri (Out – going Secretary), Dr. M.B.A.C. Balasuriya (Out – going Treasurer)

### OTHER REPRESENTATIVES APOINTED TO THE COUNCIL

Dr. Sunil Seneviratne Epa (the nominee from the Ruhuna Clinical Society) and Professor R.M. Mudiyanse (the nominee from the Kandy Society of Medicine) were appointed at the Council meeting held in January.

## 2. INDUCTION OF THE PRESIDENT

The Induction Ceremony of Dr. Ruvaiz Haniffa, the President of Sri Lanka Medical Association for the year 2018 was held on 20<sup>th</sup> January 2018, at HNB Towers, Level 22, 479, T B Jayah Mawatha, Colombo 10. The induction took place amidst a large distinguished gathering.

The Presidential Address titled 'Shifting focus from diseases to patients: Today's vision, tomorrow's reality' generated much interest among those present. His presidential address was given wide publicity by both the electronic and print media.

The Ceremonial induction was followed by a reception and fellowship at the same venue.



*Professor Chandrika Wijeyaratne inducting Dr. Ruvaiz Haniffa as President SLMA 2018*



*Dr. Ruvaiz Haniffa delivering the Presidential Address*

## 3. COUNCIL MEETINGS

Fourteen Council meetings (12 Regular meetings and 02 Special meeting) were held in 2018. The attendance of members at the regular Council meetings is given below:

Name	No.	Excuses	Name	No.	Excuses
Dr. Ruvaiz Haniffa	12	-	Dr. Achala Balasuriya	01	02
Dr. Hasini Banneheke	12	-	Dr. Sarath Gamini de Silva	10	02
Dr. Anula Wijesundere	11	01	Dr. Nernanjan L.A. Dissanayake	06	04
Prof. Chandrika Wijeyaratne	04	04	Prof. Vajira HW Dissanayake	08	03
Dr. Christo Fernando	11	01	Prof. S.D. Dharmaratne	02	09
Prof. Ariarane Gnanathanan	10	02	Dr. Lucian Jayasuriya	09	03
Dr. M. Shihaan Azeez	07	01	Prof. Saroj Jayasinghe	05	05
Dr. Amaya T. Ellawala	12	-	Prof. Indika Karunathilake	06	04
Dr. E.A. Sajith Edirisinghe	01	07	Dr. Ishani Chulika Makawita	03	00
Dr. Chula Senaratne	07	03	Prof. Kumara Mendis	08	02
Dr. Achala Jayatilleke	10	01	Prof. R.M. Mudiyanse	10	01
Dr. Sumithra Tissera	11	01	Dr. B.J.C. Perera	12	00
Dr. Kalyani Guruge	09	01	Dr. U.C.P. Perera	09	00
Dr. Pramilla Senanayake	10	01	Dr. M.N.G.G.D. Pramitha	08	04
Dr. Preethi Wijegoonewardene	06	05	Dr. Sankha Randanikumara	10	02
Retired Prof. Wilfred Perera	11	00	Dr. G.U. Ramadasa	06	05
Prof. Varuni de Silva	01	01	Dr. R. Surendhirakumaran	00	03
Prof. A. Pathmeswaran	05	03	Dr. Sunil Seneviratne Epa	09	03
Prof. Senaka Rajapakse	00	01	Dr. Asitha K.Thanippuli Arachchi	02	00
Dr. Iyanthi Abeyewickreme	09	02	Dr. Hasantha R. Thambawita	00	08
Dr. Palitha Abeykoon	05	03	Prof. Sudharshani Wasalathanthri	05	04
Dr. Pamod M. Amarakoon	10	02			

#### 4. SLMA RUN & WALK 2018

The SLMA Annual Health Run and walk was held on 24<sup>th</sup> June 2018 under the slogan “සමබර අහරක් නිමර්ගි සිරුරක්” ( “Eat Wise Drop a Size”). The SLMA Health Run & Walk 2018 aimed to educate the public on the importance of balanced diet and its impact on health with the hope of bringing a positive and appropriate public response.

The venue for the Run & Walk 2018 was the BMICH which was open to all members of the SLMA, their families and to the public. The proceedings commenced at 6.00 am with registration of runners and warm up exercises. Hon.Minister of Health Dr.Rajitha Senarathne participated as the chief guest. There were other sports and cinema personalities participated as invited guests at the event too. The run commenced at 7.00am followed by the walk which commenced at 7.15 am and took a different route to the Run. In addition to the members and their families, there was participation from schools, universities, school societies, other professional colleges, sponsors, Non Governmental Organizations, the armed forces and Police. All participants got the benefit of free health screening including spirometry tests, other diagnostic tests, physiotherapy, dietary and nutritional advice, healthy food and refreshments and an attractive t-shirt.

Exhibition of winning entries of the Kids' Art Competition which was held prior, were displayed at the venue with prizes given to all the children whose art has been exhibited. All the kids who participated were given a certificate of appreciation too. The arts which won first three places in each age category will be used for the annual desk calendar. The venue featured specific zones for kids, 'Kids Zone' where there were fun activities such as magic show, story telling and bouncy castle for kids.

Members of the Council, staff of the SLMA office staff of the offices housed at the SLMA building, medical students of Faculty of Medical Sciences, University of Sri Jayawardenepura, sponsors and staff of DeAir event organizers helped immensely to the smooth running of the activities. The entire proceedings ended by 11.00am with presentation of awards to the winners of the competitive run and to the winners of the art competition.



**Eat Wise  
DROP A SIZE**

Sri Lanka Medical Association proudly organizes  
**SLMA Health Run & Walk 2018**

**Sunday 24<sup>th</sup> June 2018  
at BMICH premises**

**FREE**

- Health checks
- T-shirt (first registered first served)
- Healthy snacks & drinks

**Attractive Prizes for Winners**

**PROGRAMME**

6.15 am	Health Check for Runners
6.45 am	Warm Up Exercises
7.00 am	Commencement of Run
7.15 am	Commencement of Walk
8.15 am	Post-exercise Cool Down Session
9.30 am	Interactive & Entertainment Session
9.50 am	Prize Giving
10.00 am	Conclusion

**OTHER ATTRACTIONS**

- Exhibition of winning entries of the Kids' Art Competition
- Opportunity to meet celebrities
- Magic show
- Bouncy castle for kids
- Story telling for kids

**REGISTRATION OF RUNNERS**

Hotline: 076 534 43 43 (toll or land or text), <http://www.slma.lk/SLMArunwalk>  
Important: A Runners certificate signed by a medical practitioner is mandatory for all runners

More Information: Email: [runwalk@slma.lk](mailto:runwalk@slma.lk), Tel: 011 266 85 34

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## 5. 131<sup>ST</sup> ANNIVERSARY INTERNATIONAL MEDICAL CONGRESS

The 131<sup>st</sup> Anniversary International Medical Congress was held from 26<sup>th</sup> – 29<sup>th</sup> July 2018 at the Galadari Hotel, Colombo. The Inauguration ceremony was held on 26<sup>th</sup> July 2018 at 6.00 pm onwards. The theme of the Congress was “Shifting focus from diseases to patients: Today's vision, tomorrow's reality”. The Chief Guest was Professor Dinesh Bhugra, President, British Medical Association and the Guest of Honour was Professor Donald Li, President Elect, World Organizations of National Colleges, Academies and Academic Associations of General Practitioners/ Family Physicians (WONCA) and Professor Vajira H.W. Dissanayake, President, Commonwealth Medical Association.

Dr. Malik Fernando and Dr. J. B. Peiris were awarded with Honorary Life Memberships of the SLMA with prior ratification by an Ordinary General Meeting held on 19<sup>th</sup> February 2018. Professor Ariaranee Gnanathan and Dr. Christo Fernando were the co-academic chairpersons of the congress.

The main conference was preceded by seven very successful pre-congress workshops. All were well attended.

The first pre-congress workshop on “Wound Care” was held on 1<sup>st</sup> June 2018 at the College of Surgeons Auditorium in collaboration with the College of Surgeons of Sri Lanka.

The second pre-congress workshop with Honorable Members of the Parliament on “Health for all in Sri Lanka: Role of Parliamentarians in achieving UHC” was held on 4<sup>th</sup> July 2018 at the Parliament of Sri Lanka in collaboration with the World Health Organisation.

“Communication skills: Training of trainers” workshop was held on 23<sup>rd</sup> & 24<sup>th</sup> July 2018 at the Post Graduate Institute of Medicine, University of Colombo, Colombo-8.

“Establishing and sustaining meaningful Patient and Public Involvement and Engagement (PPIE) in research” was held on 25<sup>th</sup> July 2018 at Post Graduate Institute of Management, Colombo-8.

“Multidisciplinary training of healthcare workers leading to collaborative delivery of holistic patient care” was held on 25<sup>th</sup> July 2018 at Clinmark, Colombo-8.

“Spectrum of liver diseases: Exploring new therapeutic modalities” was held on 26<sup>th</sup> July 2018 at N.D.W. Memorial Auditorium of the SLMA.

“Masterclass in stroke rehabilitation: Learning from stroke after stroke” and “Research and innovation” were held on 26<sup>th</sup> July 2018 at the Galadari Hotel, Colombo-01.

There was one post congress sessions titled “Communication skills: Training of trainers” on 30<sup>th</sup> July 2018 at Post Graduate Institute of Medicine, University of Colombo, Colombo-8. It was well attended.

The entire Scientific Sessions recorded a good attendance. There were close to 1000 registrants for the entire event. Over 75 resource persons shared their knowledge and expertise at the conference which included 34 renowned speakers from overseas.

From the large number of papers submitted, 65 were selected for oral presentations and 157 were displayed as posters. The abstracts were published as a supplement of the Ceylon Medical Journal. Out of all free papers selected, 18 papers were not presented by the authors. Four orations were delivered during the congress sessions (Details are given under orations and endowment lectures section).

The detailed programme is given in **Annexure 1**.



Pre congress session with Hon. Parliamentarians



Pre congress workshop on Communication Skills



Head table



Welcome address by President SLMA



Address by Chief Guest



Address by Guest of Honour



Address by Guest of Honour



Vote of thanks by Hony Secretary SLMA

## 6. HISTORY OF MEDICINE LECTURE 2018

Dr. C. G. Urugoda History of Medicine Lecture 2018 which had been awarded to Dr. Sankha Randenikumara MBBS, PgDTox, PDAR in 2017 was delivered this year at the Lionel Memorial Auditorium on 25<sup>th</sup> February 2018. The title of the lecture was "Hospital Architecture in Sri Lanka: A Historical Review". It was followed by a fellowship dinner. Dr. C. G. Urugoda History of Medicine Lecture 2018 was published in the SLMA Newsletter in March.

## **7. ORATIONS & ENDOWMENT LECTURES**

All Orations of SLMA were selected by open advertisement. The E. M. Wijerama Endowment Lecture is usually awarded to a person who has contributed much to the SLMA and the topic of the oration is decided by the Orator. The decisions regarding the E. M. Wijerama Lecture and the Desmond Fernando Memorial Lecture are made by the honours committee. The following orations and endowment lectures were delivered in 2018.

### **THE SLMA ORATION**

*Thursday 26<sup>th</sup> July 2018 during 131<sup>st</sup> Anniversary International Medical Congress*

"Is iron deficiency anaemia in Sri Lanka an over kill?"

Professor Anuja Premawardhena

MBBS (Pera), MD (Col), MRCP (UK), FRCP (London), DPhil (Oxon), FCCP (SL), FNAS (SL)

Professor in Medicine, Department of Medicine, Faculty of Medicine, University of Kelaniya

### **S C PAUL ORATION**

*Sunday 29<sup>th</sup> July 2018 during 131<sup>st</sup> Anniversary International Medical Congress*

"An attempt to understand and combat the silent killer in South Asia"

Professor W. M. Tilakaratne

BDS, MS, FDSRCS, FRCPath, PhD

Dean and Chair Professor of Oral Pathology, Faculty of Dental Sciences, University of Peradeniya

### **PROFESSOR N. D. W. LIONEL MEMORIAL ORATION**

*Friday 27<sup>th</sup> July 2018 during 131<sup>st</sup> Anniversary International Medical Congress*

"Patient with persistent physical symptoms not explained by organic illness; a universal challenge across health care"

Professor Athula Sumathipala MBBS, DFM, MD in Family Medicine, MRCPsych (UK), CCST (UK, PhD

FSLCGP, FRCPath (UK)

Professor of Psychiatry, Research Institute for Primary Care & Health Sciences, Faculty of Medicine & Health Sciences, Keele University

### **DR. S. RAMACHANDRAN MEMORIAL ORATION**

*Sunday 29<sup>th</sup> July 2018 during 131<sup>st</sup> Anniversary International Medical Congress*

"Antivenoms in the treatment of neurotoxic snakebite: effectiveness and limitations"

Dr. N. K. Anjana Silva MBBS, M. Phil (Peradeniya) PhD (Monash)

Senior Lecturer, Department of Parasitology, Faculty of Medicine & Allied Sciences, Rajarata University of Sri Lanka

### **SIR MARCUS FERNANDO ORATION**

*Friday 19<sup>th</sup> October 2018 at NDW Lionel Memorial Auditorium of the SLMA*

"Genotoxicity on exposure to radiation: Assessment of micronuclei frequency among persons resident in the vicinity of a mineral sand processing factory in Pulmoddai, Sri Lanka"

Dr. Tania Warnakulasuriya MBBS, MPhil

Senior Lecturer, Department of Physiology, Faculty of Medicine, University of Kelaniya

### **SIR NICHOLAS ATTYGALLE ORATION**

*Wednesday 14<sup>th</sup> November 2018 at NDW Lionel Memorial Auditorium of the SLMA*

"Biomarkers in breast cancer; broadening the horizons"

Professor Lakmini Mudduwa MBBS, D.Path, MD(Histopathology)

Professor of Pathology, Department of Pathology, Faculty of Medicine University of Ruhuna

### **MURUGESAR SINNETAMBY ORATION**

*NOT AWARDED*

### **DR. DESMOND FERNANDO MEMORIAL LECTURE 2018**

To be delivered in 2019



## **E M WIJERAMA ENDOWMENT LECTURER 2018**

*Thursday 18<sup>th</sup> October 2018 at NDW Lionel Memorial Auditorium of the SLMA*

"Medical Education in Sri Lanka"

Vidyajyothi Professor Lalitha Mendis MBBS, MD, PhD, Dp. Bact, FNASSL, FSLCGP, FSLCME, FSLCM  
Emeritus Professor of Microbiology, University of Colombo  
Past-President, SLMA



Professor Anuja Premawardena delivering SLMA Oration 2018



Awarding the medal to the S C Paul Orator,  
Professor W. M. Tilakaratne



Awarding the medal to the N.D.W. Lionel Memorial Orator  
Professor Athula Sumathipala



Dr. N. K. Anjana Silva delivering Dr. S. Ramachandran Oration



Professor Lakmini Mudduwa delivering the  
Sir Nicholas Attygalle Oration



Dr. Tania Warnakulasuriya delivering the  
Sir Marcus Fernando Oration





Awarding the medal to the E M Wijerama Endowment Lecturer,  
Vidyaiothi Professor Lalitha Mendis

## 8. SLMA AWARDS

### E. M. Wijerama Prize

#### **Anaemia among women of child-bearing age: Contributions of alpha and beta-thalassaemia**

Mettananda S<sup>1,2</sup>, Suranjan PDM<sup>1</sup>, Fernando VR<sup>1</sup>, Dias TD<sup>1,2</sup>, Rodrigo R<sup>1</sup>, Perera L<sup>1</sup>, Mettananda KCD<sup>1</sup>, Gibbons RJ<sup>3</sup>, Premawardhena A<sup>1,2</sup>, Higgs DR.<sup>3</sup>

<sup>1</sup>Faculty of Medicine, University of Kelaniya, Sri Lanka

<sup>2</sup>Colombo North Teaching Hospital, Ragama, Sri Lanka

<sup>3</sup>University of Oxford, United Kingdom

### S. E. Seneviratna Prize

#### **Pattern of dengue virus infections in adult patients from Sri Lanka**

Jayarajah U<sup>1,6</sup>, de Silva PK<sup>2</sup>, Jayawardena P<sup>2</sup>, Dissanayake U<sup>3</sup>, Kulathunga A<sup>2</sup>, Fernando H<sup>2</sup>, Perera L<sup>4,6</sup>, Kannangara V<sup>4,6</sup>, Udayangani C<sup>4,6</sup>, Peiris R<sup>4,6</sup>, Faizer S<sup>6</sup>, Yasawardene P<sup>6</sup>, de Zoysa I<sup>4,6</sup>, Seneviratne SL<sup>4,5,6</sup>

<sup>1</sup>Dengue Unit, National Hospital of Sri Lanka, Colombo, Sri Lanka

<sup>2</sup>National Hospital of Sri Lanka, Colombo, Sri Lanka

<sup>3</sup>Department of Medicine, Base Hospital, Panadura, Sri Lanka

<sup>4</sup>Department of Surgery, Faculty of Medicine, University of Colombo, Sri Lanka

<sup>5</sup>Institute of Immunity and Transplantation, Royal Free Hospital and University College London, UK

<sup>6</sup>Dengue Research Group, Colombo, Sri Lanka

### H. K. T. Fernando Prize

#### **Long term use of mefloquine amongst military personnel: A key strategy in the prevention of reintroduction of malaria to Sri Lanka**

Fernando SD<sup>1</sup>, Booso BR<sup>2</sup>, Madurapperuma C<sup>3</sup>, Wickramasekara T<sup>4</sup>, Danansooriya M<sup>5</sup>, Ranaweera D<sup>5</sup>

<sup>1</sup>Department of Parasitology, Faculty of Medicine, University of Colombo

<sup>2</sup>Directorate of Health Services, Sri Lanka Air Force Head Quarters, Colombo

<sup>3</sup>Faculty of Medicine, University of Colombo

<sup>4</sup>Preventive Medicine and Mental Health Services, Army Hospital, Narahenpita 5Anti Malaria Campaign, Sri Lanka

### Sir Nicholas Attygalle Prize

#### **Effects of exercise on body composition in Sri Lankans with Type 2 Diabetes Mellitus**

Ranasinghe C<sup>1,2</sup>, Buddhila B<sup>1</sup>, Constantine GR<sup>3</sup>, Katulanda P<sup>3</sup>, Hills AP<sup>4</sup>, King NA<sup>2</sup>

<sup>1</sup>Department of Allied Health Sciences, Faculty of Medicine, University of Colombo, Sri Lanka

<sup>2</sup>School of Exercise and Nutrition Sciences, Faculty of Health, Queensland University of Technology, Australia

<sup>3</sup>Department of Clinical Medicine, Faculty of Medicine, University of Colombo, Sri Lanka

<sup>4</sup>School of Health Sciences, University of Tasmania, Launceston, Australia

## **Wilson Peiris Prize**

### **Fat percentage derived BMI cut-offs for Sri Lankan adults**

Jayawardena R<sup>1</sup>, Thennakoon SN<sup>2</sup>, Hills AP<sup>3</sup>

<sup>1</sup>Faculty of Medicine, University of Colombo

<sup>2</sup>Diabetes Research Unit, Faculty of Medicine, University of Colombo

<sup>3</sup>University of Tasmania

## **Professor Daphne Attygalle Prize for the best paper in Cancer**

### **The incidence and patterns of liver cancers in Sri Lanka from 2000-2010: Analysis of National Cancer Registry data**

Jayarajah U<sup>1</sup>, Fernando AR<sup>1</sup>, Fernando EA<sup>2</sup>, Samarasekera DN<sup>1</sup>, Seneviratne SA<sup>1</sup>

<sup>1</sup>Department of Surgery, Faculty of Medicine, University of Colombo

<sup>2</sup>National Cancer Control Programme, Ministry of Health, Colombo

## **Sir Frank Gunasekera Prize for the best paper in Community Medicine & Tuberculosis**

### **Level of empowerment for tobacco control in a rural low-income district in Sri Lanka**

Perera KMN<sup>1</sup>, Guruge GND<sup>2</sup>, Jayawardana PL<sup>1</sup>

<sup>1</sup>Department of Public Health, Faculty of Medicine, University of Kelaniya

<sup>2</sup>Department of Health Promotion, Faculty of Applied Sciences, Rajarata University of Sri Lanka

## **Professor Kumaradasa Rajasuriya Prize for the best paper in Tropical Medicine**

### **Pattern of dengue virus infections in adult patients from Sri Lanka**

Jayarajah U<sup>1,6</sup>, de Silva PK<sup>2</sup>, Jayawardena P<sup>2</sup>, Dissanayake U<sup>3</sup>, Kulathunga A<sup>2</sup>, Fernando H<sup>2</sup>, Perera L<sup>4,6</sup>, Kannangara V<sup>4,6</sup>, Udayangani C<sup>4,6</sup>, Peiris R<sup>4,6</sup>, Faizer S<sup>6</sup>, Yasawardene P<sup>6</sup>, de Zoysa I<sup>4,6</sup>, Seneviratne SL<sup>4,5,6</sup>

<sup>1</sup>Dengue Unit, National Hospital of Sri Lanka, Colombo, Sri Lanka

<sup>2</sup>National Hospital of Sri Lanka, Colombo, Sri Lanka

<sup>3</sup>Department of Medicine, Base Hospital, Panadura, Sri Lanka

<sup>4</sup>Department of Surgery, Faculty of Medicine, University of Colombo, Sri Lanka

<sup>5</sup>Institute of Immunity and Transplantation, Royal Free Hospital and University College London, UK

<sup>6</sup>Dengue Research Group, Colombo, Sri Lanka

## **Special Prize in Cardiology**

### **Which cardiovascular disease risk estimation tool would be most suitable in detecting underlying atherosclerosis in Sri Lankan adults?**

Amarasinghe ATIM<sup>1</sup>, Lekamwasam S<sup>2</sup>, Weeraratna TP<sup>2</sup>, Sumanathillake M<sup>3</sup>

<sup>1</sup>Department of Pharmacology, Faculty of Medicine, University of Ruhuna, Galle

<sup>2</sup>Department of Medicine, Faculty of Medicine, University of Ruhuna, Galle

<sup>3</sup>National Hospital of Sri Lanka, Colombo

## **Dr. S. Ramachandran Prize for the best paper in Nephrology**

### **Protective effect of *Barleria prionitis* extract (katukarandu) against doxorubicin induced acute nephrotoxicity in Wistar rats**

Amarasiri AMSS<sup>1</sup>, Attanayake AP<sup>2</sup>, Jayatilaka KAPW<sup>2</sup>, Mudduwa LKB<sup>3</sup>

<sup>1</sup>Department of Medical Laboratory Science, Faculty of Allied Health Sciences, University of Ruhuna

<sup>2</sup>Department of Biochemistry, Faculty of Medicine, University of Ruhuna

<sup>3</sup>Department of Pathology, Faculty of Medicine, University of Ruhuna

## **The Sri Lanka Association of Clinical Pharmacology and Therapeutics award for the Best Paper in Pharmacology**

### **Synthesis of silver nanoparticles from Sri Lankan medicinal plants and evaluation of their antimicrobial potential**

Napagoda MT<sup>1</sup>, De Soyza WSG<sup>1</sup>, Wijayarathne WMDGB<sup>2</sup>, Witharana S<sup>3</sup>

<sup>1</sup>Department of Biochemistry, Faculty of Medicine, University of Ruhuna

<sup>2</sup>Department of Microbiology, Faculty of Medicine, University of Ruhuna

<sup>3</sup>Faculty of Engineering, Higher Colleges of Technology, United Arab Emirates

#### **SLMA prize for the best poster**

##### **Why do people travel upto 70km to seek treatment from the Colombo North Teaching Hospital Outpatient Department? A qualitative study**

Perera DP<sup>1</sup>, Withana SS<sup>1</sup>, Mendis KM<sup>1</sup>, Kasunjith DVT<sup>1</sup>, Jayathilaka WTS<sup>1</sup>, Wickramasuriya SW<sup>1</sup>, Govinthadas S<sup>1</sup>, Kalansooriya R<sup>1</sup>, Welhenage C<sup>1</sup>

<sup>1</sup>Faculty of Medicine, University of Kelaniya

#### **CNAPT Award**

##### **Prevention of lightning related adverse effects: knowledge, attitudes and practices among residents in Kiriella Medical Officer of Health area**

Dr. K. C. Kalubowila, Medical Officer, Disaster Preparedness and Response Division, Ministry of Health, Nutrition and Indigenous Medicine

#### **G R Handy Award for the best paper in Cardiology published in the year 2016**

Not awarded

#### **Glaxo Wellcome Research Award for the year 2018**

##### **Knowledge on prevention of occupational health hazards and utilization of safety measures among construction trade workers in a selected building construction site in the district of Colombo**

Dr. K. C. Kalubowila, Medical Officer, Disaster Preparedness and Response Division, Ministry of Health, Nutrition and Indigenous Medicine

#### **SLMA Research Grant 2017**

##### **Single blind randomized control trial to evaluate the effectiveness of electroconvulsive therapy (ECT) in acute schizophrenia**

Dr. Asiri RoDr.igo

#### **Dr. Thistle Jayawardena Research Grant for Intensive Care 2018**

Not awarded

#### **Professor Wilfred S E Perera Travel Award in Bioethics 2018 – Joint winners**

##### **“Climate change adaptation and mitigation at individual level: Capacity assessment of school teachers**

Dr. Chintha Rupasinghe, National Institute of Health Sciences, Nagoda, Kalutara

##### **“Trainee’s perception of the post-graduate medical overseas training received in the UK: A survey among the post –MD trainees in Sri Lanka”**

Dr. W. D. Dilshan Priyankara, No. 17/ D 3rd Lane, Ambillawatta Road, Boralesgamuwa

##### **“The level of physical activity among 10-19 years aged visually or hearing disabled adolescents in the Western Province of Sri Lanka”**

Dr. S. S. Jayasena, Medical Officer, Anti-Malaria Campaign, Public Health Complex, 555/5, Elvitigala Mawatha, Colombo 5

## 9. MONTHLY CLINICAL MEETINGS

The SLMA held a total of 11 monthly clinical meetings except in July (due to 131<sup>st</sup> Anniversary International Medical Congress) this year in collaboration with Professional colleges on every 3<sup>rd</sup> Tuesday of each month.

MONTH	COLLABORATING COLLEGE
January	Sri Lanka College of Paediatricians
February	Sri Lanka College of Haematologists
March	College of Anaesthesiologists & Intensivists of Sri Lanka
April	College of Pulmonologists of Sri Lanka
May	Ceylon College of Physicians
June	Sri Lanka College of Dermatologists
August	College of Ophthalmologists of Sri Lanka
September	Fairmed Foundation (funding Neglected Tropical Medicine)
October	College of General Practitioners of Sri Lanka
November	Sri Lanka College of Psychiatrists
December	College of General Practitioners of Sri Lanka

A wide range of topics in all specialties were covered during the meetings, which were very well attended. Case discussions and MCQs were included to meet the learning needs of the postgraduate trainee attendees. The detailed programmes are given in **Annexure 2**.

The monthly clinical meeting is a continuing Professional development (CPD) activity targeted mainly postgraduates in training, general practitioners and grade medical officers. The CPD committee and the Council have approved their recognition to award CPD points under the category designated "Teaching Activities". Some monthly clinical meetings were available as webinars for the remote participants as a live telecast with the facility to ask questions from the resource persons. These webinars had high and active participation not only from local areas but overseas too.

## 10. REGIONAL MEETINGS

A total of nine (9) successful meetings were held during the year 2018 covering 8 Provinces in the country. In these meetings SLMA collaborated with the College of microbiologists to enhance the knowledge on the importance of understanding the threat of "Anti-Microbial Resistance" and also with the Ethics Committee of SLMA to raise awareness on "Ethical Medical Practice" to improve provision of quality care to the patients.

The organizations of the regional meetings were actively supported by the SLMA members who represented the Provinces and the Provincial Director of Health of the area. One programme was conducted in a Private Sector Hospital (Asiri Group of Hospitals) to show that SLMA has not overlooked the important role the private sector health staff play in providing care.

All participants received a certificate of participation carrying "CPD" points to emphasize the importance of continuous professional medical education in to keep abreast with new knowledge and skills.

- 1. Joint Clinical Meeting with the Kandy Society of Medicine**  
*24<sup>th</sup> January 2018 at the Auditorium, Kadugannawa Training Centre*
- 2. Joint CME Programme with the Asiri Group of Hospitals**  
*28<sup>th</sup> February 2018 at the Auditorium, Asiri Surgical Hospital*
- 3. Joint Clinical Meeting with the Base Hospital, Kattankudy**  
*21<sup>st</sup> May 2018 at the Auditorium, Base Hospital, Kattankudy*
- 4. Joint Academic Session with Clinical Society of Diyathalawa Base Hospital**  
*27<sup>th</sup> March 2018 at the Auditorium, Base Hospital, Diyathalawa*
- 5. Joint Clinical Meeting with the Rathnapura Clinical Society**  
*4<sup>th</sup> September 2018 at the Auditorium, Rathnapura General Hospital*



6. **Joint Clinical Meeting with the Anuradhapura Clinical Society @ District Hospital, Kekirawa**  
30<sup>th</sup> August 2018 at the Auditorium, District Hospital, Kekirawa
7. **Joint Academic Session with Avissawella Clinical Society**  
16<sup>th</sup> November 2018 at the BOI Auditorium, Free Trade Zone, Avissawella
8. **Joint Academic Session with Avissawella Clinical Society**  
24<sup>th</sup> November 2018 at the Royal Resort Mandara – Horagolla, Nittambuwa
9. **Joint Academic Session with Ruhunu Clinical Society**  
28<sup>th</sup> November 2018 at the Hotel Sanaya Mansion, Matara

The academic programmes of these meetings are given in **Annexure 3**.

## 11. SLMA FOUNDATION SESSIONS

The Foundation Sessions 2018 of the SLMA took place from 18<sup>th</sup> – 19<sup>th</sup> October 2018 at the NDW Lionel Memorial Auditorium at Wijerama House, Colombo 07. The Sessions were a great success with enthusiastic participation by over 100 doctors from all parts of the island. However the current Council is under the impression that future Councils should re-think about the need of having academic programme at the Foundation session as there are numerous scientific conferences taking place at present.

The Sessions were ceremonially inaugurated on 18<sup>th</sup> October at the Lionel Memorial Auditorium, Colombo-07. Professor Chandrika Wijeyaratne, Immediate Past President of the SLMA was the Chief Guest. A highlight of the Inauguration ceremony was the E. M. Wijerama Endowment Lecture, which was delivered by Vidyajyothi Professor Lalitha Mendis, MBBS, MD, PhD, Dp. Bact, FNASSL, FSLCGP, FSLCME, FSLCM, Emeritus Professor of Microbiology, University of Colombo, Past-President of the Sri Lanka Medical Council 2009-2011 and Past-President of the 2008

SLMA awards for the winners at 131<sup>st</sup> Anniversary International Medical Congress and the journalist awards were presented during the ceremonial inauguration. The detailed programme of the Foundation Sessions is given in **Annexure 4**.



## 12. GUEST LECTURES

Following are the Guest Lectures organized the SLMA and delivered in 2018 at the NDW Lionel Memorial Auditorium, No.06, Colombo 07.

### **Guest Lecture on “Primary care-centered health services for universal health care: Sri Lanka leading the way”**

*Professor Mala Rao OBE MSc MBBS FFPH PhD Hon FFSRH*

*Senior Clinical Fellow at Imperial College London, a Trustee of WaterAid UK*

12<sup>th</sup> February 2018 from 12.00 noon – 1.00 p.m.

### **Guest Lecture on “Inter Professional Collaboration in the Healthcare Setting: Lessons Learned from a Case Study on the Neonatal Intensive Care Unit”**

*Dr. Myuri Manogaran PhD, MHSc, BSc (Hon)*

*Data & Research Analyst, Royal College of Physicians and Surgeons of Canada*

*Visiting Researcher, University of Ontario Institute of Technology, Part-time Professor, University of Ottawa*

7<sup>th</sup> March 2018 from 12.00 noon – 1.00 p.m.

### **Guest Lecture on “Dual Diagnosis – the mind/body continuum of addictions” and “Zen, Stigma and Mental Health – a workshop on a dialectical approach to stigma and psychiatry”**

*Dr. N Yoganathan*

*College Tutor in Psychiatry (2010-2017)*

*Member, Group Analytic Society International, Consultant Psychiatrist, CNWL & SABP NHS Trusts, UK*

14<sup>th</sup> March 2018 from 9.00 a.m. – 12.00 noon

### **Guest Lecture on “Swedish Health Care -reflecting democratic values”**

*Professor Göran Kurlberg MD, PhD*

*Associate Professor of Surgery, Sahlgrenska Academy, University of Gothenburg, Sweden*

*Visiting Professor, Research Department, Institute of Medicine, Tribhuvan University Teaching Hospital, Kathmandu, Nepal*

3<sup>rd</sup> April 2018 from 12.00 noon – 1.00 p.m.

### **Guest Lecture on “Glyphosate Based Herbicides (GBH): CKD and Cancer - The Current Evidence and the Possible Implications of Using GBH within the Tea Industry”**

*Professor Sarath Gunatilake M.D, Dr.P.H*

*Professor California State University, Long Beach California, Diplomate, American Board of Occupational Medicine*

7<sup>th</sup> June 2018 from 12.00 noon – 1.00 p.m.

### **Guest Lecture on “Is the Health System Ready for the Essential Service Package (ESP)?”**

#### **Can we find evidence for the role of ESP in Universal Health Coverage (UHC)?**

*Dr. Xavier Modol - Health Systems Expert*

#### **Aligning the health system to meet Primary Health Care and UHC objectives**

*Dr. Susan Sparks – Expert from WHO HQ*

8<sup>th</sup> June 2018 from 12.00 noon – 1.30 p.m. at the ClinMarc, NHSL, 1st Floor, Room 3

### **Guest Lecture on “What are Discrete Choice Experiments (DCEs)?”**

#### **How to understand preferences to improve public health**

*Dr. Matthew Quaife*

*Assistant Professor and DCE expert, London School of Hygiene and Tropical Medicine, UK*

16<sup>th</sup> November 2018 from 12.00 noon – 1.30 p.m.

### **Therapeutic Updates**

Therapeutic Updates were organised by the Medicinal Drugs Committee of the SLMA and delivered in 2018 at the Lionel Memorial Auditorium, No.06, Colombo-07.

### **Therapeutic Update on “Inflammatory Bowel Disease”**

*Dr. Sanjeeva Ariyasinghe*

*Consultant Gastroenterologist, Colombo South Teaching Hospital, Kalubowila*

29<sup>th</sup> March 2018 from 12.00 noon – 1.00 p.m.

### **Therapeutic Update on “Stroke”**

*Dr. Senaka Bandusena*

*Consultant Neurologist, Colombo South Teaching Hospital, Kalubowila*

25<sup>th</sup> May 2018 from 12.00 noon – 1.00 p.m.

**Therapeutic Update on “Haematemesis”**

*Dr. Nilesch Fernandopulle*

*Consultant Gastroenterologist, Senior Lecturer*

*Faculty of Medicine, University of Colombo*

31<sup>st</sup> August 2018 from 12.00 noon – 1.00 p.m.

**Therapeutic Update on “Childhood Meningitis”**

*Dr. Piyara Ratnayake*

*Consultant Neurologist, Lady Ridgeway Hospital for Children, Colombo 8*

26<sup>th</sup> October 2018 from 12.00 noon – 1.00 p.m.

**Therapeutic Update on “Prophylactic Use of Antibiotics”**

*Professor Shalini Sri Ranganathan*

*Professor in Pharmacology*

*Faculty of Medicine, University of Colombo*

30<sup>th</sup> November 2018 from 12.00 noon – 1.00 p.m.

**13. SYMPOSIA, SEMINARS AND WORKSHOPS**

Expert Committees of the SLMA organized several seminars and workshops held at the NDW Lionel Memorial Auditorium of the SLMA during the year 2018. The detailed programmes are given in **Annexure 5**.

**Training Workshop on Clinical Audits for Private Sector Healthcare Institutions**

22<sup>nd</sup> – 23<sup>rd</sup> February 2018 at 8.00 am at the Lionel Memorial Auditorium

*Organized by the Expert Committee on Healthcare Quality and Safety of the SLMA*

**Symposium on “Devices: Are they always sterile?”**

22<sup>nd</sup> March 2018 at 12.00 noon at the Lionel Memorial Auditorium

*Organized by the Expert Committee on Communicable Diseases of the SLMA*

**Symposium on “Chikungunya: Another viral fever spread by Aedes mosquitoes”**

26<sup>th</sup> April 2018 at 12.00 noon at the Lionel Memorial Auditorium

*Organized by the Expert Committee on Communicable Diseases of the SLMA*

**Symposium on “Current Viral Respiratory Tract Infections in The South”**

14<sup>th</sup> of June 2018 at 12.00 noon

*Organized by the Expert Committee on Communicable Diseases of the SLMA and the Sri Lanka College of Microbiologists*

**GCP Workshop for Researchers**

12<sup>th</sup> – 13<sup>th</sup> of June 2018 at 8.30 a.m. at the Lionel Memorial Auditorium

*Organized by the Forum for Ethics Review Committees in Sri Lanka*

**Workshop for the Pharmacy Sales Assistants**

27<sup>th</sup> of May 2018 at 8.30 am at the Sri Lanka Foundation Institute, Independence Square, Colombo 07

*Organized by the Medicinal Drugs Committee of the Sri Lanka Medical Association in collaboration with Sri Lanka Chamber of the Pharmaceutical Industry (SLCPI) the Sri Lanka Association of Pharmacy Owners and Lanka Pharmaceutical Traders Association*

**Symposium on “Leptospirosis: Beyond basics...”**

23<sup>rd</sup> of August 2018 at 12.00 noon at the Lionel Memorial Auditorium

*Organized by the Expert Committee on Communicable Diseases of the SLMA*

**Career Guidance Seminar**

7<sup>th</sup> October 2018, at 8.30 a.m. at the Lionel Memorial Auditorium

*Organized by the Expert Committee on Health Management of the SLMA*

**Symposium on Theme: “Salmonellosis: In the gut and beyond”**

8<sup>th</sup> November 2018 at 12.00 noon at the Lionel Memorial Auditorium

*Organized by the Expert Committee on Communicable Diseases of the SLMA*

**Symposium on “Influenza: Be Prepared”**

27<sup>th</sup> November 2018 at 12.00 noon at the Lionel Memorial Auditorium

*Organized by the Expert Committee on Communicable Diseases of the SLMA and Medical Research Institute, Colombo*

**How to Identify Qualified Doctors, Quacks & Fake ‘Professors’****Symposium on for Journalists and others**

18<sup>th</sup> December 2018 at 9.00 am at the Lionel Memorial Auditorium

*Organized by the Expert Committee on Media of the SLMA*

**14. AUDIT COMMITTEE**

For the first time in the history of SLMA an Audit Committee was formed during the year 2018.

**The Objectives of the Committee:**

To study and make recommendations to the Council regarding financial transactions of the SLMA

The approved composition of the Committee – Chairperson (A Past President), Vice Presidents of the Council, Assistant Treasurer (Secretary to the committee), Administrative Officer and Accounts Executive

**The members of the committee for 2018:**

Chairperson	Dr. Lucien Jayasuriya
Secretary	Dr. Sumithra Tissera
Vice Presidents	Dr. Christo Fernando
	Prof. Ariyarani Gnanathanasan
Administrative Officer	Mr. DS Perera
Accounts Executive	Ms. Jayarani Tennakoon

No of meetings held for the year 2018 – 10

Name	No. Present
Dr. Lucian Jayasuriya	09
Dr. Christo Fernando	07
Prof. Ariyarani Gnanathanasan	04
Dr. Sumithra Tissera	10
Ms. Jayarani Tennakoon	10
Mr. D.S. Perera	09

**A few important recommendations made by the Audit Committee to the Council****Signing of MOU's:**

All MOU's that have an effect for one year and above should be signed after approval of the Finance & Management Committee. All MOU's in which the SLMA receives or grants Rs 1 million and over should be signed after approval of the Finance & Management Committee.

All MOU's which are of less value or less duration above than should be approved by the President but should be forwarded to the next meeting of the Finance & Management Committee for perusal.

If agreement goes beyond the tenure of the incumbent Council, the President elect should also counter sign the document

**Reimbursing/ sponsoring of travel for foreign speakers:**

The practice of paying for travel to SL for selected foreign speakers has been going on for some time. It is better to stop the practice. If need to continue, the Council approval should be sought to decide



## 15. CEYLON MEDICAL JOURNAL

**Editors:** Professor Varuni de Silva (From 01/01/2018 to 15/10/2018), Professor A. Pathmeswaran (From 01/01/2018 to date) and Professor Senaka Rajapakse (from 16/10/2018 to date)

**Emeritus Editors:** Dr. C.G. Uragoda, Professor Colvin Goonaratna, Professor Janaka de Silva and Dr. Anuruddha Abeygunasekera

**Section Editors:** Dr.B.J.C. Perera, Dr.Udaya Ranawaka and Professor Shalini Sri Ranganathan

<b>Editorial Board:</b>	Professor Carukshi Arambepola	Professor Tiran Dias
	Professor S.D. Dharmaratne	Dr. Renuka Jayatissa
	Dr. B.J.C. Perera	Professor Shalini Sri Ranganathan
	Professor Ranil Fernando	Professor Malik Goonewardena
	Professor Udaya Ranawaka	Professor Sarath Lekamwasam
	Professor Senaka Rajapakse	Professor S.H. Siribaddana

**International Editorial Board:**  
Professor Sabaratnam Arulkumaran, Professor Zulfiqar Ahmed Bhutta, Professor Andrew Dawson, Professor Barbara Gastel, Professor David Laloo, Professor Kalle Hoppu, Professor Ian Pearce, Professor Peush Sahni, Professor Anita KM Zaidi

**Compiled by:** Professor A Pathmeswaran, Co-editor, Ceylon Medical Journal (CMJ)

**Period covered:** 1st January 2018 to 31<sup>st</sup> October 2018

### 1. CMJ Co-Editor

Professor Senaka Rajapakse was appointed as Co-Editor of the journal with effect from 15/10/2018 in place of Professor Varuni de Silva who resigned from the post to leave the country.

### 2. Board Meetings

The Editorial Board meetings are usually held on the second Saturday each month. Ten meetings have been held so far in 2018. Average attendance was 70%. A summary of the events of The CMJ are sent to the Council periodically.

### 3. Journal

Three issues of the 2018 Journal have been published to date: March, June and September. The December issue is in preparation. Ananda Press continued to print the Journal with financial support from the SLMA during the year but under review.

A total of 113 articles were tabled and discussed at the editorial board from January to October 2018. Forty-one articles were accepted for publication. The article acceptance rate was 36%. Average time period between submission of an article and decision taken at the editorial board was 5 weeks.

A total of 47 articles have been published in 3 issues in 2018. Of them 15 were original articles.

Past issues of the Journal can be purchased at Rs 500/= per copy. The processing fee per article is Rs 2000.

In addition, the members of the editorial board reviewed 276 abstracts submitted for the SLMA annual academic sessions.

### 4. Website

The CMJ can be accessed online through the SLMA website. Full article access is available from the year 2000 onwards. The Sri Lanka Journals Online website is maintained by Ms Sioux Cumming of the International Network for the Availability of Scientific Publications, Oxford. There are 950 online registrants of the CMJ who access the website. The PubMed abstract of the CMJ articles provide a link to the full text articles.

### 5. Online activities

The Online manager Dr. Riakz Sheriff maintains the twitter and facebook accounts for the CMJ to promote/coordinate the Journal electronically. The Twitter account has 1117 followers to date. The Facebook page has 975 followers.

### 8. CMJ office

Ms. Dinushi Madushika continues to function as the editorial assistant and ensures the smooth functioning of the CMJ office. The office can be contacted on 011 269 0212 and at cmj@slma.lk.

## 9. Finances

The SLMA council has agreed to support the CMJ with an annual grant of Rs. 500,000 which will finance the running costs of the journal. The CMJ would like to acknowledge the support extended by the President and Council of the SLMA.

## 10. Acknowledgements

The Editorial Board is grateful for the continued help of all SLMA staff, especially Ms Jayarani Tennakoon.

## 16. ETHICS REVIEW COMMITTEE

**Chairperson** Professor Chandanie Wanigatunge (Medical)  
**Convener/ Secretary:** Dr. Jayanie Weeratna (Medical)

### Members

Dr. Malik Fernando (Medical)	Professor Shalini Sri Ranganathan (Medical)
Professor Amala de Silva (Non-medical)	Dr. Kamal Weerapperuma (Non-medical)
Dr. Sumal Nandasena (Medical)	Dr. Mayuri Thammitiyagodage (Non-medical)
Dr. Naazima Kamardeen (Non-medical/ Lawyer)	Ms. Durga Pulendran (Non-medical)

**New members joined in 2018** Dr. Chathura Ediriweera (Medical)  
Dr. Chathuri Suraweera (Medical)

### Members Resigned in 2018

Professor Carukshi Arambepola Dr. Dilhara Samaraweera Dr. Asiri Rodrigo

### Activities in relation to SLMA Objectives of the Committee

Objective	General	Specific
To advocate the reorientation of the health sector towards health promotion with a life cycle approach	-	-
To engage the non-health sector in taking on equal responsibility in the prevention and reducing health inequities	To enhance research ethics capacity of those involved in biomedical research	To promote involvement of non-health sector associated persons in health-related research as members of the Ethics Review Committee
To promote healthy lifestyle and address major causative factors for NCDs among vulnerable populations through health promotion approach	-	-
To enhance the capacity of medical Professionals	To enhance research ethics capacity of those involved in biomedical research	To provide timely and comprehensive review of biomedical research protocols submitted for ethical approval To provide guidance and support to other ERCs to enhance their capacity in reviewing applications pertaining to ethical aspects of biomedical research
To play an advocacy role towards a comprehensive curative and preventive healthcare for the community	-	-

### Attendance at Committee meetings (Out of 10)

Name	Number of meetings attended	Number of meetings excused
Professor Chandanie Wanigatunge	9	1
Dr. Malik Fernando	10	0
Professor Shalini Sri Ranganathan	9	1
Professor Amala de Silva	7	3
Dr. Sumal Nandasena	3	7
Professor Carukshi Arambepola (Resigned in June)	4	-

Dr. Jayani Weeratne	8	2
Dr. Mayuri Thammitiyagodage	8	2
Dr. Kamal Weerapperuma	5	5
Dr. Asiri RoDr.igo (Resigned in April)	1	2
Professor Naazima Kamardeen	9	1
Ms. Durga Pulendran	5	5
Dr. Dilhara Samarweera (Resigned in October)	3	7
Dr. Chathura Edirisuriya (Since June 2018)	4	1
Dr. Chathurie Suraweera (Since June 2018)	3	2

### Activities carried out in 2018

- Ten meetings were held from January to October 2018 and 25 research proposals were submitted to the committee during this period.
  - Seven proposals were exempted from review as they were on secondary data and did not involve humans.
  - One proposal was returned as the subject matter concerned was out of the purview of the ERC.
  - Two proposals were removed from the agenda as the Principle Investigator did not respond despite repeated reminders.
  - Three protocols were rejected as they were scientifically invalid and ethically unacceptable in the form submitted.
  - Eleven research proposals were approved (5 from 2017 and 6 from 2018).
  - The following were given ethical approval by the committee in 2018.
1. ERC/17 – 022  
Antimicrobial resistance as a social dilemma: Approaches to reducing broad-spectrum antibiotic use in acute medical patients internationally  
PI: Dr. Nelun Perera, Consultant Microbiologist, University Hospitals of Leicester, Department of Clinical Microbiology, 5<sup>th</sup> Floor, Sandringham Building, Infirmary, Road, Leicester, LE1 5WW
  2. ERC/17 – 023  
Reasons for seeking private sector vaccines which are available in National Expanded Programmes on Immunization for the children under five years by parents residing in Nugegoda MOH area.  
PI: Dr. J K M N Jayakody, AMOH, MOH Office, Highlevel Plaza, Delkanda, Nugegoda
  3. ERC/17 – 024  
Implementation of a Healthcare Recipient Identification System in a hospital cluster in Sri Lanka to enable estimation of the actual diseases burden: A pilot project (Title changed from the original)  
PI: Dr. S. Champika Wickramasinghe, Deputy Director General (NCD), and Project Director, Second Health Sector, Development Project, Office of DDG (NCD), Ministry of Health, Nutrition and Indigenous Medicine, No 385, Rev. Baddegama Wimalawansa Thero Mawatha, Colombo
  4. ERC/17 – 025  
Establishing an infant child and adolescent twin register for research and capacity building on the aetiology of mental illness in Sri Lanka  
PI: Professor Athula Sumathipala, Institute for Research and Development, Sri Lanka
  5. ERC/18 – 003  
A study on food hygienic measures in food establishments in Colombo-06  
PI: Dr. Shanthini Varatharajah, Medical Officer, Colombo South Teaching Hospital
  6. ERC/18 – 012  
Inflammation in acute coronary syndrome: risk factors, patterns of presentation and association with clinical picture and outcome, an observational study  
PI: Dr. M. R. Navinan, Senior Registrar in Cardiology, Institute of Cardiology, National Hospital of Sri Lanka
  7. ERC/17 – 021  
National Non Communicable Disease Risk Factor Survey – STEPS Survey 2018  
PI: Dr. S. C. Wickramasinghe, DDG, Non Communicable Diseases, Ministry of Health, Nutrition and Indigenous Medicine, Colombo 10

8. ERC/18 – 006  
A study to develop early diagnostic markers and research into improved diagnostics for leprosy.  
PI: Dr. Janaka Kumarasiri Akarawita, Consultant Dermatologist, Dermatology Unit, National Hospital of Sri Lanka
  9. ERC/18 – 022  
Sri Lanka Health and Ageing Survey (SLHAS)  
PI: Ravindra Prasan Rannan-Eliya, Executive Director, Institute for Health Policy, 72, Park Street, Colombo 2
  10. ERC/18 – 020  
Study of Risks Faced by Women and Children Subjected to Climate Change Related Disasters  
PI: Dr. Ananda Mallawatantri, Country Representative, International Union for Conservation of Nature – IUCN 53, Horton Place, Colombo 7
  11. ERC/18 – 023  
National Non-Communicable Disease Risk Factor Survey – Mobile Phone Survey 2018  
PI: Dr. S.C. Wickramasinghe, Deputy Director General (Non-Communicable Diseases), Ministry of Health, Nutrition and Indigenous Medicine.
- The members of the ERC attended workshops conducted by FERCSL during the year. Some members were resource persons at workshops conducted by FERCSL. The members registered for the CITI programme by the NSF to obtain further training.

#### **Action plan for 2019**

Provide support to FERCSL and to conduct the 2<sup>nd</sup> SIDCER (Strategic Initiative for Developing Capacity in Ethical Review) review which to be done in early 2019.

## **17. SRI LANKAN CLINICAL TRIALS REGISTRY**

**Chairperson:** Professor Colvin Goonaratna  
**Honorary Secretary:** Dr. Udaya Ranawaka

#### **Members**

Dr. Ashwini de Abrew (Assistant Secretary)	Dr. Manu Wimalachandra (Assistant Secretary)
Professor Gita Fernando	Professor Shalini Sri Ranganathan
Professor Chandanie Wanigathunge	Dr. Piyusha Atapattu
Dr. Carmeline Motha	Dr. Nithushi Samaranayake
Dr. A. Dinithi A. Fernando	

#### **Ex-Officio Members**

Dr. J.M.W. Jayasundara Bandara (DGHS)	Dr. Sunil de Alwis (DDG/ET&R)
Professor H J De Silva (Director, PGIM)	Dr. Ruviaz Haniffa (President, SLMA)
Dr. B.M. Hasini A. Banneheke (Hony. Secretary, SLMA)	Dr. A. Jayatilake (Hony. Treasurer, SLMA)

**New members joined in 2018** : None

**Members resigning in 2018** : None

**Report presented by** : Professor Colvin Goonaratna

#### **Objectives of the committee**

The overall objectives of the SLCTR are;

1. To establish and maintain a national registry of clinical trials that meets international standards.
2. To facilitate clinical trial registration by Sri Lankan researchers.
3. To create awareness on the need for, and the process of, clinical trial registration among the Sri Lankan scientific community.

#### **Committee meetings**

(Number of committee meetings held during the year 2018 with attendance of each member in a table as follows.)



Meeting attendance												
	Name	2018										
		Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Dec
1	Prof Colvin Goonaratna (Chairperson)	P	P	P	P	P	Ex	Ex	P	Ex	P	Ex
2	Prof Udaya Ranawaka (Secretary)	P	P	P	P	P	P	P	P	P	P	Ex
3	Dr Ashwini de Abrew (Assistant Secretary)	Ex	P	P	Ex	P	P	Ex	P	P	P	P
4	Dr Manu Wimalachandra (Assistant Secretary)	P	Ex	P	P	Ex	Ex	Ex	Ex	P	P	P
5	Dr Nithushi Samaranayake (Assistant Secretary)	P	P	P	P	P	P	P	Ex	Ex	P	Ex
6	Prof Shalini Sri Ranganathan	P	P	P	P	Ex	P	Ex	P	P	Ex	Ex
7	Dr Piyusha Atapattu	Ex	Ex	Ex	Ex	Ex	Ex	Ex				
8	Prof Chandanie Wanigathunga	P	Ex	Ex	Ex	Ex	Ex	P	P	P	Ex	Ex
9	Dr Shamini Prathapan	P	Ex	P	P	P	P	Ex	P	P	Ex	Ex
10	Dr Carmeline Motha	Ex	Ex	P	Ex	P	P	P	Ex	P	P	Ex
11	Dr Dinithi Fernando	Ex	P	Ex	Ex	Ex	P	P	Ex	Ex	Ex	Ex
12	Dr. Sithara Dissanayake						P	P	P	P	Ex	P
13	Dr. Senaka Pilapitiya						Ex	P	Ex	P	Ex	P
14	Dr. Kishara Goonaratna							Ex	P	P	Ex	Ex
<i>Ex officio members</i>												
1	Dr. Anil Jasinghe (DGHS)											
2	Dr Sunil de Alwis (Additional Secretary, Health Service)							P			Ex	Ex
3	Dr. Sudath Samaraweera (Acting DDG, ET&R)								P	P		Ex
4	Prof H J De Silva (Director, PGIM)											
5	Dr Ruvaiz Haniffa (President, SLMA)	P	-	-	P	-	-	-	-	-		
6	Dr. Hasini Banneheke (Secretary, SLMA)	P	Ex	-	Ex	-	Ex	Ex	Ex	Ex		Ex
7	Dr Achala Jayatilleke (Treasurer, SLMA)	P	P	Ex	P	-	-	-	P	-		

#### Activities carried out during 2018

1. Thirty five clinical trials were registered as of 29<sup>th</sup> October 2018. (Total 288 trials in the registry)
2. Total of 63 applications received and processed as of 29<sup>th</sup> October 2018.
3. SLCTR database and website are being revised according to the new requirements of the WHO-ICTRP.
4. The ten year experience of the Sri Lanka Clinical Trials Registry was published in an international journal. Ranawaka UK, Abrew A, Wimalachandra M, Samaranayake N, Goonaratna C. Ten years of clinical trial registration in a resource-limited setting: Experience of the Sri Lanka clinical trials registry. Journal of evidence-based medicine. 2018 Jan 11.

#### Action plan for 2019

1. Update the SLCTR web application according to updated WHO-ICTRP standards.
2. Provide a platform for results reporting of trials registered with the SLCTR.
3. Repeat the audit on the quality of clinical trials registration at the SLCTR.

## 18. REPORTS OF THE SLMA EXPERT COMMITTEES

### COMMUNICABLE DISEASES

**Chairperson:** Dr. Ranjith Perera  
**Convenor:** Dr. Chamila Dalpathadu

#### Members

Professor Jennifer Perera	Dr. Lucian Jayasuriya	Dr. Maxie Fernandopulle
Dr. Dennis Aloysius	Dr. Kalyani Guruge	Dr. N.P.S.Gunaratna
Dr. Samitha Ginige	Dr. Deepa Gamage	Dr. Rohini Wadanambi
Dr. Janani Kottahachchi	Dr. Shalindra Ranasinghe	Dr. Iyanthi Abeyewickreme
Dr. Yamuna Siriwardene	Dr. Thushari Disnayake	Dr. Neelamanie Punchihewa
Prof. Eugene Wickramanayake	Dr. Bhagya Piyasiri	Dr. Hasini Banneheke
Dr. Nuwan Ranawaka	Dr. S.J. M. Walgampaya	Dr. K.A.D.T. Gunathileke

#### New members joined in 2018

Prof. Eugene Wickremanayake	Dr. Chamila Dalpatadu	Dr. S.J.M. Walgampaya
Dr. K.A.D.T. Gunathileke	Dr. Nuwan Ranawaka	

#### Activities of the committee in relation to SLMA Objectives

Objective	General	Specific
To advocate the reorientation of the health sector towards health promotion with a life cycle approach	NA	
To engage the non-health sector in taking on equal responsibility in the prevention and reducing health inequities	None	
To promote healthy lifestyle and address major causative factors for NCDs among vulnerable populations through health promotion approach	NA	
To enhance the capacity of medical Professionals	Committee has always been working with other colleges in providing CME to medical Professionals.	<p>ECCD organized a symposium on "Devices: Are they sterile always?" on <b>22<sup>nd</sup> March 2018</b> from 12.00noon to 1.30 pm at auditorium, SLMA, Colombo 7.</p> <p>ECCD organized a symposium on "Chickungunya: Another viral fever spread by Aedes mosquitoes" it was held on <b>26<sup>th</sup> of April 2018</b> from 12.00 noon to 1.30 pm at auditorium, SLMA, Colombo 7.</p> <p>ECCD organized a symposium on '<b>Current viral respiratory tract infections in South</b>. It was held on <b>14<sup>th</sup> of June 2018</b> from 12.00 noon to 1.30 pm at auditorium, SLMA, Colombo 7.</p> <p>ECCD organized a symposium on "Leptospirosis beyond basics". It was held on <b>23<sup>rd</sup> August 2018</b> from 12.00 noon to 1.30 pm at auditorium, SLMA, Colombo 7.</p> <p>Summary of presentations and recommendations of all symposia have been recorded and published in the SLMA web.</p> <p>A symposium on "Salmonellosis in the gut</p>

		and beyond” will be held on the 8 <sup>th</sup> of November 2018 from 12.00 noon to 1.30 pm at SLMA auditorium.
<b>To play an advocacy role towards a comprehensive curative and preventive healthcare for the community</b>	<p>Vaccine book which is being reviewed is also a collaborative effort with other Professoressional colleges.</p> <p>Future symposia on infectious diseases during disasters are being listed as future topics for year 2018.</p>	<p>It is being planned to organise a grand round at NHSL for microbiology trainees and the critical care trainees together with consultants</p> <p>It is being planned to produce video CD's to be used in the hospitals for allied health Professoressionals as education material. It will be a series of CD's on several health related topics. Medium of instruction will be in Tamil and Sinhala.</p>

### Attendance at Committee meetings

<b>Committee Members</b>	<b>1<sup>st</sup></b>	<b>2<sup>nd</sup></b>	<b>3<sup>rd</sup></b>	<b>4<sup>th</sup></b>
Dr. Ranjith Perera-President	1	1	1	1
Dr. Chamila Dalpatadu	■	■	1	1
Professor Jennifer Perera	E	E	1	1
Dr. Hasini Banneheke	1	1	1	1
Dr. Lucian Jayasuriya	A	E	E	1
Dr. Maxie Fernandopulle	1	1	1	1
Dr. Dennis Aloysius	A	A	E	A
Dr. Kalyani Guruge	1	1	1	1
Dr. N.P.S. Gunaratna	1	1	1	1
Dr. Samitha Ginige	A	1	A	E
Dr. Deepa Gamage	1	E	E	1
Dr. Rohini Wadanambi	1	1	E	A
Dr. Janani Kottahachchi	1	1	1	E
Dr. Shalindra Ranasinghe	1	A	1	E
Dr. Iyanthi Abeyewickrama	E	A	E	A
Dr. Yamuna Siriwardene	1	1	1	1
Dr. Thushari Disnayake	E	1	E	E
Dr. Neelamanie Punchihewa	E	E	E	A
Dr. Bhagya Piyarisi	1	E	1	1
Dr. Nuwan Ranawake	■	■	1	1
Dr. SJM Walgampaya	■	■	A	A
Dr. KADT Gunathileke	■	■	A	A
Professor Eugene Wickremanayake	■	■	A	A

**P**- Present    **E**- Excused    **A**-Absent    ■ New appointees

### Activities carried out in 2018

- ECCD organized a symposium on “Devices: Are they sterile always?” on **22<sup>nd</sup> March 2018** from 12.00 noon to 1.30 pm at auditorium, SLMA, Colombo 7.
- ECCD organized a symposium on “Chikungunya: Another viral fever spread by Aedes mosquitoes” it was held on **26<sup>th</sup> of April 2018** from 12.00 noon to 1.30 pm at auditorium, SLMA, Colombo 7.
- ECCD organized a symposium on ‘**Current viral respiratory tract infections in South**. It was held on **14<sup>th</sup> of June 2018** from 12.00 noon to 1.30 pm at auditorium, SLMA, Colombo 7.
- ECCD organized a symposium on “Leptospirosis beyond basics”. It was held on **23<sup>rd</sup> August 2018** from 12.00 noon to 1.30 pm at auditorium, SLMA, Colombo 7.
- Summary of presentations and recommendations of all symposia have been recorded and published in the SLMA web.
- A symposium titled “Salmonellosis: In the gut and beyond” will be held on the 8<sup>th</sup> of November 2018 from 12.00 noon to 1.30 pm at SLMA auditorium.

### Action plan for 2019

- To organize symposia on currently important and relevant topics for capacity building and Continuous medical education purposes of medical Professoressionals.
- To explore the possibility of long term collaboration with an organization /institution to obtain assistance for CPE sessions.

- To initiate activities targeting comprehensive curative and preventive healthcare for the community.
- To organise a grand round at NHSL for microbiology trainees and the critical care trainees together with consultants.
- To produce video CD's to be used in the hospitals for allied health Professionals as education material. It will be a series of CD's on several health related topics. Medium of instruction will be in Tamil and Sinhala.

## ETHICS

**Chairperson:** Dr. Preethi Wijegoonewardene  
**Secretary:** Dr. Harshini Rajapakse

### Members

Professor Anoja Fernando	Dr. Enoka Corea	Dr. Christo Fernando
Dr. Malik Fernando	Professor Chandanie Wanigatunge	Dr. Arosha Dissanayake
Dr. Panduka Karunanayake	Dr. Ajith Amarasinghe	Dr. Ruvaiz Haniffa
Dr. Pramilla Senanayake	Dr. Vinya Ariyaratne	Dr. Lucian Jayasuriya
Dr. Lilanthi Subasinghe	Dr. Isuri Wimalasiri	Dr. Lushan Hettiarachchi
Mrs Savithri Wijesekera		

This year the ethics committee decided to increase the frequency of meetings and met up once a month.

1. Develop a mechanism to respond rapidly to important current issues  
Initiating a dialogue on the ethics of doctors' strikes.
2. Network with outstation clinical societies  
Conducted ethics related sessions at SLMA regional meetings.
3. Play an advocacy role towards comprehensive care
  - 1) Contribution to palliative care guidance formation on the ethical issues at end of life care.
  - 2) Initiating a discussion on the ethical issues relating to accepting commissions from laboratories for referring patients.
4. Strengthening links with health ministry  
Promotion of Hospital Ethics committees in hospitals
5. Promote Professionalism, good medical practice and ethical conduct among doctors
  - 1) An ethics related article was submitted for the SLMA newsletter. It is likely to be a continuing process.
  - 2) Introduction ethics session for the interns at the career guidance seminar.

## FORUM FOR ETHICS COMMITTEES (FERCSL)

**Chairperson** : Professor Chandanie Wanigatunge  
**Convener** : Professor Shamini Prathapan  
**Treasurer** : Dr. A. Balasuriya  
**Editor** : Dr. Prasad Ranatunga

### Members

The management committee of FERCSL comprises of three members from each member ERCs. The member ERCs are:

ERC, Sri Lanka College of Paediatricians  
 ERC, Faculty of Medicine, Colombo  
 ERC, Institute of Indigenous Medicine (IIM)  
 ERC, Faculty of Medicine, Jaffna  
 ERC, Faculty of Medicine, Kelaniya  
 ERC, Provincial General Hospital, Kurunegala  
 ERC, National Institute of Mental Health  
 ERC, Faculty of Medicine, Peradeniya  
 ERC, Faculty of Medicine and Allied Sciences, Rajarata  
 ERC, Faculty of Applied Sciences, Rajarata  
 ERC, Sri Lanka Medical Association  
 ERC, Faculty of Medical Sciences, University of Sri Jayewardenepura



ERC, Medical Research Institute of Sri Lanka  
 ERC, Faculty of Medicine, General Sir John Kotelawala Defence University  
 ERC, Faculty of Medicine, South Asian Institute of Technology and Medicine  
 ERC, Faculty of Graduate Studies, University of Colombo  
 ERC, PGIM University of Colombo  
 ERC of the Health informatics Society  
 ERC, FM, Ruhuna  
 ERC, Gampaha Wickramarachchi Ayurveda Institute  
 ERC, Eastern University  
 ERC, National Institute of Health Sciences  
 ERC, Peradeniya Dental Faculty

#### **Activities in relation to SLMA Objectives of the Committee**

Six workshops were conducted by FERCSL for members of ERCs and researchers.

##### **a. Dilemmas in Ethics**

A workshop on “Dilemmas in Ethics” was organized on the 14th of May 2018. Case reports were presented by ERCs Colombo, SLMA, USJ, Jaffna and Kelaniya. This was restricted only for ERC members.

##### **b. Workshop on Good Clinical Practices**

The annual GCP workshop was held on the 12<sup>th</sup> and 13<sup>th</sup> of June 2018. The titles and their respective speakers are as follows:

<b>Title</b>	<b>Resource Person</b>
Introduction to GCP Principles What is GCP? Need for GCP?	Professor Priyadarshani Galappaththy Professor in Pharmacology, FM, Colombo
Drug development process	Dr. Channa Ranasingha Senior Lecturer in Pharmacology, FM, Kelaniya
Research misconduct and COI	Dr. Malik Fernando ERC, SLMA
Clinical Trial protocol and IB	Professor G. R. Constantine Professor in Clinical Medicine, FM, Colombo
Role and Responsibilities of PI	Professor Priyadarshani Galappaththy Professor in Pharmacology FM, Colombo
Regulatory requirements for clinical trials and legal frame work	Mr. Arjuna Pathmaperuma Regulatory Pharmacist, NMDRA/ SCOCT
Role of the sponsor & CRO	Professor Asitha de Silva Senior Professor of Pharmacology, FM, University of Kelaniya
Participant safety and adverse effects	Professor Shalini Sri Ranganathan Professor in Pharmacology, FM, Colombo
Documentation & record keeping	Dr. Noel Somasundaram Consultant Endocrinologist
Research ethics in Clinical Trials	Professor Chandanie Wanigatunge Chairperson, FERCSL Chairperson, ERC SLMA
Ethics review committee – function with special ref to GCP and Clinical Trials	Dr. Panduka Karunanayake Senior Lecturer in Clinical Medicine, FM, Colombo Secretary ERC, FM Colombo
Investigational products	Professor Shalini Sri Ranganathan Professor in Pharmacology, FM, Colombo
Informed consent	Dr. Manouri Gamage Senior Lecturer, FMS, USJ

##### **c. Launching of FERCSL Operational Guidelines**

The FERCSL Operational Guidelines was launched and is now in circulation.

**d. Workshop for ERC members in Galle**

A training was organized by the Galle ERC on the 27th of February 2018. Professor C.Wanigatunge and Professor Shamini Prathapan were the resources for this workshop.

**e. Validating the code of conduct for Sri Lanka and reviewing Draft research governance framework**

Professor C.Wanigatunga was the resource person at the above workshop on the 2nd of February 2018 and the convener represented the FERCSL.

**f. Short course on ethics and good research practice by delegates from Monash University**

The Chairperson and the convener represented the FERCSL at the "Short course on ethics and good research practice by delegates from Monash University" held on 1<sup>st</sup> February 2018.

**g. Accreditation of the ERCs**

The ERC of the Faculty of Medicine, University of Ruhuna, and the ERC of the Post Graduate Institute of Medicine, University of Colombo underwent the review process under the Strategic Initiative for Developing Capacity in Ethical Review (SIDCER) programme of the Forum for Ethical Review Committees of the Asia and the Western Pacific (FERCAP) for the first time. The ERC of the Faculty of Medicine, University of Peradeniya and the ERC of the Faculty of Medicine, University of Kelaniya also underwent review process for reaccreditation under the SIDCER programme of the FERCAP. The surveys were held in collaboration with FERCSL which coordinated the survey related activities including identification of local surveyors.

**h. e-newsletter**

E-newsletter of the FERCSL were circulated by the FERCSL among its member ERC's.

## HEALTH CARE QUALITY & SAFETY

**Chairperson:** Dr. Kushlani Jayatilleke  
**Convener:** Dr. Ashok Perera

**Members**

Dr. Christo Fernando	Dr. Clifford Perera	Professor Priyadarshani Galappatthy
Dr. Kalyani Guruge	Dr. Palitha Abeykoon	Professor Jennifer Perera
Dr. Ranjan Dias	Dr. Ruvaiz Haniffa	Dr. Sarath Samarage
Dr. Shanthi Dalpatadu	Dr. S. Sridharan	Professor Eugene Wickramanayake
Dr. G.S.K. Dharmaratne		

Dr. Ashok Perera was appointed as the secretary for the committee as Dr. Jagoda, who was functioning as the secretary resigned from the post.

The committee decided to develop a module on patient safety for the undergraduate curriculum. As the chapter on medication safety in the WHO patient safety document is being revised it was decided to postpone the development of the module till it is finalized.

A two day workshop on 'clinical audits' was conducted on 22<sup>nd</sup> and 23<sup>rd</sup> of February 2018 very successfully with participation of private sector healthcare institutions. The resource persons of the workshop were, Dr. S. Sridharan, Dr. Ranjan Dias, Professor Priyadarshani Galappatthy, Dr. Ashok Perera, Dr. S.M. Samarage and Dr. Kushlani Jayathilake.

## HEALTH INOVATIONS, RESEARCH AND PRACTICE HUB

**Chairperson:** Dr. Palitha Abeykoon  
**Convenor:** Dr. Ruvaiz Haniffa

**Members:**

Dr. Susantha de Silva	Dr. Padmal de Silva	Dr. Sajeewa Ranaweera
Dr. Anula Wijesundere	Prof. Amala de Silva	Dr. Achala Jayatilleke
Dr. Hasini Banneheke		

The SLMA Council at its January 2018 Council meeting approved the formation of the SLMA Health Innovation, research and practice hub (HIRPH) based on a concept paper submitted by President SLMA. The Council appointed Dr Palitha Abeykoon to Chair the Advisory Committee of the HIRPH of the SLMA.

The inaugural meeting of the HIRPH was held on 22<sup>nd</sup> May 2018. The Objectives of the Hub are;

1. To engage with stakeholders in identifying, prioritizing, designing and conducting research studies to analyse health innovations and practices in resource poor settings both in Sri Lanka and overseas.
2. To engage with influential policy makers and international experts (individual and institutional) to identify pathways to implement the most feasible, cost effective and prioritized innovations/ practices in health and related fields.
3. To promote and share Sri Lankan expertise in primary health care (both preventive and curative) innovations and research by collaborating with international organizations and research groups globally.
4. To be a platform for sharing of experience among international Sri Lankan experts with young Sri Lankan primary health practitioners (both preventive and curative)

## HEALTH MANAGEMENT

**Chairperson:** Dr. Susantha de Silva / Dr Ruvaiz Haniffa  
**Convenor:** Dr. P. D. Koggalage

### Members

Dr. Sarath Samarage	Dr. Ruvaiz Haniffa	Dr. Allan Ludowyke
Dr. Lucian Jayasuriya	Dr. S. Sridharan	Dr. Rani Fernando
Dr. Palitha Abeykoon	Dr. Deepika Atygalle	Professor Antoinette Perera
Dr. Priyane Senadheera	Dr. Ashok Perera	Dr. G.S.K. Dharmaratne
Dr. M.U.K. Galhena		

Report presented by Dr. Susantha de Silva

### New members joined 2018:

Dr. Priyane Senadheera      Dr. Ashok Perera      Dr. G.S.K. Dharmaratne      Dr. M.U.K. Galhena

### General objective:

To assist in strengthening SLMA in its role of influencing Health Policy and support it to play the advocacy role towards a comprehensive curative and preventive healthcare for the community

### Specific objectives:

1. To lead the health policy debate to influence or change government decisions which SLMA believes may not be in country's best interests
2. To respond to issues in the health sector through the provision of a wide range of expert resources by collaborating with Professional Colleges, Ministry of Health, Finance and other health related organisations and stakeholders including the private sector.
3. To collect and analyse data and information to support evidence based advocacy
4. To support implementation of Sustainable Development Goals through enhanced intra and inter sectoral cooperation
5. To collaborate with other expert committees of SLMA in promoting health

### Activities carried out in 2018

The HMC met on four occasions up to August 2018 when the chairperson had to step down from the post by making acting arrangements as he has to leave to overseas for a long stay. The following activities were undertaken by the HMC up to this date.

#### 1. Proposal of CPD programme for primary care doctors

The HMC had several discussions on this matter. A series of presentations was made by Dr. Chandimal Alahakoon, Lecturer, Faculty of Medical Sciences, USJP on the concept of having an online platform to deliver real time CPD training for primary care doctors in Sri Lanka. It was proposed that the system to be affiliated to the National Centre for Primary Care, USJP and activities conducted in collaboration with the SLMA and Ministry of Health. Dr. Alahakoon has drafted a preliminary proposal on this CPD programme.

Dr. Malkanthi Galhena, under the guidance of Dr. Susantha de Silva and Professor Antoinette Perera drafted another proposal on refresher training of primary care doctors. She made a presentation that was discussed and several suggestions were made. The comments obtained from the members were included in the final draft proposals. These are to be followed up by the President of the SLMA for further action.

## 2. Establishment of a Health Innovations, Research & Practice Hub

A series of discussions were held on establishment of a 'Health Innovations, Research & Practice Hub' which is an independent hub for health innovations and research affiliated to SLMA. The HMC came up with many suggestions on this hub. The comments were submitted to the Hub for its consideration.

### 3. Establishment of a 'Think Tank' of SLMA

Discussions were held on the establishment of a 'Think Tank' under SLMA. It would be an independent multidisciplinary and multi-sectorial team which could contribute to decision making and policy development of government and non governmental institutions and explore innovative approaches to solve the on-going and the expected health issues of the future. It was suggested that the team should comprise of members that provide out-of-the box thinking and go beyond conventional interventions for resolving issues in health system. It would consist of experts from both health and Health Management related other sectors. A proposal was drafted and forwarded to the Council of the SLMA for approval with several nominations from health sector.

#### 4. Proposed Primary Healthcare Reforms

With a view to providing personalised and continued care to individuals and families and also as one option to reduce Out of Pocket Expenditure (OOPE) on health care, HMC supported the actions taken and planned by MoH on proposed reform to PHC system. Several discussions were held on the proposed shared cluster system followed by a discussion on reorganisation of PHC system. The comments and suggestions were submitted to the Ministry of Health.

**5. 'Seminar on Career Guidance for Junior Medical Officers - 2018'**

'Seminar on Career Guidance for Junior Medical Officers' organised by the HMC was successfully conducted on Sunday, 7th October 2018 from 8.30 a.m. to 1.30 p.m. at the Lionel Memorial Auditorium, SLMA with the participation of junior doctors. The main objective of the seminar was to provide career advice to junior doctors by educating them on the opportunities in different medical specialties to build up their careers. There were 4 main sessions in the agenda. Presentations were made by experts of different medical specialties on the subjects of Postgraduate Training Programmes, MoH cadre positions, Medical Administration, Surgery & Other specialties, Obstetrics & Gynaecology, Paediatrics, Universities, Venereology, Anaesthesiology, General Practice, Radiology, Community Medicine, Psychiatry, Medicine & Other Specialities, Dermatology, Pathology, and Otorhinolaryngology and also the opportunities in Armed Forces. The queries by junior doctors were answered by the experts in the fields.

## MEDIA

**Chairperson & Convenor:** Dr. Ruvaiz Haniffa

## Members

Dr. Kalyani Guruge  
Dr. Hasini Banneheke (since Oct 2018)

Dr. Iranga Madushan

Dr. Upul Gunasekera

Report Presented by Dr. Ruvaiz Haniffa

The SLMA Media Committee with the assistance of the Public Relations Officer of the SLMA under the guidance of the President of the SLMA took part in a series of television interviews in the Sirasa Media channel to educate the public to create awareness of the need for proper nutritional practices. The specific concept addressed was the need for "Healthy Eating" as opposed to "dieting". This concept was developed as a direct outcome of the SLMA Run and Walk 2018 under the theme 'Eat Wise Drop a Size'.

The Annual SLMA Awards for Excellence in Health Journalism 2018 was successfully conducted for the 14th consecutive year. The Committee received 12 articles in Sinhala and 03 articles in Tamil for evaluation this year. The following award was made at the inauguration of the SLMA Foundation Sessions held in SLM Auditorium on 26th October 2018.

### Sinhala Medium

(මුළු සුච සිතුවිලි - ගෙන දෙයි සුච දිවි)  
by Ms. Harindi Liyanage - "Navaliya"  
Upali Newspapers (Private) Limited

**Tamil Medium – Not Awarded**

The panel of judges who served in evaluating the article were Dr. Achala Jayatilleke, (Sinhala medium) and Dr. Kalyani Guruge. The Committee thanks the judges for their valuable support.

The Media Committee coordinated the press releases on Position Statement of the SLMA on the current situation pertaining to the SLMC.

The Committee organized the Symposium titled 'How to identify qualified doctors, quacks and fake 'Professors'.

The Committee places on record its thanks to the staff of the SLMA office for the logistical support given in carrying out its activities during the year.

## MEDICINAL DRUGS

**Chairperson:** Professor Gita Fernando  
**Convenor:** Professor Pradeepa Jayawardane

### Members:

Professor Priyadarashani Galappathy	Professor Menik Hettihewa	Dr. M C Weerasinghe
Professor Chandanie Wanigatunge	Dr. Sarath Gamini de Silva	Dr. Maxie Fernandopulle
Professor Shalini Sri Ranganathan	Ms Chinta Abeywardana	Professor Nirmala Wijekoon
Dr. Shyamalee Samaranayake		

**Report presented by:** Professor Gita Fernando (Chairperson) and Professor Pradeepa Jayawardane (Convenor)

### Objectives of the committee

Main objective: To promote rational and appropriate use of medicinal Drugs.

### Specific objectives:

- Promote continued Professional development (CPD) of doctors by updating knowledge on medicinal Drugs and therapeutics.
- Promote CPD of healthcare personnel including pharmacists, nurses.
- Provide appropriate information on medicinal Drugs to doctors, other healthcare personnel.
- Provide appropriate information to educate patients and the public on medicinal Drugs.
- Discuss problems related to Drug regulation such as registration, pricing, distribution of medicines.

### Activities carried out during 2018

#### 1. Therapeutic update lectures

Medicinal Drugs Committee (MDC) organized the lunch time lectures for the 5<sup>th</sup> consecutive year to update knowledge on therapeutics and rational use of medicines. Such updates were aimed at promoting CPD of post graduate trainees and other doctors. Five updates were held for this year. All lectures were held at the NDW Auditorium of the SLMA. All lectures were well attended and uploaded to the SLMA website. The following updates/ speakers were as follows:

- "Inflammatory bowel disease" by Dr. Sanjeewa Aryasinghe, Senior Lecturer, Hony. Consultant Gastroenterologist, Colombo South Teaching Hospital, was successfully held on 29<sup>th</sup> March 2018 at the SLMA Auditorium
- "Stroke" by Dr. Senake Bandusena, Consultant Neurologist, Colombo South Teaching Hospital, was held successfully on 25<sup>th</sup> May 2018 at the SLMA Auditorium.
- "Upper gastrointestinal bleeding" by Dr. Nilesh Fernandopulle, Hony. Consultant Gastroenterologist and Senior Lecturer at the Department of Surgery, Faculty of Medicine, Colombo was held successfully on 31<sup>st</sup> of August 2018 at the SLMA Auditorium.
- "Childhood meningitis" by Dr. Piyara Ratnayake, Consultant Paediatric Neurologist, Lady Ridgeway Hospital for Children Colombo was successfully held on 26<sup>th</sup> October 2018 at the SLMA Auditorium. This lecture was recorded and live webcast was given.
- "Prophylactic use of antibiotics" by Professor Shalini Sri Ranganathan, Professor in Pharmacology and Specialist Paediatrician, will be held on 30<sup>th</sup> November 2018 at SLMA Auditorium.

#### 2. Patient Information Booklets

The e-versions of the patient information booklets have been published in University of Sri Jayewardenepura web site. Arrangements are made to publish the booklets in web sites of Faculty of Medicine Colombo and the State Pharmaceutical Corporation.

#### 3. Prescription Dispensing Workshop for Pharmacy Sales Assistants

Prescription Dispensing Workshop for Pharmacy Sales Assistants was held successfully on 27<sup>th</sup> May 2018 at the Sri Lanka Foundation Institute to enhance the understanding of prescription dispensing of the pharmacy sales

assistants. It was held in collaboration with Sri Lanka Chamber of the Pharmaceutical Industry (SLCPI) the Sri Lanka Association of Pharmacy Owners and Lanka Pharmaceutical Traders Association.

There had been more than 70 participants. The workshop was highly appreciated by the participants. The next workshop will be held in Gampaha District and is scheduled to be held in November.

Programme of the workshop held on 27<sup>th</sup> May 2018 was as follows.

8.30 am – 9.00 am	Registration
9.00 am – 9.10 am	Introduction Emeritus Professor Gita Fernando
9.10 am - 9.40 am	Reading a prescription Professor P. Galappatthy
9.40 am – 10.10 am	Good pharmacy practice Mr. Kapila De Zoysa
10.10 am – 10.30 am	Tea
10.30 am – 11.00 am	New National guidelines for Pharmacies. Mr. R. Shanthan Sandanakrishnan
11.00 am – 11.15 am	Talk by Food and Drug Inspector
11.15 am – 11.30 am	Comments by a Clinician Dr. Sarath Gamini De Silva
11.30 am – 12.00 noon	Pharmacists and antibiotics Professor Shalini Sri Ranganathan
12.00 noon – 1.15 pm	Discussion
1.15 pm- 1.30 pm	Closing remarks Mr. Mahanama Dodampegama
1.30 pm	Lunch

#### Action plan for 2019

- MDC will continue to have therapeutic updates for 2019. The topics and the resource persons will be decided at the December meeting.
- Prevention of AMR by improving prescribing practices
- Measures will be taken to improve medication safety involving all stake holders.
- Patient education on " Misconceptions regarding use of medicinal Drugs".

#### NON COMMUNICABLE DISEASES

**Chairperson:** Dr. J. B. Jayawardena  
**Convenor:** Dr. Chathuranga Ranasinghe

#### Members

Dr. Sankha Randenikumara	Professor Chandrika Wijeyaratne	Dr. Damayanthi Perera
Dr. Carukshi Arambepola	Dr. Virginie Mallawarachchi	Dr. Sampatha Goonawardene
Dr. Lasantha Wijesekera	Dr. Bhanuja Wijayatilaka	Dr. Palitha Karunapema
Dr. S.J.M. Walgampaya	Dr. Chandana Atapattu	Dr. Shashika Sandaruwanie
Dr. S.G. Wijesekera	Dr. Udayangi Ramadasa	Dr. Jayantha Jayatissa
Dr. Indrani Godakanda	Dr. Thusitha Kahaduwa (From May 2018)	

#### Meetings and events conducted

- April Subcommittee meeting (18th April 2018): Dr. Sapumal Dhanapala, Director- EOH & FS, Ministry of Health was invited to the meeting. The future MoH regulations and commitments on policies on food safety and advertising were discussed. Dr. Dhanapala indicated that government regulations for strict control for food advertising will come in to practice within 3 months
- SLMA NCD Subcommittee meeting with All Island Dairy Association (AIDA) 9<sup>th</sup> May 2018 Council room, Sri Lanka Medical Association, 2.00 - 3.00 p.m.

#### Present:

SLMA NCD committee and invitees:

Dr. J.B. Jayawardena, Professor Chandrika Wijeyaratne, Dr. Chathuranga Ranasinghe, Dr. D. Perera, Dr. L. Wijesekera, Dr. Sashika Sandaruwani, Dr. S. Randenikumara, Professor Saroj Jayasinghe, Dr. Ranuka

Jayathissa, Dr. Lasantha Wijesekera, Dr. Thusitha Kahaduwa, Dr. Bhanuja Wijethilake, Dr. Shanthi Gunawardena

#### **Members of the AIDA**

Mr. Nishantha Jayasooriya, Chairman of AIDA, CEO, Richlife Dairies Limited  
Mr. Wasantha Malwattege, Committee Member, Asst. Vice president, Ceylon Cold Stores PLC  
Dr. Nelum Vithana, Committee Member, Manager Corporate, Kothmale Holdings PLC  
Mr. Asoka Bandara, Committee Member, Maliban Milk Products (Pvt) Ltd  
Ms. D. M. Dassanayake, Member, Assistant nutrition manager, Fonterra Brands Lanka Pvt Ltd  
Ms.S. Sooriyaarachchi, Member, Nestle Lanka PLC  
Ms. M. Edirisinghe, Assistant Manager Milco (PVT) Ltd

#### **Areas discussed:**

1. Explore the dairy industry concerns with regard to current government regulations (reduction of sugar) on dairy products.
2. Concerns and proposals of the health sector with regard to the production and advertising of dairy products.
3. Develop an ongoing dialog and workable solutions to support policy in preventing rise of NCDs in the country.

#### **Outcome:**

- President and the council of SLMA were formally informed about the outcome of the meeting. Following were agreed without any conflicts of interest.
  - This meeting is not an official meeting but to listen to the views of the stakeholders in the objective of prevention of NCDs.
  - SLMA NCD committee will not have a working committee with the AIDA but will exchange views independently.
  - SLMA is a non-profit organization and there will not be any partnerships, advertisements, brand endorsements, media involvement as an outcome of this meeting.
  - The committee views were communicated by a letter to the AIDA.
- 4. A Lunch Time Symposium was organized by the NCD committee SLMA in parallel with the Nutrition Month on 8th June 2018, from 12.00 noon – 1.00 pm at Lionel Memorial Auditorium, SLMA.  
Following lectures were conducted with a Q & A Session
  - Toxins in Food: Are We Poisoned through Food, Agriculture and Advertising?  
Dr. Damayanthi Perera, Nutrition Specialist / Independent Researcher, PhD Human Nutrition (University of London, UK)
  - Nutritional challenges in preventing NCDs –The local perspective  
Dr. Bhanuja S. Wijayatilaka, Consultant Community Physician Nutrition Division, Ministry of Health, Sri Lanka.
  - Q & A session  
Moderator: Dr. Jayanthimala Jayawardena  
Panel: Professor Chandrika Wijeyaratne, Dr. L.T. Gamlath, (Deputy Director General Food and environmental health and food safety Ministry of Health, Sri Lanka), Dr. Damayanthi Perera, Dr. Bhanuja Wijeyatilake

#### **Outcome:**

- Over 75 attended the symposium including media with very interactive fruitful discussions.
  - An article was published in the August issue of the SLMA newsletter regarding the symposium.
5. National NCD Multi-sectoral action plan: The chairperson and the convener represented the SLMA NCD committee, on formulating indicators and sub activities for revised National NCD Multi-sectoral action plan which was held on 25.06.2018 at foundation institute by the Ministry of Health.

#### **Ongoing Projects**

1. Scientific meeting on “Cooking oil, the health concerns and the scientific basis”  
A request was received from the Coconut Development Authority to get help from the SLMA to support coconut oil promotion. NCD Committee has planned and coordinated a meeting on 31.10.2018 involving experts in the field to identify the current scientific basis of usage of cooking oil and the health concerns. The outcome of the meeting is planned to be used to create awareness in the medical community.
2. Project with Rotary Movement on ‘Promoting Wellness’.  
A Memorandum of Understanding (MOU) is signed between SLMA NIROGI Lanka project and Rotary Movement for wider delivery of health promotion. This project is planned to conduct health promotion for community and work places involving private and state sectors.
3. Health promotion project for Virtusa computer software company  
Health promotion for corporate sector young population is currently being developed with the Virtusa Company.



4. Mobile software application for screening ischemic heart diseases  
Dr. Jayanthimala Jayawardena, Chairperson, NCD committee is currently developing a mobile application to screen ischemic heart diseases by self-assessment of chest pain. It is planned to be piloted through work places and GP settings.

Dr. Sankha Randenikumara and Dr. Thusitha Kahaduwa were nominated by the SLMA and selected by the World Diabetes Foundation as 'Talents' of Youth Innovation Lab, a side event of the WHO Global Dialogue on Partnerships for Sustainable Financing of NCD Prevention and Control. The objective of this programme was to develop innovative solutions for identified problems on NCDs. 20 Talents from all over the world attended the Youth Innovation Lab which was held from the 8th-11th of April at Copenhagen Denmark. The solution developed by Dr. Sankha's team was selected as the best solution and the team got the opportunity to attend the "Unleash" Innovation Lab held in Singapore.

## PREVENTION OF ROAD TRAFFIC CRASHES

**Co-Chairpersons:** Professor Samath D. Dharmaratne and Dr. Clifford Perera  
**Convenor:** Dr. Achala Jayatileke

### Members

Dr. Ruvaiz Haniffa	Dr. Sumith Fonseka	Ms. Fathima Razik Cader
Dr. T. Siriwardena	Dr. Ranjith Sarath Jayasekera	Dr. Tamara Kalubowila
Mr. Palitha Fernando	Mr. J. A. Jayaweera	Professor Clay Gabler
Dr. Parakrama Wijekoon	Dr. Samitha Siritunga	Mr. Keerthi Koditiwakku

**Report presented by** Professor S. D. Dharmaratne

### Activities conducted by the Expert Committee on PRTCs during 2017

1. Organized a symposium on 'Road Safety' at the 131<sup>st</sup> Anniversary International Medical Congress of the SLMA on July 29, 2018, in collaboration with Monash University, Australia and the University of Auckland, New Zealand. Professor Belinda Gabbe from Monash University and Professor Shanthi Ameratunga from the University of Auckland participated at the symposium. A number of important collaborations and studies were discussed and initiated following the symposium, to be conducted through the expert committee.
2. An advocacy document was prepared and was finalized through discussions with the members and other relevant stakeholders. It was presented to the President, for the establishment of a group for the prevention and control of road crashes, injuries and deaths.
3. The RTAPC was able to establish a Governor's Road-safety Empowerment Expert Team (GREET), in the Central Province, under the Governor. In collaboration with the expert committee, the GREET was able to initiate several preventive programs during this year, including obtaining approval to introduce CCTV cameras to the Kandy Municipal Area (to monitor road safety initiatives) and presenting the burden of road traffic crashes at the District Coordinating Committee (DCC) meetings of the Kandy District. GREET was able to obtain appointments to do similar presentations at the DCC meetings of the Matale and Nuwar-Eliya districts.
4. The training workshop for journalists in Sinhala and Tamil print and electronic media was held on the 4<sup>th</sup> and 5<sup>th</sup> of December at the SLMA auditorium. This workshop was held in collaboration with the WHO Sri Lanka office. At this workshop the Sinhala and Tamil translation of the book "මාර්ගාරක්ෂාව පිළිබඳ වාර්තාකරණය"

### Summary

The Expert Committee on PRTC was able to initiate several collaborations, both national and international, during the year. We believe these collaborations will help to highlight the role of the SLMA in the prevention and control of this important public health issue.

## PALLIATIVE AND END OF LIFE CARE TASK FORCE

**Chairperson:** Dr. Dilhar Samarasekera  
**Convenor 1:** Dr. Udayangani Ramadasa  
**Convenor 2:** Dr. Sankha Randenikumara  
**Members:** Representing all relevant Colleges and Associations

Reported by Dr. Sankha Randenikumara

The Palliative and End of Life Care Task Force first began as a “core group” of the NCD sub-committee of the SLMA at the end of 2016. In 2018 the Task Force was formally recognized as an independent expert committee of the SLMA.

1. Formal Launch of the Palliative & End of Life Care Task Force-in 2017.
2. Activities carried out at the formal launch of the Task Force
  - A role play on communication skills conducted by Dr. Shyamalee Samaranayaka and Dr. Sankha Randenikumara.
  - “End of Life Care” Symposium, comprised of sessions by Professor Thashi Chang, Dr. Manoj Edirisooriya and by Dr. Clifford Perera
  - A series of lectures were also conducted by Dr. Ravini Karunathilake, Dr. Gamini Pathirana and Dr. Chinthaka Hathlahawatte.
3. The “Palliative Care Manual for Management of Non-Cancer Patients- A Guide for Health Care Professionals”
  - The symptom control manual was published in October 2017 and distributed to Ministry officials, Hospital administrators, Consultants, Postgraduate trainees, Colleges and participants at the Palliative Care Symposiums organized by the Ceylon College of Physicians, College of General Practitioners of Sri Lanka and the College of Surgeons Sri Lanka.
  - The Web Page for the Palliative & End of Life Care Task Force, was also launched in parallel to the book launch, under the patronage of the Director General of Health Services - Dr. J.M.W. Jayasundara Bandara.
4. Formulation of the End of Life Care Guidelines.
  - A dedicated committee of Professionals from multiple specialties headed by Professor Thashi Chang, has been formulating the much needed Guidelines for end of life care for the past several months. Its final Draft is currently under discussion and has been sent to the legal fraternity led by Mr. Yasantha Kodagoda, Additional Solicitor General, for legal counsel.
5. Stakeholder meetings

Two stakeholder meetings of the Palliative & End of Life Care Task Force were held during the past year at the Lionel Memorial Auditorium of the Sri Lanka Medical Association.

  - The 1<sup>st</sup> stakeholder meeting of the year was held on the 06/03/2018 and was chaired by Dr. V.T.S.K. Siriwardena, Director NCD, Professor Chandrika Wijeratne and Dr. Ruvaiz Haniffa, President of the SLMA. It was held to discuss optimum sensitization of existing health workforce on the need for holistic Palliative Care. It included ministry directors, PDHS, RDHS, Directors of hospitals up to base hospital level and chief nursing officers of those respective hospitals, Presidents of Colleges, authors of the manual and the task force members. The Palliative Care Manual was distributed among the participants for effective utilization.
  - The 2<sup>nd</sup> stakeholder meeting for the year was held on 23/05/2018 and was chaired by Dr. Dilhar Samaraweera, Dr. Udayangani Ramadasa and Dr. Ruvaiz Haniffa, President of the SLMA. This programme was organized to bring together all Colleges and Associations to set up a platform to prioritize Palliative Care services in Sri Lanka. Representatives of the Colleges also shared their thoughts and suggestions on the “Palliative Care Manual for Management of Non-Cancer Patients- A Guide for Health Care Professionals” at this meeting.
6. Monthly P&EoLC Task Force meetings
  - The monthly meeting of the task force members is held on the 3rd Wednesday of each month with approximately 20 participants. The future plans of the Task Force as well as the progress of the previous month's activities are discussed and decisions made. Extra meetings are convened on important matters when the need arises.
7. Community Project
  - The Task Force has received a sizable donation of palliative healthcare equipment from the Australian

Association for Medical Aid to Sri Lanka, which includes: beds with mattresses, bedside commodes, wheelchairs and walkers. It is in the process of carrying out the fair distribution and storage of this equipment to the communities catered to by several selected hospitals in the Sabaragamuwa, Eastern and Western Provinces.

## RESEARCH EVALUATION

**Chairperson:** Dr. Achala Jayatilleke  
**Convenor:** Dr. Sumithra Tissera

### Members

Dr. Ruvaiz Haniffa	Professor Sharmini Prathapan	Dr. Amaya Ellawala
Dr. Hasini Banneheke	Professor Pradeepa Jayawardena	

The objective of the establishment of the Committee is to evaluate research proposals received by the SLMA and assess the progress reports sent by grant receivers.

The Committee was appointed on 7<sup>th</sup> September 2018 and the newly appointed committee evaluated and recommended the Council the research proposals suitable to award research grants and awards in 2018.

The Committee also evaluated the proposal for circulation through SLMA web and made recommendations to the Council.

The research promotion committee which was discontinued in year 2017 was officially reinstated in 2018 and met twice to decide on the provision of the following grants.

1. Professor Wilfred Perera Travel Grant
2. SLMA Research Grant
3. Glaxo Welcome Research Grant
4. The CNAPT Award in Memory of Richard and Sheila Peiris

## SNAKE BITE

**Chairpersons (Joint):** Professor S. A. M. Kularatne & Professor Kolitha Sellaheewa  
**Secretary:** Dr. Malik Fernando

### Members

Dr. Vinya Ariyaratne	Mr. Anslem de Silva	Dr. Shantha de Silva
Dr. Udaya de Silva	Dr. Christo Fernando	Professor Indika Gawarammana
Dr. Kalana Maduwage	Dr. Namal Rathnayake	Dr. Anjana Silva
Dr. N. Suganthan	Dr. Dharshana Kulathilake	Dr. Kasun Fernando

### New members joined in 2018

Two new members were appointed during the year (Dr. Kasun Fernando, Dr. Dharshana Kulathilake) and one member resigned. We thank Dr. S. Sivansuthan from Jaffna for his work during the last few years.

### Reported by Dr. Malik Fernando

The Committee continued to work by e-mail correspondence during the year.

**Work done:** The revised 'Snakebite Guidelines 2017' that were launched in December 2017 was completed and all its component parts except the 'select bibliography' uploaded to the SLMA website. It is now available at: [http://slma.lk/sbc/sbc\\_guidelines/](http://slma.lk/sbc/sbc_guidelines/). All the articles have the relevant bibliography at the end. The 'Prevention and First Aid' and 'Hotline numbers' documents are also available on the same site. We thank Dr. Pamod Amarakoon, Council member, for handling the technical work in connection with setting up the web-site and uploading the content.

**Awareness creation:** A short PowerPoint programme introducing the revised guideline has been produced. This has been played at SLMA Regional meetings to inform the audience about it and how the material can be accessed.

## TOBACCO, ALCOHOL AND ILLICIT DRUGS

**Chairperson:** Professor Narada Warnasuriya  
**Convenor:** Dr. Jayamal De Silva

### Members

Dr. Manoj Fernando	Dr. Sumudu Hewage	Dr. Hemantha Amarasinghe
Dr. Mahesh Rajasuriya	Dr. Nadeeka Chandraratne	Dr. Sajeeva Ranaweera
Dr. Nayana Dhanapala	Dr. Anula Wijesundara	Dr. Sameera Hewage

**Report presented by** Dr. Jayamal de Silva

### **Collaboration with National Authority on Tobacco and Alcohol (NATA)**

#### **Strengthening tobacco control strategies**

Four Committee Members represented SLMA as technical experts in the NATA Stakeholders meeting on preparing strategies to further reduce tobacco consumption and harm, held at the Waters Edge, in September 2018. The Committee made a technical presentation outlining the strategies and actions necessary. Stakeholders from Health Enforcement (police, excise), Education, Youth and the Non-Government sectors participated in the discussions at this meeting.

#### **Work on the Committee on Smokeless Tobacco**

The Committee is represented in the NATA Subcommittee on smokeless tobacco which was established to strengthen initiatives to reduce the use of smokeless tobacco and its harms. Through the work of this subcommittee, the SLMA was able to provide technical support for several activities undertaken by NATA in conducting training and capacity building programmes.

#### **FCTC 2030 Mission and project**

The World Health Organization has selected Sri Lanka as one of the 15 countries which will be supported technically and financially to implement the WHO Framework Convention on Tobacco Control. The Committee was formally invited to participate in this process from the planning stage where technical inputs were provided to the FCTC 2030 mission arriving in Sri Lanka and also during preparation of the plan of action. This project will commence shortly.

#### **UNDP Study of Costs of Tobacco in Sri Lanka**

As a part of this mission, the UNDP is in the process of estimating the costs of the tobacco use in Sri Lanka and the cost-benefits of different policy options. The committee was invited to provide technical inputs to improve the methodology to suit the context of Sri Lanka. The initial findings and the methodology was presented in April, to which technical inputs were provided. The finalization of the methodology and the results are currently ongoing and will be completed by the end of this year.

#### **World No Tobacco Day (WNTD) 31 May 2018**

The committee was an active partner at the WNTD series of activities aimed at increasing cessation. The Committee assisted NATA in selecting the themes, designing material and obtaining medial publicity for these activities. The theme for 2018 was protecting the heart from tobacco use. The committee and NATA closely collaborated with the Sri Lanka Health Association in this initiative.

On the advice of the committee NATA and the Ministry of Health decided to work on the theme “do not sell tobacco and do not smoke 31<sup>st</sup> May”. The MOH and the PHI networks as well as the Community Policing Network were deployed for a week to implement different activities. This was very successful as over one hundred villages and townships reported that they the shop owners did not sell tobacco on that day. As there are already many towns where tobacco is not sold, this initiative also helped to strengthen and expand these efforts. The National Quitline also reported a significant increase calls during this period. There was wide media publicity in the print and electronic media and the Members of the committee took an active part in participating in discussions on television and radio.

#### **Oral substitution Therapy (OST) for opioid users in Sri Lanka**

Decided to send the letter sent by Dr. Chithramalee de Silva on OST to the SLMA Committee for its information. The position statement on OST will be sent to two reviewers (Professor Diyanath Samarasinghe and Dr. Neil Fernando) and to publish it either electronically or a hard copy once approval granted.

The committee was made aware that international donor agencies were advocating to initiate Oral Substitution Therapy (OST) for opioid (mainly heroin) users in Sri Lanka. Members of the Committee participated in several discussions on the subject convened by the Ministry of Health where international experts advocated is issue citing many technically faulty arguments which were countered by the Committee.

Attempts to introduce OST to Sri Lanka had occurred several times in the past, and is more frequent at present. The expert opinion is that it is not suitable to Sri Lanka. Such programmes have been carried out in countries with high rates of injecting drug use, which is not the case in Sri Lanka. The only programme to attempt prescribing OST in Sri Lanka failed around three decades ago. The committee has drafted and circulated position statement on the use OST in Sri Lanka, and which will be published.

The committee was also invited to provide expert technical inputs at a meeting on the same subject, convened by the Ministry of Health and WHO. The outcome was a written statement signed by the Director-General of Health services stating that OST is not a suitable intervention considering the current epidemiological patterns of opioid use and the contextual factors of use.

#### **Collaboration with the Centre for Combating Tobacco (CCT)**

The committee is a technical partner of CCT, which is established by the Faculty of Medicine, University of Colombo. Two Members of this committee function as members of the Technical Advisory Committee, representing SLMA. The Committee provides technical inputs on the posts of the CCT website Tobacco Unmasked, which publishes actions of tobacco industry and its allies to influence, delay or weaken tobacco control policies and other interventions in Sri Lanka. In addition, the CCT conducts its own research and presented its findings on its study on tobacco farming in Sri Lanka. The Committee continues to liaise with CCT and NATA on the subject of tobacco farming.

#### **Media Conference on Tobacco Taxation**

Tobacco taxation is recommended by the World Health Organization as one of the most effective methods of reducing tobacco use and harm. Technically sound taxation regimes can reduce tobacco consumption while at the same time increasing government revenue from tobacco tax. The tobacco industry lobbies the finance sector continuously to prevent such sound policies being implemented. The committee organized a press briefing in October to discuss this issue with the media. This was in collaboration with Alcohol and Drug Information Centre and NATA. There was widespread publicity for this discussion in the media.

#### **Tobacco use cessation**

The committee is working closely with NATA and the Ministry of Health to draft a National policy and plan of action on cessation of tobacco use as per the Article 14 of the WHO Framework Convention on Tobacco Control. A draft has already been presented to NATA,

#### **Curriculum for tobacco cessation for medical, dental, nursing and public health Professionals**

On the invitation of NATA the Committee has prepared an outline of topics which should be included in the curricula on training institutions for different health Professionals. This Draft is planned to be presented to a wider audience, including different Colleges for consensus.

#### **Training**

The Committee was invited to provide technical inputs for different trainings during the year. These included,

- Teachers training programmes in Kandy District
- Training of Health Lifestyle Centre Workers in three districts
- Selected Community Dental Surgeons from 10 districts
- Capacity building programmes for PHIs in Kanlutar, Kandy, Matara and Moneragala districts
- Ayurveda Public Health Doctors in Kurunegala District
- NATA programme on training MOHs on addressing tobacco and alcohol demand reduction in communities.

#### **Publications**

A study on the costs of tobacco and alcohol was undertaken by the SLMA, NATA and the WHO, which was completed in 2017. The component describing the methodology and the results of the costs of alcohol was submitted and published in the PLOS One, which is a high impact journal. The members of the committee who were the authors specified their affiliation as the Sri Lanka Medical Association.

## WOMEN'S HEALTH

**Chairperson:** Professor Sharaine Fernando  
**Convener:** Dr. Nalinda Silva

### Members

Professor Jennifer Perera	Professor Nalika Gunawardena	Professor Chandrika Wijeyaratne
Professor Anuruddhi Edirisinghe	Dr.Thioma Munasingha	Dr.Sepali Kottegoda
Ms. Leisha de Silva	Dr.Amanthi Bandusena	Dr.Shamini Prathapan
Dr.Bimalka Senevirathna	Dr.Sampatha Gunawardene	Dr.Sumudu Hewage

### Attendance at Committee meeting

Only one meeting was held in 2018.

	Oct. 2018
Professor Sharaine Fernando	P
Professor Jennifer Perera	E
Professor NalikaGunawardena	E
Professor Chandrika Wijeyaratne	E
Professor Anuruddhi Edirisinghe	P
Dr.Thioma Munasingha	E
Dr.Sepali Kottegoda	E
Ms.Leisha de Silva	P
Dr. Amanthi Bandusena	P
Professor Shamini Prathapan	E
Dr.Bimalka Senevirathna	E
Dr. Sumudu Hewage	E
Dr. Sampatha Gunawardene	E
Dr. Nalinda Silva (Secretary)	P

**P- Present      E-Excused**

### Activities carried out in 2018

1. Distribution of leaflets on reproductive health among undergraduates of state universities.
2. Implementation of the "Guidelines to Address Sexual harassment in workplaces" in hospitals in the Ministry of Health.

### Action plan for 2019

Organization of following activities,

- Training of trainers (ToT) programmes to foster healthy lifestyles among migratory/ expatriate workers in partnership with Foreign Employment Bureau (FEB).
- Educational programmes on sexual health among workers in free trade zones

## 19. CENTRAL CPD (CONTINUING PROFESSIONAL DEVELOPMENT)

**Chairperson** Dr. Sunil Seneviratne Epa  
**Convener** Dr. V. Murali

### Members

Dr. Ruvaiz Haniffa	Dr. Pamod M. Amarakoon	Professor Kumar Mendis
Dr. L. J. Muhandiramge		

This report was compiled by Dr. Sunil Seneviratne Epa

Central CPD Committee continues to execute the functions of the proposed District CPD Committees (DCPDC) in the absence of their establishment at District level. This involves scrutinizing the submitted portfolios and issuing of the National CPD Certificate. Main reason for delay in setting up DCPDCs is lack of enthusiasm on the CPD Programme in the absence of any incentives to the medical offices working in the state sector. Also the slow progress in issuing a

circular to the doctors in state health sector by the Health Ministry officials emphasizing the importance of CPD too has played a role in the over all poor response to the National CPD programme (NCPDP). Credit point scheme was revised to be on par with the international standards. This will help us in seeking reciprocal recognition from other countries in future. Proof of current CPD status of doctors is being increasingly requested in application for foreign placements.

However there are positive signs too. This year, several main Collages adopted the revised credit point scheme of the National CPD Programme with due reference to the same at their own annual academic sessions. Such action if continued will inform and encourage doctors to accept the NCPDP. It is also a pleasure to see our National CPD Certificate being increasingly sought after by those applying for foreign jobs or training posts.

## 20. MONTHLY NEWSLETTER

The SLMA newsletter (SLMA<sub>NEWS</sub>) maintained its contract with the publisher, This Source Pvt Ltd, which has been in effect since January 2015. The page numbers of the newsletter remained at 32 with 16 pages for content and 16 for advertisements. Revenue generated from advertisements on up to 8 of those pages was received by the SLMA, thus contributing to the income of the SLMA. The newsletter was published regularly each month since January 2018 with the December issue currently in preparation. The newsletter was helpful in disseminating information regarding the various activities conducted throughout the year by the SLMA. In addition, it also provided a platform for highlighting various topics of interest to the medical Professoression. The number of copies printed for distribution to the SLMA membership was maintained at 3,500 while the web copy of the newsletter was freely accessible and obtained almost 15,000 views each month.

## 21. SOCIAL ACTIVITIES

**Joint Social Secretaries:** Dr. Preethi Wijegoonewardene and Dr. Pramilla Senanayake

### Members of the Concert Committee / Dance Committee

Dr. Ruvaiz Haniffa  
Dr. Kalyani Guruge  
Dr. Amaya Ellawala

Dr. Hasini Banneheke  
Dr. Christo Fernando  
Dr. Kaushi Attanayakage

Dr. Sumithra Tissera  
Dr. Sankha Randenikumara  
Dr. Pramitha Mahanama

### The Doctors Concert

The SLMA Doctors Concert 2018 was held on 28th July at the Hotel Galadari Ballroom. The Concert commenced on time at 7.30 pm with a short speech by the President, Dr. Ruvaiz Haniffa.

The event took place in front of an appreciative cosmopolitan audience who enjoyed each of the 25 performances. The Social Secretaries had worked very hard to ensure all logistical arrangements were in place and presented a titillating programme of a variegated musical and dramatic extravaganza.

The amazing talents of doctors and their family members were presented in a glittering array of many different presentations. The performers gave of their very best and the final conglomeration of the programme was labelled as the "best ever" by a discerning audience of over 500, the highest ever attendance at a Doctors Concert held so far.







### **The Medical Dance**

The Medical Dance was held on 14th December 2018 at the Lotus Ballroom, Shangri-La Hotel, Colombo. All appropriate arrangements, logistics and the finer details, were worked out by a very capable and committed Dance Committee of the SLMA.

Initial preparations were undertaken for a considerable period of time prior to the event. There were many meetings with a myriad of matters being discussed at those gatherings.

The final presentation of this long awaited glamour event, the Medical Dance 2018, took place on the 14th December. There were around 230 guests who had a really wonderful time at an evening of superlative music complemented by an outstandingly opulent sit-down dinner. Music was provided by two of the acclaimed leaders amongst the bands of Sri Lanka, "Misty" and "Flame".

The compere for the show was the inimitable Dominic Keller. One of the highlights of the evening was the performance on Steel Drums by the World renowned, Ethno musicologist and Attorney at Law Dr. Prashanthi Mendis.

The evening began with cocktails from 7.30 to 8.30 pm. This helped to facilitate camaraderie and bonhomie amongst the guests. The dance proper started at 8.30 pm to the scintillating music provided by "Flame". They set the tempo for the rest of the evening and the other band "Misty" joined in with an equally dazzling repertoire of their own. The bands took turns to provide excellent and continuous fare for the guests. The fabulous and plush five-course formal dinner, augmented by coffee and chocolates, was served from around 9.30 pm. There were more than 40 prizes on offer including 5 Air Tickets for the Entrance, Table and Raffle Draws. There were also prizes for the Baila and jive Competitions. A session of Carol singing led by some of our own doctors was enjoyed by all.

The dance concluded around 3.00 am and the opinion of many who attended the Dance was that it had been the best ever Medical Dance held so far. This magnificent event was made possible through the exceptional efforts of all members of the Dance Committee, especially Dr. Preethi Wijegoonewardene and Dr. Pramilla Senanayake, the Social Secretaries who looked into every aspect of the dance with meticulous attention to detail.

Dr. Ruvaiz Haniffa the President, SLMA and Dr. Hasini Banneheke Honorary Secretary, SLMA supported us all the way and were a pillars of strength to all of us. Their guidance and support is very sincerely valued and appreciated.



## 22. DOCTORS' CRICKET SRI LANKA (DCSL)

Doctor's cricket team started the season under the captaincy of Dr. Sritharan Ganeshamoorthy and his vice captain Dr. Pubudu Senevirathna in May 2018.

They played 4 practice matches with Sri Lanka Army Sappers Cricket team at Matthegoda army grounds. Two Practice matches with Colombo University cricket team and two practice matches with Health Cricket team (that play for state services tournament) at KDU cricket grounds Rathmalana.

SLMA Doctors cricket team played the following matches.

Annual Doctors Vs Architects match – Doctors won By 7 wickets  
Architects 183/9 in 40 Overs  
Doctors 187/3 in 36.2 overs

Annual Law-Medical Match – Lawyers won by 8 wickets.  
Doctors 125 all out 32 overs  
Lawyers 127/ 2 in 24.3 overs

Professoressionals League Tournament  
4 league matches

Doctors Vs Lawyers - Doctors won by 7 Wickets  
Lawyers 96 all out in 19 overs  
Doctors 100/3 in 13.2 overs

Doctors Vs Architects - Architects won by 3 wickets (D/L method)  
Doctors 111/7 in 17 overs  
Architects 71/7 in 11 overs (Target 71 D/L method)

Doctors vs Engineers - Doctors won by 50 runs  
Doctors 184/2 in 20 overs  
Engineers 134/8 in 20 overs

Doctors Vs Pilots - Doctors won by 7 Wickets  
Pilots 78 all out in 17 .2 overs  
Doctots 80/3 in 11.5 overs

Having topped the points table in league round Doctors qualified for the finals with Architects team.

Professoressionals league Finals.

Doctors vs Architects - Doctors won by 19 runs (D/L Method)

Doctors 134/9 in 20 overs  
Architects 76/6 after 16.3 Overs (D/L target 95)

Dr. Rajiv nirmalasingham won the man of the match award in 3 league stage matches

Dr. Heshan Amarathunga – Man of the match Finals

Dr. Rajiv Nirmalasingham – Man of the series





## 23. NEW MEMBERS

The number of new members for the year 2018 (including the names presented to the Council on 1<sup>st</sup> December 2018) is as follows.

Life	105
Ordinary	48
Student	229

The list of members enrolled during the year 2018 is given in **Annexure 6**.

## 24. TREASURER'S REPORT

*(Prepared by Honorary Treasurer Dr. Achala Jayathilleke)*

The Sri Lanka Medical Association Treasurer's report for 2017/2018 is shown below. The passing year 2018 was a memorable year for the SLMA in terms of both its academic and social activities. The refurbishment of the Lounge & Tea area done in 2018 added to the new outlook given to the SLMA interior.

The recurrent expenditure of the SLMA for 2018 was mainly for salaries of employees, EPF, ETF and bonus payment. The total cost for the year 2018 was Rs. 5,698,280/=.

The total administrative expense for routine repairs, maintenance and upkeep of the premises for the last 12 months was Rs. 1,164,699/=.

The total income from the 131<sup>st</sup> Anniversary International Medical Congress was Rs. 21,965,836/50. When the expenses for the congress (Rs 16,279,975/51) is deducted the net profit was Rs 5,685,860/99.

The net loss following the SLMA walk 2018 was Rs. (55,085.50).

The summary of main refurbishment activities carried out during this year and the relevant expenditure are as follows:

Activity	Cost
Refurbishment of Lounge area ( Furniture)	Rs. 171,315.00
Refurbishment of Tea area	Rs. 198,500.00

The nett profit from the Anniversary International Medical Congress and the Run and Walk after deducting the cost for renovations stands at a figure of Rs 4,765,766.13 as shown below.

Activity	Income	Expenses	Profit
Annual Congress	Rs. 21,965,836.50	Rs. 16,279,975.51	Rs. 5,685,860.99
SLMA Run and Walk	Rs. 1,086,912.50	Rs. 1,141,998.00	Rs. (55,085.50)
SLMA annual Dance	Rs. 4,190,000.00	Rs. 3,965,413.66	Rs. 224,586.34
Total	Rs 27,242,749.00	Rs. 21,387,387.17	Rs. 5,855,361.83

Profit from Annual Congress + Run and Walk + Dinner Dance	Rs. 5,855,361.83
Cost of refurbishment	Rs. 369,815.00
Balance	Rs. 5,485,546.83

### Bank Balances

The total sum of fixed deposits by the end of financial year 2018 is 23,748,787/= Total earnings from the fixed deposits during the year amounted to Rs 1,615,809/=

Cash and bank balance as of 31/10/2018 remains at 1,756,375/=

Total assets less current liabilities inclusive of property, plant, equipment together with cash and deposits is estimated as at 31/10/2018.

I wish to acknowledge with gratitude the guidance of Dr. Ruvaiz Hniffa, the President of SLMA in carrying out my duties as the Hon. Treasurer for the year 2018. I thank Dr. Dr.Hasini Banneheke and the Assistant Treasurer Dr. Sumthra Tissera for their commitment and support in conducting SLMA activities. I sincerely appreciate the assistance of Ms Jayarani Tennekoon in preparing this report and all the financial statement throughout the year. I also thank SLMA staff headed by Mr.D.S Perera for their assistance to me to carryout my duties as the Treasurer.

## 25. AUDITORS' REPORT 2017/2018

Report of the auditors is given in the **Annexure 7**.

## 26. TSUNAMI DISASTER RELIEF

**Report Presented** by Dr. Suriyakanthie Amarasekera  
Coordinator of the CMAAO / SLMA Scholarship Fund

The CMAAO / SLMA Joint Scholarship, administered by the Tsunami Disaster Fund is the main Social Responsibility project of the SLMA.

The Scholarship was launched in December 2006 for children who had lost one or both parents in the Tsunami Disaster of 2004, by investing the generous donation of US 50,000/- by the Confederation of Medical Associations of Asia and Oceania (CMAAO), and is being continued successfully.

Of the original 24 Scholarship recipients, five have completed their educational and vocational training activities and are gainfully employed. Two of these are holders of Diploma in 3 D Animation Graphic Design, one a Diploma holder in Beauty Culture. One a trained Bacolader Operator and one a trained Motor Mechanic.

Of the balance SLMA was able to follow up 3 students who studied up to A Levels, 3 up to O Levels. A further 3 students stopped communicating with the SLMA inspite of repeated letters. All these have had their Scholarships terminated over the past 11 years.

There are 10 CMAAO/ SLMA Scholarship recipients for the year 2018.Of these one is an undergraduate in her 3rd year at the University of Kelaniya, following a Degree course in Management and Information Technology. Her award has been increased to Rs 5000/- monthly from January 2016.

Another student is in the 3rd year of her AAT course and is expected to take up her final exam in 2019. Five students are reading for their A Levels in their respective schools. All these receive Rs 3500 /- monthly. The balance 3 receive Rs 3000/- monthly.



The reduction in the number of recipients over the years has enabled us to increase the award from a flat rate of Rs 2000/- monthly to the structured rate in operation at present. We also have been awarding an extra allowance each December to enable the students to purchase books, uniforms, etc.

All these payments have been made using the monthly interest leaving the capital intact. The privilege of being able to extend a helping hand to these children who have faced so much tragedy in their young lives has been a source of immense Joy.

## **27. COLLABORATIONS WITH THE CHINESE MEDICAL ASSOCIATION (CMA)**

President elect Dr. Anula Wijesundere and Hony. Secretary Dr. Hasini Banneheke represented the SLMA using their personal funds at The 2018 Annual Scientific meeting of CMA & 2<sup>nd</sup> Pak-China Medical Congress and Belt and Road Forum of Medical Associations organized by Chinese Medical Association (CMA) held in Beijing China from 26<sup>th</sup> to 27<sup>th</sup> January 2018.

CMA delegates attended the 131<sup>st</sup> Anniversary Medical Congress in 2018. The pre congress session by the CMA delegates on "Spectrum of liver diseases: Exploring new therapeutic modalities" was held on 26<sup>th</sup> July 2018 at NDW Lionel Memorial Auditorium of the SLMA.

CMA extended an invitation for the 'Belt and Road' forum for Medical Journal Editors to be held in China from 3<sup>rd</sup> to 5<sup>th</sup> April 2018 to Editors of CMJ.



## **28. COLLABORATIONS WITH THE BRITISH MEDICAL ASSOCIATION**

Professor Dinesh Bhugra, President, British Medical Association participated as the chief guest at the 131<sup>st</sup> Anniversary Medical Congress in 2018. He delivered the Keynote Address titled What is medicine for?.

## **29. ORGANIZATION OF PROFESSORIAL**

The President SLMA attended the meeting of Presidents of member organization of the OPA 19<sup>th</sup> October 2018. Dr. Lucian Jayasuriya, Prof. Anoja Fernando, Prof. Samath Dharmaratne, Dr. Yasas Abeywickrama Dr. Thilina Wanigasekera, Dr. Manuj C. Weerasinghe, Dr. K.Y.P.K. Weerasekera, Dr. Hasini Banneheke, Prof. Ravindra Fernando as forum members for 2018.

### 30. CONTRIBUTIONS OF SLMA TO THE ACTIVITIES OF THE MINISTRY OF HEALTH

The SLMA continued its tradition of meeting high officials of the Ministry of Health, Nutrition and Indigenous Affairs to take up concerns of the profession with the Ministry in addition to the President SLMA representing the SLMA on the following Committees

1. The National Health Research Council
2. Primary Healthcare Systems Strengthening Project (PSSP)
3. Steering Committee on Palliative Care
4. Steering Committee on NCD.
5. National Programme for Tuberculosis Control & Chest Diseases - TB Advisory Committee

There were 3 meetings with the Director General of Health Services during the year

The President was invited by the Director General Health Services to address the Health Development Committee of the Ministry and update it on the advocacy role the SLMA played on Universal Health Care for Parliamentarians with a possibility of duplicating a similar workshop at provincial level.

The SLMA participated in the World Healthday celebrations held in Sri Lanka with the patronage of The Director General World Health Organization. The SLMA presented its publication History of Medicine In Sri Lanka Volume II to the WHO Director General and WHO Regional Director for South East Asia Region on the side line of these celebration.



## **Annexure 1: Programme of the 131<sup>st</sup> Anniversary International Medical Congress**

**Friday 1<sup>st</sup> June 2018**

### **Pre-congress Workshop 1: Wound Care**

In collaboration with the Education, Training and Research Unit, Ministry of Health  
College of Surgeons of Sri Lanka Auditorium  
Event Coordinators: Dr. Yasas Abeywickrama / Dr. Charith Weerasinghe

Dr. Ruvaiz Haniffa President, SLMA  
Dr. Mahanama Gunasekara, President CSSL  
Introduction to wounds, wound types, factors for wound healing and cost of a wound –  
Dr. Mahinda Mellawathantri  
Optimizing Nutrition in wound care  
Dr. Renuka Jayatissa  
Microbiology in wound care  
Dr. Shirani Chandrasiri  
Wound beyond the usual  
Dr. Indira Kahawita  
Panel Discussion  
Tea break  
Diabetic Foot Wounds  
Professor Mandika Wijeyaratne  
Vascular Wounds  
Dr. Charitha Weerasinghe  
Wound assessment and wound bed preparation  
Dr. Ranjuka Ubaysiri  
Wound Dressings/ correct application and myths  
Dr. Sathis Wijemanna  
Panel Discussion  
Lunch with demo viewing  
Acute post traumatic and Post-Surgical wound care – Concepts  
Dr. Shashanka Rathnayake  
Wound cover & Reconstruction  
Dr. Yasas Abeywickrama  
Pressure ulcers: Prevention and care  
Dr. Dammika Dissanayake  
Amputations and rehabilitation in wound care  
Dr. Chandana Karunathilaka  
Panel discussion  
Tea and Demo viewing, Feedback and certificates

**Wednesday 4th July 2018**

### **Pre-congress Workshop 2: With Hon. Parliamentarians “Health for all in Sri Lanka: Role of Parliamentarians in achieving UHC”**

Arrival of Invitees and Registration  
Arrival of Secretary General of Parliament  
Arrival of Hon Karu Jayasuriya MP, Speaker of Parliament  
National Anthem  
Remarks by Secretary General of Parliament  
Remarks by Hon Karu Jayasuriya, MP Speaker of Parliament  
Overview of the Health for All Session and UHC Pledge of Commitment  
Dr. Ruvaiz Haniffa, SLMA President  
“Universal Health Coverage in Sri Lanka: What does it mean?”  
Dr. Palitha Abeykoon – President, NATA  
Global perspective on UHC and the role of parliamentarians and policy makers in achieving UHC  
Dr. Somsak Chunharas, Secretary-General of the National Health Foundation of Thailand / Former Deputy Minister of Public Health, Thailand  
Moderated panel discussion



Professor Janaka de Silva, Director of the Post Graduate Institute of Medicine, University of Colombo

Technical Inputs:

- *Current Health Professorile of Sri Lanka and Disease Burden by Dr. Palitha Karunapema*
- *Health Systems – Dr. Palitha Abeykoon*
- *Human Resources for Healthcare – Professor Nilanthi de Silva*
- *Health Financing – Dr. Ravi Ranan Eliya/ Professor Amala de Silva*
- *Universal Health Coverage – Professor Saroj Jayasinghe/ Dr. Vinya Ariyaratne*

Plenary Discussion

Summary of proceedings and way forward

Dr. Razia Pendse

WHO Representative for Sri Lanka

Signing of UHC Pledge by Sri Lankan Parliamentarians and Group Photograph

Conclusion of Session and Refreshments

<b>Monday 23<sup>rd</sup> &amp; Tuesday 24<sup>th</sup> July 2018</b>
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**Pre-congress Workshop 3: Communication skills: Training of trainers**

Postgraduate Institute of Medicine, University of Colombo

**DAY 1**

Registration and inauguration

Chairpersons: Professor Mohan de Silva and Professor Lalitha Mendis

Why we should learn communication skills?

Professor Tissa Wijeratne

Chair, Department of Neurology, Western Health, Melbourne, Australia

What are the skills that should be taught?

Dr. Shyamalee Samaranayake

Head, Department of Family Medicine, Faculty of Medical Sciences, University of Sri Jayewardenepura

Process of communication and process of teaching

Professor R.M. Mudiyanse

Professor in Paediatrics, Faculty of Medicine, University of Peradeniya

Tea

Good qualities of simulated patients

Ms. Gothami Kaushalya

Counsellor

Ms. Anuradha Rathnayaka

Lecturer, Department of Nursing, Faculty of Allied Health Sciences, University of Peradeniya

Practice session 1 – Building rapport and responding to questions

Lunch

Practice session 2 – Expression of emotions and recognition of emotions

How to give feedback

Professor Madawa Chandratilake

Professor and Head, Department of Medical Education, Faculty of Medicine, University of Kelaniya

Practice session 3 – Giving feedback and assessment of learners

Preparation for Day 2 – Discuss topics for microteaching and scenarios

Professor R.M. Mudiyanse

**DAY 2**

Revision of Day 1 activities and planning for Day 2

Professor R.M. Mudiyanse

Practice session 4 - Practice teaching in small groups – Part I

Practice session 5 – teach “History taking” using a simulated patient

Tea

Practice session 6 - Practice teaching in small groups – Part II

Practice session 7 – Teach, “Giving information” using a simulated patient

Lunch

Lecture on sensitive conversations

Professor Vasanthi Pinto

Professor in Anaesthesiology and Critical Care, Faculty of Medicine, University of Peradeniya

Practice session 8 – Breaking bad news  
Ethical issues in communication  
Dr. Panduka Karunanayaka  
Senior Lecturer in Medicine, Faculty of Medicine, University of Colombo  
Practice session 9 – Ethical dilemmas in communication  
Reflections, feedback and closing remarks

**Wednesday 25th July 2018**

**Pre-congress Workshop 4: Establishing and sustaining meaningful Patient and Public Involvement and Engagement (PPIE) in research**

Postgraduate Institute of Management, University of Sri Jayewardenepura

Registration  
Chairpersons: Professor Athula Sumathipala and Dr. Sumithra Tissera  
Introduction  
Professor Athula Sumathipala  
What is PPIE?  
Dr. Steven Blackburn  
History of PPIE in the United Kingdom and Keele University  
Dr. Steven Blackburn  
Ms. Adele Higginbottom  
Sri Lankan experiences in PPIE  
Mr. Duminda Guruge  
What is the value and impact of PPIE in research?  
Lecture and Q&A  
Dr. Steven Blackburn  
Best practice in PPIE  
Ms. Adele Higginbottom  
Tea  
How to establish and sustain PPIE?? What are the barriers and enablers  
Lecture and small group discussions  
Dr. Steven Blackburn  
Ms. Adele Higginbottom  
What are opportunities for PPIE in the SEARCH project?  
Small group discussions  
Dr. Steven Blackburn  
Thoughts for the future and potential applications  
Professor Diyanath Samarasinghe  
Actions for the future: The way forward  
Professor Athula Sumathipala  
Questions & answers and conclusion

**Wednesday 25th July 2018**

**Pre-congress Workshop 5: Multidisciplinary training of healthcare workers leading to collaborative delivery of holistic patient care**

CLINMARC, National Hospital of Sri Lanka

Registration  
Chairpersons: Dr. Nihal De Silva, Dr. Sarath Samarage and Dr. Sankha Randenikumara  
Introduction and welcome  
The importance of multidisciplinary training  
Dr. Kithsiri Edirisinghe  
CEO/Director Academic, Consultant Medical Administrator, International Institute of Health Sciences, Sri Lanka  
Training nurses in multidisciplinary settings  
Ms. Glenda Whiting  
Principal Lecturer, Health, TAFESA, Adelaide, South Australia  
Evidence for multidisciplinary training  
Dr. Leeane Bodkin

Clinical Lecturer and Coordinator- Medical Humanities, Suttie Centre for Teaching & Learning in Healthcare Clinical Skills Centre, University of Aberdeen, UK  
Tea  
The models and the importance of multidisciplinary care  
Mr. Peter Bodkin  
Consultant Neurosurgeon, Honorary Senior Clinical Lecturer, Aberdeen Royal Infirmary, Foresterhill, Aberdeen, UK  
The Role of a physiotherapist in multidisciplinary care (online session)  
Dr. Vikrant Bhardwaj  
Physiotherapist/ Founder, PHYSIOREVIVE, India  
Interactive session on multidisciplinary care  
Dr. Kithsiri Edirisinghe  
Dr. Leeane Bodkin  
Mr. Peter Bodkin  
Ms. Glenda Whiting  
Panel discussion

#### **Thursday 26th July 2018**

##### **Pre-congress Workshop 6: Spectrum of liver diseases: Exploring new therapeutic modalities**

NDW Lionel Memorial Auditorium, SLMA

Registration

Chairpersons: Dr. Ruvaiz Haniffa and Dr. Pierre Chan

Introduction & Welcome

Diagnosis and management of non-alcoholic fatty liver disease

Professor Jian Gao Fan, Director, Department of Gastroenterology, Xinhua Hospital, Shanghai Jiaotong University School of Medicine

Management of portal hypertension: Role of tips

Dr. Zhuge Yuzheng, Associate Director, Department of Gastroenterology, Chief Physician and Professor of Nanjing University School of Medicine

Discussion

Tea

Recent progress in liver cancer research

Professor Qin Lunxiu, Professor & Director, Department of Surgery, Huashan Hospital; Institute of Cancer Metastasis, Fudan University

The future outlook to DILI Research: From the perspective of China

Professor Yimin Mao, Professor of Gastroenterology, Renji Hospital of Shanghai JiaoTong University School of Medicine

Alcohol problems in Hong Kong

Dr. Pierre Chan, Associate Consultant, Department of Medicine, Ruttonjee & Tang Shiu Kin Hospitals

Discussion

Conclusion

#### **Thursday 26th July 2018**

##### **Pre-congress Workshop 7: Masterclass in stroke rehabilitation: Learning from stroke after stroke**

Galadari Hotel, Colombo

Registration

Chairperson: Dr. J.B. Peiris

Session 1

Epidemiology of stroke in Sri Lanka: Past and the future

Professor Samath D. Dharmaratne

Acute reperfusion therapy update: Saving brains through acute treatment

Professor Tissa Wijeratne

Session 2

What is new in sub-acute care in stroke: Saving brains through sub-acute therapy and rehabilitation

Dr. Charith Perera

Preventing stroke: saving brains through better public health

Professor Bhasker Amatya

Tea

Session 3

Translational research in stroke rehabilitation

Professor Fary Khan

Saving brains at the Ministry of Health: A call for a national action plan for stroke prevention in Sri Lanka (acute/ sub-acute/community level)

Dr. Sunil De Alwis

Panel Discussion: Brain disorders are a major public health problem: How do we respond to this burden?

#### **Thursday 26th July 2018**

#### **Pre-congress Workshop 8: Research and innovation**

Galadari Hotel, Colombo

Registration

Chairpersons: Professor ND Karunaweera

Dr. Dilshani Dissanayake

Introduction to the RPFC and the workshop

Dr. Dilshani Dissanayake

Director, RPFC, Faculty of Medicine, University of Colombo

Panel discussion: Writing a research proposal and obtaining grants; How to be innovative in the process

Professor Nadira Karunaweera

Head of the advisory committee, RPFC, Faculty of Medicine, University of Colombo

Professor Vajira H.W. Dissanayake

Advisor and chair of Technology Transfer Office TTO, RPFC, Faculty of Medicine, University of Colombo

Group Activity: Research methodology and filling grant applications

Dr. Sisira Pathirana

Coordinator for provision of core-research facilities, RPFC, Faculty of Medicine, University of Colombo

Dr. Shreenika Weliana

Coordinator of research training, RPFC, Faculty of Medicine, University of Colombo

Dr. Asela Olupeliyawa

Coordinator of post-graduate research support, RPFC, Faculty of Medicine, University of Colombo

Dr. Sameera Gunewardena

Coordinator for provision of platforms to publicize research, RPFC, Faculty of Medicine, University of Colombo

Tea

#### **Thursday 26th July 2018**

#### **Inauguration**

Guests take their seats

Arrival of Chief Guest

Ceremonial procession & Welcome performance

National Anthem

Lighting the traditional oil lamp

Welcome address

Dr. Ruvaiz Haniffa, President SLMA

Awarding of Honorary Life Memberships

Dr. Malik Fernando and Dr. J. B. Peiris

Address by Guest of Honour

Professor Donald Li, World Organizations of National Colleges, Academies and Academic Associations of General Practitioners/ Family Physicians (WONCA) President Elect

Address by Guest of Honour

Professor Vajira H.W. Dissanayake, President, Commonwealth Medical Association

Cultural performance

Address by Chief Guest

Professor Dinesh Bhugra, President, British Medical Association

Vote of thanks

Dr. Hasini Banneheke, Honorary Secretary, SLMA

SLMA Oration 2018

"Is iron deficiency anaemia in Sri Lanka an over kill?"

Professor Anuja Premawardhena MBBS (Pera), MD (Col), MRCP (UK), FRCP (London), DPhil (Oxon), FCCP (SL), FNAS (SL)

Professor in Medicine, Dept. of Medicine, Faculty of Medicine, University of Kelaniya

Cultural performance

Procession leaves the hall

Reception

# 131<sup>st</sup> Anniversary International Medical Congress of the Sri Lanka Medical Association

## Programme at a Glance

*“Shifting focus from diseases to patients: Today’s vision, tomorrow’s reality”*

Pre Congress Workshops			
<b>Friday 1<sup>st</sup> June 2018</b>			
Workshop 1	7.30 am - 4.00pm	<b>Second Annual Mini Congress on Wound Care</b>	College of Surgeons of Sri Lanka
<b>Wednesday 4<sup>th</sup> July 2018</b>			
Workshop 2	9.00 - 11.30 am	<b>Health for all in Sri Lanka: Role of Parliamentarians in achieving Universal Health Coverage</b>	The Parliament of Sri Lanka
<b>Monday 23<sup>rd</sup> and Tuesday 24<sup>th</sup> July 2018</b>			
Workshop 3	8.30 am - 4.30pm	<b>Communication skills: Training of trainers</b> <b>Chairpersons- Prof. Mohan de Silva &amp; Prof. Lalitha Mendis</b>	Postgraduate Institute of Medicine
<b>Wednesday 25<sup>th</sup> July 2018</b>			
Workshop 4	9.00 am - 12.30pm	<b>Establishing and sustaining meaningful Patient and Public Involvement and Engagement (PPIE) in research</b> <b>Chairpersons- Prof. Athula Sumathipala &amp; Dr. Sumithra Tissera</b>	Postgraduate Institute of Management
Workshop 5	9.00 am - 12.00 noon	<b>Multidisciplinary training of healthcare workers leading to collaborative delivery of holistic patient care</b> <b>Chairpersons-Dr. Sankha Randenikumara</b> <b>Dr. Nihal De Silva</b> <b>Dr. Sarath Samarage</b>	CLINMARC, NHSL
<b>Thursday 26<sup>th</sup> July 2018</b>			
Workshop 6	9.00am -12.00 noon	<b>Spectrum of liver diseases: Exploring new therapeutic modalities</b> <b>Chairpersons-Dr. Ruvaiz Haniffa &amp; Prof. Pierre Chan</b>	Lionel Memorial Auditorium, SLMA
Workshop 7	9.00am – 1.00 pm	<b>Masterclass in stroke rehabilitation: Learning from stroke after stroke</b> <b>Chairpersons- Dr. J.B. Peiris &amp; Dr. Saman B. Gunathilake</b>	Galadari Hotel, Colombo
Workshop 8	8.30 am - 1.00pm	<b>Research and innovation</b> <b>Chairpersons- Dr. Dilshani Dissanayake &amp; Prof N.D. Karunaweera</b>	Galadari Hotel, Colombo
<b>Thursday 26<sup>th</sup> July 2018</b> <b>6.00 pm onwards</b>		<b>Inauguration of the 131<sup>st</sup> Anniversary International Medical Congress</b> <b>&amp;</b> <b>SLMA Oration</b> Is iron deficiency anaemia in Sri Lanka an over kill? <b>Prof. Anuja Premawardhena</b> Galadari Hotel, Colombo	

<b>Main Congress</b>			
<b>Friday, 27<sup>th</sup> July 2018</b>			
8.00 am – 8.30 am	<b>Registration</b>		
8.30 am – 9.15 am	<b>Keynote Address: What is medicine for?</b> <b>Prof. Dinesh Bhugra</b> <b>Chairperson- Dr. Ruvaiz Haniffa</b>		
9.15 am – 9.45 am	<b>Plenary 1: Quality assurance in primary healthcare delivery</b> <b>Prof. Donald Li</b> <b>Chairperson- Prof Carlo Fonseka</b>		
9.45 am – 10.30 am	<b>Professor N D W Lionel Oration</b> Patient with persistent physical symptoms not explained by organic illness; A universal challenge across health care <b>Prof. Athula Sumathipala</b>		
10.30 am -11.00am	<b>Tea &amp; poster viewing</b>		
	<b>Hall A</b>	<b>Hall B</b>	
11.00 am -12.30 pm	<b>Symposium 1</b> Palliative care and elderly medicine <b>Chairpersons-Dr. Dilhar Samaraweera &amp; Dr. Udayangani Ramadasa</b> <b>Bewitched,bothered and bewildered- Dr. Duncan Forsyth</b> <b>Frailty – Indices measurement and follow up – Prof. Ashish Goel</b> <b>Malignancies in older people – Prof. Naganath Narsimhan Prem</b>	<b>Symposium 2</b> Tropical medicine <b>Chairpersons-Dr. Anula Wijesundere &amp; Dr. Hasitha Tissera</b> <b>In pursuit of a broad spectrum antiviral: High resolution structures of antiviral targets in the calnexin cycle – Prof. Nicole Zitzmann</b> <b>Leptospirosis: understanding pathogenesis, defining management – Dr. Praveen Weeratunga</b> <b>Leishmaniasis in Sri Lanka: Past, present and future – Dr. Yamuna Siriwardana</b>	
	<b>Hall A</b>	<b>Hall B</b>	<b>Hall C</b>
12.30 pm -1.00 pm	<b>Guest lecture 1</b> <b>Chairperson- Prof. Ariarane Gnanathan</b> Towards novel liver fibrosis biomarkers using mass spectrometry - NAFLD/NASH and Hepatitis C <b>Prof. Nicole Zitzmann</b>	<b>Guest lecture 2</b> <b>Chairperson- Prof. A. Pathmeswaran</b> The need for caring in Family Medicine <b>Dr. Garth Manning</b>	<b>Guest Lecture 3</b> <b>Chairperson-Dr. Malik Fernando</b> Health system planning for coming stresses: Planetary Health <b>Prof. Ann Kurth</b>
1.00 pm – 2.00 pm	<b>Lunch &amp; poster viewing</b>		
	<b>Hall A</b>	<b>Hall B</b>	<b>Hall C</b>
2.00 pm – 3.30 pm	Free paper session 1 <b>Chairpersons - Dr. Pradeepa Jayawardena</b> <b>Dr. Kushlani Jayatilleke</b>	Free paper session 2 <b>Chairpersons: Prof. Pushpa Jayawardena</b> <b>Dr. Sharmini Prathapan</b>	Free paper session 3
	<b>Hall A</b>	<b>Hall B</b>	
3.30 pm – 5.00 pm	<b>Symposium 3</b>	<b>Symposium 4</b>	



	<p>Road safety</p> <p><b>Chairpersons-Prof. Samath Dharmaratne &amp; Prof. Rezvi Sheriff</b></p> <p><b>Problem of road traffic injury and road safety in Sri Lanka</b></p> <p><b>Prof. Samath D Dharmaratne</b></p> <p><b>Lifelong impacts of road traffic injury: Why measuring mortality alone is not enough-Prof. Belinda Gabbe</b></p> <p><b>Drinking, road risks and adolescence: a potent cocktail-Prof. Shanthi Ameratunga</b></p> <p><b>Leaving no one behind: Safe, accessible and inclusive transport systems – A medico-legal perspective</b></p> <p><b>Dr. Clifford Perera</b></p>	<p>Evolution of human birth</p> <p><b>Chairpersons- Prof. Wilfred Perera &amp; Dr. Ajitha Wijesundere</b></p> <p><b>Advent of delivery tools: From forceps to scalpel – Dr. Dinuka Lankeshwara</b></p> <p><b>Caesarean section rates: Trending towards unrealistic levels – Dr. Chanil Ekanayake</b></p> <p><b>Canvassing time: Scalpel or no scalpel? – Dr. Dammike Silva and Dr. Sanjeewa Padumadasa</b></p>
5.00 pm – 5.30 pm	Tea	

Saturday, 28 <sup>th</sup> July 2018			
8.00 am – 8.30 am	Registration		
8.30 am – 9.00 am	<p><b>Plenary 2: Pain and prejudice: the importance of primary care research</b></p> <p><b>Prof. Christian Mallen</b></p> <p><b>Chairperson - Dr. Lakshman Ranasinghe</b></p>		
	<b>Hall A</b>	<b>Hall B</b>	<b>Hall C</b>
9.00 am -10.30 am	<p><b>Symposium 5</b></p> <p>Rural health</p> <p><b>Chairpersons-Prof. Kumara Mendis &amp; Dr. Padmal de Silva</b></p> <p><b>Introduction: What is rural health? A Sri Lankan perspective - Prof. Kumara Mendis</b></p> <p><b>Experience from the Rural Health Research Centre, Faculty of Medicine, Colombo</b></p> <p><b>Prof. Upul Senarath</b></p> <p><b>Expectations from a rural community-Dr.Vinya S. Ariyaratne &amp; Dr. Sanath Mahawithanage</b></p> <p><b>A Tale of Two Countries: Case studies in rural health from Australia and Bolivia-Dr. Lawrence Tan</b></p> <p><b>PMCU in the next five years: How will it serve the rural health in Sri Lanka?</b></p> <p><b>Dr. Susie Perera</b></p>	<p><b>Symposium 6</b></p> <p>Respiratory medicine</p> <p><b>Chairpersons-Dr. B.J.C Perera &amp; Dr. Neranjan Dissanayake</b></p> <p><b>Air we breathe: Are we safe? – Dr. Chandana Kulathunga</b></p> <p><b>Obstructive Sleep Apnoea – The snorer's plight - Dr. Chandimani Undugodage</b></p> <p><b>Respiratory infections in pregnancy: A developing concern – Dr. Neranjan Dissanayake</b></p>	<p><b>Symposium 7</b></p> <p>Accreditation and Quality Assurance in medical education</p> <p><b>Chairpersons-Prof. Madawa Chandratilake &amp; Dr. Amaya Ellawala</b></p> <p><b>Discussant - Dr Palitha Abeykoon</b></p> <p><b>Global perspective – Prof. Nilanthi de Silva</b></p> <p><b>WHO perspective – Dr. Tomas Zapata</b></p> <p><b>Indonesian experience – Prof. Titi Savitri</b></p> <p><b>Sri Lankan situation – Prof. Indika Karunathilake</b></p>
10.30 – 11.00 am	Tea & poster viewing		

11.00 am – 11.30 am	<b>Guest Lecture 4</b> <b>Chairperson- Dr. Hasini Banneheke</b> Malaria is still alive <b>Dr. Dewanee Ranaweera</b>		<b>Guest Lecture 5</b> <b>Chairperson- Prof. Saroj Jayasinghe</b> Sri Lanka's health financing challenge: What I have concluded after 30 years of health economics research <b>Dr. Ravindra Rannan-Eliya</b>	<b>Guest Lecture 6</b> <b>Chairperson- Dr. Preethi Wijegoonewardene</b> Common ophthalmic emergencies - Management in primary care <b>Dr. Kapila Bandutilake</b>
11.30 am – 1.00 pm	<b>Symposium 8</b> Prevention and control of cancer <b>Chairpersons- Dr. Palitha Abeykoon &amp; Dr. N. Jeyakumaran</b> Burden of cancer in Sri Lanka <b>Dr. Suraj Perera</b> Applications of next generation sequencing in cancer profiling and risk assessment <b>Mr. Kahlil Lawless</b> Genetics and genomics of cancer in Sri Lanka <b>Prof. Vajira H. W. Dissanayake</b>		<b>Symposium 9</b> Breast diseases <b>Chairpersons- Dr. Sanjeewa Seneviratne &amp; Dr. Yasas Abeywickrama</b> Trends in breast cancer in Sri Lanka: Where are we heading? – <b>Dr. Sanjeewa Seneviratne</b> The need for breast cancer screening and challenges – <b>Dr. Rupa Ananthasivan</b> Trends in surgical treatment of breast carcinoma – <b>Dr. Indranee Amarasinghe</b> New developments in systemic therapy of breast cancer – <b>Prof. Jaya Ghosh</b>	<b>Guest Lecture 7</b> <b>Chairperson- Dr. R. Surenthirakumaran</b> Environment and planetary health in the clinic <b>Prof. Enrique Barros</b>
1.00 pm – 2.00 pm	<b>Lunch &amp; poster viewing</b>			
2.00pm – 2.30pm	<b>Guest Lecture 8</b> <b>Chairperson- Dr. Pramilla Senanayake</b> Role of medical doctors for community empowerment: Old and new in Japan <b>Prof. Masamine Jimba</b>	<b>Guest Lecture 9</b> <b>Chairperson- Dr. Sunil Seneviratne Epa</b> Elderly as an asset <b>Dr. Mahesh Rajasuriya</b>		

	Hall A	Hall B	Hall C	Hall D	Hall E
2.30 pm – 3.30 pm	<b>Closed for Doctors' Concert preparations</b>		Free paper session 4 <b>Chairpersons: Dr. Lucian Jayasuriya &amp; Prof. Surangi Yasawardene</b>	Free paper session 5 <b>Chairpersons: Dr. Malik Fernando &amp; Prof. Anuja Premawardhena</b>	Free paper session 6 <b>Chairpersons: Prof. Shanthi Ameratunga &amp; Dr. Jithangi Wanigasinghe</b>
3.30 pm – 5.00 pm			<b>Symposium 10</b> Health informatics <b>Chairpersons-Dr. Achala Jayathilake &amp; Dr. S. Sridharan</b> The Digital Health Ecosystem of Sri Lanka - <b>Prof. Vajira H. W. Dissanayake</b> eReproductive Health Management	<b>Symposium 11</b> Mental health in the elderly <b>Chairpersons- Dr. Mahesh Rajasuriya &amp; Dr. Kapila Ranasinghe</b> Overview of mental health problems in the elderly – <b>Dr. Madhubhashinee Dayabandara</b>	

		Information System – Dr Loshan Moonesinghe Gathering country wide data on the incidence of disease - Dr. Buddika Dayaratne	Caring for dementia in the community – Prof. Shehan Williams Managing behavioural and psychological problems in elderly patients with dementia – Dr. Kapila Ranasinghe Assessment of elderly patients with cognitive problems – Dr. Malsha Gunathilake	
5.00 pm – 5.30 pm	Tea			
7.00 pm onwards	Doctors' Concert			

Sunday, 29 <sup>th</sup> July 2018		
8.00 am – 8.30 am	Registration	
8.30 am – 9.00 am	Plenary 3: The challenge facing medical humanities Prof. Saroj Jayasinghe Chairperson- Dr. Kalyani Guruge	
9.00 am – 9.45 am	Dr. S. Ramachandran Oration Antivenom in the treatment of neurotoxic snakebite: effectiveness and limitations Dr. N.K. Anjana Silva	
9.45 am – 10.15 am	Guest Lecture 10 Chairperson- Dr. Sarath Gamini De Silva Recent advances in the understanding of Cancer Immunology: Implications for clinical practice Dr. D.S. Kumararatne	
10.15 am – 10.45 am	Tea & poster viewing	
	Hall A	Hall B
10.45 am - 12.15 pm	Symposium 12 Dermatology picture quiz Chairpersons-Dr. Chalukya Gunasekera & Dr. Indira Kahawita Dr. Achala Liyanage, Dr S. Uwyse, Dr D.M. Amaratunga & Dr. Chathuraya Siriwardena	Symposium 13 Thalassaemia and bone marrow transplantation Chairpersons- Prof. R. Mudiyanse & Dr. Lalindra Gooneratne Management of Thalassemia: New frontiers – Prof. Anuja Premawardhena Haemopoetic stem cell transplant for haematological disorders in Sri Lanka – Dr. Lalindra Gooneratne Emerging therapies for Beta Thalassaemia – Dr. Sachith Mettananda
12.15 pm – 12.45pm	Guest Lecture 11 Chairperson- Dr. S. Wasalathanthri Autoimmune disorders: An update on diagnosis and treatment Prof. Suranjith Seneviratne	Guest Lecture 12 Chairpersons- Dr. Clifford Perera Prescribing for sportsmen – The past, present and future Prof. Arjuna De Silva
12.45 pm – 1.45 pm	Lunch & poster viewing	

1.45 pm – 3.00 pm	<b>Debate - “Doctor knows best” - Doctor-centered approach is more beneficial than patient-centered approach in the Sri Lankan context (Hall A)</b> <b>Moderators- Dr. Sarath Gamini De Silva &amp; Dr B.J.C. Perera</b>		
	<b>Hall A</b>	<b>Hall B</b>	<b>Hall C</b>
3.00 pm – 5.00 pm	Free paper session 7 <b>Chairpersons: Dr. Ranjan Dias &amp; Dr. Yasas Abeywickrama</b>	Free paper session 8 <b>Chairpersons: Dr. Manuj Weerasinghe &amp; Prof. Kantha Lankathilake</b>	Free paper session 9 <b>Chairpersons: Dr. Clifford Perera &amp; Dr. P. Ranasinghe</b>
5.00 pm – 5.30 pm	<b>Tea</b>		
5.30 pm onwards	<b>Dr. S.C. Paul Oration</b> <b>An attempt to understand and combat the silent killer in South Asia</b> <b>Prof. W M Tilakaratne</b>		

<b>Post Congress Workshops</b>			
<b>Monday 30<sup>th</sup> July 2018</b>			
Workshop 1	8.00 am -12.00 noon	<b>Emerging digital health ecosystem in Sri Lanka</b>	Lionel Memorial Auditorium, SLMA
<b>Monday 17<sup>th</sup> &amp; Tuesday 18<sup>th</sup> September 2018</b>			
Workshop 2	9.00 am – 4.00 pm	<b>Communication skills: Training of trainers</b>	Postgraduate Institute of Medicine

## OVERSEAS RESOURCE PERSONS

Dr. Steven Blackburn  
Ms. Zhang Lei  
Professor Jian Gao Fan  
Dr. Pierre Chan  
Professor Fary Khan  
Dr. Duncan Forsyth  
Professor Nicole Zitzmann  
Professor Belinda Gabbe  
Dr. Lawrence Tan  
Mr Kahlil Lawless  
Dr. Enrique Barros  
Professor Suranjith Seneviratne

Ms. Adele Higginbottom  
Mr. Wei Junming  
Professor Yimin Mao  
Professor Tissa Wijeratne  
Professor Dinesh Bhugra  
Dr. Ashish Goel  
Dr. Garth Manning  
Professor Shanthi Ameratunga  
Dr. Tomas Zapata  
Dr. Rupa Ananthasivan  
Professor Masamine Jimba

Ms Guo Welihua  
Dr. Qin Lunxiu  
Dr. Zhuge Yuzheng  
Dr. Bhasker Amatya  
Professor Donald Li  
Dr. Vipin Arora  
Professor Ann Kurth  
Professor Christian Mallen  
Professor Titi Savitri  
Dr. Jaya Ghosh  
Dr. D.S. Kumararatne

## RESOURCE PERSONS FROM SRI LANKA

Professor Samath Dharmaratne  
Dr. Praveen Weeratunga  
Dr. Chanil Ekanayake  
Professor Kumara Mendis  
Dr. Sanath Mahawithanage  
Dr. Suraj Perera  
Dr. Chandimani Undugodage  
Dr. Sanjeewa Seneviratne  
Dr. Palitha Abeykoon  
Dr. Kapila Bandutilake  
Professor Saroj Jayasinghe  
Dr. Achala Liyanage  
Dr. Lallindra Gooneratne

Dr. Clifford Perera  
Dr. Yamuna Siriwardana  
Dr. Dhammike Silva  
Professor Upul Senarath  
Dr. Susie Perera  
Professor Vajira H.W. Dissanayake  
Dr. Neranjan Dissanayake  
Dr. Indranee Amarasinghe  
Professor Nilanthi de Silva  
Dr. Loshan Moonesinghe  
Dr. S. Uwyse  
Dr. Chathuraya Siriwardena  
Dr. Sachith Mettananda

Dr. Achala Jayathilake  
Dr. Dinuka Lankeshwara  
Dr. Sanjeewa Padumadasa  
Dr. Vinya Ariyaratne  
Dr. Dewanee Ranaweera  
Dr. Chandana Kulathunga  
Dr. Ravindra Rannan-Eliya  
Dr. Mahesh Rajasuriya  
Professor Indika Karunathilake  
Dr. Buddika Dayaratne  
Dr. D.M. Amaratunga  
Professor Anuja Premawardhena  
Professor Arjuna De Silva

## Annexure 2: Programmes of Monthly Clinical Meetings

### Tuesday 16<sup>th</sup> January 2018

IN COLLABORATION WITH THE SRI LANKA COLLEGE OF PAEDIATRICIANS

#### **Management Challenges in Childhood Nephrotic Syndrome**

Dr. Randula Ranawaka, Consultant Paediatric Nephrologist, LRH  
Lecturer, Faculty of Medicine, Colombo

### Tuesday 20<sup>th</sup> February 2018

IN COLLABORATION WITH THE SRI LANKA COLLEGE OF HAEMATOLOGISTS

#### **Case discussion on thrombosis**

Dr. Hemali Goonasekara, Consultant Haematologist, FOM, Colombo

#### **Can thrombosis be hereditary**

Dr. Hemali Goonasekara, Consultant Haematologist, FOM, Colombo

#### **Picture quiz**

Dr. Senani Williams, Consultant Haematologist, FOM, Ragama

#### **Discussion**

**Tuesday 20<sup>th</sup> March 2018**

IN COLLABORATION WITH THE COLLEGE OF ANAESTHESIOLOGISTS & INTENSIVISTS SRI LANKA

**Update in Sepsis: Quick and Dynamic Approach**

**Case Discussion: Sepsis 3 in Action**

Dr. Anushka Mudalige, Senior Registrar in Critical Care Medicine, NHSL

**Review lecture**

**Update in Sepsis – Fine-tuning the Management**

Professor Vasanthi Pinto, Professor in Anaesthesiology and Critical Care, Head of Department of Anaesthesiology & Critical Care, Faculty of Medicine, University of Peradeniya

**Quiz**

**Controversies in Management of Sepsis – Your Choice**

Dr. Nuwan Ranawaka, Acting Consultant in Critical Care Medicine, Cardiology Unit, NHSL

**Tuesday 24<sup>th</sup> April 2018**

IN COLLABORATION WITH THE COLLEGE OF PULMONOLOGISTS OF SRI LANKA

**Diagnosis and Management of Common Interstitial Lung Diseases**

Dr. Saman Kularatne, Consultant Respiratory Physician, National Hospital for Respiratory Diseases, Welisara

Dr. T. Bandara, Senior Registrar in Respiratory Medicine, National Hospital for Respiratory Diseases, Welisara

Dr. T. Tissera, Senior Registrar in Respiratory Medicine, National Hospital for Respiratory Diseases, Welisara

Dr. H. M. C. D. Rathnayake, Senior Registrar in Respiratory Medicine, National Hospital for Respiratory Diseases, Welisara

**Tuesday 15<sup>th</sup> May 2018**

IN COLLABORATION WITH THE CEYLON COLLEGE OF PHYSICIANS

**Case Presentation & Discussion**

**Acidosis and Dr.owsiness; Lessons Learnt from Three Cases**

Dr. Harshini Liyanaarachchi, Registrar in Medicine, Colombo South Teaching Hospital, Kalubowila

**Review lecture**

**Poisoning by Toxic Alcohols; A Review**

Dr. Sanjeewa Wijekoon, Hony. Consultant Physician and Senior Lecturer in Medicine, Faculty of Medical Sciences, University of Sri Jayewardenepura

**Tuesday 19th June 2018**

IN COLLABORATION WITH THE SRI LANKA COLLEGE OF DERMATOLOGISTS

**Case Presentation**

**Pyoderma Gangrenosum presenting in an unusual site**

Dr. Chandani Wickremaratne, Consutant Dermatologist, NHSL, Dermatology Unit C

**Case 1:**

Dr. Mahesh Fernando, Registrar in Dermatology

**Case 2:**

Dr. Pamoda Kamaladasa, Registrar in Dermatology

**Review Lecture**

Dr. Niroshi Gunarathne, Senior Registrar in Dermatology

**Pediatric Dermatology - Picture Quiz and MCQs**

LRH - Dermatology Unit

Professor J. K. K. Senevirathne, Consultant Dermatologist

Dr. S. Samaraweera, Consultant Dermatologist

Presenter - Dr. Kavinda Nanayakkara, Senior Registrar in Dermatology

## **Tuesday 21<sup>st</sup> August 2018**

IN COLLABORATION WITH THE COLLEGE OF OPHTHALMOLOGISTS OF SRI LANKA

### **Neuro Ophthalmology**

#### **Case presentation**

Dr. A. L. Dharmaratne, Consultant Eye Surgeon, National Eye Hospital, Colombo

#### **Review Lecture - Related to cases**

Dr. Deepanee Wewalwala, Consultant Eye Surgeon, National Eye Hospital, Colombo

#### **MCQ / Picture Quiz**

Dr. N. Niroshan, Senior Registrar, National Eye Hospital, Colombo

Dr. Isuru De Silva, Senior Registrar, National Eye Hospital, Colombo

#### **Discussion**

Dr. A.L. Dharmaratne, Dr. Deepanee Wewalwala, Dr. N. Niroshan, Dr. Isuru De Silva

## **Tuesday 18<sup>th</sup> September 2018**

IN COLLABORATION WITH THE FAIRMED FOUNDATION

### **Diagnosis of Leprosy in the Post Elimination Era**

Dr. D. M. Amaratunga, Consultant Dermatologist, District General Hospital, Gampaha

## **Tuesday 16<sup>th</sup> October 2018**

IN COLLABORATION WITH THE PERINATAL SOCIETY OF SRI LANKA

### **Companionship in Labour; more than companionship**

#### **Respectful Labour Care**

Dr. A. K. P. Ranaweera, Consultant Obstetrician, De Soysa Maternity Hospital

#### **Paediatrician perspective of evidence based care of the new born**

Dr. Saman Kumara, Consultant Neonatologist, Castle Street Hospital for Women

#### **MCQ Discussion**

Dr. M. R. M. Rishard, Consultant Obstetrician, De Soysa Maternity Hospital

## **Tuesday 20<sup>th</sup> November 2018**

IN COLLABORATION WITH THE SRI LANKS COLLEGE OF PSYCHIATRISTS

### **Topic: Understanding of medically unexplained symptoms and treatment by psychodynamic approach**

Professor Samudra T.Kathriarachchi - Senior Professor and chair, University Psychiatry Unit, Colombo South Teaching Hospital

Dr. R.M.A.V. Lakmi Seneviratne - Lecturer in psychiatry, University Psychiatry Unit, Colombo South Teaching Hospital

#### **MCQ discussion**

Dr. D.L.U. Amarakoon - Lecturer in Psychiatry, University Psychiatry Unit, Colombo South Teaching Hospital

#### **Clinical case**

Young girl with a chronic backache - presented by Dr. U.L.A.Gunawardana

## **Tuesday 18<sup>th</sup> December 2018**

IN COLLABORATION WITH THE COLLEGE OF GENERAL PRACTITIONERS OF SRI LANKA

### **Topic: Rare encounters – some high pay off situations in general practice**

#### **Series case scenarios presented to two general practitioners**

#### **Speakers**

Dr. Jayantha Jayatissa, Board Certified Specialist Family Physician, Medical Consultant, Medical Center of Jafferjee Brothers, Grandpass

Dr. Duminda Wijewardana, Part-time Family Physician, Siyomed Family Clinic, Dalugama

Dr. Kalpani Wijewardana, Part-time Family Physician, Siyomed Family Clinic, Dalugama

### **Annexure 3: Programmes of Regional Meetings**

#### **JOINT REGIONAL MEETING WITH THE KANDY SOCIETY OF MEDICINE**

*24th January 2018 at the Auditorium, Kadugannawa Training Centre*

Inauguration

Traditional Lighting of the Oil Lamp

Welcome Address

Professor Samath D Dharmaratne

Dr. Shanthi Samarasinghe–PDHS, Central Province

Dr. Ruvaiz Haniffa – President SLMA

#### **Session I**

Chairs – Dr. Ruvaiz Haniffa & Professor Samath Dharmaratne

Congenital Heart Disease made easy – All I need to know in a nutshell

Dr. Shehan Perera, Consultant Paediatric Cardiologist, Lady Ridgeway Hospital, Colombo

Effective Communication with patients

Professor Rasanayaka M Mudiyanse, Consultant Paediatrician/ Professor in Paediatrics, Faculty of Medicine, University of Peradeniya

What to do when a child fails to gain weight?

Dr. Pathum Dissananyake, Consultant Paediatrician, Senior Lecturer, Faculty of Medicine, University of Peradeniya

Discussion on the presentations

Tea

Presentation

Peoples Leasing Company - Kandy

#### **Session II**

Chairs – Professor Rasanayaka M Mudiyanse & Dr. Kalyani Guruge

Bacterial lower respiratory tract infections in children

Dr. B.J.C. Perera, Past President SLMA/ Consultant Paediatrician

Is it a seizure or not a seizure – working with uncertainty

Dr. Jagath Munasinghe, Consultant Paediatrician, Sirimavo Bandaranayake Specialized Hospital for children

Discussion

Introduction to Snake bite Website

Dr. Malik Fernando, Past President SLMA

Professor S.A.M. Kularatne – Consultant Physician/ Professor in Medicine, Faculty of Medicine, University of Peradeniya

Vote of Thanks

Dr. Anura Rajapakse, Deputy Director Training - Regional Training Centre, Kadugannawa

Lunch

#### **JOINT CME PROGRAMME WITH THE ASIRI GROUP OF HOSPITALS**

*28th February 2018 at the Auditorium, Asiri Surgical Hospital*

Reception & Welcome address

Registration

Welcome

Dr. Ruvaiz Haniffa – President SLMA

Dr. Anil Perera - Clinical Director – Asiri Surgical Hospital

#### **Session I**

Medical Ethics and accountability

Dr. Panduka Karunanayak, Senior Lecturer Dept. of Clinical Medicine, Faculty of Medicine, Colombo

End of life care and palliative care

Dr. Chandana Kanakaratne, Consultant Physician

Genetic tests in Primary care setting

Professor Vajira Dissanayake, Past President SLMA/Professor of Anatomy, Faculty of Medicine, Colombo

Discussion

Tea

#### **Session II**

Fever and use of antibiotics and NSAIDS

Dr. Ananada Wijewickrama – Consultant Physician, Infectious Disease Hospital (IDH)



Antimicrobial Resistance  
Dr. Jayanthi Elwitigala, Consultant Microbiologist, National STD/ AIDS Control Programme  
Discussion  
Vote of Thanks  
Dr. Harsha Baranage, Medical Director- Asiri Surgical Hospital  
Lunch

#### **JOINT REGIONAL MEETING WITH THE CLINICAL SOCIETY OF DIYATHALAWA BASE HOSPITAL**

*27<sup>th</sup> March 2018 at the Auditorium, Base Hospital, Diyathalawa*

Registration  
Inauguration  
Traditional Lighting of the Oil Lamp  
Welcome Address  
Dr. Nimal S. Gamagedara, PDHS, Uva Province  
Dr. Ranjith Amarakoon, MS, Diyathalawa Base Hospital  
Dr. Ruvaiz Haniffa, President SLMA  
Chairpersons – Dr. Ruvaiz Haniffa & Dr. Janitha Tennakoon  
Management of DHF  
Professor R.M. Mudiyanse, Professor in Paediatrics, Dept. of Paediatrics, Faculty of Medicine, University of Peradeniya  
Rational use of Antibiotics  
Dr. Kishani Dinapala, Consultant Microbiologist General Hospital, Monaragala  
Asthma... An Update  
Dr. Neranjan Dissanayake, Consultant Respiratory Physician, Provincial General Hospital, Badulla  
Tea  
Chairpersons – Dr. D.M.C. Gamage & Dr. Malik Fernando  
A patient with arthritis...What and what not to do  
Dr. Uthpala Dissanayake, Consultant Rheumatologist, District General Hospital, Nuwara Eliya  
Medical Ethics  
Dr. Panduka Karunanayake, Consultant Physician  
A practical approach to managing acute heart failure  
Dr. Dhananjanie Seneviratne, Consultant Cardiologist, Provincial General Hospital, Badulla  
Universal Health Coverage  
Dr. Nimal Shantha Gamagedara, PDHS, Uva Province/ Consultant Community Physician  
Vote of Thanks  
Secretary, Diyathalawa Base Hospital  
Lunch

#### **JOINT REGIONAL MEETING WITH THE THE MINISTRY OF HEALTH, EASTERN PROVINCE COLLABORATION WITH THE BASE HOSPITAL, KATTANKUDY**

*21<sup>st</sup> May 2018 at the Auditorium, Base Hospital Kattankudy*

Inauguration  
Registration  
Traditional Lighting of the Oil Lamp  
Welcome Address  
Dr. Ruvaiz Haniffa, President SLMA  
Dr. K. Muruganandan, PDHS Eastern Province  
Dr. M. S. M. Jabir, MS, Kattankudy  
Chairs – Dr. Ruvaiz Haniffa, President SLMA & Dr. K. Muruganandan, PDHS Eastern Province  
Healthy diet to prevent non communicable diseases  
Dr. Bhanuja Wijeyatilaka, Consultant Community Physician, Nutrition Division, Ministry of Health, Nutrition and Indigenous Medicine  
How to provide excellent health care with limited facilities  
Dr. H. R. Thambawita, Consultant Surgeon, TH Batticaloa  
Anti microbial resistance  
Dr. V.R. Francis, Consultant Microbiologist, Faculty of Medicine, Eastern University, Batticaloa  
Discussion on the presentations  
Tea  
Chairs – Dr.L.M. Navaratnaraja, RDHS Batticaloa and Dr. M. S. M. Jabir, MS Kattankudy  
Safety measures to be taken by health care workers to prevent infections  
Dr. V.R. Francis, Consultant Microbiologist, Faculty of Medicine, Eastern University, Batticaloa

Tuberculosis: re-emerging infection in Sri Lanka  
Dr. S. Rishikesavan, Consultant Respiratory Physician, TH Batticaloa  
Allergy: An Emerging Epidemic  
Professor Anura Weerasinghe, Consultant Physician and Immunologist  
Discussion on the presentations  
Short documentary on the snake bite website  
Vote of Thanks  
Lunch

**JOINT REGIONAL MEETING WITH THE MINISTRY OF HEALTH-NORTH CENTRAL PROVINCE  
WITH COLLABORATION OF ANURADHAPURA CLINICAL SOCIETY @ DISTRICT HOSPITAL, KEKIRAWA**  
*30th of August 2018 at the Auditorium, District Hospital, Kekirawa*

Registration  
Inauguration  
Traditional Lighting of the Oil Lamp  
Welcome Address  
Dr. Palitha Bandara, PDHS, North Central Province  
Dr. Jayantha Wijesuriya, DMO, District Hospital, Kekirawa  
Professor Ariaranee Gnanathan, Vice President SLMA  
Chairpersons – Dr. Lucian Jayasuriya & Dr. Nuwan Premawardena  
Nutrition in General Practice  
Dr. Yasoma Kumari, Consultant Community Physician, Ministry of Health  
Antimicrobial Resistance as an Emerging Challenge to Peripheries  
Dr. Punsisi Egodawela, Senior Registrar Microbiology, Apeksha Hospital, Maharagama  
Myocardial infarction - management in peripheral level  
Dr. Uditha I. Hewarathna, Consultant Cardiologist, General Hospital, Panadura  
Tea  
Chairpersons: Dr. Dileetha Kuruppu and Dr. Nadeeja Herath  
Poisoning Management, Current Updates and Mishaps in Peripheries  
Dr. Clifford Perera, Senior Lecturer and Medico-Legal Specialist, Head, Dept. of Forensic Medicine, University of Ruhuna  
Management of Febrile Convulsions and Status Epilepticus  
Dr. Udaya De Silva, Consultant Paediatrician, TH Anuradhapura  
Life Threatening Emergencies -Management at Periphery  
Dr. Dinesha Punchihewa, Consultant Intensivist, TH Anuradhapura  
Important Aspects of Management of Snakebites  
Professor Ariaranee Gnanathan, Consultant Physician and Professor in Medicine, University of Colombo  
Vote of Thanks  
Dr. Asitha Thanippuli Arachchi, SLMA Council Member  
Lunch

**JOINT REGIONAL MEETING WITH THE CLINICAL SOCIETY OF THE RATNAPURA GENERAL HOSPITAL**  
*4th of September 2018 at the Auditorium, Ratnapura General Hospital*

Reception & Welcome address  
Dr. Kapila Kannangara, PDHS Ratnapura  
Dr. Saman Abeywardene, President, Rathnapura Clinical Society  
Dr. Ruvaiz Haniffa, President, SLMA  
Chairpersons: Dr. Ruvaiz Haniffa, President, SLMA and Dr. Kapila Kannangara, PDHS  
How to approach a patient of newly diagnosed diabetes  
Dr. Kavinga Gunawardhane, Consultant Endocrinologist, Ratnapura  
Prevention of complications from burns  
Dr. Yasas Abeywickrama, Consultant Surgeon, Colombo South Teaching Hospital  
Environment pollution  
Dr. Chandana Kulathunga, President, Collage of Pulmonologists  
Tea break  
Chairpersons: Dr. Malik Fernando and Dr. N. G. S. Panditharane, RDHS  
Anti-microbial resistance  
Dr. Geetha Nanayakkara, Consultant Microbiologist, Ratnapura  
Interpretation of troponin in clinical setting  
Dr. Z. Jamaldeen, Consultant Cardiologist, Ratnapura

Ethical dilemmas in critically ill patients  
Dr. Lilanthi Subasinghe, Senior Registrar in Critical care Medicine, NHSL  
Vote of thanks  
Dr. Z. Jamaldeen, Secretary, Ratnapura Clinical Society  
Lunch

#### **JOINT REGIONAL MEETING WITH THE AVISSAWELLA CLINICAL SOCIETY**

*16<sup>th</sup> November 2018 at the BOI Auditorium, Free Trade Zone, Avissawella*

Registration  
National anthem  
Lighting of the Lamp of Learning  
Welcome Speech  
Dr. Sanath Wanigasooriya  
President, ACS  
SLMA Speech  
Dr. Ruvaiz Haniffa, President, SLMA  
Chairpersons: Dr. Kosala Ranathunga (VS) and Dr. Ruvaiz Haniffa (President, SLMA)  
New Trends in Trauma Management  
Dr. A.N.K. Abeyjeewa, Consultant Surgeon NHSL  
Update in Back Pain Management  
Dr. Duminda Abeysinghe, Consultant Rheumatologist  
Ethics in Clinical Practice  
Dr. Isuri Wimalasiri, Registrar in Psychiatry, CNTH  
QUIZ  
Tea  
Research Paper Presentation I  
Research Paper Presentation II  
Chairpersons: Dr. Priyantha Jayalath (VP) and Dr. A.M.S. Jayasiri (VOG)  
Antibiotic use for Common Infections  
Professor Nirmala Wijekoon, Consultant Physician and Professor in Pharmacology, Faculty of Medical Sciences, USJP  
A Journey Towards a Good Death  
Dr. Udayangani Ramadasa, Consultant Physician, GH Ratnapura  
Improving Sex Life - Premature Ejaculation  
Dr. Lasantha Malavige, Sexual Health Specialist  
Some Memorable Poems from my Childhood  
Dr. Pillip Veerasingham, Senior Consultant Surgeon  
Quiz & Vote of thanks  
Dr. D. I. Darshana Wijesekara, Secretary of ACS

#### **JOINT REGIONAL MEETING WITH THE WATHUPITIWALA CLINICAL SOCIETY**

*24<sup>th</sup> November 2018 at the Royal Resort Mandara – Horagolla, Nittambuwa*

Registration  
National anthem  
Lighting of the Lamp of Learning  
Welcome Speech  
Dr. Champa S.D. Jayamanna  
President, Clinical Society GBH Wathupitiwala  
SLMA Speech  
Dr. Ruvaiz Haniffa, President, SLMA  
Chairpersons: Dr. Ruvaiz Haniffa (President, SLMA) and Dr. Saman Wijethunga (VP-DGH Negambo, Past President)  
Common Sense in Dermatology  
Professor Jayamini Senevirathne, Consultant Dermatologist, Lady Ridgeway Hospital for Children  
Being a Good Clinical Teacher  
Professor Narada Warnasuriya, Consultant Paediatrician/ SLMA Past President  
Tea with Musical Extravaganza  
Chairpersons: Dr. Mihiri Rubasingha (Consultant ENT Surgeon-LRH),  
Dr. Bimal Kudavidanage (Consultant Anaesthetist DBH Wathupitiwala)  
Recent guidelines in management of ST Elevation MI  
Dr. Chinthaka De Silva, Visiting Consultant cardiologist, DBH, Wathupitiwala

Ethics and law  
Dr. Lushan Hettiarachchi, Consultant Forensic Psychiatrist, NIMH, Angoda  
Clinical assessment of Vertigo  
Dr. Bimantha Perera, Consultant ENT Surgeon, DBH, Wathupitiwala  
Vote of thanks  
Dr. Rangika Athukorala, Secretary, Wathupitiwala Clinical Society  
Lunch

## **JOINT REGIONAL MEETING WITH THE RUHUNA CLINICAL SOCIETY**

*28<sup>th</sup> November 2018 at the Sanaya Mension, Matara*

Registration  
Invitees take their seats  
Ceremonial processing  
National Anthem  
Lighting of traditional oil lamp  
Welcome address  
Dr. Lanka Tennakoon, President, Ruhunu Clinical Society  
Address by the Guest of honor  
Optimizing non medical life  
Dr. Navaz Jiffry, Consultant Obstetrician & Gynaecologist, Teaching hospital, Peradeniya  
Address by the Chief Guest  
Dr. Ruvaiz Haniffa, President, Sri Lanka Medical Association  
Vote of Thanks  
Dr. Chandana Mohotti, Secretary, Ruhunu Clinical Society  
Ceremonial Procession Leaves the Hall  
Tea  
Guest Lecture – 1  
Spinal Related Problems  
Dr. Prasanna Gunasena, Senior Consultant, Neuro Surgeon  
Guest Lecture – 2  
Practice Base Urology  
Dr. Anurudhdha M. Abeygunasekara, Consultant Urological Surgeon, Teaching Hospital Colombo South  
Guest Lecture – 3  
Foreign bodies in ENT  
Dr. Dencil Indika, Consultant ENT Surgeon, Base Hospital, Hambantota  
Guest Lecture – 4  
Upper Gastro Intestinal Bleeding  
Dr. Sujeewa Kumarasena, Consultant Gastroenterologist, Teaching Hospital, Karapitiya  
Guest Lecture – 5  
Ethics and etiquette at the bedside  
Dr. Sathis Goonasinghe, Consultant Urological Surgeon, Teaching Hospital, Karapitiya  
Lunch  
Free paper session – 1  
Guest Lecture – 6  
Current concepts of Glycaemic Control  
Dr. Manilka Sumanathilaka, Consultant Endocrinology, National Hospital, Colombo  
Interactive Session on Sudden death in young generation  
Moderator  
Dr. S.P.K. Wathudura, Consultant Physician, District General Hospital, Matara  
Resource Panel  
Dr. Sanjeewa Rajapaksha, Consultant Cardiologist, Teaching Hospital, Ragama  
Dr. R. P. Jayasinghe, Consultant Physician, Teaching Hospital, Karapitiya  
Dr. S. Ambepitiya, Consultant JMO, District General Hospital, Matara  
Dr. Prasanna Appuhami, Consultant JMO, District General Hospital, Matara  
Free paper session – 2  
Tea  
Magic Show  
Magician  
Dr. Keerthi Weerawardana, Consultant Surgeon, District General Hospital Matara  
Award Ceremony  
Vote of Thanks  
Musical Extravaganza and Reception

## Annexure 4: Programme of the Foundation Sessions 2018

### Thursday 18<sup>th</sup> October 2018

Registration  
Cardiology – A case based discussion  
Dr. Bhathiya Ranasinghe, Consultant Cardiologist, TH Karapitiya  
Dr. Nimali Fernando, Consultant Cardiologist, NHSL  
Dr. Rohan Gunawardena, Consultant Cardiac Electrophysiologist, NHSL  
Tea  
Impact of the New Tax Legislation on doctors  
Mrs. Priyanka Disabandara, Deputy Commissioner, Department of Inland Revenue, Sri Lanka  
Mr. Gamini Waleboda, Deputy Commissioner, Department of Inland Revenue, Sri Lanka  
Party Drugs  
Dr. Chathurie Suraweera, Consultant Psychiatrist, NHSL

#### **INAGURATION**

Guests take their seats  
Ceremonial Procession  
National Anthem  
Lighting the lamp of learning  
Chief Guest – Professor ChanDr.ika Wijeyaratne, Immediate Past President SLMA  
Awards Ceremony – Free Paper Awards, Research Grants, Media Awards  
**E.M. Wijerama Endowment Lecture**  
“Medical Education in Sri Lanka”  
Vidyajyothi Professor Lalitha Mendis  
Emeritus Professor of Microbiology & Past President SLMA  
Fellowship & Dinner

### Friday 19<sup>th</sup> October 2018

#### **Registration**

Leapfrogging an innovative approach for achieving UHC  
Professor Nalika Gunawardena – WHO SRL  
Important aspects of Snake Bite Management  
Professor Ariarane Gnanathan, Consultant Physician, NHSL  
Tea  
A patient with shoulder pain  
Dr. Monika de Silva, Consultant Rheumatologist, NHSL  
Living with a stroke  
Dr. GunenDr.ika Kasthuriratne, Consultant Rheumatologist, NHSL  
Road Traffic Accidents  
Dr. Achala Jayatileke, PGIM  
Visual Communication for Medical Professionals  
Dr. Dinil Abeygunawardane, Director, Institute of Multimedia Education (IME)

#### **Lunch**

Hepatobiliary Disorders – A case based discussion  
Professor Aloka Pathirana, Consultant Surgeon, USJP  
Dr. S Sivaganesh, Consultant Surgeon, NHSL  
Dr. Niles Fernandopulle, Consultant Interventional Endoscopist, NHSL  
Dr. Chinthaka Appuhamy, Consultant Interventional Radiologist, CSH  
Tea

#### **Sir Marcus Fernando Oration**

“Genotoxicity on exposure to radiation: assessment of micronuclei frequency among persons resident in the vicinity of a mineral sand processing factory in Pulmoddai, Sri Lanka”  
Dr. Tania Warnakulasuriya  
Lecturer, Department of Physiology, Faculty of Medicine, University of Kelaniya

## **Annexure 5: Programmes of Symposia, Seminars and Workshops**

### **Private Sector Healthcare Institutions**

22nd – 23rd February 2018, Lionel Memorial Auditorium

*Workshop organized by the Expert Committee on Healthcare Quality and Safety of the SLMA*

Target audience: Medical Administrators, Medical Officers, Nursing Officers and QMU Staff

#### **DAY 1**

Registration

Relevance of clinical audits in patient safety and healthcare quality

Dr. Lakshmi C. Somathunge

Introduction to workshop and relevance to clinical indicators

Dr. S. Sridharan

Introduction to clinical governance

Dr. Ranjan Dias

Introduction to clinical audit and audit cycle

Professor Priyadarshani Galappatthy

Selecting a topic, developing a criteria and standards

Professor Priyadarshani Galappatthy

Selecting a topic, developing a criteria and standards

Group work

Group work presentations

Dr. Ashok Perera and Dr. I. Jagoda

#### **DAY 2**

Recap of previous days' work

Measuring performance, data presentation and developing questionnaires

Dr. S. M. Samarage

Group work on developing questionnaires

Group work

Taking corrective actions and closing the loop

Dr. Kushlani Jayathilake

Presentations on questionnaires

Dr. Ashok Perera and Dr. I. Jagoda

Examples of clinical audits

Dr. Ranjan Dias

Closing remarks

### **Symposium on “Devices: Are they always sterile?”**

22<sup>nd</sup> March 2018 at 12.00 noon at the Lionel Memorial Auditorium

*Symposium organized by the Expert Committee on Communicable Diseases of the SLMA*

Devices and infections

Dr. K. Umapathy, Consultant Orthopedic Surgeon, Teaching Hospital, Karapitiya

Management of device related infections

Dr. Nuwan Ranawaka, Acting Consultant in Critical Care Medicine, CCU/ICCU – Cardiology Unit, NHSL

Pathogenesis, laboratory diagnosis and prevention of device related infections

Dr. Shirani Chandrasiri, Consultant Microbiologist, CSH

Discussion

### **Symposium on “Chickungunya: Another viral fever spread by Aedes mosquitoes”**

26<sup>th</sup> April 2018 at 12.00 noon at the Lionel Memorial Auditorium

*Symposium organized by the Expert Committee on Communicable Diseases of the SLMA*

Global picture, Local epidemiology, case burden and impact on work force and vector control

Dr. Samitha Ginige, Consultant Epidemiologist, Epidemiology Unit

Pathogenicity, Clinical picture, dengue and chickungunya, management of acute, sub-acute and chronic cases

Dr. Damayanthi Idampitiya, Consultant Physician, NIID

Description on virus, laboratory diagnosis and preventive aspects for virus control

Dr. Rohitha Muthugala, Consultant Virologist, Teaching Hospital Kandy

Discussion

### **Symposium on “Current Viral Respiratory Tract Infections in The South”**

14<sup>th</sup> of June 2018 at 12.00 noon at the Lionel Memorial Auditorium

*Symposium organized by the Expert Committee on Communicable Diseases of the SLMA and the Sri Lanka College of Microbiologists*

How the laboratory is strengthened to identify the causative agent

Dr. K. Nayomi Danthanarayana, Consultant Medical Virologist, Teaching Hospital, Karapitiya

Epidemiological aspects and prevention

Dr. K. A. Tharanga Navodani, Consultant Epidemiologist, Epidemiology Unit

Challenges in the management of viral pneumonia in children in the present crisis

Dr. Aruna de Silva

Consultant Paediatrician & Senior Lecturer, Dept. of Paediatrics, Faculty of Medicine, University of Ruhuna

Management of adult viral respiratory tract infections in an outbreak

Dr. Champika Bodinayake, Consultant Physician & Senior Lecturer, Department of Medicine, Faculty of Medicine, University of Ruhuna

Discussion

### **GCP Workshop for Researchers**

12<sup>th</sup> – 13<sup>th</sup> of June 2018 at 8.30 am at the Lionel Memorial Auditorium

*Symposium Organized by the Forum for Ethics Review Committees in Sri Lanka*

#### **DAY 1**

Introduction

President FERCSL

Introduction to GCP

Principles

What is GCP?

Need for GCP?

Professor Priyadarshani Galappaththy, Professor in Pharmacology, FM, Colombo

Tea

Role and Responsibilities of PI

Professor Priyadarshani Galappaththy, Professor in Pharmacology, FM, Colombo

Drug development process

Dr. Channa Ranasinha, Senior Lecturer in Pharmacology, FM, Kelaniya

Regulatory requirements for clinical trials and legal frame work

Mr. Arjuna Pathmaperuma, Regulatory Pharmacist, NMDRA/ SCOCT

Lunch

Clinical Trial protocol and Investigation Brochure

Professor G. R. Constantine, Professor in Clinical Medicine, FM, Colombo

Participant safety and adverse effects

Professor Shalini Sri Ranganathan, Professor in Pharmacology, FM, Colombo

Documentation and record keeping

Dr. Noel Somasundaram, Consultant Endocrinologist

#### **DAY 2**

Ethics review committee – function with special ref to GCP and Clinical Trials

Dr. Panduka Karunanayake, Senior Lecturer in Clinical Medicine, FM, Colombo, Secretary ERC, FM Colombo

Informed consent

Dr. Manouri Gamage, Senior Lecturer, FMS, USJ

Research ethics in Clinical Trials

Professor Chandanie Wanigatunge, Chairperson, FERCSL, Chairperson, ERC SLMA

Tea

Investigational products

Professor Shalini Sri Ranganathan, Professor in Pharmacology, FM, Colombo

Role of the sponsor & Contract Research Organization (CRO)

Professor Asita de Silva, Senior Professor of Pharmacology, FM, University of Kelaniya

Research Misconduct and Conflict of Interest

Dr. Malik Fernando, ERC, SLMA

### **Workshop for the Pharmacy Sales Assistants**

27<sup>th</sup> of May 2018 at 8.30 am at the Sri Lanka Foundation Institute, Independence Square, Colombo 7

*Organized by the Medicinal Drugs Committee of the Sri Lanka Medical Association in collaboration with Sri Lanka Chamber of the Pharmaceutical Industry (SLCPI) the Sri Lanka Association of Pharmacy Owners and Lanka Pharmaceutical Traders Association*

Registration  
Introduction  
Emeritus Professor Gita Fernando  
Reading a prescription  
Professor Priyadarshani Galapaththy  
Good pharmacy practice  
Mr. Kapila De Zoysa  
Tea  
New National guidelines for Pharmacies  
R. Shanthan Sandanakrishnan  
Talk by Food and Drug Inspector  
Pharmacists and antibiotics  
Professor Shalini Sri Ranganathan  
Discussion  
Closing remarks  
Mr. Mahanama Dodampegama  
Lunch

### **Symposium on “Leptospirosis: Beyond basics...”**

23<sup>rd</sup> of August 2018 at 12.00 noon at the Lionel Memorial Auditorium

*Symposium organized by the Expert Committee on Communicable Diseases of the SLMA*

Current epidemiological trends of leptospirosis in Sri Lanka  
Dr. Deepa Gamage, Consultant Epidemiologist, Epidemiology Unit, Ministry of Health  
Microbiology and diagnosis of leptospirosis: New developments  
Dr. Lilani Karunanayake, Consultant Microbiologist, Medical Research Institute  
Approach considerations in the management of complicated leptospirosis  
Dr. Nuwan Ranawaka, Consultant Critical Care Physician, National Hospital of Sri Lanka  
ECMO in leptospirosis: Galle experience  
Dr. Tolusha Harischandra, Consultant Cardiothoracic Surgeon, Teaching Hospital, Karapitiya  
Discussion

### **CAREER GUIDANCE SEMINAR FOR JUNIOR DOCTORS**

7<sup>th</sup> October 2018, at 8.30 am at the Lionel Memorial Auditorium

*Seminar organized by the Expert Committee on Health Management of the SLMA*

#### **Session I**

Welcome Address  
Introduction & Care  
Post Graduate Training Programme  
Dermatology  
Surgery & Finer Specialities  
Venereology

Dr. Ruvaiz Haniffa  
Dr. Suranga Dolamulla  
Dr. Achala Jayatilleke  
Dr. Kanchana Mallawaarachchi  
Dr. Samira Jayasinghe  
Dr. ChanDr.ika Jayakody

#### **QUESTIONS**

#### **Session II**

Medicine & Finer Specialities  
Obstetrics & Gynaecology  
Paediatrics  
Universities  
Ministry of Health Care

Dr. Upul Dissanayake  
Dr. Rukshan Fernandopulle  
Professor Sujeewa Amarasena  
Professor Ajith Malalasekara  
Dr. Suranga Dolamulla

#### **QUESTIONS**

#### **Session III**

Anaesthesiology  
General Practice  
Radiology

Dr. Ramya Amarasena  
Dr. Dilini G. I. Baranage  
Dr. K. M. R. Kannangara



Community Physicians  
Microbiology  
Ophthalmology  
**QUESTIONS**

Dr. A. Balasuriya  
Dr. Geethika Patabandige  
Dr. Kapila Bandutilleke

**Session IV**

Psychiatry  
Otorhinolaryngology  
Forensic Medicine  
Medical Administration  
Pathology  
Armed Services  
**QUESTIONS**

Dr. Chathuri Suraweera  
Dr. Shantha Perera  
Professor Ravindra Fernando  
Dr. Priyani Senadheera  
Dr. Sriyani Nanayakkara  
Col. Dr. Saveen Semage

**Symposium on Theme: “Salmonellosis: In the gut and beyond”**

8<sup>th</sup> November 2018 at 12.00 noon at the Lionel Memorial Auditorium

*Symposium organized by the Expert Committee on Communicable Diseases of the SLMA*

Epidemiology of food & water-borne diarrhoeal diseases in Sri Lanka  
Dr. Thilanga Ruwanpathirana, Consultant Epidemiologist, Epidemiology Unit, Colombo 10  
Diagnosis of Salmonellosis and other diarrhoeal pathogens  
Dr. Sujatha Pathirage, Consultant Microbiologist, Medical Research Institute, Colombo 08  
Salmonellosis; Beyond the gastrointestinal tract – overview of different presentations and challenges of management  
Dr. Bhagya Piyasiri, Consultant Microbiologist, Teaching Hospital Karapitiya, Galle  
Q & A session  
By the panel of guest speakers

**Symposium on “Influenza: Be Prepared”**

27<sup>th</sup> November 2018 at 12.00 noon at the Lionel Memorial Auditorium

*Symposium organized by the Expert Committee on Communicable Diseases of the SLMA and Medical Research Institute, Colombo*

Fascinating Facts of Flu  
Dr. Jude Jayamaha, *Consultant Virologist, Medical Research Institute, Colombo*  
Physician's Perspective  
Dr. Priyankara Jayawardena, *Resident Physician, De Soysa Maternity Hospital, Colombo*  
Influenza in Pregnancy  
Dr. U. D. P. Ratnasiri, *Consultant Gynaecologist and Obstetrician, Castle Street Hospital for Women, Colombo - 08*  
Influenza in Children: Peaditrican's Dilemma  
Professor Vasanta Devasiri, *Head, Department of Paediatrics, Faculty of Medicine, University of Ruhuna*  
Discussion

**How to Identify Qualified Doctors, Quacks & ‘Fake Professors’**

**Symposium on for Journalists and others**

18<sup>th</sup> December 2018 at 9.00 am at the Lionel Memorial Auditorium

*Symposium organized by the Expert Committee on Media of the SLMA*

Registration  
Welcome and Objectives of the Symposium  
Dr. Kalyani Guruge, Consultant Paediatrician, Member of Media Committee & Council Member-SLMA  
SLMA, SLMC, trade unions and professional colleges of doctors  
Dr. Ruvaiz Haniffa-President-SLMA, Chairman-Media Committee  
Transforming a medical student to a doctor  
Dr. Hasini Banneheke-Hony. Secretary of the SLMA  
Senior lecturer, Faculty of Medical Sciences, USJP  
Pathway of a doctor becoming a specialist: Postgraduate qualifications, training of medical doctors and their board certification

Prof. Jayantha Jayawardene-Retired Consultant Gynaecologist and Obstetricians, Former dean of FMS, USJP, Former Council Member-SLMC, Former Director of PGIM  
 MBBS doctors, AMPs/RMPs, foreign graduates and Act 16: avoiding misinterpretations and verifying qualifications of medical practitioners from the SLMC  
 Dr. Chandana Attapattu-Act Registrar, SLMC  
 Tea  
 Registration of Alternative medical practitioners  
 Dr. Sundareshan, Senior Lecturer, Eastern University  
 Consultant Physician, Teaching Hospital, Batticaloa  
 Qualifications and Registration of allied healthcare workers  
 Checking of SLMC records for identification of quacks  
 Dr.Chandana Attapattu-Act Registrar, SLMC  
 Jargons of MSc, MPhil, PhD and MD: 'Dons', 'Docs' and professor  
 Vidya Jyothi Prof.Rizvi Sherrif, Senior Professor of Medicine, General Sir John Kotelawala Defence University, Former Director of Postgraduate Institute of Medicine, Council Member-SLMC.  
 Q & A  
 Conclusion

## Annexure 6: List of New Members

### Life Members (105)

Dr. Y.L.P.P. Goonathilake	Dr. M. N. Pinto	Dr. A. E. J. de Silva Goonathilake
Dr. Sithara Dissanayake	Dr. J. R. Fonseka	Dr. N.A.W.M.R.D.M.K. Dehigama
Professor R.M. Mudiyanse	Dr. L.H. Fernando	Dr. P.D.O.S. Dilanka
Dr. A.P. Sendheera	Dr. H.M.S.T. Bandara	Dr. M.G.T.D. Wijewardhane
Dr. S.G. Udugama	Dr. N.L.L. Jayasinghe	Dr. S. Raguraman
Dr. D.E.G. Fernando	Dr. C.H.K. Fernando	Dr. M.V.D. Nawarathne
Dr. F.H. Sheriff	Dr. P.Y.S. Jayasinghe	Dr. K.M.S. Lakmini
Dr. H.A. Pubudinie	Dr. T.A.U. De Silva	Dr. S.V.T.N.P. Suriapperuma
Dr. A.D.C. Warnakulasuriya	Dr. A.G.S. Darshani	Dr. P.P. Wickramaratne
Dr. P.S.C. Jayasekara	Dr. L.H.R.A. Premathilaka	Dr. C.M.P. Fernando
Dr. A.D. Withanachchi	Dr. M.T.R. Jayatunge	Dr. T.A.E.S. Thalagala
Dr. W.G.K. Navoda Koshalli	Dr. M.A.D.H. Dias	Dr. T.K. Pinipa Tathsaranga
Dr. D.A. Dimal	Dr. M.C.S. Rupasinghe	Dr. A.D.M. Gunasekara
Dr. A.T.P.L. Jayashantha	Dr. M.S. Weerasena	Dr. P.H.I.M. De Silva
Dr. S. Ariyanayagam	Dr. N.K.A. Silva	Dr. T.C. Agampodi
Dr. P.D.M. Suranjan	Dr. D.L.U. Amarakoon	Dr. A.K.S.S. Jayasena
Dr. K.A.S.J. Balawardane	Dr. K.M.N.C. Fernando	Dr. N.M.U.S. Nawaratne
Dr. S. Sivathiran	Dr. S.G. Wijesekara	Dr. A.G.L.M.P. Fernando
Dr. B.A. Dharmapriya	Dr. S. Paranamana	Dr. A.L. Tennegedara
Dr. S. Vathshalan	Dr. K.V. Abeyratne	Dr. W.P.D.P. Perera
Dr. I.E. Gunaratna	Dr. M.N. Karunathilaka	Dr. W.D.D. Priyankara
Dr. T. Rameshkumar	Dr. M.A.H.J. Madagammana	Dr. C.S. Edirisuriya
Dr. N.M.T.C. Jayasekara	Dr. G.S. Amarasinghe	Dr. G.W.V.S. Kithmini
Dr. C.H. Mallawarachchi	Dr. S.M.A. Subasinghe	Dr. S.M.N.S.M. Mallawarachchi
Dr. O.T.M.R.D.N. Premaratne	Dr. R. Jeyanthakumar	Dr. H.M.S.S. Herath
Dr. Y.J. Costa	Dr. L.J. Jayaweera	Dr. Y. Sutharsiny
Dr. V. Radhakrishnan	Dr. W.W.M. Kularathna	Dr. J. Warushahennadi
Dr. G.L.D.C. Prematilake	Dr. T.M.E. Dabrera	Dr. K.C. Ranasinghe
Dr. B.M. Dayananda	Dr. F.R. Hashim	Dr. R. Kumar
Dr. C.D.J. Colombage	Dr. A.M.A.S. Ambanwala	Dr. S.D.N. Senadhira
Dr. R.M.S.I. Rajapakse	Dr. H.M.M. Perera	Dr. I.F. Amra
Dr. W.A.R.S. Perera	Dr. H.R.I.S. Herath	Dr. H.A. Dissanayake
Dr. R. S. Savanadasa	Dr. M. A. S. R. Gunawardane	Dr. K. Vaasutheva
Dr. W. A. C. Lakmali	Dr. L. D. Kekulawala	Dr. T.T. De Silva
Dr. H. L. D. S. Ariyaratne	Dr. S. D. Samarasekera	Dr. V.S.M.C K.B. Jayawardena

### Ordinary Members (48)

Dr. S. Raguraman  
Dr. P.M.G. Gunasekara  
Dr. B.M.E.S. Singhakumara  
Dr. B.D. Gamage  
Dr. A.K.M.A. Udeshika  
Dr. H.M.D. Moratuwagama  
Dr. K.W.P.S. Bandaranayake  
Dr. N. Liyanage  
Dr. K.R.R. Peiris  
Dr. M.K.P. Sampath  
Dr. M.B.R. Hasanthana  
Dr. A.J. Hewasinghe  
Dr. U.A. Kollurage  
Dr. S.K.G.P.H.K. Sooriyagoda  
Dr. T. Jeyakanth  
Dr. H.K. Pathiraj  
Dr. P.K. Weerasinghe  
Dr. K.M. Hirimutugoda

Dr. D.E.G. Fernando  
Dr. N.M.D. Ranawaka  
Dr. H.W.D. Anuruddhika  
Dr. Y.G. Ellawela  
Dr. L.S.D. De Silva  
Dr. K.B.S. Gunasena  
Dr. H.M.P. Herath  
Dr. J.K. Liyanawaduge  
Dr. U.A.A.S. Perera  
Dr. H.K.D.K. Prabasara  
Dr. K.P. Hasanthana  
Dr. G.P.C.S.N. Pathirana  
Dr. P. De Mel  
Dr. M.P.K. De Silva  
Dr. R.A.D.V.P. Ranasinghe  
Dr. P.D.N.A. De Almeida  
Dr. K.W.D.A. Anuradha  
Dr. M. R. Rifaz

Dr. A.D. Mudalige  
Dr. J.M. Gunatilake  
Dr. G.R.B.S. Bandara  
Dr. L.J. De Silva  
Dr. U.K.T. Vipulanayake  
Dr. H.S. Liyanarachchi  
Dr. K.G. De Saram  
Dr. S.A.S.C. Karunaratne  
Dr. S.J. Jayawickreme  
Dr. D.P.M. Weragoda  
Dr. W.D.C. Perera  
Dr. R.T.J.J. Rajapaksha  
Dr. P. Arumugam  
Dr. I.M.H.W. Bandara  
Dr. D.V.T. Kasunjith  
Dr. A.W. Jayawardena  
Dr. A.L.H.M. Rauff  
Dr. J. A. Jayatissa

### Student members (229)

Miss. D.O. Ranaweera  
Miss. S. Rivasana  
Mr. T.M.N.N.L. Obeysekara  
Miss. M.J.F. Jazla  
Mr. R.D.C.M. Rajapaksha  
Miss. Sithara  
Miss. K.G.A.S. Kirindage  
Mr. J.S. Halahakone  
Miss. S.K.S. Chathurani  
Miss. L. Zangmo  
Mr. P.K.P. Pathirana  
Miss. N.G. Wijeratne  
Mr. K.R.R. Peiris  
Mr. A.P. Adhikarie  
Miss. H.M.A.P. Hindagoda  
Miss. S.M. Hapuarachchi  
Mr. A.L. Ilham  
Miss. S.M.N.M. Senanayake  
Miss. K.A.A. Kulasoorya  
Mr. H.U.M. Chamara  
Miss. N.N. Kumarasinghe  
Mr. M.H.M. Wickramasekara  
Miss. E.M.P. Kularathna  
Miss. W.P.C. Welagama  
Miss. D.A.N. Dayarathna  
Miss. P.M.C.M. Wickramaratne  
Miss. I.M. Amerasinghe  
Miss. C.P. Ramanayake  
Miss. S.D.D.P.K. Wickramasinghe  
Miss. A.G.P. Sathsaranie  
Miss. E.M.S.K. Ekanayaka  
Miss. R.M.P.M.K. Rathnayake  
Mr. S.A.A.S. Samarasingha  
Miss. G.R.M. Parakrama  
Miss. S.D. Madhushani  
Miss. R.D. Gunarathne  
Mr. J.S. Bandara  
Miss. H.P.N.S. Herath  
Mr. G.H. Liyanage  
Mr. A.A.S.M. Adikari  
Miss. D.M.A.N. Bandara

Miss. M.P.F. Safna  
Miss. A.C.M. Ranasingha  
Miss. W.M.M. Sakunthala  
Mr. T.M. Kottage  
Mr. M.U. Madduwage  
Miss. H.M.C.M. Herath  
Miss. F.Z. Zawahir  
Miss. M.D.A.U. Jayamanne  
Mr. W.A.L.T. Wijayarathne  
Miss. P.D.D.K. Fernando  
Miss. M.H.D. Gunathunga  
Mr. H.K.N.P. Tharanga  
Mr. A.A.A.P. Amarathunga  
Miss. H.A.L.P. Hettiarachchi  
Mr. A.G.G. Sanjeewa  
Miss. J.M.S.V. Jayakody  
Mr. S.A.B.A. Senanayake  
Miss. A.I. Athukorala  
Mr. F.H.C.C. Silva  
Mr. D.A. M. Doowarachchi  
Mr. D.S. Wickramanayake  
Miss. T.A. Amarasinghe  
Miss. W.P.H.E. Piumali  
Miss. A.M.T.N.M. Aththanayaka  
Miss. N.G.S.C.K. Wickramasinghe  
Miss. B.D.S.K. Gunaratne  
Miss. T. Manapperuma  
Miss. B.M. Madhubhashini  
Mr. M.C.N. De Costa  
Miss. S.D. Dissanayake  
Miss. M.S.Z. Begam  
Miss. R.G.S.M. Ranathunga  
Miss. I.P.N.M. Dilrukshi  
Miss. A.M.H. Madhushika  
Miss. E.M.N. Priyadarshani  
Miss. K.D.K.W. Ranasinghe  
Miss. G.K.S. Liyanage  
Mr. E.M.C.U. Samarasekara  
Miss. W.M.T.D. Ranasinghe  
Miss. B.P.J. Bamunawala  
Miss. W.N.M. Premachandra

Miss. H.L. Thilini Niranjala Kumari  
Miss. M.A. Sadhika  
Mr. M.M.B. Heenkenda  
Miss. J.A.S.B. Weerasinghe  
Mr. H.H.D.R. Nandasiri  
Miss. K.M.O.D.K. Alahakoon  
Miss. K.M.I.A.T. Konara  
Miss. W.N.M. Madushani  
Miss. S.K.N. Dharmasena  
Miss. C.U. Welhenge  
Mr. Y.A.C.B. Thushara  
Miss. S.O. Seenigama  
Miss. I.M.Y.M. Illankoon  
Miss. L.H.H. Suraji  
Mr. I.P. Dissanayaka  
Mr. K.T.M.T.D. Serasinghe  
Mr. N.M.M. Risly  
Mr. B.A.O.A. Senevirathna  
Miss. T.M.P.Y. Illawathura  
Mr. T.P.M. Dissanayake  
Miss. H.M.K.M. Herath  
Miss. W.M.S. Weerasooriya  
Miss. B.T.M.C. Ananda  
Miss. W.G.S.C. Weerasinghe  
Mr. M.F.A. Azdi  
Miss. B.N.T. Gunarathne  
Mr. P.D.S. Sermal  
Mr. I.D.A.P.M. Dias  
Miss. P.G.M.H. Wickramatunga  
Miss. T. Kaluthotage  
Miss. E.U.G.R. Rasanjali  
Mr. U.G.D.B. Abewardana  
Miss. I.M.C. Prasadi  
Miss. S.F. Maheesa  
Miss. H.D. Yatapana  
Miss. K.R.D. Sandeepani  
Miss. B.A.K.M.N.C. Chandrapala  
Mr. A.K.G.D.T. Bandara  
Mr. T.M.N.G.K.C. Bandara  
Miss. R.A.D.M. Weerakkodi  
Miss. W.A.M.M. Fernando

Miss. R.A.N.D.K. Rupasinghe  
 Mr. S.J.E. Sandanayaka  
 Miss. S.M.E.I. De Alwis  
 Miss. S. Munagamage  
 Mrs. M.M.W. Kumari  
 Miss. H.R. Chandrathilaka  
 Miss. W.C.E. Wickramasinghe  
 Mr. S. Ganeshan  
 Miss. M.R. Wijesundara  
 Miss. C.H.G. Mahipala  
 Miss. H.S. Meedeniya  
 Miss. W.U.L.D.S.M. Perera  
 Miss. M.A.F. Deeniya  
 Miss. M.A.H.I. Matharaarachchi  
 Miss. B.M.P.S. Bandara  
 Miss. C.H. Eramudugolla  
 Miss. H.M.D.D. Herath  
 Miss. H.D.H.L. Jayasinghe  
 Miss. G.R. Nawarathne  
 Miss. H.M.R.M. Chandrasekara  
 Mr. W.A.M.N.S.D Athapaththu  
 Miss. U. Fernando  
 Miss. Y.N. Rajapaksha  
 Miss. M.A.C. Sanjeevani  
 Mr. R.J.K.L.D. Ranatunga  
 Miss. P.H.N. Madhubhashini  
 Miss. N.S. Dharmadasa  
 Mr. R.M.S.S. Rathnayaka  
 Mr. A.G.T.P. Samarasingha  
 Mr. B.D.M. Galkadulla  
 Miss. P.K.W.M. Nonis  
 Miss. P.P.M.C.K. Pathiraja  
 Mr. M.A.I. Priyadarshana  
 Miss. M.M.P. Hansamali  
 Mr. P.I. Perera  
 Dr. D. T. Dhanaratna

Miss. W.G.C. Nisansala  
 Miss. S.B.S.D.S. Bandara  
 Mr. S.A.C. Sandaruwan  
 Mr. M.T.M. Rishad  
 Miss. K.W.S.K. Gunarathne  
 Miss. N.J. Ambillapitiya  
 Mr. A.A.K.T. Adhikarie  
 Mr. R.M.T.M.U. Rathnayake  
 Miss. J.A.C.N. Karunathilaka  
 Miss. N.S. Millawana  
 Miss. K.D.N.D. Pathirana  
 Mr. S.M.K.G.A. Bandara  
 Miss. W.K. Wanaguru  
 Mr. P.M.L. Madusanka  
 Mr. W.M.I.P. Jayasundara  
 Miss. C.P. Sugathadasa  
 Miss. H.D.I.T. Jayarathne  
 Miss. N.W.W.M. Nugahapola  
 Miss. H.M.G.D. Chamodini  
 Mr. T.D.S.S. Wijethunga  
 Mr. V. Bandara  
 Mr. K.Y.M.K.W. Yapa  
 Miss. A.A.D.L.A.S. Saparamadu  
 Mr. W.E.A.P. Wijewardene  
 Miss. M.R.N. Mduwanthi  
 Mr. M.M.M. Rinshaf  
 Miss. H.D.B.S. Perera  
 Miss. K.M.K.L. Dayarathne  
 Miss. Fawaza  
 Mr. N.D.D.N. De Silva  
 Mr. R.M.D. Nimrod  
 Miss. A.C. Pussellage  
 Miss. N.T.K. Premathilaka  
 Miss. H.M.C.J. Herath  
 Dr. M. F. F. Ahmed

Miss. I.S. Thennakoon  
 Miss. M.P. Premathilaka  
 Miss. G.U.W.U.K. Kumari  
 Miss. A.S.P. Silva  
 Miss. G.A.R.K. Wijerathna  
 Mr. W.A.C. Bandara  
 Miss. M.L.C.M. Wijerathna  
 Miss. D.M.R. Kaushalya  
 Miss. H.R.D. Niroshani  
 Miss. B.M.S. Karunathilaka  
 Mr. S.P.A.K.T. Samarakoon  
 Miss. C.G. Thennakoon  
 Mr. K. Marasinghe  
 Miss. J.G.K.D. Jayawardena  
 Miss. P.A.M. Stella  
 Miss. R.D.D.S. Jayarathne  
 Miss. I.R.V.R. Jayasiri  
 Mr. M.D. Jayarathne  
 Mr. N.P.K.P. Wljerathne  
 Miss. A.E. Jayapathma  
 Miss. S.E.G.S. Kulamini  
 Miss. T.S. Pathirana  
 Mr. M.N.D. Withana  
 Miss. W.V.N.K. Rodrigo  
 Mr. S.J.A.Y. Rodrigo  
 Miss. G. Sanjeevini  
 Miss. V.G.S. Madhushani  
 Miss. R.M.R. Erandika  
 Mr. R.A.S.D. De Alwis  
 Miss. P.A.S.K. Pathiraja  
 Miss. M.P.A.C. Pathirana  
 Miss. D.G.A.L. Premasiri  
 Mr. R.M.P.C. Rathnayake  
 Miss. H.M.T.H. Herath  
 Dr. R. Rajramanan

## Annexure 7: Auditors' Report

### DETAILED INCOME & EXPENDITURE STATEMENT YEAR ENDED 31<sup>ST</sup> OCTOBER 2018

#### 13. INCOMING RESOURCES

	For the Year ended 31.10.2018 Rs.	For the Year ended 31.10.2017 Rs.
Subscription and Entrance Fee	1,336,585	1,485,434
Anniversary International Medical Conference	12,234,889	26,620,780
Rent Income	5,669,758	5,044,162
Auditorium and Council Room Hire	504,817	806,250
Career Guidance Seminar	105,000	36,000
Income from Ceylon Medical Journal (13.1)	1,789,535	892,267
	<u>21,640,584</u>	<u>34,884,893</u>

#### 13.1 Income from Ceylon Medical Journal

	For the Year ended 31.10.2018 Rs.	For the Year ended 31.10.2017 Rs.
Library Subscription	-	750
Sale of Journal	5,000	3,500
Processing Fee	497,635	263,017
Grants	1,286,900	625,000
	<u>1,789,535</u>	<u>892,267</u>

#### 14. PROJECT EXPENDITURE

	For the Year ended 31.10.2018 Rs.	For the Year ended 31.10.2017 Rs.
Operational Expenditure (14.1)	2,880,725	2,859,424
Annual Academic Session (14.2)	17,817,138	15,969,880
Ceylon Medical Journal (14.3)	455,467	559,200
	<u>21,153,330</u>	<u>19,338,504</u>

#### 14.1 Operational Expenditure

	For the Year ended 31.10.2018 Rs.	For the Year ended 31.10.2017 Rs.
Paper Advertisement	55,397	40,462
Auditorium Equipment Repair	78,673	52,932
Lectures and Meetings	968,594	830,489
Foundation Celebration Session	1,056,051	784,550
Career Guidance Seminar Expenses	113,923	31,810
Regional Conference Expenses	108,089	536,257
Sessions Co-coordinator Monthly Allowance	460,000	382,295
Medical Writing Workshop	-	6,900
Workshop Expenses	-	31,786
CPD Project Expenses	-	161,943
Healthy Medics Programme	40,000	-
	<u>2,880,725</u>	<u>2,859,424</u>

**14.2 Annual Academic Session**

Annual Academic Sessions

For the Year ended 31.10.2018 Rs.	For the Year ended 31.10.2017 Rs.
17,817,138	15,969,880
<u>17,817,138</u>	<u>15,969,880</u>

**14.3 Ceylon Medical Journal**

Stamp Charges  
Postage and Stationary  
Computer and Fax Machine Maintenance  
Salaries  
EPF and ETF  
Telephone and Fax  
Monthly Allowance  
Bonus  
Sundry expense  
Web Site expense  
Sundry expense

For the Year ended 31.10.2018 Rs.	For the Year ended 31.10.2017 Rs.
-	-
3,913	13,301
-	69,644
322,100	299,766
48,300	44,965
52,069	51,279
12,000	22,000
12,500	25,190
4,000	6,800
-	25,000
585	1,255
<u>455,467</u>	<u>559,200</u>

**15. OTHER INCOME**

Sale of Books  
Interest Income  
Sponsorship and Other Donations  
Sundry Income  
Electricity Income  
Amortization of Grants  
Clinical Trial Registry Proposal  
Income from Annual Medical Dance  
Income from FERCSL Conference  
ERC Income  
Workshop Registration  
End AIDS Road Map WHO  
SLMA - ID  
Restricted Development Funds  
Flood relief donation  
Sale of Old Fixed Assets

For the Year ended 31.10.2018 Rs.	For the Year ended 31.10.2017 Rs.
209,092	95,084
1,615,809	1,790,963
4,086,806	5,957,402
1,222,450	489,282
904,968	934,832
119,369	126,739
1,050,518	865,643
674,695	872,254
44,020	250,960
110,470	108,381
(10,000)	3,000
-	81,059
7,800	11,000
222,429	-
-	119,065
85,481	-
<u>10,343,996</u>	<u>11,705,664</u>

**ADMINISTRATIVE EXPENSES**

Salary and Overtime  
E.P.F and E.T.F  
Bonus  
Electricity

For the Year ended 31.10.2018 Rs.	For the Year ended 31.10.2017 Rs.
4,584,442	4,017,737
560,409	524,181
553,429	574,909
1,913,010	1,890,599

Printing and Stationery	1,007,213	569,476
Postage	158,251	103,593
Staff Welfare	136,840	97,395
Repair and Maintenance	1,164,699	1,929,407
Water	86,252	120,421
Depreciation	2,466,666	2,139,500
OPA Membership Fee	21,850	21,850
Travelling and Hiring	61,017	90,759
President Induction Ceremony	512,572	315,349
Fax and Telephone	350,967	380,487
Rates and Taxes	236,776	201,432
Internet Charges	163,470	227,082
Audit Fees	211,673	40,457
Gratuity	148,696	227,910
Franking Machine	675,349	630,144
Council Group Photograph	-	45,200
Annual Return Expenses	110,657	116,470
Security Charges	474,248	400,188
Research Promotion Grant	170,240	150,000
Bank Charges	192,353	71,402
Sundry Expenses	948,174	321,295
Daily News Publication Expenses	18,720	-
Income Tax Computation Charges	20,930	-
News Letter Advertisement Collection Expenses	77,000	248,000
AGM Meeting Expenses	100,600	64,695
Law and Medical Cricket Match Expenses	232,925	533,000
Membership Fees	65,597	104,473
FERCAP Expenses	46,614	45,113
Quik book expense	17,542	17,595
Gate Repairing	68,000	-
Fixed asset disposal	(84,914)	288,137
Charity & Donation	-	1,250,000
Promotion & Extra activities	-	85,000
	<u>17,472,268</u>	<u>17,843,256</u>