



Sri Lanka Medical Association Foundation Sessions



PROGRAMME

7th & 8th NOVEMBER 2025
The Galadari Hotel, Colombo

Scan to Register



WORKSHOPS
(DAY 01)



FOUNDATION
SESSIONS (DAY 02)

Day 1 - 07th November 2025

WORKSHOP 1- Airway Management and Oxygen Therapy

Time	Hall A
8.30 AM - 9.15 AM	Airway Management DR VIHARA DASSANAYAKE Senior Lecturer in Anaesthesiology, Department of Anaesthesiology and Critical Care, Faculty of Medicine, University of Colombo
9.15 AM - 10.00 AM	Oxygen Therapy DR DAKSHI JAYAWICKRAMA Consultant Anaesthetist, Lady Ridgeway Hospital for Children, Colombo.
10.00 AM - 10.15 AM	TEA BREAK
10.15 AM - 11.45 AM	Skills Stations

WORKSHOP 3 - Emergency Care at A & E

01.00 PM - 01.30 PM	Introduction to ELS DR KAMINDA WIJENAYAKE Consultant Emergency Physician
01.30 PM - 02.15 PM	Major Presentation - Emergency Approach
02.15 PM - 03.00 PM	Acute Presentation - Treatment & Admission
3.00 PM - 3.15 PM	TEA BREAK
03.15 PM - 04.00 PM	Acute Presentation - Fast Tracking & Discharge
04.00 PM - 04.15 PM	Q & A
Resource Persons: DR DILRUK RATHNAYAKA Consultant Emergency Physician DR SANATH BANDARA Consultant Emergency Physician DR NIVEATHAN PATHMANATHAN Consultant Emergency Physician DR INUKA WIJEGUNAWARDANA Consultant Emergency Physician DR KAMINDA WIJENAYAKE Consultant Emergency Physician DR ISURU GAYAN Consultant Emergency Physician DR KAUSHILA THILAKASIRI Consultant Emergency Physician DR MANAVI DEHANI Consultant Emergency Physician DR PUNHIRU UDESHIKA Consultant Emergency Physician	

WORKSHOP 2 - Artificial Intelligence

Time	Hall B
08:30 AM - 09:00 AM	Introduction to AI in Medicine DR PRABATH LIYANAGE Senior Lecturer, Department of Mathematics, University of Colombo
09:00 AM - 10:00 AM	Hands-on Session - Large Language Models (ChatGPT) DR KUMARA MENDIS Visiting Consultant, Department of Community Medicine and Family Medicine, University of Moratuwa
10.00 AM - 10.15 AM	TEA BREAK
10:15 AM - 11:00 AM	Hands-on Session - AI Tools in Research & Medical Education DR VINDYA PERERA Senior Lecturer, Department of Biochemistry, University of Sabaragamuwa
11:00 AM - 11:30 AM	Exploring Miscellaneous AI Tools for Day-to-day Clinical Tasks DR B.J.C. PERERA Consultant Paediatrician, Colombo
11.30 AM - 11.45AM	Wrap-up and Feedback

WORKSHOP 4 - History of Medicine

2.00 PM - 2.30 PM	The Next Chapter: Writing the Future of History of Medicine PROF SAROJ JAYASINGHE Emeritus Professor, University of Colombo, Sri Lanka Consultant Physician
2.30 PM - 3.00 PM	Glimpses from History: Medicine Under Sri Lankan Kings PROF ANOJA FERNANDO Emeritus Professor, University of Ruhuna
3.00 PM - 3.15 PM	TEA BREAK
3.15 PM - 3.45 PM	Pioneers in Healing: The Birth of the Allopathic Health Service in Sri Lanka DR MALIK FERNANDO Past President, SLMA
3.45 PM - 4.00 PM	Q & A

Inauguration Ceremony (On invitation)

PROGRAMME
07 th November 2025 - 6.00 pm onwards
Welcome Address DR SURANTHA PERERA President, SLMA
Address by the Chief Guest DR ANANDA WIJEWICKRAMA Immediate Past President, SLMA
Presentation of SLMA Research Prizes and Awards - 2025
Presentation of SLMA Awards for Excellence in Health Journalism - 2025
Presentation of Awards for Winners of the SLMA Sports Events - 2025
Dr E. M. Wijerama Endowment Oration "Through the corridors of time: From the misty doldrums of Venereology to the open era of Sexual Health" DR IYANTHI ABEYEWICKREME Senior Consultant Venereologist Past President, SLMA
Vote of thanks DR ASIRI HEWAMALAGE Honorary Secretary, SLMA
Fellowship and dinner



Contact Details

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Day 2 - 08th November 2025

Time	Programme
08.00 AM - 08.15 AM	Registration
08.15 AM - 08.30 AM	Leadership, the SLMA, and the Craft of Health Policy: Shaping Equitable Health Futures DR SURANTHA PERERA, PRESIDENT, SLMA
08.30 AM - 08.45 AM	From Policy to Impact: Advancing Health through Cross-Sector Collaboration HON. DR NALINDA JAYATISSA, MINISTER OF HEALTH AND MASS MEDIA, SRI LANKA
08.45 AM - 09.00 AM	Transforming Primary Health Care through Technology and Innovation HON. (PROF.) CHRISHANTHA ABEYSENA, MINISTER OF SCIENCE AND TECHNOLOGY, SRI LANKA
09.00 AM - 09.45 AM	Sir Marcus Fernando Oration "No health without mental health" 25 years of research evidence into impactful actions for people's benefit PROF ATHULA SUMATHIPALA Emeritus Professor of Psychiatry, School of Medicine, Faculty of Medicine & Health Sciences, Keele University, UK Co - Editor, Ceylon Medical Journal
09.45 AM - 10.00 AM	TEA
	Hall A
	Symposium - Cardiology Diagnosis of Ischemic Heart Disease: Why You Should Listen to the Patient DR SAMPATH WITHANAWASAM Consultant Cardiologist, National Hospital of Sri Lanka
10.00 AM - 11.15 AM	Chronic Coronary Syndrome: The Long Game in IHD DR SANJEEWA RAJAPAKSHA Consultant Cardiologist, Colombo North Teaching Hospital - Ragama Acute Coronary Syndrome: The Fight with the Time DR M.B.F. RAHUMAN Consultant Cardiologist
	Symposium - Neurology Tips and tricks in tremors DR SAAMIR MOHIDEEN Consultant Neurologist, National Hospital - Galle Approach to patients with headache DR KUMARANGIE VITHANAGE Senior Lecturer and Consultant Neurologist Department of Physiology - Faculty of Medicine, University of Colombo New onset seizure- What should we do about them? DR KISHARA GOONERATNE Senior Lecturer and Consultant Neurologist Department of Medicine and Mental Health Faculty of Medicine Moratuwa
11.15 AM - 12.30 PM	
12.30 PM - 02.00 PM	LUNCH
	Symposium - Endocrinology Can We Reverse Type 2 Diabetes? DR SHANI A.D. MATHARA DIDDHENIPOTHAGE Consultant Endocrinologist, DGH Matara Thyroid Troubles Unravelling - Interpreting Thyroid Functions DR NEOMAL DE SILVA Consultant Endocrinologist, District General Hospital, Matale Vitamin D in Clinical Practice DR CHANDRIKA SUBASINGHE Consultant Endocrinologist, Colombo North Teaching Hospital
02.00 PM - 03.15 PM	
	Symposium - Pulmonology Misdiagnosis of COPD in Healthcare Settings: Unmet Needs for Optimal Care DR AMILA RATNAPALA Consultant Respiratory Physician, National Hospital-Galle Sleep Health and Ill Health DR RUWANTHI JAYASEKERA Senior Lecturer, University of Moratuwa and Consultant Respiratory Physician Practical Tips to Achieve Asthma Control in Children DR CHANNA DE SILVA Consultant Paediatric Pulmonologist, LRH
03.15 PM - 04.30 PM	
	Symposium - Critical Care Sepsis Meets the Lung: Decoding ARDS DR ISHAN GAMAGE Consultant Intensivist, Apeksha Hospital Sepsis and AKI: Beyond Creatinine DR DUSHANI HETTIARACHCHI Consultant Intensivist, National Hospital of Sri Lanka Colombo Personalizing Haemodynamics in Sepsis: One Size Doesn't Fit All DR ERANDA SANJEEWA Consultant Intensivist: National Hospital Colombo Symposium - Ventilatory Strategies Indications for Individualized Ventilation- "Moving Beyond One - Size- Fits- All" DR SENANI SAMARASINGHE Consultant Anaesthetist, Teaching Hospital, Peradeniya Ventilation Modes - Ventilating the Critically Ill DR MIHIRAN HERATH Acting Consultant Anaesthetist, Base Hospital, Puttalam Weaning from Mechanical Ventilation - When and How to Liberate DR ODITHA KARUNANANDA Acting Consultant Anaesthetist, Teaching Hospital, Ratnapura
04.30 PM - 04.40 PM	Concluding Remarks
04.40 PM - 05.00 PM	TEA
	Hall B
	Symposium - Abdominal Emergencies in Surgery Critical Insights into Upper GI Emergencies DR DUMINDA ARIYARATNE Consultant General Surgeon, CSTH - Kalubowila President, Sri Lanka College of Surgeons Lower GI Emergencies: From Diagnosis to Intervention DR SANJAYA ABEYGOONEWARDHANA Consultant GI Surgeon Emergencies in Urology: A Clinical Perspective PROF AJITH MALALASEKARA Professor in Urology, Consultant Urological Surgeon Department of Anatomy, Faculty of Medicine, University of Colombo
	Symposium- Care for Acutely Ill Management of Common Paediatric Emergencies:An Update Septic Shock DR MANJULA HEWAGEEGANA Consultant Paediatric Intensivist, LRH Status Epilepticus DR DESHAN ADIHETTY Consultant Paediatric Intensivist, LRH Anaphylaxis DR NALIN C KITULWATTE Consultant Paediatric Intensivist, LRH